

1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitchers
www.fromtheheartstitchers.org

"From the Heart"

Volunteers are angels in disguise.

Grateful Thread – February 2016



Letter from Lois - February 2016

Every day is a brand new day! Past attitudes and yesterday's events are just that...PAST! We can't let baggage from a previous situation influence our upcoming, brand new day. We've always heard, there may be no tomorrow...make the best of today. So, let's start each day anew. We don't have to look outside to "feel" sun shining in our lives. Everything starts fresh, right where we are!

This may be the time to reach out to those with whom we have lost contact. They are only just a phone call or computer message away. We might put a smile on the face of someone lonely or long neglected.

Let's spread our new, positive attitude around. Be reminded of just how our stitching project affects its recipient. They may have had a bad day, aren't well or even feeling unloved. But, given our hat, blanket, teddy bear or other item, their face will light up! WE can create that brand new day for someone in need! I'll bet even the pets in the shelters can feel our love when they receive that nice, cuddly blanket for their very own.

So, let's count our blessings and spread a few around. And don't forget, come to the shop soon! Share some love with fellow stitchers!

Lois

Inclement Weather Policy Reminder

We have already experienced one bad snow so want to remind everyone once again that the general rule for From the Heart is "If the schools are closed, so is the shop." Scheduling for shopkeepers continues as normal but closing the shop when the schools are closed is automatic. If the shop is to remain closed beyond that, or if it is closed for any other reason, the scheduler will send out an email to let everybody know. If you feel unsafe or unsure about heading out as a shopkeeper, let the scheduler know and she will find a replacement for you. From the Heart's primary concern is for the safety of the shopkeepers and members.

Stop by the Shop – "Shop" Hours

The From the Heart 'shop', which is actually our clubhouse/distribution center, is open every Tuesday, Wednesday, Thursday, and Saturday from 10am until 2pm. It is located at 1114 Westbriar Drive in Henrico Co. When was the last time you sat, stitched and enjoyed the camaraderie? We would love to see you there whenever you can drop by.

See the calendar at the end of this Newsletter for times and places of From the Heart group meetings which are additional to the shop hours.

Continuing Changes at the Shop

As was mentioned last month, Lois, Cathryn and others are busy freshening up and shop and the pattern collection. It really does look nice and work on the patterns is continuing as you read this.

We are still in need of volunteers to test the patterns we will be putting into our 'Core Pattern Collection' so please let Tricia (ennis1000@verizon.net) or (804) 683-9015 if you can help with this. The plan is to have the patterns we regularly use all in one place along with samples of those patterns.

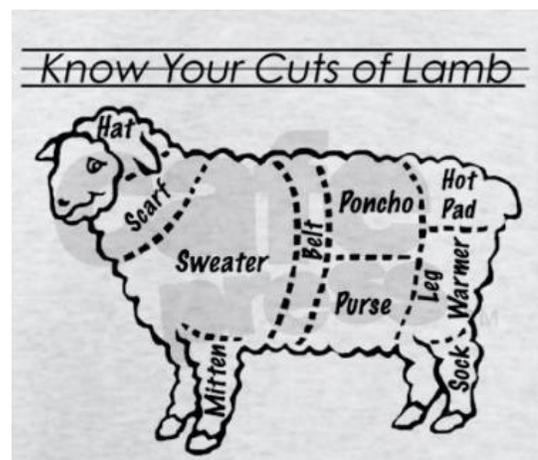
Many, many thanks to Lois for her terrific eye for color and furniture arrangement and to Cathryn for the many long hours spent tackling the painting. Great job, ladies.

Powhatan Festival of Fiber

Saturday, April 30th 2016 is the date of the next Powhatan Festival of Fiber. The festival, held to celebrate and to share appreciation of the many fiber animals, fiber farmers and fiber artisans of the county and surrounding area, will be held rain or shine and is always worth attending so mark your calendar now. The festival includes demonstrations, exhibits, and classes (some of the classes are an additional cost). The event starts at 10:00am and continues until 5:00pm at 3920 Marion Harland Lane in Powhatan. The cost of admittance is \$5 for adults with children 12 and under being admitted free.

February 2016 Scheduler

Ann Robbins is the February scheduler. Ann may be contacted at aerobbins@live.com or by phone at (804) 270-6247 (h) or 921-1174 (c) if you have two hours this month to volunteer at the shop. We are in the process of transitioning away from using the white board at the shop so please do call or email Ann if you wish to volunteer.



