

Cables for Beginners

Definitions :

C4F: Slip first 2 stitches of 4 stitch cable onto cable needle. Hold these stitches to front of work. Knit next two stitches on knitting needle as usual then knit 2 stitches from cable needle, being careful not to twist stitches.

C4B: Slip first 2 stitches of 4 stitch cable onto cable needle. Hold these stitches to back of work. Knit next two stitches on knitting needle as usual then knit 2 stitches from cable needle, being careful not to twist stitches.

Note: Cable stitches are worked from opposite end of cable needle from which they were originally slipped onto that needle.

Sample Pattern

Using worsted weight yarn and size 8 straight needles, cast on 32 stitches
Work at least 4 rows of garter stitch to prevent bottom of work curling.
Beginning next row, keeping first and last 4 stitches of each row in garter stitch to prevent edges from curling in on your work, follow this garter section with several rows of stockinette stitch, ending after purl row

Begin Pattern:

Row 1: Knit 6, C4B, C4F, knit 4, C4B, C4F, knit 6*

Rows 2, 4, 6: Knit 4, purl to last 4 stitches, knit 4

Rows 3, 5: Knit all stitches

Repeat rows 1 through 6

- Note C4B, hold 2 to **back**, k2, k2 from cable needle
- Note C4F, hold 2 to **front**, k2, k2 from cable needle

If using this pattern for a scarf (for example), remember to border it at the top and bottom of the scarf. 4 rows garter at the beginning should be matched with 4 rows garter the end end.