

"From the Heart"
Volunteers are angels in disguise.



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July 2013

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Letter from Lois

It's the middle of the summer - time to check on the cotton projects still on the hook or needles - consider the odds & ends left from cotton projects and what can be done with those - come to the shop to check out the stock of cotton yarns available - get ideas from other members at the shop or in my groups - trade some of my leftovers with someone else as they would be "new" to me - consider stripes - look through the button collection at the shop for enhancement ideas - visit stores to take quick peek at current knit and crochet magazines for stimulation and ideas - look through magazines and books at the shop - find that refreshing idea or stimulation to get me through until the Retreat and the ideas explode!

Lois

Current Needs

We currently need cotton hats and baby bereavement blankets. The bereavement blankets can be knitted or crocheted from any soft baby yarn such as Simply Soft. Please make the blankets in pink, blue or ivory. We need the blankets to be 16, 18 or 22 inch squares. There is no specific pattern for the blankets just use one you enjoy making and adapt it to the sizes needed. As always, please make whatever you enjoy as we can use anything you make.

Fredericksburg / King George Area Current Needs

We currently need cotton chemo hats, baby items (blankets, hats, layettes) and toys. We have had a request for more shrugs! The chemo patients have really loved the ones we gave them in May. You could also start to make hats and scarves for fall and turn them in now. This will help us build up a stock so we will be ahead of curve for fall. We are servicing many more groups this year so the requests will be greater. As always, please make whatever you enjoy as we can use anything you make.

Schedulers Urgently Needed

VOLUNTEERS GREATLY NEEDED TO HELP WITH SHOPKEEPING SCHEDULING.

From the Heart currently has 4 ladies working on the shopkeeping scheduling. These ladies coordinate shopkeeping hours with our wonderful shopkeepers. With YOUR help, this would allow the scheduling rotation to be spread out more. It is NOT a difficult job, but it must be done. Won't you give it a try?!? Contact any one of the current schedulers for more information. Thank you for considering this opportunity with From the Heart.

Gail Patrick ragslan@aol.com
Tricia Ennis ennis1000@verizon.net
Eleanor Cannon e-cannon@msn.com
Ann Robbins aerobbins@live.com

8th Annual From the Heart Retreat

Remember to register for the 8th Annual From the Heart Retreat!

Beth Williamson is handling the registrations for us. You can either mail her your registration - the information is on the registration form - or put it in an envelope and leave it at the shop in the Donations box. Your registration donation helps to assist and defray the costs of running the retreat.

The Retreat Flyer, the directions to The Place and the Registration form are included in the newsletter.

Retreat Vendors

Are you still thinking about the goodies you want to get at the Retreat this year? Remember you can 'preorder' some of your goodies this year?

A couple of our vendors have agreed that they will take 'pre-orders' for delivery at the Retreat and/or pay special attention to the items you would like to see available. Take a look at their websites and, although it is by no means urgent yet, get an idea of what you'd like. Over the next couple of months, these vendors will either take orders directly from you or a list will be maintained and passed on to them so that what you want will be available ☺. Don't forget to mention that they are for The From the Heart Retreat on Saturday, August 24th.

Nana's Home Mades will take orders from you and bring your order for you to pick up at the Retreat. www.nanashomemades.com.

The Williamsburg Chocolatier wants to do all she can to make sure your sweet cravings are satisfied. Let Tricia Ennis know at ennis1000@verizon.net know if you have a particular favorite (no peanuts please).

Flint Hill Mini Farm has provided us with an informational sheet which will be available at the shop. Contact Bernice Koelzer or Renate Boecke at berniceandmike2@gmail.com if there is something specific you would like and they will send you a list from which you may preorder.

Coordinated Colors Yarn Shoppe of Yorktown (www.coordinatedcolors.com) will be bringing knitting and crochet accessories to the Retreat. Look at their website and let Tricia Ennis or Lois Moore know what you'd like to see there. You can also drop a note in the Suggestion Box at the shop if you'd prefer.

As always, Pat Kirtland of Kirtland's Yarn Barn will have a wide selection of lovely yarns for you to choose from www.yarnbarn.com

This year, we will also have a lovely selection of cards (knitting, crocheting and From the Heart themed) supplied by TCM Creative Solutions. www.tcmcreativesolutions.com

Stop by the Shop

When is the last time you sat, stitched and enjoyed the camaraderie at the shop?

Gail Patrick is the July scheduler. Contact her at ragslan@aol.com or (804) 598-2317 or (804) 347-9747.

Congratulations to Jeannette Perry who is the winner for the June shopkeeper.

Jeannette, there will be a nice bag of yarn at the shop for you to pick up for a special project.