

Letter from Lois – August 2018

Our numbers are constantly increasing...membership near 1,400; donations over 300,000. Yet, at heart, we are still a very small, community minded organization. Considering just how many individual small groups we have around the state we, rather than one very large entity, are made up of many, many groups from an individual in their own home, maybe as few as 2 or 3 meeting together and in other cases 20, 30 and even 100, all stitching with one thing in mind.

Any way you look at us, we are truly concerned about those around us to whom we can offer a little touch of our caring spirit. A hand stitched project often feels like a warm hug to someone in need. Whether you can turn out projects like an automated machine or just content to complete an item here and there, you are very important to the workings of From the Heart.

Take a look around your own area, keep an eye peeled when you are out shopping, dining or just strolling through your neighborhood. Is there anything we can do to help someone else? Keep this in mind, let us know what ideas you might have. Of course, we are always short of items to donate but we do our best to offer what we can where it is most needed.

We are so grateful for your help but just think how wonderful your efforts are to those who are truly suffering and just hoping to see improvements in their lives. To get something so special and have that feeling that someone out there really is thinking of them...so important!

Come by the shop when you can. Sit and stitch a while with us or, if your schedule is tight, just grab up enough yarn for your next project and we'll plan to see you when time permits!

Lois

“Sites, Sounds and Taste of Summer” Fredericksburg Agricultural Fair

Fredericksburg’s Agricultural Fair “Sites, Sounds and Tastes of Summer” is ongoing until August 5 and there are still a few opportunities for you to help with the table From the Heart has in the Homemakers building.

We need volunteers to:

- Sit and stitch
- Tell people about who we are and what we do
- Provide them with information about the group
- Teach them to stitch (knit and/or crochet)

The fair is open 5-10 pm during the week, noon-10 pm on Saturday and noon-10 pm on Sunday. Ideally, we would ask volunteers to do a 2-hour time slot and we must have 2 volunteers present at all times. The Fair Board would love our presence as much as possible however if we can do at least 2 hours each day, it would be wonderful. If you are able to volunteer at the fair, please contact Pam at pegreswolde@comcast.net or (540) 661-7967.

Congratulations

Speaking of the Fredericksburg Agricultural Fair, From the Heart would like to send congratulations to our members, Sandy Pryor and Joyce Payne, both of whom were awarded Blue Ribbons for their entries in the fair. Sandy also received a second-place award for a very beautiful lap afghan she entered. Congratulations ladies!



It’s Competition Time ☺

You may have heard me (Tricia) say that I have an issue with our location at 1114 Westbriar being referred to as “the shop” because that is a complete misnomer. “The shop” conveys the concept that we sell something but, as you all know, we sell nothing. We (the Board) have decided to do something about that misconception ☺

We would like all of you to think, for a moment, of what our physical location means to you. Is it a workshop, a playroom, a clubhouse, a distribution center??? What would you call it if you could call it anything you want? Drop your suggestions in the “Suggestions Box” at the “shop”, phone me at (804) 683-9015, or send them to me at triciaennis2014@gmail.com. Don’t forget to

include suggested names for our “shopkeepers”, who will no longer be “shopkeepers” if we don’t have a “shop” ☺ The names you suggest for “shopkeepers” don’t need to be matched up with the names you suggest for our location on Westbriar. Please create a separate list for those.

The most popular suggestion will be the winner. If you have more than one idea, write all of them on one sheet of paper and rank them from 1 to whatever, with 1 being your favorite and then proceeding from number 1 (most liked) to whatever (least liked) in order from most liked to least liked.

The Board will take all of the suggestions and determine a winner. Then, all of the members’ names who voted for that location name/alternative to shopkeeper name will be put into a bag, given a good shake, and one name picked out as the “Winner”.

Yes, the Winner will get a prize. A really nice selection of yarn along with some other goodies.

Voting opens as soon as you receive this Newsletter and closes on August 31. The Board will get together after that and determine which location name is the winner, which alternative to “shopkeepers” is the winner, and who wins the Big Prize.

