

## Letter from Lois – May 2018

### SOCK YARN!!

So much sock yarn! So little time!

Bring your sock knitting and crocheting skills, your size #2 or #3 knitting needles or size D crochet hook (or size with which you are comfortable using with sock weight yarn) and favorite sock pattern or use one of our simple patterns.

From the Heart will provide the sofas, arm chairs and the SOCK WEIGHT YARN!

We are planning to stitch as many pairs of nice socks as we possibly can during the months of May and June, in time for the RAM trip to Wise County in early July 2018.

As you will remember, Rural Area Medical doctors and dentists travel to Wise County, Virginia each year to offer their services free to those in need. These patients will be coming not only from Virginia but from Kentucky, Tennessee, West Virginia and Ohio as well.

You may also remember, to benefit these folks we at From the Heart send bags and bags of our stitched items and gently used clothing from our closets. This year we would like to include our hand stitched socks.

Our “kick-off” day for this stitch along will be Saturday, May 12th, 2018. We will be meeting at the shop from 10 until 2 that day to get this rolling. After this initial meeting we’d love to have you come stitch with us on Wednesdays and/or Saturdays until the end of June deadline. If you like, bring a few snacks or treats to share...stitching always seems to create an appetite! :)

We look forward to having you join us for a fun start to a very worthwhile program. We want to try to keep as many feet warm as possible when the weather in the mountains turns cold in the fall.

Hope to see you soon!

*Lois*

### From the Heart Retreat – 2018

A Registration Form for our 2018 Retreat “The Mad Hatter’s Tea Party” is included with this newsletter. The event will take place on Saturday, August 11<sup>th</sup>, 2018 and will be held at The Place at Innsbrook. The price will remain unchanged at \$40 per person. Registration closes on July 13<sup>th</sup> and all reservations must be mailed to Beth Williamson at the address given on the form. As in the

last couple of years, attendance will be capped at 200, so get your registration in early.

We have two mini-classes confirmed at this time, “How to Make a Chemical Free Dryer Ball at Home” with Linda Hague and “Different Ways to Fringe” with Nancy Wright. Please let Tricia Ennis know (804-683-9015 or [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com)) what else you would like to see offered and/or if you have something you would like to teach.

We will have 5 vendors this year and they are: Dances with Wool (yarns, patterns and notions), St. John Newmann Baker’s Guild (chocolates, candies, and goodies), The Merry Soapmakers (home-made soaps, lotions and creams), Sheila Weisensale’s Creations (pressed flower designs using plant materials from Sheila’s own garden – including paper craft items, note cards, gift tags, and more), Everblooming Garden Glass (Handmade garden art and home decor made using repurposed dishes and glassware). All our vendors are local artists. Please bring cash or checks as not all accept credit cards.

We have two speakers lined up and a special ‘event’ in which YOU can take part - a Hat-Fashion Show. Put on your thinking cap (pun intended) and come up with a nice hat which you can design and model yourself or, if you prefer, you can design a hat for somebody else to model, or perhaps you’d like to model a hat somebody else has designed. Let me (Tricia) know if you’d like to take part and in which way. The hats can be knit, crocheted or sewn. You can also purchase a hat (straw, felt, cloth) and dress it up to be something deserving of being in a fashion show. Any patterns I get which are “funky but useable for our recipients will be included in the new pattern book, a copy of which will be given to everyone who registers for the Retreat.



Again this year, we will be playing Bingo, participating in raffles and door prizes, having a fabulous lunch, taking advantage of pre-made hat kits (so people like me don’t have to worry about putting colors together for the next hat I make for From the Heart – the hard part has been done already), and having fun with friends.

One final thing about the Retreat this year. We had a few comments submitted following last year's Retreat by people who were dismayed to arrive on Saturday to find that "Reserved" signs were on approximately 8 of the tables. Many people who attend the Retreat want to sit with people they do not know, to meet new people and be more social than they might ordinarily get a chance to be. For this reason, we are not going to put reserved signs on any of the tables. If you want to sit with a certain person or group, please arrange that once you get to the Retreat using only the chairs/tables which have not been taken before your arrival. We are not trying to prevent people from sitting with those they know, just trying to avoid having so many tables reserved, which limits the numbers of places available to those for whom a chair has not been reserved.

