

Letter from Lois – October 2018

We're at it again!

As you may know, From the Heart participates each July in a program designed to assist those in need in our Appalachian area. We work in connection with RAM, the Rural Area Medical team that provides care and assistance to thousands of participants annually, drawing from 5 states...Tennessee, Kentucky, Ohio, West Virginia and Virginia.

As you may remember, two years ago we came together to stitch very nice, warm sweaters for folks in those areas. A team of our members put together kits using our very best yarn. Those kits not only contained enough yarn to complete the project but patterns as well in either knit or crochet.

Last year we tackled socks. That was a great success as well. This year, in preparation for next summer's July delivery, we will be stitching vests for sizes Toddler size 2 through Adult extra-large. Again, a team met at our workshop one Friday morning and put together approximately 125 kits. However, this year we did not include patterns within the kit bags but instead created a notebook of pattern selections in order that you may choose patterns that fit within your stitching abilities.

Now, we have carefully checked the yardage in each kit, labeled each with the yardage held within as well as the expected size of the vest it should be possible to make with that chosen kit.

You may find you have your own stash of yarn just waiting for a suitable project, and maybe even vest patterns you'd like to use. No problem! We'd love to have you use what you have on hand. Or, just maybe you've found a suitable vest pattern you prefer to use that isn't a part of our collection...Wonderful! Use it if you like, and also, if you wish to share with others we could add a few copies of it to our vest pattern notebook.

And another situation...just maybe you see yarn in our cubbies (not in kit form) that is more appealing to you...help yourself!

Our goal here is to provide as many very nice, completed vests as possible in our given time. We truly want to provide as much comfort as we can to those in need. And what better way to do that than to send our love and hugs in the form of a very special vest stitched just for the one person who receives your creation!

Join us if you can during our Vest-a-thon kick-off on Saturday, October 6th. We'll be at the workshop from 10 a.m. until 2 p.m. If you are out of the area, no

problem...just turn them in to your group leader if you happen to be a participant or you may like to just drop it in the mail to us at From the Heart, 1425 Crawford Wood Place, Midlothian, VA 23114

We feel this is a very worthwhile project. Not only will it give us a chance to do something very special for someone who just might need that extra warmth and caring but it also gives our members just one more reason to come together and STITCH!

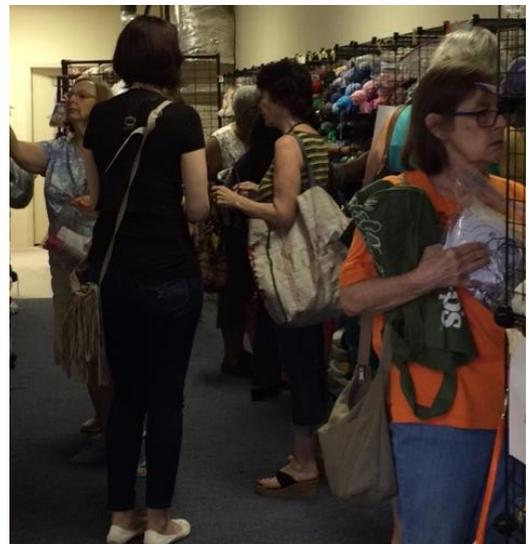
See you at the workshop!

Lois

Dollar Daze 2018 Wrap-Up



As you all know, From the Heart hosted our 2018 Dollar Daze event over two days in September, for a total of 7 hours. This event was a fantastic success with winners on all sides. The members of From the Heart who attended and donated ended up with lots of yummy yarn, terrific patterns, and excellent tools. From the Heart ended up with more than \$2,500, which we will use to purchase yarn in the near future. Thank you all so much for all you do as part of From the Heart.



Volunteers Needed

We have a couple of teaching opportunities coming up at local libraries for which volunteers are needed. Both classes will run from 10:30am until noon and volunteers will need to be at the libraries by about 10:15am. These classes are very basic, and teachers will need to be able to cast on, knit, purl, and cast off. Supplies for students will be provided.

October 13, 2018: [Clover Hill Library](#), 6701 Deer Run Dr., Midlothian. This class is intended for teenagers.