Proportional representation voting might not be a voting system you get to be part of very often, so why not give it a try while you get the chance ☺

From the Heart Retreat – 2018

We certainly hope you have signed up for this year’s Mad Hatter Tea Party Retreat on August 11th as this is going to be a fun day. We are encouraging people to wear a hat, or even come in costume if you like. We will have a “Mad Hat” Fashion Show as part of the event. These retreats continue to get “curiouser and curiouser”.

Mini-classes scheduled are “*How to Make a Chemical Free Dryer Ball at Home*” with Linda Hague, “*Different Ways to Fringe*” with Nancy Wright, “*How to Make a Crocheted Log Cabin Blanket*” with Kulla Ficare and “*How to Create a Stretchy Crochet Chain Cast On*” with Keyser Glancy.

Please let Tricia know if you’d like to attend a class or classes and need a seat. as we would like to ensure that those who need a sea, get one. You will be able to attend a class if you do not sign up, but you may have to stand.

As usual, there will be a table reserved for those who might need to have a little more room, such as those in wheelchairs. With the exception of this one table, we

ask that you do not put a reserved sign on the tables. You can, of course, sit with you friends but you will need to arrive early enough to save a seat for them. The doors will open at 9:30am.

Vendors will be:

- Dances with Wool, a local yarn store in Midlothian
- Everblooming Garden Glass (china and glassware which has been repurposed for use in the garden)
- St. John Neumann Bakers Guild (chocolate and confectionary items)
- Sheila Weisensale Creations (pressed flower items, including framed designs, hand-crafted note cards, and other surprises)
- Merry Soapmakers of Powhatan, VA (hand-made soaps, lotions and personal items)

Please bear *in mind that not all accept credit/debit cards so please bring cash or your checkbook if you plan to visit the vendors.*

We have 5 speakers lined up and will, as usual, have our sit-down lunch, our “*Take a Kit, Make an Item*” table, door prizes, a raffle (tickets will be \$1 each or 6 for \$5), and Bingo. We will also have “grab bags” available for a suggested donation of \$1.00 per bag. There will be a minimum of 3 skeins of yarn in each bag. These skeins may not match but they will be complementary. You may also find patterns and/or tools in a bag. Please plan to bring smaller denominations if you want to grab a bag as we will not be able to give change.

If you have any questions, please don’t hesitate to contact me, Tricia, at triciaennis2014@gmail.com or by phone at (804)683-9015.

Save the Date

Mark your calendars now for **Saturday, October 20th** and plan to attend the **Fredericksburg Fall Waste Not Workshop**. More information to follow.

Successful Shop Keepers Workshop

On Saturday, June 21st, the Shop was closed in order to hold our first Shopkeepers Workshop. The Workshop was open to existing Shopkeeping volunteers as well as anyone with an interest in becoming a Shop Keeper. It was also a time to thank the ladies that help us keep the doors open to receive newly donated items and for all of us to be able to come visit for a few hours.

If you missed the event due to weather or a prior engagement, do not worry. We will hold another Workshop soon. In the meantime, if you are interested in becoming a Shop Keeper, please contact Ann Robbins at 804.270.6247, Tricia Ennis at 804.683.9015,

or Jacqueline Muoio at 804.840.4687.

Need an idea of what is expected of a Shopkeeper? Take a look at the following:

- 1) Unlock the doors, front and back, turn on lights when you arrive (morning shift)
- 2) Put on your name tag
- 3) Put out the chair and sign so people know we are open (unless very windy or rainy)
- 4) Tag incoming items and place them on the table or the bins in the distribution room. Only place items in the bins if you are sure of the correct bin. Otherwise, please leave them on the table
- 5) Ensure that people use the log correctly by signing in what they donate and signing out yarn they take to use to create items for donation (important as we need to account for what comes in/goes out)
- 6) Make new tags if needed (all materials are supplied). You can find the unpunched tags, if you need them, in the credenza under the printer
- 7) Clean up the shop as needed (dump small trash cans into large container behind red, white and blue shelf, dust and vacuum if needed, store all food items). If the floor needs to be vacuumed, there is a vacuum in the closet off the hallway
- 8) Bring in the chair /sign and turn off the lights at the end of the day
- 9) Fluff the pillows on the sofas and chairs
- 10) Lock the front and back doors when leaving (afternoon shift – REMEMBER to scramble the lock box on the front door)
- 11) Smile, be pleasant and greet everyone who comes in – VERY easy for From the Heart folks
- 12) Please dust down flat surfaces when they need them. There are cleaning supplies in the bathroom, along with paper towels

New Shopkeepers are always paired with experienced Shopkeepers so don't be afraid of raising your hand! We are always here to help anyone who would like to contribute their time and talents.