Thank you, all, for your consideration of this and don't forget to get those reservations in.

### Save the Date

Mark your calendars now for **Saturday, October 20<sup>th</sup>** and plan to attend the **Fredericksburg Fall Waste Not Workshop**. These bi-annual events are always fun, with mini-classes, great camaraderie, a yarn swap, tips and tricks and patterns to help you use up your leftovers and lots of good food. More information to follow.

### Richmond Area Yarn Swap, Leftovers Workshop and Potluck Luncheon

This event is coming up this Saturday, **May 5** from 10:00am until 3:00pm at the Brandermill Church in Midlothian. We will have a yarn swap, patterns which will make quick use of our many leftovers, and a potluck luncheon. Please bring a dish to share, along with any items which might be needed to serve it. From the Heart will provide drinks, cups, plates, cutlery, etc.



Left: Sample of Dollar Daze yarn.  
Right: Sample of Log Cabin Work

Two Log-blanket mini-workshops will be offered, one knitting and the other crocheting. There is no need to sign up in advance for these but please bring a pair of straight US #7 or 8 needles with you if you plan to attend the knitting workshop and/or a H or J hook if you want to attend the crochet workshop. As this event is a very casual, easy-going one, the workshops will probably be offered more than once so you should be able to attend both if you wish. Anyone planning to attend the knit workshop should prepare in advance by bringing a piece already started. Using worsted weight yarn (#4) and US #7 or 8 straight needles, cast on 20 stitches and **knit** 19.5 garter ridges. That is, cast on 20 stitches and **knit** 39 rows. The workshop will take it from there. From the Heart will supply the yarn needed for the workshop.

If you have unopened, full skeins of yarn that you bought with the best of intentions and now have come to realize that you will never use, please bring them as we will have a Yarn Swap at this event.

For the first time, this year's event will also include a Dollar Daze opportunity. For those who are not familiar with Dollar Daze, it is an opportunity for you to pick up some really nice yarn in exchange for a donation to From the Heart. During the year, From the Heart receives donations of all sorts of yarn, including some yarns we cannot use in the course of our work (silks, linens, mohairs, etc.) We put these nicer yarns aside for Dollar Daze. The yarn is set out in bins at these events and you have the opportunity to look through it to see if there is anything you would like to have for personal use. When you decide what you would like to have, how do you know what to donate for it? Our suggestion is, as most of the skeins have the actual retail price on the label, that you consider donating between 30-50% of the full value. If you can donate more, terrific. If you cannot donate that amount, then donate whatever you feel you comfortably can. Every single penny of what From the Heart receives through our Dollar Daze events is used to purchase acrylic yarn which we CAN use in what we do.

Please let either Tricia, [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), (804)683-9015 or Lois, [loisfth@me.com](mailto:loisfth@me.com), (804)305-4971 know if you plan to attend as this will help greatly with planning and set up.

### Tip of the Month

Ever put down your crochet only to come back and discover that the hook has slipped out of the last stitch? If you know you are going to be away from your work for a little while, take the time to insert a safety pin, movable stitch marker, or even a paper clip into the last stitch you worked. Keeps your work safe and sound for as long as you are gone.

## Current Needs

**Richmond and Surrounding areas** have a need for:

- ✚ Purple blankets to be given by Henrico Doctor's Hospital to mothers who have lost an infant (36"X36")
- ✚ Soft cotton/cotton blend chemo hats
- ✚ Baby hats (these should be acrylic)

**Fredericksburg/King George** has a need for:

- ✚ All baby items
- ✚ Blankets
  - (32 -34" X 58-50")
  - 32 – 36" Square (lap size)

Please note, although we only list what appear to be knit and crochet items, all blankets can be of the fleece or quilted variety and we have a constant need of other sewn items, such as chemo underarm pillows, port pillows, drain bags, etc.