January 12th, 2019: [Midlothian Library](#), 521 Coalfield Rd., Midlothian.

Please contact Lois at (804) 305-4971 or loisfth@me.com if you can help with either, or both, of these.

Notes of Interest to All

1. We have decided on the date for next year's Retreat and have already booked The Place At Innsbrook. Mark your calendars for Saturday, August 24th, 2019 now so that you won't miss out. The cost will, once again, be \$40 and we will, once again, restrict attendance to 200. Registration won't start for a while, but you might want to set that date aside as our Retreats are such fun. We are still thinking and talking about potential themes but will let you know as soon as we have decided, so you can begin to plan your day. This year's Retreat was such fun with all the "mad" hats and costumes, we want to try to give everybody sufficient time to, once again, put some planning into their outfits so we will let you know the theme just as soon as we have settled on it ☺
2. We have not forgotten our plans to survey our members regarding what workshops/classes are of interest to them. We've been busy doing all sorts of From the Hearts fun stuff, so this has been put on hold for a short while. We will get back to it soon.
3. We had some grab bags left over from Dollar Daze and they are in the wire cubby in the front room of the workshop if you would like to grab an extra to use for making holiday gifts. These grab bags contain yarn we cannot use in the items we create to be donated, and may include linens, silks, merinos, and mohair. Take a chance next time you are at the workshop. Grab a bag full of potential fun and definite value. The suggested donation is \$1/bag so a real bargain for you and a method of exchanging non-useable yarn for useable yarn for FtH.

Current Needs (October 2018)

Richmond and Surrounding areas have a need for:

- ✚ 32" x 38" incubator blankets (with NO holes)
- ✚ Dialysis blankets, which must be 30" in width and 60" to 72" long
- ✚ Hats for adults (no cotton at this time please)
- ✚ Twiddlemuffs – see patterns at the end of the Newsletter.

Twiddlemuffs can also be made on round looms and you can find a free pattern, by Claudia Cano, at

<https://www.ravelry.com/patterns/library/loom-knitted-twiddle-muff>

Also, you might want to consider making TwiddleCuffs, which are shorter in length and do not cover the hands but still provide lots of items to "play" with. Be SURE all items are securely attached and, please, no buttons as they can be pulled off too easily



Fredericksburg/King George has a need for:

- ✚ Baby items
- ✚ Hats of all sizes for men and women, boys and girls
- ✚ Lap blankets of at least 32" X 36"

Southside From the Heart Fall Festival

Come join the Southside From the Heart Stitchers in [Hopewell \(Appomattox Regional Library\)](#) on Saturday, October 27th from 10 am to 3 pm. This is our Fall Festival Gathering. It is just a potluck luncheon and snacking kind of event. Bring a friend! Make a friend! Please feel free to bring a treat to share.

Tip of the Month

A Great Way to Remember What Size Needles you Used on Your Project(s)

If making a multi item project, such as a sweater which has a back, a front and two sleeves (4 pieces), put knots in your tail yarn at the beginning of the cast on or chain stitch to indicate what size needle was used. For

example, if you used a #8 needle make 8 knots (especially if the needle used for the project is not the same one as given in the pattern). Then, if the needles get separated from the project or it takes you ages to get around to making that second sleeve, you can just count the knots, and this can help you to get the project restarted.

Fredericksburg Fall Waste Not Workshop

Date: Saturday October 20, 2018 Time: 10:00 a.m.–4:00 p.m.

Location: Ruritan Building —5994 Plank Road, Fredericksburg (Between Battlefield Dental and the Fire Station just east of Andora Drive on Rt. 3.)

Directions: can be found [here](#) and on the Events page of the website.

We will have yarn, patterns and help available. We are going to do a yarn swap - bring those skeins you don't like and swap for something you would like to work with.

Is there something you need help with? Bring it with you and we will find someone to help you. Something you want to learn, let me know asap and we will try to add a class for that topic.

See how leftovers can make up into useful beautiful items. All items completed will be delivered to various groups in the community.

Bring your tools and a dish to share and come for a fun filled day! You can come for the day for just an hour or two just don't miss the fun.