The Board of Directors send thanks to all the Shopkeepers as well as all of our volunteers who give from their hearts to help others in need.

Shop Hours and August 2018 Scheduler

The From the Heart 'shop' is located at 1114 Westbriar Drive in Henrico and is open from 10am until 2pm every Tuesday, Wednesday, Thursday, and Saturday. See the calendar at the end of this newsletter for information about the times and places of From the Heart groups which are additional to the shop hours.

Ann Robbins is the August scheduler and she can be reached at aerobbins@live.com, or by phone at 270-

6247(h) or 921-1174(c). Please let her know if you would like to volunteer as a shop-keeper during the month of August. The schedule is posted under the "Members" tab on the From the Heart website. Every attempt will be made to keep the posted schedule as up to date as possible, so you can check there to see what is still available and to double-check on what you are already signed up for. Please note that you will still need to contact the scheduler to volunteer.

Schedulers are responsible for ensuring that the shop is properly staffed, and that two people are on duty for each shift. Schedulers are responsible for one month at a time. If you are interested in becoming a *scheduler* (as opposed to a shop-keeper) and want to know more, please contact one of the current schedulers.

The schedulers are:

Ann Robbins: aerobbins@live.com, (h) 270-6247, (c) 921-1174

Tricia Ennis: triciaennis2014@gmail.com, 683-9015

Jacqueline Muoio: msjbangles@yahoo.com, 840-4687

From the Heart Tags

We have had a few items come in recently with really odd tags. When this happens, the shopkeepers have to remove the odd tag and replace it with our standard white, cardstock weight tag. Please use only cardstock, white tags on items to be donated. Tags are located in the basket on the top of the small file cabinet by the desk in the front room. Unpunched, un-yarned, tags are stored in the credenza under the printer. Any printed from the website need to be printed on white cardstock. Also, white yarn only for the tags, please. For items containing wool, please attach a separate piece of red yarn to the item, NOT the tag. Thanks.

Shop-keeper of the Month for July 2018

Every month we put the names of the people who have volunteered to staff the shop that month (one chance per shift worked) into a bag, give it a shake, and pull out a name to be the Shop-keeper of the month. This month's winner (July 2018) is Capsen Stephens. Next time you are at the shop, Capsen, please pick out some of the nicer yarn for your personal use as a thank you for the times you have volunteered this month.

Tip of the Month Extra Crochet Stitches? Where Did They Come From and How Do I Avoid Getting Them?

Most errors occur at the beginning and end of a row. Check the directions. For single crochet, work the first stitch in the row in the first stitch of the row below.

Work the last stitch in the last stitch of the single crochet in the row below. For double crochet, work the first stitch in the second stitch of the row below. Work the last stitch in the turn chain. At the end of each row count stitches to be sure it is the number required.

Extra stitches can result when two stitches are made in one, which is particularly easy to do with textured yarns because it is harder to see the actual stitch

How many turning chains are needed for each type of crochet stitch? The number depends upon the height of your stitch. Assuming you are working in simple, flat rows, you should use the following number of turning chains at the end of each row.

- single crochet – ch 1
- half double crochet – ch 2
- double crochet – ch 3
- triple crochet – ch 4
- double triple crochet – ch 5
- triple crochet – ch 6

Generally, while crocheting evenly, you are expected to skip the first stitch after the turning chain. If this is the case, the pattern may say “ch 3 (counts as 1 dc now and throughout the pattern), dc into the next stitch.” The turning chain isn’t always counted as a stitch. If you are working with a pattern it should indicate if the turning chain is being used/ counted as a stitch.