Please also note, if you make anything using yarn which contains wool, you should include a yarn label when you turn it in as the label contains care instructions.

We make the current needs known to 'keep you in the loop', not to say that these are items you must make but to give you the opportunity to meet an immediate need should you want to do so. Please make whatever you enjoy making as we will find a home for it.

### Shop-keeper of the Month April 2018

Every month we put the names of the people who have volunteered to staff the shop that month (one chance per shift worked) into a bag, give it a shake, and pull out a name to be the Shop-keeper of the month. This month's winner (April 2018) is **Laura Deck**. Next time you are at the shop, Laura, please pick out some of the nicer yarn for your personal use as a thank you for the times you have volunteered this month.

### Shop Hours and May 2018 Scheduler

The From the Heart 'shop' is located at 1114 Westbriar Drive in Henrico and is open from 10am until 2pm every Tuesday, Wednesday, Thursday, and Saturday. See the calendar at the end of this newsletter for information about the times and places of From the Heart groups which are additional to the shop hours.

Ann Robbins is the May scheduler. Ann can be reached by phone at (804)270-6247 (h)/(804)921-1174 (c) or by email at [aerobbins@live.com](mailto:aerobbins@live.com). Please contact her if you would like to volunteer as a shop-keeper. The schedule is posted under the "Members" tab on the From the

Heart website. Every attempt will be made to keep the posted schedule as up to date as possible, so you can check there to see what is still available and to double-check on what you are already signed up for. Please note that you will still need to contact the scheduler to volunteer.

Schedulers are responsible for ensuring that the shop is properly staffed, and that two people are on duty for each shift. Schedulers are responsible for one month at a time.

If you are interested in becoming a *scheduler* (as opposed to a shop-keeper) and want to know more, please contact one of the current schedulers.

The schedulers are:

Ann Robbins: [aerobbins@live.com](mailto:aerobbins@live.com), 270-6247 (h), 921-1174 (c)

Tricia Ennis: [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), 683-9015

Jacqueline Muoio: [msjbangles@yahoo.com](mailto:msjbangles@yahoo.com), 840-4687

### Donation Inventory Numbers

|                    |              |
|--------------------|--------------|
| Previous Total     |              |
| Mid 2002 – 2017    | 286,748      |
| 2018               |              |
| January - March    | 8,710        |
| April              | <u>1,829</u> |
| Year to date total | 10,539       |
| Grand Total        | 297,287      |

### Your Newsletter and Your From the Heart

We want this Newsletter to be something you look forward to receiving because it is of interest to you, so please continue to suggest articles, ideas, or tips.

This month's Tip of the Month was submitted by a member. Items like these really contribute to the "newsiness" of the Newsletter so keep them coming. Send to me (Tricia) at [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), leave me a note at the shop or phone me at (804) 683-9015.

Please note that the Suggestion box at the "shop" has been moved into the workroom as a member expressed concern that some may not want to be seen putting something in the box.

Our website, [www.fromtheheartstitchers.org](http://www.fromtheheartstitchers.org) has been updated to include a list of where we send donations. Check out "Who we Help" in the menu under the "About Us" tab on the webpage.

## Mel's Fake Cable Stitch Chemo Hat (Knit)

### Materials:

Approximately 2 oz. of cotton or cotton blend worsted (#4) yarn  
Size 6 or 7 circular 16" or double pointed needles

### Pattern:

Cast on 85 stitches, join being careful not to twist.

Knit each row for 8 rows.

**Row 9:** Purl 2, knit 1, knit second stitch on left needle, leaving it on the needle, knit first stitch on left needle, remove both stitches at the same time. Continue around.

**Row 10:** Purl 2, knit 3 around.

**Row 11:** Purl 2, knit second stitch, knit first stitch, remove both, knit 1, continue around.

**Row 12:** Purl 2, knit 3 around.

Repeat rows 9 thru 12 until hat measures approx. seven inches, ending with row 12.

