

Crocheted Helmet Liner

Materials Needed:

Size K and H hooks

6 oz. soft worsted weight 100% wool yarn

Accepted colors are tan, brown, olive, gray, black (black is preferred)

Size: Adult large

Gauge: 4 sc = 1 inch - Gauge is extremely important!! These liners have to fit under tight fitting helmets. Make a swatch in sc for 16 stitches.

Crochet Notes:

Liner needs to fit snug. Work in rounds. Do not join and do not turn.

- Rnd 1Form a ring around your finger, work 6 sc in ring
- Rnd 22 scs in next 6 sts (12 sts)
- Rnd 3(sc in next st, 2 scs in next st) 6 times (18 sts)
- Rnd 4(sc in next 2 sts, 2 scs in next st) 6 times (24 sts)
- Rnd 5(sc in next 3 sts, 2 scs in next st) 6 times (30 sts)
- Rnd 6(sc in next 4 sts, 2 scs in next st) 6 times (36 sts)
- Rnd 7(sc in next 5 sts, 2 scs in next st) 6 times (42 sts)
- Rnd 8(sc in next 6 sts, 2 scs in next st) 6 times (48 sts)
- Rnd 9(sc in next 7 sts, 2 scs in next st) 6 times (54 sts)
- Rnd 10(sc in next 8 sts, 2 scs in next st) 6 times (60 sts)
- Rnd 11(sc in next 9 sts, 2 scs in next st) 6 times (66 sts)
- Rnd 12(sc in next 10 sts, 2 scs in next st) 6 times (72 sts)



Work over 72 sts until piece measures 7 inches.

Chain 22, skip 20 sts, continue working around until piece measures 10 more inches.

Fasten off and weave in ends. Attach yarn anywhere in the face hole and sc around with H hook.

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