Gloucester-Mathews Gazette-Journal



Shown here, clockwise from bottom left, are Linda Reams, Elaine Mitchem, Peggy Foster, Karen Rundlett, Jeanette Needham, Sue Mitchem, Jeannie Beavers, Sylvia Shinault and Sharon Sutton. Not pictured are Nancy Hurst, Beverly Diggs, Sharon George and Julie Crockett. Photo by Sherry Hamilton

A dozen or so ladies in Mathews are making a difference for cancer patients while having fun at the same time, and they're hoping others will want to join them. From the Heart, a knitting group, meets at 10:30 a.m. on the first Wednesday of every month so its members can be together while knitting or crocheting hats, scarves, and other items for children and adults who are undergoing cancer treatment.

Last Wednesday during their meeting at the Mathews Volunteer Rescue Squad Building on Cricket Hill Road, the ladies' hands were flying continually as they chatted about their projects and other topics. There were groans about lost stitches, gentle ribbing about one thing or another, and occasional shared laughter.

Peggy Foster, one of the founding members, said that she and her friends Jeannie Beavers, Sylvia Shinault and Sharon Sutton had started the group together. The four of them were shopping for knitting supplies at Michael's in Richmond one day when Foster got into a conversation with a woman about From the Heart, of which the woman was a member.

One thing led to another, and the four Mathews friends decided to start their own small chapter of the organization in the county. Word spread about what they were doing, and soon they were teaching other ladies how to knit or crochet. In order to continue to grow, they decided to start meeting at the rescue squad building.

Since they began the chapter in 2014, said Sharon Sutton, the ladies have together made 15 hospice blankets, 20 wheelchair blankets, and 60 or 70 hats with matching scarves for cancer patients, homeless people, and the Wounded Warrior program for veterans.

"We've met new friends and been inspired to do things for other people," said Sutton.

Anyone who wants to participate is welcome to join the ladies at their next knitting session at 10:30 a.m. on Wednesday, Feb. 3. For more information, call Sutton at 804-725-7938.

(This article appeared in the Gloucester-Mathews Gazette-Journal on January 13, 2016 and was written by Sherry Hamilton of this Mathews newspaper)

From the Heart 'Waste Not' Workshop

Saturday, March 26, 10am - 4pm, Ruritan Building, 5994 Plank Rd., Fredericksburg.

Come join us for a fun filled day during which we will have a yarn swap, learn what to do with novelty yarns, view demonstrations, and learn how to turn those left-overs into beautiful finished items. All items completed will be donated to recipients in the Fredericksburg area. Yarn, help, and patterns will be provided along with plates, cups, utensils and drinks. Just bring a dish to share and your knitting/crocheting tools. For further info, contact Pam Greswolde at pam.greswolde@comcast.net or at 540.661.7967.

Directions to 'Waste Not Workshop'

From Central Park—head west on Route 3 to the Ruritan Building. It is approx. 10 minutes west of Central Park.

You will pass a shopping center on right with CVS and McDonald's, a short while later you will pass a traffic light at Gordon Road. Next you will see Walgreens' on left and Harrison Crossing shopping center on the right.

Once you pass this shopping center get in left lane. At the 2nd traffic light you will see an Elementary school on the right and you will be turning left. Do a U-turn at this light.

There will be a **dentist office, the Ruritan building and a fire station**. There is plenty of parking at the building.

Questions on directions — Call Pam at 540.661.7967 or 540.972.3602

Winner of the Shop keeping Prize

The winner of the January shopkeeping prize is Nancy Wright. Congratulations to Nancy! There will be a nice bag of yarn at the shop for you to pick up for a special project.

To have your name entered in our monthly drawing, all you need to do is volunteer two hours of your time to be a shopkeeper. Contact Eleanor Cannon at (804) 514-1168 or by email at e-cannon@msn.com if you would like to volunteer and have a chance at winning this prize. Eleanor will arrange for you to be trained and to work your first couple of shifts with somebody who already knows the ropes. See above for further details.

Ann's Story

"Newly retired after many years of working made me somewhat insecure and at loose ends. I no longer had the work group I'd come to know and be comfortable with for 36 years. I had to find a new group. I knew about From the Heart from a friend who had a friend who knitted for FtH so after several months, I went looking for the shop. Of course I went on a day it wasn't open.

So I reworked the courage and went on an open day. How very fortunate for me, Pat Allen was a shop keeper the day I showed up. Pat immediately made me feel welcome. I remember going into the work room and we just talked and talked. I thought I must have known her in another life; we seemed to have so many shared interests. From Pat I found the most wonderful cardiologist for my husband and from then on it seemed we had other doctors in common. We even go to the same extremely handsome, knowledgeable and kind ophthalmologist.

