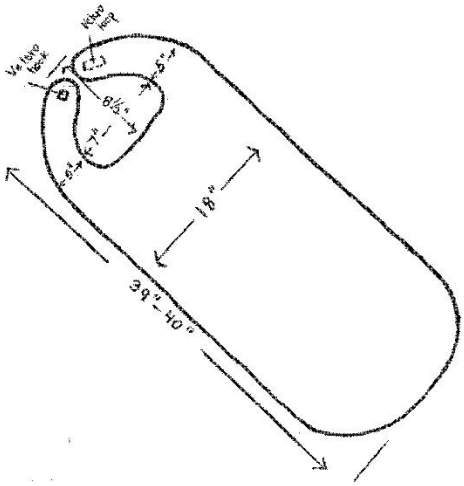
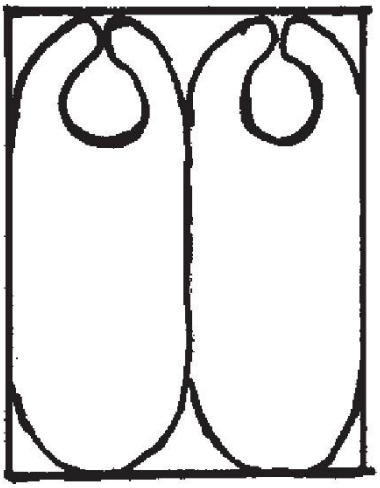
Adult Shirt Protector

Materials:

Fabric: 1 yard of 42" wide fabric (½ yard of two colors makes it more interesting)
Velcro: 1 piece approximately 2" x 1"

Instructions:

- Cut two pieces according to pattern. Photos below (the two pieces shown together are on a piece of fabric 45" wide by 36" long.)
- With right sides together and beginning at the bottom, stitch pieces together, leaving an 8" gap at the bottom.
- Invert through the bottom gap so that right sides are out.
- Top stitch entire item.
- Stitch Velcro to the neck closure.

Optional: Applique a heart on one side of the bib.