Plates, napkins, cups, bowls, utensils, coffee, hot tea and bottled water will be provided. The building has a large kitchen for our use.

We will need both a setup and clean up team so let us know which you are able to help with. If you need more information, have questions, would like to volunteer to help, or have some knitting or crocheting technique you would like to demonstrate, contact Pam Greswolde by phone at 540.661.7967 or at pegreswolde@comcast.net. Everyone is welcome. Bring your friends and relatives. We hope to see you there!

Workshop Hours and October 2018 Scheduler

The From the Heart workshop is located at 1114 Westbriar Drive in Henrico and is open from 10am until 2pm every Tuesday, Wednesday, Thursday, and Saturday. See the calendar at the end of this newsletter for information about the times and places of From the Heart groups, which are additional to the workshop

hours.

Jacqueline Muoio is the September scheduler and she can be reached at msjbangles@yahoo.com by phone at (804) 840-4687. Please let her know if you would like to volunteer as a workshop Elf. The schedule is posted under the “Members” tab on the From the Heart website. Every attempt will be made to keep the posted schedule as up to date as possible, so you can check there to see what is still available and to double-check on what you are already signed up for. Please note that you will still need to contact the scheduler to volunteer.

Schedulers are responsible for ensuring that the workshop is properly staffed, and that two people are on duty for each shift. Schedulers are responsible for one month at a time. If you are interested in becoming a *scheduler* (as opposed to an Elf) and want to know more, please contact one of the current schedulers.

The schedulers are:

Ann Robbins: aerobbins@live.com, (h) 270-6247, (c) 921-1174

Tricia Ennis: triciaennis2014@gmail.com, 683-9015

Jacqueline Muoio: msjbangles@yahoo.com, 840-4687

Elf of the Month for September 2018

Every month we put the names of the people who have volunteered to staff the workshop that month (one chance per shift worked) into a bag, give it a shake, and pull out a name to be the workshop Elf of the month. This month's winner (September 2018) is Katya Arsentyeva. Next time you are at the workshop, Katya, please pick out some of the nicer yarn for your personal use as a thank you for the times you have volunteered this month.

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2017	286,748
2018	
January – August	19,255
September.....	<u>2,061</u>
Year to Date Total.....	21,316

Grand Total 308,064

Your Newsletter and Your From the Heart

This month's Tip of the Month was sent in by a member. We want this Newsletter to be something you look forward to receiving because it is of interest to you, so please continue to suggest articles, ideas, or tips.

Knitted Twiddle Muff (for use by Dementia/Alzheimer's Patients)

Materials:

Odds and ends of left-over yarn (you will need fun-fur, ribbon, or other fancy yarn for the body and 'normal' yarn for the cuff portion). Chunky is best but you can double light worsted to achieve a chunky weight yarn.

Pom-poms, ribbons, knit curly Q's... anything you feel will add interest and is 'twiddly' yet safe.

US size 10.5 or 11 needles straight or circular. Note that the muff is knit back and forth so do not knit in the round if using circulars.

Abbreviations:

k = Knit

p = Purl

sts = Stitches

Pattern:

Stockinette = knit 1 row, purl 1 row

Method:

For the cuff, cast on 42 sts with either one strand of plain, non-fancy chunky weight yarn or two strands of light worsted held together.

Work in stockinette stitch for ~ 11"

Now change to fancy yarn and proceed to knit the body as follows

Continue with stockinette stitch for an additional ~12" for a total of ~23", switching yarns every couple of inches to vary the texture of the fabric

Cast off



Decorate the body (the fancy yarn part) as desired with pom poms, I-cords, ribbons. DO NOT USE ANYTHING A DEMENTIA OR AUTISTIC PERSON MIGHT REMOVE – BE AWARE THAT THEY LIKE TO FIDDLE AND PULL ON THINGS. Be sure EVERYTHING is very secure, as their purpose is to be played with

Sew the long sides of your muff together so as to form a tube using whichever method you prefer – if mattress stitch, join on the right side or you can have the purl side facing you and sew the edges together neatly. You do not need to weave in all the tails on the edges as you can 'hide' them inside the muff. Be sure not to leave gaps as you join the edges

If necessary, turn the muff right side out

Pull the cuff up inside the body and neatly sew the cast on edge to the cast-off edge (you will only need to sew these two together as the other side will be where the fold is and will not need to be joined).