I think of Pat when a potential new member comes into the shop and I try to make them feel as comfortable and welcome as she made me feel almost ten years ago. Obviously I don't always succeed and it would be unlikely I would find someone who uses the same medical practices but From the Heart is a great source of support. I will never be as good with names as Joan and Lois are....it always impressed me that they knew my name. I am thankful for those who make the effort to greet someone by name and I try to remember a new name." *Ann Robbins*

Would you like to share your story with your fellow From the Hearters? If so, send it to me, Tricia, at emmis1000@verizon.net or, if you do not have access to a computer, leave it in an envelope for me at the shop. If neither of those work, just give me a call at (804)683-9015 and I will let you have my mailing address to send it to. Also, let me know when you send it, if you want your name published alongside your story or not.

Tip of the Month

A Great Way to Remember What Size Needles you Used on Your Project(s)

If making a multi item project, such as a sweater which has a back, a front and two sleeves (4 pieces), put knots in your tail yarn at the beginning of the cast on or chain stitch to indicate what size needle was used. For example, if you used a #8 needle make 8 knots (especially if the needle used for the project is not the same one as given in the pattern). Then, if the needles get separated from the project or it takes you ages to get around to making that second sleeve, you can just count the knots and this can help you to get the project restarted.

Recipient Groups (Kuwait)

A year or two ago, early in December I believe it was, I received a call from one of my neighbors, my friend Meg, from years ago, whom I had not seen or talked to in a very long time.

Meg told me that her son was a military medic and was stationed in Kuwait. While the daytime temperatures were quite warm, the evening and nights were almost unbearably cold. Doctors doing their best to serve their fellow personnel were experiencing such a lack of sleep they were having a difficult time being at their best, performing treatments safely. My friend told me, that in a phone call from her son, he expressed the need for nice, warm, wooly hats to wear while sleeping. He asked her if it might be possible for her to send his unit about a hundred hats! Well, she of course told him she would but after ending their conversation she began to panic! Where would she ever find that many hats? But, being a mom, she knew she would find a way. Thinking back to when we first met, some 12 or 13 years ago, she recalled I worked with a little stitching group and wondered if we could help her out. She gave me a call, explained the situation and was quite relieved to hear "Sure, we'll get right on it!"

Now, knowing I could always count on From the Heart members when a need arises, a news flash went out to our entire contact list. Just a hundred hats! We can do this, I know we can!

Once the message went out, almost immediately the hats began pouring in. In no time we had, not 100 hats but **300 hats!** I called Meg to let her know the good news and she was astounded to learn the outpouring of care, love and concern shown by our stitchers.

I delivered the hats to her, she mailed them off to her son and his unit and in no time she sent us pictures of all the medics wearing nice, warm hats and big, gracious smiles.

A week or so after completing this project I was out driving around, running errands on a Saturday morning and my phone rang. I answered and was greeted by a pleasant voice, seemingly a very young lady. She asked, "Is this Lois with From the Heart?" I answered, "Yes it is". She then began to explain that she was a part of the medical unit in Kuwait that received hats from us and she just wanted to thank us and tell us how great it was to get a good night's sleep. I was so shocked I had to pull off the road to continue our conversation. She told me she grew up in King George County, right here in Virginia and would be heading back home in about 6 weeks. I told her how concerned we at home were of all they in Kuwait were enduring, and told her how please I was to be talking with her.

We continued our conversation for several minutes more and, before ending our call, I told her how proud we all were of her and her unit and that she needed to stay safe and come home soon. I told her I wished there were some other way we could be of help to her and her unit and she asked, "Well, would it be possible for you to send us socks as warm as our hats? Sure would make sleeping more comfortable!" So what did I say? "You've got it!" Again, the request went out and the socks came pouring in!

It never fails to amaze me...the giving, caring nature of From the Heart members. I barely mention a need and WHAM! we are overflowing with enough to cover that need X 3! Our stitchers are the best! Give them a challenge and they ALWAYS come through.

Thank you, everyone, for being the best, caring the most and continuing to create smiles, even all the way to KUWAIT!

Donation Inventory Numbers Through January, 2016

Previous Total	
Mid 2002 – 2015	235,513
January 2016	1,784
Grand Total.....	237,297

Schedulers Needed

Schedulers are responsible for ensuring that the shop is properly 'staffed' with two people on duty for each shift while the shop is open. Each scheduler takes on one month at a time in rotation.