Current Needs

Richmond and Surrounding areas have a need for:

- ✚ Knitted (no crochet) hats for **men**, requested by Liberation Family Services (hats do not need to be r/w/b. Any color is fine)
- ✚ Baby hats (must fit over a 5” Styrofoam ball)
- ✚ Dialysis blankets, which must be 30” in width and 60-72” long

Fredericksburg/King George has a need for:

- ✚ All baby items
- ✚ Cotton hats and scarves for children and adults

Please note, although we only list what appear to be knit and crochet items, all blankets can be of the fleece or quilted variety and we have a constant need of other sewn items, such as chemo underarm pillows, port pillows, drain bags, etc.

Please also note, if you make anything using yarn which contains wool, you should include a yarn label when you

turn it in as the label contains care instructions.

Along the lines of “taking care” of your finished items, if you find you need to wash/dry or freshen up your item, please remember to only use unscented dryer sheets or, perhaps, a dryer ball. The scented sheets leave an odor which some of our recipients may react to (those undergoing chemotherapy, for example.)

We make the current needs known to ‘keep you in the loop’, not to say that these are items you must make but to give you the opportunity to meet an immediate need should you want to do so. Please make whatever you enjoy making as we will find a home for it.

Thank You

“Many thanks to Ginny Broughton, Kay's Krafters and the other people who brought in "Buttons for Bonnie". There are so many fun, colorful and delightful buttons to adorn the wristlets for the children. Thanks so very much!”

Bonnie Savage

Ascend Hospice Says Thanks

“From the Heart,

We wanted to sincerely thank you all for the beautiful blankets and cuddly teddy bears you have provided for our clients. The blankets are getting lots of compliments from clients and families, and many of the teddy bears are already being snuggled. We hope these bears will bring joy to many more to come <3

*Thank you!
Your friends at Ascend Hospice”*

Signed by 14 staff members of Ascend Hospice

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2017	286,748
2018	
January – June	16,444
July	<u>2,522</u>
Year to Date Total	18,966

Grand Total 305,714

Your Newsletter and Your From the Heart

We want this Newsletter to be something you look forward to receiving because it is of interest to you, so please continue to suggest articles, ideas, or tips.

Crocheted Leftovers Blanket (Crochet)

Materials:

Leftover blankets can be made using any weight and color and works well with a variety of colors and yarns.
Tapestry needle for weaving in ends.

Abbreviations:

Hdc: half double crochet ((hdc) is made when the yarn or thread is wrapped around the hook 1 time before beginning the stitch. Insert hook in the next stitch to be worked, yarn over hook, pull yarn through stitch, yarn over hook, pull yarn through all 3 loops on hook.)

This Pattern

Uses an N hook and Bulky yarn OR 2 strands of any medium weight yarn held together as you crochet and an N hook.



Note: Depending on the yarn you are using, the beginning chain may stretch as you add more stitches. Therefore, it is a good idea to crochet a gauge swatch before you begin your actual blanket.

Pattern:

Make a chain the same length as the blanket you wish to make and add 2 additional chains or use your gauge swatch to determine how many additional chains to make.

Row 1:

Half-double crochet (hdc) in the 3rd chain from hook, and in each across, chain 2 and turn.

Row 2:

Half-double crochet (hdc) in the first hdc and in each hdc across, chain 2 and turn.

Repeat row 2 until blanket is the appropriate size for the blanket you want.

If desired, complete a sc around the entire edge of the blanket with 3 sc in all corners. Fasten off and weave in ends.

Basket Weave Lapghan/Blankets (Knit)

Materials:

US Size 17 straight (for lapghan) or circular (for blanket) needles
Worsted weight (#4) yarn – quantity will depend on which item you are making.
Yarn can be all the same, different colors, or lots of leftovers
Tapestry needle for weaving in ends

Note: Hold two strands of yarn together throughout

Pattern(s)

Cast on 50 stitches on straight needles for lapghan or 100 stitches on circular needle for blanket

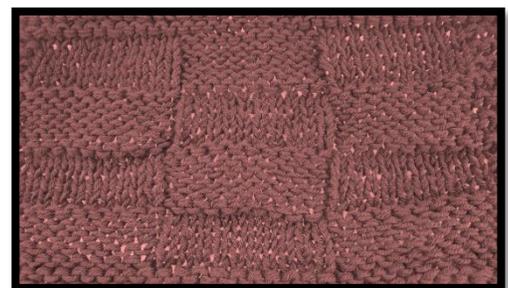
Knit each row (garter stitch) for 4 rows

Keeping first and last 5 stitches of every row in garter stitch (knitting each row) knit 10, purl 10 for 6 rows.