Notes:

Crocheted Twiddle Muff

Reprinted with permission from Shirley MacDonald, "Cherryred", Scotland

Instructions are given for two different diameters of muff and length can be adjusted by working more or fewer rows. **Note:** Please make sure that all materials used are machine-washable. All embellishments need to be created from yarn, there should be no sewn-on embellishments as they can be pulled off by restless hands. (Photo shown on this pattern is for illustration purposes only.)

Materials:

Worsted (#4) yarn. Lots of left overs for knitting the muff, including fun furs, ladder or ribbon yarns, fancy yarns but excluding sequin or bead yarns. Please also avoid chenille yarn as this tends to fray. Ribbons may be used as embellishments on the outer cuff provided they are sewn on through the knot to secure them in such a way they cannot be pulled off.

Size L crochet hook

Tapestry needle for weaving in ends

Finished dimensions:

S/M 10.5" long by 7" diameter, laid flat.

M/L 10.5" long by 7.5" diameter, laid flat.



Abbreviations:

ch = chain, hdc = half double crochet, mb = make bobble, rnd = round, sc = single crochet, sl = slip, st(s) = stitch(es)

To make a bobble (mb): [Yarn over hook, hook through stitch, yarn over and pull through 2 loops] 5 times in same stitch, yarn over and pull through all 6 loops on hook, 1 ch to secure (ch does not count as a stitch for next rnd.)

Pattern:

Inner/ outer sleeve: (make 2), keeping the inner sleeve plain but using bobbles, fancy yarns, fun fur yarns, ribbon yarns, etc. on outer sleeve. No chenille as this tends to fray.

Chain 36 (40). Taking care not to twist the chain slip stitch into furthest chain from hook to make a ring.

Rnd 1 (RS): Ch 1 (does not count as first stitch), 1 hdc in same ch, 1 hdc in each ch to end of rnd, place marker if using, 36 (40) sts.

Rnd 2: 1 hdc in each st to end, move marker to denote new end of rnd, 36 (40) sts.

**Rnds 3-21: Repeat rnd 2. (See note below about bobble rows)

Rnd 22: 1 hdc in each st until 1 st remains, 1 sc in next st, sl st in next st.

Fasten off and break yarn leaving a long tail (about 7', yes feet not inches) to be used for joining inner and outer cuff together.

**Bobble round (bobble round can be worked as any round(s), in outer cuff only, as follows:

MB in next st, sc in next st to end of rnd. The chain 1 that secures each bobble does not count as a stitch and should be skipped on the next round.

Join inner and outer sleeves

Turn the inner sleeve inside-out and slip it inside the outer sleeve. Make sure that you have one long yarn tail at either open end. Using L hook and long yarn tail join the inner and outer sleeves together by working a round of sc, working into the starting chain of one layer and the final round of the other. Do this at each end to form a tube.

Weave in all ends.

Notes:



From the Heart Local Group Times

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <ul style="list-style-type: none"> • Midlothian Women's Group, Starbucks, Ivy Mount Shopping Center 10:00am • The Crossings at Bon Air 2:00 • Gayton Kirk K/C. Gayton Kirk Church 7pm 	2 <ul style="list-style-type: none"> • Chesterfield Heights Community Center 2:00- 3:30 • Panera Bread, Midlothian and Chippenham 5:30-7:30pm • North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm • Violet Bank Stitchers, 10am – noon • Prince George Library 2:00 – 4:00 pm • Mechanicsville Library 6:30 – 8:30pm 	3 <ul style="list-style-type: none"> • Colonial Heights Sr. Ctr 10-noon • Colony Critters', Patriot's Colony in Williamsburg. 1:30pm • Elmcroft Retirement 1:30 • Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm • Mathews Group, Church of Francis De Sales, Mathews,10:30a –2:00p • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm 	4 <ul style="list-style-type: none"> • Hopewell Library 6pm – 8 pm • Panera Bread Midlothian • 6:00pm- 8:00pm • Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	5 <ul style="list-style-type: none"> • Starbucks Huguenot Rd, 9:30am - noon • Five Rivers Fiber Guild 10am – noon, Rice's Hotel/Hughlett's Tavern, Heathsville 	6 <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm
7	8 <ul style="list-style-type: none"> • The Crossings at Bon Air 2.00 • Gayton Kirk K/C. Gayton Kirk Church 7pm 	9 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30 • Panera Bread, Midlothian and Chippenham 5:30-7:30pm • North Courthouse Rd Library, 11am – 1pm • Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 1:00pm • Montpelier Crafters 1 – 3pm • Violet Bank Stitchers, 10am – noon • Mechanicsville Library 6:30 – 8:30pm • Fairfield Library – 4:00pm 	10 <ul style="list-style-type: none"> • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Colonial Heights Senior Ctr 10-noon • Brandermill/Woodlake Group • Clover Hill Library, 6:30pm – 8:00pm • Chesterfield Needlework Friends • Central Library. 1pm - 2.30pm • Dinwiddie Library 1:00-3:00pm • King George - Peace Lutheran Church 10 am – noon 	11 <ul style="list-style-type: none"> • Hopewell Library 10am – noon • Chamberlayne Hts. United Meth Church 1:30 – 3:00 pm 	12 <ul style="list-style-type: none"> • Starbucks, Huguenot Rd 9:30am - noon • Five Rivers Fiber Guild 10am – noon, Rice's Hotel /Hughlett's Tavern, Heathsville • Kay's Krafters 1 –5 pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm 	13 <ul style="list-style-type: none"> • Louisa Hardee's 10:00am - noon
14	15 <ul style="list-style-type: none"> • The Crossings at Bon Air 2.00 • Gayton Kirk K/C. Gayton Kirk Church 7pm 	16 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30 • Panera Bread, Midlothian and Chippenham 5:30-7:30pm • North Courthouse Rd Library, 11am – 1pm • Fredericksburg Wegman's • 2nd FI Food Court - 5:30-7:30pm • Violet Bank Stitchers, 10am – noon • Mechanicsville Library 6:30 – 8:30pm • Prince George Library 2:00 – 4:00 pm 	17 <ul style="list-style-type: none"> • Colonial Heights Sr Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Elmcroft Retirement 1:30 • McKenney Library (Ragsdale Room) 3:00 – 5:00pm • Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	18 <ul style="list-style-type: none"> • Hopewell Library 6pm – 8 pm • Panera Bread Midlothian • 6:00pm- 8:00pm • Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	19 <ul style="list-style-type: none"> • Starbucks, Huguenot Rd. 9:30am - noon • Five Rivers Fiber Guild 10am – noon, Rice's Hotel/ Hughlett's Tavern, Heathsville 	20 <ul style="list-style-type: none"> • Atlee Angels Legacy Park , 10am - noon
21	22 <ul style="list-style-type: none"> • The Crossings at Bon Air 2.00 • Gayton Kirk K/C. Gayton Kirk Church 7pm 	23 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30 • Panera Bread, Midlothian and Chippenham 5:30-7:30pm • North Courthouse Rd Library, 11am – 1pm • Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 1:00pm • Violet Bank Stitchers, 10am – noon • Mechanicsville Library 6:30 – 8:30pm • Montpelier Crafters 1 – 3pm • Fairfield Library – 4:30pm 	24 <ul style="list-style-type: none"> • Colonial Heights Sr Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Brandermill/Woodlake Group • Clover Hill Library, 6:30 - 8:00pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends • Central Library. 1pm - 2.30pm • King George - Peace Lutheran Church 10 am – noon 	25 <ul style="list-style-type: none"> • Hopewell Library 10am-noon • Summerhill Retirement Center 1:30pm – 3:30pm 	26 <ul style="list-style-type: none"> • Starbucks Huguenot Rd 9:30am - noon • Five Rivers Fiber Guild 10am – noon, Rice's Hotel/ Hughlett's Tavern, Heathsville • Kay's Krafters 1 –5 pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm 	27 <ul style="list-style-type: none"> • Redeemer Lutheran, Redbridge Rd, 9 – 11 am in the Upstairs Conf. Room • Violet Bank Stitchers 1 – 3pm
28	29 <ul style="list-style-type: none"> • The Crossings at Bon Air 2.00 • Gayton Kirk K/C. Gayton Kirk Church 7pm 	30 <ul style="list-style-type: none"> • Chesterfield Heights Community Center 2:00- 3:30 • North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm • Panera Bread, Midlothian and Chippenham 5:30-7:30pm • Violet Bank Stitchers, 10am – noon • Mechanicsville Library 6:30 – 8:30pm 	31 <ul style="list-style-type: none"> • Colonial Heights Sr Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm 			