Contact any one of the current schedulers for more information.

Tricia Ennis ennis1000@verizon.net
 Eleanor Cannon e-cannon@msn.com
 Ann Robbins aerobbins@live.com

Current Needs

Richmond and Surrounding area's main need at the moment is for:

Chemo and Dialysis blankets. Sizes need to be approx. 30" X 48" for chemo and up to 38" by 68" for dialysis.

Fredericksburg/King George has a need for:

Baby items
 Blankets of all sizes

As always, although these are the current needs, you should feel free to work on whatever you want to make as we can, and will, find a home for anything you donate.



"It is pure potential. Every ball or skein of yarn holds something inside it, and the great mystery of what that might be can be almost spiritual"

*Stephanie Pearl-McPhee
 Knitting Rules!: The Yarn Harlot Unravels the Mysteries of Swatching, Stashing, Ribbing & Rolling to Free Your Inner Knitter*

Blanket Patterns to Match Current Needs

The blankets on the next page are the same as those included last month as the reception was very good and as Richmond still needs Chemo Blankets of 30x50" and Fredericksburg needs baby blankets. These two blankets can be knit or crocheted to be as long as you want and the given width of both is good for either size blanket

If you prefer to make something else, please do as we can find a 'home' for anything you create.

Knit Ripple Blanket

Materials:

Caron Simply Soft (100% acrylic, worsted weight): Or any other worsted weight (#4) acrylic yarn
3 oz. each of three colors (A), (B), & (C) : 4 oz of one color (D) : 12 oz. white (E)
1 pair US size 7 (4.5 mm) circular needles, at least 29 in. long

Ripple pattern:

Row 1: On a multiple of 58 sts plus 4, K2. Then *K2, YO, K4, (K2tog) twice, K4, YO, K1, YO, K4, (K2tog) twice, K4, YO, K2.

Rep. from * to last 2 sts. K2

Row 2: K4. P to last 4 sts. K4.

Row 3: K.

Rows 4-12: Rep. rows 1-3 3 times more.

These 12 rows complete one pattern sequence (PS).



Blanket directions:

With (D), loosely CO 178 sts. Complete 1 PS. Switch to (E) and complete another PS. Continuing to switch colors, complete 1 PS each in (A), (E), (B), (E), (C), (E). Repeat this color pattern [(D), (E), (A), (E), (B), (E), (C), (E)] 2 times more*. Switch to (D). Work rows 1-11. BO loosely knitways. Weave in all loose ends.

Finished size as given is aprox. 34" X 37". Repeat more Ripple Pattern sequences to make the blanket longer.

Rainbow Peaks and Ridges Leftover Blanket

Worsted weight yarn (quantity varies by size made), K hook
Finished width of blanket approx. 34"

Gauge: Each group of [5 DC, ch 1 (2DC, ch 2, 2DC) ch 1] = approx. 3.5"

Notes: To increase width, add 8 chains to beg chain. To decrease, subtract 8

Chain 79

1st row

DC in 4th ch from hook and next 3 st (ch 3 counts as a DC), * skip next st, in next ch (2 DC, ch 2, 2 DC), skip next chain and DC in next 5 st. Repeat from * to the end of the row, chain 3 and turn.

2nd row

Ch 3 counts as 1st dc, dc in next DC of previous row, FPDC in next st and DC in next 2 st, * skip next 2 st, in next ch 2 space (2 DC, ch 2, 2 DC), skip next 2 st, DC in next 2 st, FPDC in next stitch, DC in next 2 st. Repeat from * to the end of the row (ending with DC in top of ch 3), chain 3 and turn.

3rd row

Ch 3 counts as 1st dc, dc in next DC of previous row, BPDC around FPDC of previous row, DC in next 2 st, * skip next 2 st, in next ch 2 space (2 DC, ch 2, 2 DC), skip next 2 st, DC in next 2 DC of previous row, BPDC in FPDC of previous row, DC in next 2 st. Repeat from * to the end of the row, chain 3 and turn.