### Decrease:

**Row 1:** Purl 2, knit 1, and knit 2 together. Continue around

**Row 2:** Purl 2 tog, Knit 2. Continue around. (42 stitches at this point.)

**Row 3:** Purl 1, knit 2 together. Continue around.

**Row 4:** Knit 2 together around.

**Row 5:** Knit 2 together around. 9 stitches left.

Cut yarn, thread thru remaining loops and weave in end.



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## Skull or Chemo Cap (Crochet)

### Materials:

Approx. 3 oz. soft worsted weight (#4) cotton or cotton blend yarn, more for a longer cap  
Hook: Adult size-use **J** hook, kids-use an **I** hook, little kids-use an **H** hook

### Abbreviations:

ch = chain

dc = double crochet

sl st = slip stitch

sc = single crochet

### Instructions:

Ch 4 and join with sl st

**Round 1:** Work 12 dc into ring and join with sl st (12 dc)

**Round 2:** Ch 1, work 2 dc into each stitch around, join to ch 1 with sl st (24 dc)

**Round 3:** Ch 1, \*1 dc in next stitch, 2 dc in next st\* around, join to ch 1 (36 dc)

**Round 4:** Ch 1, \*1 dc in next 2 stitches, 2 dc in next st\* around, join to ch 1 (48 dc)

**Round 5:** Ch 1, \*1 dc in next 3 stitches, 2 dc in next st\* around, join to ch 1 (60 dc)

**Rounds 6-8:** Ch 1, dc in each stitch around, join to first ch 1

(Note): to make the cap bigger, you may add another round of rows 6-8)

**Rounds 9-12:** (do not ch 1 here) sc in each st around (use stitch marker to mark start of each round-work a spiral for these four rounds)

NOTE: For a longer cap, add additional rounds here.

**Round 13:** sl st each stitch around. Fasten off and weave in ends.



# From the Heart Local Group Times

May 2018

| Sunday | Monday  | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday   |
|--------|---|--|--|--|---|--|
|        |   | <p>1 Chesterfield Heights Community Center 2:00- 3:30</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>Prince George Library 2:00 – 4:00 pm</p>   | <p>2 Colonial Heights Senior Ctr 10-noon</p> <p>Colony Critters', Patriot's Colony in Williamsburg. 1:30pm</p> <p>ElmCroit Retirement 1:30</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Mathews Group, Church of Francis De Sales, Mathews,10:30a – 2:00p</p> <p>Michael's, Midlothian Tnpg. &amp; Courthouse Rd. noon-3:00pm</p> | <p>3 Hopewell Library 6pm – 8 pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</p> <p>Panera Bread Midlothian 6:00pm- 8:00pm</p>    | <p>4 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p>  | <p>5 Atlee Angels Legacy Park 1 – 3 pm</p>                                     |
| 6      | <p>7 The Crossings at Bon Air 2:00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p> <p>Midlothian Women's Group, Starbucks, Ivy Mount Shopping Center 10:00am</p> | <p>8 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd.. 10:00am – 1:00pm</p> <p>Montpelier Crafters 1 – 3pm</p>  | <p>9 Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Colonial Heights Senior Ctr 10-noon</p> <p>Brandermill/Woodlake Group Clover Hill Library, 6:30pm – 8:00pm</p> <p>Chesterfield Needlework Friends Chester Library. 1pm - 2.30pm</p> <p>Dinwiddie Library 1:00-3:00pm</p> <p>King George - Peace Lutheran Church 10 am – noon</p>       | <p>10 Hopewell Library 10am – noon</p> <p>Chamberlayne Hts. United Meth Church 1:30 – 3:00 pm</p>  | <p>11 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p> <p>Kay's Krafters 1 –5 pm</p> <p>Twin Hickory Clubhouse Group 10:30am – 12:30pm</p> | <p>12 Louisa Group Hardee's 10 – noon</p>                                      |
| 13     | <p>14 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>  | <p>15 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm</p> <p>Prince George Library 2:00 – 4:00 pm</p>               | <p>16 Colonial Heights Sr. Ctr 10-noon</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00p</p> <p>ElmCroit Retirement 1:30</p> <p>Michael's, Midlothian Tnpg. &amp; Courthouse Rd. noon-3:00pm</p>   | <p>17 Hopewell Library 6pm – 8 pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</p> <p>Panera Bread Midlothian 6:00pm - 8:00 pm</p> | <p>18 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p>   | <p>19 Atlee Angels - Legacy Park 10 – noon</p>                                 |
| 20     | <p>21 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>  | <p>22 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd.. 10:00am – 1:00pm</p> <p>Montpelier Crafters 1 – 3pm</p> | <p>23 Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Colonial Heights Senior Ctr 10-noon</p> <p>Brandermill/Woodlake Group Clover Hill Library, 6:30pm – 8:00pm</p> <p>Chesterfield Needlework Friends Chester Library. 1pm - 2.30pm</p> <p>Dinwiddie Library 1:00-3:00pm</p> <p>King George - Peace Lutheran Church 10 am – noon</p>      | <p>24 Hopewell Library 10am – noon</p> <p>Summerhill Retirement Center 1:30pm – 3:30pm</p>   | <p>25 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p> <p>Kay's Krafters 1 –5 pm</p> <p>Twin Hickory Clubhouse Group 10:30am – 12:30pm</p> | <p>26 Redeemer Lutheran, Redbridge Rd 9 – 11 am in the Upstairs Conf. Room</p> |
| 27     | <p>28 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>  | <p>29 Chesterfield Heights Community Center 2:00- 3:30</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p>  | <p>30 Colonial Heights Senior Ctr 10-noon</p> <p>Colonial Heights Senior Ctr 10-noon</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p>  | <p>31</p>  |   |  |