From the Heart Local Group Times, additional to workshop hours of 10am – 2pm Tues, Weds, Thurs, Sat every week (unless noted on calendar - see reverse)

Name	Address	City	Day of Month	Time of Day
Atlee Angels	Legacy Park Social Center Midday Lane	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm / 10-noon
Brandermill/Woodlake	Clover Hill Library, Deer Run	Midlothian	Wednesday 2 nd and 4 th (DS time only)	6.30 - 8.00pm
Chamberlayne Hgts Methodist Church	6100 Chamberlayne Road	Richmond	Thursday 2 nd	1:30 - 3pm
Chesterfield Heights Community Center	901 Madrona Street	Midlothian	Tuesday, every	2 – 3:30pm
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1 -2 :30pm
Colonial Heights Senior Center	Roanoke Avenue	Colonial Heights	Wednesday every	10 am - noon
Colony Critters	Patriot's Colony	Williamsburg, VA	Wednesday 1 st	1.30pm
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm
Dinwiddie Designers	Dinwiddie Library, 14103 Boydton Plank Road	Dinwiddie	Wednesday 2 nd , 4 th	1:00pm
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 1 st , 3 rd	1:30pm
Fairfield Library Conference Room	1001 N. Laburnum Rd.	Henrico	Tues 9th @ 4:00pm, 23rd @ 4:30pm	
Farmville	Farmville Baptist Church, 132 North Main St	Farmville	Wednesday, every	5:00pm
Five Rivers Fiber Guild Charity Stitchers	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am - noon
Fredericksburg Group	Redeemer Lutheran Church, 5120 Harrison Rd.	Fredericksburg	Tuesday 2 nd , 4 th	10:00am – 1:00p
Fredericksburg Group	Wegman's 2 nd Floor Food Court, Central Park	Fredericksburg	Tuesday 3 rd	5:30 – 7:30pm
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 2 nd , 4 th	10am - noon
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 1 st , 3 rd	6 - 8pm
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1 - 5pm
King George, Peace Lutheran Church	5590 Kings Highway	King George	Wednesday 2 nd , 4 th	10am - noon
Louisa Hardee's	881 Jeff Davis Hwy	Louisa	Saturday 2 nd	10am - noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am - noon
Mathews area group, A Common Thread	Church of Francis De Sales, 176 Lovers Lane	Mathews, VA	Wednesday, 1 st	10:30am – 2:00pm
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney, VA	Wednesday 1 st , 3 rd	3:00pm – 5:00pm
Mechanicsville Library	7461 Sherwood Crossing Place	Mechanicsville, VA	Tuesday, every	6:30pm – 8:30pm
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon – 3pm
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Center	Midlothian	Monday 1 st	10:00am
Montpelier Crafters	Montpelier Center for the Arts and Education	Montpelier	Tuesday 2 nd , 4 th	1 – 3pm
North Courthouse Chesterfield Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11 am – 1 pm
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30 – 7:30pm
Panera Bread	11649 Midlothian Turnpike	Midlothian	Thursday 1 st , 3 rd	6 - 8:00 pm.
Prince George Yarnspinners	Prince George Library, 6605 Courts Drive	Prince George	Tuesday 1 st , 3 rd	2 - 4pm
Redeemer Lutheran	9400 Redbridge Rd. (upstairs Conference. room)	Richmond	Saturday 4 th (except Dec)	9 – 11am
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am - noon
Summerhill Retirement Center	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30 - 3:30pm
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th	10:30am – 12:30pm
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Heights	Tuesday every, last Sat	10am-noon, 1 – 3pm