Repeat rows 2 and 3 until blanket is desired length



From the Heart Local Group Times

February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 Carson Library Group 3-5 pm</p> <p>The Crossings at Bon Air 2:00</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Hillcrest UMC 10-12</p> <p>Midlothian Women's Group Starbucks (inside Kroger) 10am</p>	<p>2 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Martin's @ Chippenham Crossing Center 5:30-7:30pm</p> <p>Prince George Library 2:00 – 4:00 pm</p> <p>Tuckahoe @ Shop 6:30- 8:30 pm</p>	<p>3 Colonial Heights Senior Center 10–noon</p> <p>Colony Critters', Patriot's Colony in Williamsburg. 1:3pm</p> <p>ElmCroit Retirement 1:30</p> <p>Michael's, Midlothian Tnpk. & Courthouse Rd. 12:00-3:00</p> <p>Mathews Group, Rescue Squad Bldg, Hudgins, VA 10:30 am – 2:00 pm</p>	<p>4 Hopewell Library 6pm – 8pm</p> <p>Five Rivers Fiber Guild, Burgess 1 – 3pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9-noon</p> <p>Panera Bread Midlothian 6 - 8:00 pm</p>	<p>5 Starbucks Huguenot Rd 11 am-1:30pm</p>	<p>6 Atlee Angels Legacy Park 1 – 3 pm</p> <p>Starbucks Oxbridge Square 10 – noon</p>
7	<p>8 Carson Library Group 3-5 pm</p> <p>The Crossings at Bon Air 2.00</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Hillcrest UMC 10-12</p> <p>Crossings at Fall Run 11 am</p> <p>Southside Angels Emporia YMCA, 2–4 pm</p>	<p>9 Martin's @ Chippenham Crossing Center 5:30– 7:30pm</p> <p>Tuckahoe @ Shop 6:30- 8:30 pm</p> <p>Chesterfield Heights Community Center 2:00- 3:30</p> <p>Fredericksburg Wegman's 2nd Fl Food Court - 11:30a -2:30p</p> <p>Montpelier Crafters 1 – 3pm</p>	<p>10 Colonial Heights Senior Center 10–noon</p> <p>Dinwiddie Library 1:00-3:00pm</p> <p>B'mill/Woodlake Clover Hill Library 6.30 – 8 pm</p> <p>Chesterfield Needlework Friends Central Library, Lori Rd. 1pm - 2.30pm</p>	<p>11 Chamberlayne Hts. United Meth Church 1:30 – 3:00</p> <p>Hopewell Library 10am - noon</p>	<p>12 Starbucks Huguenot Rd 11 am-1:30pm</p> <p>Kay's Krafters 1 –5 pm</p>	<p>13 Louisa Group Hardee's 10 – noon</p>
14 King George - Peace Lutheran Church 2 - 4pm	<p>15 Hillcrest UMC 10-12</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>The Crossings at Bon Air 2.00</p>	<p>16 Martin's @ Chippenham Crossing Center 5:30–7:30pm</p> <p>Tuckahoe @ Shop 6:30- 8:30 pm</p> <p>Chesterfield Heights Community Center 2:00- 3:30</p> <p>Prince George Library 2:00 – 4:00 pm</p> <p>Fredericksburg Wegman's 2nd Fl Food Court - 6:30 - 8:30pm</p>	<p>17 Colonial Heights Senior Center 10- noon</p> <p>ElmCroit Retirement 1:30</p> <p>Michael's, Midlothian Tnpk. & Courthouse Rd. (craft room) 12:00-3:00</p>	<p>18 Hopewell Library 6pm – 8pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9-noon</p> <p>Panera Bread Midlothian 6 - 8:00 pm</p>	<p>19 Starbucks Huguenot Rd 11 am - 1:30 pm</p>	<p>20 Starbucks Oxbridge Square 10 – noon</p> <p>Atlee Angels - Legacy Park 10 - noon</p>
21	<p>22 Hillcrest UMC 10-12</p> <p>The Crossings at Bon Air 2:00</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Crossings at Fall Run 11 am</p> <p>Southside Angels Emporia YMCA, 2–4 pm</p> <p>Carson Library Group 3-5 pm</p>	<p>23 Martin's @ Chippenham Crossing Center 5:30–7:30pm</p> <p>Tuckahoe @ Shop 6:30- 8:30 pm</p> <p>Fredericksburg Wegman's 2nd Fl Food Court - 11:30a -2:30p</p> <p>Chesterfield Heights Community Center 2:00- 3:30</p>	<p>24 Colonial Heights Senior Center 10- noon</p> <p>B'mill/Woodlake Clover Hill Library 6.30 – 8 pm</p> <p>Dinwiddie Library 1:00-3:00pm</p>	<p>25 Hopewell Library 10am – noon</p> <p>Summerhill Retirement 1:30-3:30 pm</p>	<p>26 Kay's Krafters 1 –5 pm</p> <p>Starbucks Huguenot Rd 11 am-1:30pm</p>	<p>27 Redeemer Lutheran Redbridge Rd Upstairs Conf. Room 9 - 11am</p>
28 King George - Peace Lutheran Church 2 - 4pm	<p>29 Hillcrest UMC 10-12</p> <p>Carson Library Group 3-5 pm</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>The Crossings at Bon Air 2.00</p>					