On next row purl 10 stitches over previous knit stitches and knit 10 stitches over previous purl stitches. Continue for 6 rows.

Repeat these 12 rows until blanket measures approximately 24" on circular needle or 48" on straight needles. At this point knit each row for 4 rows and cast off loosely.

The garter stitch worked on all four sides prevents curling.



From the Heart Local Group Times

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1 Colony Critters', Patriot's Colony in Williamsburg. 1:30pm</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Colonial Heights Senior Ctr 10-noon</p> <p>ElmCroft Retirement 1:30</p> <p>Mathews Group, Church of Francis De Sales, Mathews, 10:30a – 2:00p</p> <p>Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm</p> <p>McKenney Library (Ragsdale Room) 3:00 – 5:00pm</p>	<p>2 Hopewell Library 6pm – 8 pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</p> <p>Panera Bread Midlothian 6:00pm- 8:00pm</p>	<p>3 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p>	<p>4 Atlee Angels Legacy Park 1 – 3 pm</p>
5	<p>6 Midlothian Women's Group, Starbucks, Ivy Mount Shopping Center 10:00am</p> <p>The Crossings at Bon Air 2:00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>	<p>7 Chesterfield Heights Community Center 2:00-3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Violet Bank Stitchers, 10am – noon</p> <p>Prince George Library 2:00 – 4:00 pm</p>	<p>8 Colonial Heights Sr. Ctr 10-noon</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00p</p> <p>Brandermill/Woodlake Group Clover Hill Library, 6:30pm – 8:00pm</p> <p>Chesterfield Needlework Friends Central Library. 1pm - 2.30pm</p> <p>Dinwiddie Library 1:00-3:00pm</p> <p>King George - Peace Lutheran Church 10 am – noon</p>	<p>9 Hopewell Library 10am – noon</p> <p>Chamberlayne Hts. United Meth Church 1:30 – 3:00 pm</p>	<p>10 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p> <p>Kay's Krafters 1 –5 pm</p> <p>Twin Hickory Clubhouse Group 10:30am – 12:30pm</p>	<p>11</p> <p>Shop Closed for From the Heart Retreat</p> <p>Check with your group leader about your specific group.</p>
12	<p>13 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>	<p>14 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd.. 10:00am – 1:00pm</p> <p>Montpelier Crafters 1 – 3pm</p> <p>Violet Bank Stitchers, 10am - noon</p>	<p>15 Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Colonial Heights Senior Ctr 10-noon</p> <p>ElmCroft Retirement 1:30</p> <p>Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm</p> <p>McKenney Library (Ragsdale Room) 3:00 – 5:00pm</p>	<p>16 Hopewell Library 6pm – 8 pm</p> <p>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</p> <p>Panera Bread Midlothian 6:00pm - 8:00 pm</p>	<p>17 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p>	<p>18 Atlee Angels Legacy Park 10am - noon</p>
19	<p>20 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>	<p>21 Chesterfield Heights Community Center 2:00- 3:30</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm</p> <p>Violet Bank Stitchers, 10am – noon</p> <p>Prince George Library 2:00 – 4:00 pm</p>	<p>22 Colonial Heights Senior Ctr 10-noon</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p> <p>Brandermill/Woodlake Group Clover Hill Library, 6:30pm – 8:00pm</p> <p>Chesterfield Needlework Friends Central Library. 1pm - 2.30pm</p> <p>Dinwiddie Library 1:00-3:00pm</p> <p>King George - Peace Lutheran Church 10 am – noon</p>	<p>23 Hopewell Library 10am – noon</p> <p>Summerhill Retirement Center 1:30pm – 3:30pm</p>	<p>24 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p> <p>Kay's Krafters 1 –5 pm</p> <p>Twin Hickory Clubhouse Group 10:30am – 12:30pm</p>	<p>25</p> <p>Redeemer Lutheran, Redbridge Rd 9 – 11 am in the Upstairs Conf. Room</p> <p>Violet Bank Stitchers 1 – 3pm</p>
26	<p>27 The Crossings at Bon Air 2.00</p> <p>Gayton Kirk K/C. Gayton Kirk Church 7pm</p>	<p>28 Chesterfield Heights Community Center 2:00- 3:30</p> <p>North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm</p> <p>Panera Bread, Midlothian and Chippenham 5:30–7:30pm</p> <p>Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd.. 10:00am – 1:00pm</p> <p>Montpelier Crafters 1 – 3pm</p> <p>Violet Bank Stitchers, 10am - noon</p>	<p>29 Colonial Heights Senior Ctr 10-noon</p> <p>Farmville Baptist Church 132 N Main St, Farmville, 5:00pm</p>	<p>30</p> <p>Hopewell Library 6:00pm – 8:00pm</p>	<p>31 Starbucks Huguenot Rd 9:30am - noon</p> <p>Five Rivers Fiber Guild 10 – noon, Rice's Hotel/Hughlett's Tavern, Heathsville</p>	