**From the Heart Local Group Times – please check reverse for month specific meetings**  
**Shop on Westbriar is open 10am – 2pm Tues, Weds, Thurs, Sat every week unless noted on calendar (see reverse side)**

| Name   | Address   | City             | Day of Month   | Time of Day       |
|--|---|------------------|--|-------------------|
| Atlee Angels                                       | Legacy Park Social Center Midday Lane                   | Mechanicsville   | Saturday 1 <sup>st</sup> , 3 <sup>rd</sup>                   | 1- 3 pm/10-noon   |
| Brandermill/Woodlake                               | Clover Hill Library, Deer Run                           | Midlothian       | Wednesday 2 <sup>nd</sup> and 4 <sup>th</sup> (DS time only) | 6.30 - 8.00pm     |
| Chamberlayne Hgts Methodist Church                 | 6100 Chamberlayne Road                                  | Richmond         | Thursday 2 <sup>nd</sup>                                     | 1:30 - 3pm        |
| Chesterfield Heights Community Center              | 901 Madrona Street                                      | Midlothian       | Tuesday, every   | 2 – 3:30pm        |
| Chesterfield Needlework Friends                    | Chester Library, 11800 Centre St.                       | Chester          | Wednesday, 2 <sup>nd</sup> , 4 <sup>th</sup>                 | 1 -2 :30pm        |
| Colonial Heights Senior Center                     | Roanoke Avenue  | Colonial Heights | Wednesday every  | 10 am - noon      |
| Colony Critters                                    | Patriot's Colony  | Williamsburg, VA | Wednesday 1 <sup>st</sup>                                    | 1.30pm            |
| Crossings at Bon Air                               | Bon Air Crossing Drive                                  | Richmond         | Monday, every  | 2:00pm            |
| Dinwiddie Designers                                | Dinwiddie Library, 14103 Boydton Plank Road             | Dinwiddie        | Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>                  | 1:00pm            |
| ElmCroft Retirement Group                          | 1000 Twinridge Lane                                     | Richmond         | Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>                  | 1:30pm            |
| Farmville  | Farmville Baptist Church, 132 North Main St             | Farmville        | Wednesday, every   | 5:00pm            |
| Five Rivers Fiber Guild Charity Stitchers          | Rice's Hotel/Hughlett's Tavern                          | Heathsville      | Friday, every  | 10am - noon       |
| Fredericksburg Group                               | Redeemer Lutheran Church, 5120 Harrison Rd.             | Fredericksburg   | Tuesday 2 <sup>nd</sup> , 4 <sup>th</sup>                    | 10:00am – 1:00p   |
| Fredericksburg Group                               | Wegman's 2 <sup>nd</sup> Floor Food Court, Central Park | Fredericksburg   | Tuesday 3 <sup>rd</sup>                                      | 5:30 – 7:30pm     |
| Gayton Kirk Knitters/Crocheters                    | 11421 Gayton Rd   | Richmond         | Monday, every  | 7pm               |
| Hopewell Happy Caps                                | Hopewell Library, 209 E. Cawson Street                  | Hopewell         | Thursday 2 <sup>nd</sup> , 4 <sup>th</sup>                   | 10am - noon       |