From the Heart Local Group Times – please check reverse for month specific meetings
Shop on Westbriar is open 10am – 2pm Tues, Weds, Thurs, Sat every week unless noted on calendar (see reverse side)

Name	Address	City	Day of Month	Time of Day
A Common Thread, Mathews area group	Mathews Rescue Squad Building	Hudgins, VA	Wednesday, 1 st	10:30am – 2:00pm
Atlee Angels	Legacy Park Social Center Midday Lane	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon
Brandermill/Woodlake	Clover Hill Library, Deer Run	Midlothian	Wednesday 2 nd and 4 th	6.30 - 8.00pm
Carson Group	Carson Library 16101 Halligan Park Road	Carson	Monday every	3 - 5pm
Chamberlayne Hgts Methodist Church	6100 Chamberlayne Road	Richmond	Thursday 2 nd	1:30 - 3pm
Chesterfield Heights Community Center	901 Madrona Street	Midlothian	Tuesday, every	2 – 3:30pm
Chesterfield Needlework Friends	Central Library, Lori Rd,	Chester	Wednesday, 2 nd	1 -2 :30pm
Colonial Heights Senior Center	Roanoke Avenue	Colonial Heights	Wednesday every	10 am - noon
Colony Critters	Patriot's Colony	Williamsburg, VA	Wednesday 1 st	1.30pm
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Every Monday	2:00pm
Crossings at Fall Run	60 Brimley Drive	Stafford	Monday, 2 nd , 4 th	11am
Dinwiddie Library	14103 Boydton Plank Road	Dinwiddie	Wednesday 2 nd , 4 th	1:00pm
ElmCroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 1 st , 3 rd	1:30pm
Farmville	Farmville Baptist Church, 132 North Main St	Farmville	Every Monday	5:00pm
Five Rivers Fiber Guild Charity Stitchers	Fairfields United Methodist	Burgess	Thursday 1 st	1 – 3pm
Hillcrest United Methodist Church	2208 Lafayette Boulevard	Fredericksburg	Monday every	10am - noon
Hopewell Library	209 E. Cawson Street	Hopewell	Thursday 2 nd , 4 th	10am - noon
Hopewell Library	209 E. Cawson Street	Hopewell	Thursday 1 st , 3 rd	6 - 8pm
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1 - 5pm
King George, Peace Lutheran Church	5590 Kings Highway	King George	Sunday 2 nd , 4 th	2 - 4pm
Louisa Hardee's	881 Jeff Davis Hwy	Louisa	Saturday 2 nd	10am - noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am - noon
Martin's Grocery Store	5201 Chippenham Crossing Center	Richmond	Tuesday every	5:30 – 7:30pm
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon – 3pm
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Center	Midlothian	Monday 1 st	10:00am
Montpelier Crafters	Montpelier Center for the Arts and Education	Montpelier	Tuesday 2 nd	1 – 3pm
Panera Bread	11649 Midlothian Tnpk	Midlothian	Thursday 1 st , 3 rd	6 - 8:00 pm.
Prince George	Prince George Library, 6605 Courts Drive	Prince George	Tuesday 1 st , 3 rd	2 - 4pm
Redeemer Lutheran	9400 Redbridge Rd.(upstairs Conference. room)	Richmond	Saturday 4 th (except Dec)	9 – 11am
Southside Angels – Emporia YMCA	Emporia YMCA	Emporia	Monday 2 nd , 4 th	2 - 4pm
Starbucks	5001 Huguenot Road	Richmond	Friday Every	11am-1:30pm
Starbucks	10009 Hull Street Road (Oxbridge Sq)	Richmond	Saturday 1 st , 3 rd	10am - noon
Summerhill Retirement Center	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30 - 3:30pm
Tuckahoe at the Shop	1114 Westbriar Drive	Henrico	Tuesday, every	6:30 - 8:30pm
Wegman's 2 nd floor Food Court	Central Park	Fredericksburg	Tuesday 2 nd , 4 th	11:30a – 2:30p
Wegman's 2 nd floor Food Court	Central Park	Fredericksburg	Tuesday 3 rd	6:30 – 8:30pm