

Row of Hearts Cable Stitch Chemo Hat

Rinnie Abbitt

1 ball worsted weight yarn, approximately 100 yards

16" size 8 circular needles, cable hook

Heart pattern is a knit heart on a purl background--a 14 stitch repeat of 18 rows; needing a minimum of 3 purl rows before and 2 purl rows after.

- Cast on 70 stitches. Join row being careful not to twist stitches.
- Work a Garter stitch border of 6 rows. (Knit 1 row, purl 1 row, repeat)
- Knit 4 rows. Then begin pattern.

Pattern:

Rows 1, 2, & 3: Purl

Row 4: * P4, k2, p8, place marker; repeat from *

Row 5: * P3, put 1 st on cable hook and hold in back, k1, knit st from cable hook (1/1RC), put 1 st on cable hook and hold in front, k1, knit st from cable hook (1/1LC), p7; rep from *

Row 6: * P3, k4, p7; repeat from *

Row 7: * P2, 1/1RC, k2, 1/1LC, p6; repeat from *

Row 8: * P2, k6, p6; repeat from *

Row 9: * P1, 1/1RC, k4, 1/1LC, p5; repeat from *

Row 10: * P1, k8, p5; repeat from *

Row 11: * 1/1 RC, k6, 1/1C, p4; repeat from *

Row 12: * K10, p4*; repeat from *

Row 13: * K3, 1/1RC, 1/1LC, k3, p4; repeat from *

Row 14: * K4, p2, k4, p4*; repeat from *

Row 15: * 1/1LC, 1/1RC, p2, 1/1LC, 1/1RC, p4; repeat from *

Row 16: * P1, M1 (purl), ssk, p4, ssk, M1 (purl), p5, repeat from *

Rows 17 & 18: Purl

- Remove markers, knit about 5 rows or until hat is desired height.

Decrease:

1. * K8, knit 2 tog, repeat from *
2. Knit next row.
3. * Knit to within 2 stitches of marker, knit 2 tog, repeat from *
4. Repeat row 3 and continue until only 1 stitch remains between markers.
5. Cut yarn and pull it through the remaining stitches. Secure and weave in tails.

Other Options:

- Use a border/brim of your choice—rolled brim, seed, garter, etc.
- Work all the hat in purl leaving only hearts (and whatever for border) in knit st.

