Dr. Mom's Head Hugger

Crochet Head Hugger

Designed by: Sonya H. Puckett, M. D.

Materials:
- 2.5 to 4 oz. yarn (I use Red Heart yarn from Wal*mart)
- Crochet Hook size: H or 8 for average size head
  (use larger or smaller hook to adjust size)

Directions:
Starting with the center top of hat, chain 5. Join the chain with a slip st so that you have a ring. Chain 2 and count this as first st on first row.

Row 1
Work 9 hdc in the ring (or you can use a single or double crochet st depending on the yarn and what effect you want to achieve).
Join last st to first with a slip st and chain 2 which makes the first st of row 2.
(chain 2 will be 1st st on each row).

Row 2
Work one st in same st as joining st, then 2 st in each st around.
Join to top of chain 2. **(End all rows by joining to the top of chain 2)**

Row 3
Chain 2, one st in first st, two sts in the next st (increase by one st every other st. Do this all the way around). Join as in row 1.

Row 4
Chain 2, crochet around making 2 sts in every 3rd st (increase made), one st in the st in between.

Row 5
Chain 2, increase (2 sts) in every 4th st around.

Row 6,7,8
Chain 2, increase (2 sts) in every 5th st around.

Row 9
Decrease every 3rd st by skipping each 3rd st. Crochet in all others around.

Row 10,11
Hdc in every st around.

Row 12
Increase in every 5th st around.

Row 13,14
Hdc in every st around.

Row 15
Repeat row 9.

Row 16
Hdc in every st around.

Row 17
Decrease every 5th st by skipping each 5th st around.
After joining with slip st, do not make a chain 2 stitch.

Row 18
Shell Border: Make 5 hdc in next st Skip a st, slip st in next st.
*Skip a st, make 5 hdc in next st, skip a st, slip st in next st.
(Repeat from asterik around.) Join; cut yarn; tie off; weave tail into hat so it doesn't show.

Abbreviations:
hdc = half double crochet
sc = single crochet
dc = double crochet

More styles/colors:
The cap can be worn with the brim turned back (or not).

http://www.headhuggers.org/patterns/cpatt05.htm