From the Heart Local Group Times – *please check reverse for month specific meetings*
Shop on Westbriar is open 10am – 2pm Tues, Weds, Thurs, Sat every week unless noted on calendar (see reverse side)

Name	Address	City	Day of Month	Time of Day
Atlee Angels	Legacy Park Social Center Midday Lane	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm / 10-noon
Brandermill/Woodlake	Clover Hill Library, Deer Run	Midlothian	Wednesday 2 nd and 4 th (DS time only)	6.30 - 8.00pm
Chamberlayne Hgts Methodist Church	6100 Chamberlayne Road	Richmond	Thursday 2 nd	1:30 - 3pm
Chesterfield Heights Community Center	901 Madrona Street	Midlothian	Tuesday, every	2 – 3:30pm
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1 -2 :30pm
Colonial Heights Senior Center	Roanoke Avenue	Colonial Heights	Wednesday every	10 am - noon
Colony Critters	Patriot's Colony	Williamsburg, VA	Wednesday 1 st	1.30pm
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm
Dinwiddie Designers	Dinwiddie Library, 14103 Boydton Plank Road	Dinwiddie	Wednesday 2 nd , 4 th	1:00pm
ElmCroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 1 st , 3 rd	1:30pm
Farmville	Farmville Baptist Church, 132 North Main St	Farmville	Wednesday, every	5:00pm
Five Rivers Fiber Guild Charity Stitchers	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am - noon
Fredericksburg Group	Redeemer Lutheran Church, 5120 Harrison Rd.	Fredericksburg	Tuesday 2 nd , 4 th	10:00am – 1:00p
Fredericksburg Group	Wegman's 2 nd Floor Food Court, Central Park	Fredericksburg	Tuesday 3 rd	5:30 – 7:30pm
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 2 nd , 4 th	10am - noon
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 1 st , 3 rd	6 - 8pm
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1 - 5pm
King George, Peace Lutheran Church	5590 Kings Highway	King George	Wednesday 2 nd , 4 th	10am - noon
Louisa Hardee's	881 Jeff Davis Hwy	Louisa	Saturday 2 nd	10am - noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am - noon
Mathews area group, A Common Thread	Church of Francis De Sales, 176 Lovers Lane	Mathews, VA	Wednesday, 1 st	10:30am – 2:00pm
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney, VA	Wednesday 1 st , 3 rd	3:00pm – 5:00pm
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon – 3pm
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Center	Midlothian	Monday 1 st	10:00am
Montpelier Crafters	Montpelier Center for the Arts and Education	Montpelier	Tuesday 2 nd , 4 th	1 – 3pm
North Courthouse Chesterfield Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11 am – 1 pm
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30 – 7:30pm
Panera Bread	11649 Midlothian Tnpk	Midlothian	Thursday 1 st , 3 rd	6 - 8:00 pm.
Prince George Yarnspinners	Prince George Library, 6605 Courts Drive	Prince George	Tuesday 1 st , 3 rd	2 - 4pm
Redeemer Lutheran	9400 Redbridge Rd.(upstairs Conference. room)	Richmond	Saturday 4 th (except Dec)	9 – 11am
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am - noon
Summerhill Retirement Center	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30 - 3:30pm
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th	10:30am – 12:30pm
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Heights	Tuesday every, last Sat	10am-noon, 1 – 3pm