| Hopewell Helpful Hearts                            | Hopewell Library, 209 E. Cawson Street                  | Hopewell         | Thursday 1 <sup>st</sup> , 3 <sup>rd</sup>                   | 6 - 8pm           |
| Kay's Krafters                                     | 3105 Three Bridge Road                                  | Powhatan         | Friday 2 <sup>nd</sup> , 4 <sup>th</sup>                     | 1 - 5pm           |
| King George, Peace Lutheran Church                 | 5590 Kings Highway                                      | King George      | Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>                  | 10am - noon       |
| Louisa Hardee's                                    | 881 Jeff Davis Hwy                                      | Louisa           | Saturday 2 <sup>nd</sup>                                     | 10am - noon       |
| Mall Group   | Chesterfield Town Center                                | Midlothian       | Thursday 1 <sup>st</sup> , 3 <sup>rd</sup>                   | 9am - noon        |
| Mathews area group, A Common Thread                | Church of Francis De Sales, 176 Lovers Lane             | Mathews, VA      | Wednesday, 1 <sup>st</sup>                                   | 10:30am – 2:00pm  |
| Michael's, (craft room)                            | Midlothian Tnpk. & Courthouse Rd                        | Midlothian       | Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>                  | Noon – 3pm        |
| Midlothian Women's Group                           | Starbucks, Ivy Mount Shopping Center                    | Midlothian       | Monday 1 <sup>st</sup>                                       | 10:00am           |
| Montpelier Crafters                                | Montpelier Center for the Arts and Education            | Montpelier       | Tuesday 2 <sup>nd</sup> , 4 <sup>th</sup>                    | 1 – 3pm           |
| North Courthouse Chesterfield Library Fiber Trends | 325 N. Courthouse Rd.                                   | Richmond         | Tuesday, every   | 11 am – 1 pm      |
| Panera Bread                                       | Midlothian and Chippenham                               | Richmond         | Tuesday every  | 5:30 – 7:30pm     |
| Panera Bread                                       | 11649 Midlothian Tnpk                                   | Midlothian       | Thursday 1 <sup>st</sup> , 3 <sup>rd</sup>                   | 6 - 8:00 pm.      |
| Prince George Yarnspinners                         | Prince George Library, 6605 Courts Drive                | Prince George    | Tuesday 1 <sup>st</sup> , 3 <sup>rd</sup>                    | 2 - 4pm           |
| Redeemer Lutheran                                  | 9400 Redbridge Rd.(upstairs Conference. room)           | Richmond         | Saturday 4 <sup>th</sup> (except Dec)                        | 9 – 11am          |
| Starbucks  | 5001 Huguenot Road                                      | Richmond         | Friday Every   | 9:30am - noon     |
| Summerhill Retirement Center                       | 3158 Lake Village Drive                                 | Richmond         | Thursday 4 <sup>th</sup>                                     | 1:30 - 3:30pm     |
| Twin Hickory Clubhouse Group                       | 4601 Twin Hickory Lake Drive                            | Glen Allen       | Friday 2 <sup>nd</sup> , 4 <sup>th</sup>                     | 10:30am – 12:30pm |