

Letter from Lois – November 2018

Are you a seamstress? Do you know someone who is? From the Heart desperately needs help sewing our little underarm pillows and drain tube bags. These are simple to make, straight seam projects. (See photos below.)

These items are valued greatly by breast cancer patients. The pillows help comfort the user by cushioning their sensitive incision area. The drain bags are used to support the collection ball attached to the incision drain during their first week or 10 days after surgery. From the Heart likes to give two of these drain bags to each patient in order that they can use one while showering and still have a dry one waiting afterward.

At this time From the Heart is working with 6 hospitals in the Richmond and surrounding areas that are dealing with cancer. We only have two seamstresses willing to help with this need. These ladies have been sewing for us for many years. Meanwhile, the number of breast cancer patients undergoing surgeries has increased dramatically...they need HELP!

So, if you are willing or know of someone who may be able to lend a hand with these projects, please let us know! Patterns for both can be found on our website, under "Patterns, Sewing Patterns" at <https://fromtheheartstitchers.org/sewing-patterns/>



Lois

Volunteers Needed

From the Heart will be teaching a basic knitting class at Heritage Library in New Kent County on Saturday, November 17th, and we need teachers.

We would like to arrive at the library no later than 10:45am for a class which will start at 11:00am and continue until 12:30pm. There will be 10 students in the class and we will follow our usual class schedule of teaching a knitted cast on (with this they learn the knit stitch first thing while creating stitches on which they will be working) putting about 20 or 25 stitches on their needle.

On this trip, we would also love to have a few more experienced knitters and crocheters with us as the

Library has invited all levels of knitters and crocheters to attend for an opportunity to ask questions, interact with other crafters, and learn about From the Heart.

Heritage Library is in a beautiful location and we would probably stop for lunch at a nearby restaurant before heading back to Richmond. We may carpool but that has yet to be decided. Please contact Lois at (804) 305-4971 or loisfth@me.com if you can help with this.

From the Heart is Growing

From the Heart has several new/newish groups form over the last couple of months. They are:

A new group meeting at Mechanicsville Library on Sherwood Crossing Place in Mechanicsville. If you have questions about this new group, please contact Evie Knoeller at (804)298-0619 or by email at thekjhouse@gmail.com.

The Paddington Group meets in the Fairfield Library Conference room, 1001 N. Laburnum Rd., Henrico. Tamara Gwathmey's beautifully dressed Paddington Bear was the inspiration for the group's name. Tonia Neiter at emorla@gmail.com is the contact for this group.

The Heritage Group meets at the Heritage Public Library on Invicta Road in New Kent. The contact for this group is Jan Marry and she can be reached at jmarry@heritagepubliclibrary.org.

The Stonebridge Recreation Center group meets every Monday from 10:00am until 1:00pm at the Stonebridge Recreational Center, 230 Karl Linn Drive, N. Chesterfield. (In the back of what used to be Cloverleaf Mall shopping center near the intersection of routes 150 and 60.) Please phone Judi Jones at (804)379-5879 for more information.

On a secondary note, I would like to start including contact information to the groups on the calendar so, if you lead a group, please let me know if it is OK for me to add your information to the calendar.

Thanks,

Tricia, triciaennis2014@gmail.com (804) 683-9015.



Current Needs (November 2018)

Richmond and Surrounding areas have a need for:

- ✚ All baby items including 32" x 38" incubator blankets (with NO holes)
- ✚ Acrylic hats and scarves (no wool at this time, please) for all ages.

Fredericksburg/King George has a need for:

- ✚ Lap blankets, Lap blankets, Lap blankets (at least 32" X 36"). Any size blanket is always welcome though
- ✚ Baby items

2018 Holiday Open House

On Saturday, December 1st, the From the Heart workshop located at 1114 Westbriar Drive in Henrico will host a Holiday Open House. This will be a pot-luck event and we will also have a workshop on creating



crocheted Christmas tree ornaments led by Kulla Ficare. Lois Little has donated three absolutely gorgeous Angels (see photo below) for which we will have a raffle that day. The first raffle will be for the larger Angel and the smaller two will also be raffled (\$1

ticket/6 for \$5). We have some other ideas in the works too so do plan to come along and join the fun. Please let Tricia Ennis (804) 683-9015 or triciaennis2014@gmail.com know if you would like to attend the workshop as we have a limited number of clear Christmas ornaments available. More information will be coming soon about our Holiday House.

Fredericksburg Waste Not Workshop

What an awesome workshop on Saturday October 20! Our largest gathering yet with 61 people attending with several new people and 10 regulars missing.



There was lots of chatter, laughter, great food, a yarn swap, free patterns galore, classes on **Chainless Foundation** and **Working Novelty yarn into your current project** (as you can see in the photo) for anybody who wanted one, tips of the trade freely shared, and two project tables with all manner of items to be donated.



Thank you to everyone who helped to pull this day together and all of those who attended.

Mark the date on your calendar now for our next one Saturday April 13th.

Thank you!

The following was received via the Comments tab on our webpage and permission was given to share it. Many thanks to all the From the Heart people who bring joy to the lives of others.

"Hello, Today I visited the St. Vincent Baby Closet in Fredericksburg, VA. It's been a very hard few months and they helped us with diapers, wipes, and formula for our 4-month-old baby boy.

We also received one of your beautiful baby blankets. It is absolutely gorgeous, my husband and I cried in the parking lot. It made us feel like someone really cares. The symbol of warmth, and safety was a precious and beautiful gift!

Thank you very much, from the bottom of our hearts. Your team lifted our spirits and gave us a renewed sense of joy!

Alvanni Bernardo"

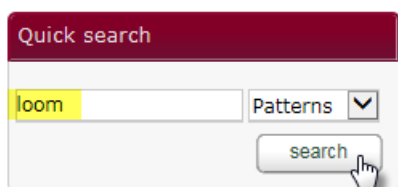
Calling All Circular Loom Lovers!

We recognize that many of our volunteers enjoy making lovely items with their circular looms. And, although we cannot accept loomed hats, there are so many creative ways to use your loom for comfort items other than hats. If you use a loom, then you know that you can make squares and rectangles just as easily as items

in the round.

In the September, 2018 newsletter there was a link to a free Ravelry pattern for making [twiddle muffs](#) or twiddle cuffs (a shorter version of the muff). In the February, 2018 newsletter there was a link to a pattern for making a [bunny from a square](#). Although the directions are for knitting a square, all you need is a 24-peg loom to make a square and the instructions for how to shape and close the square to make an adorable bunny.

We were so surprised that there are so many easy loom patterns on Ravelry. Just by using the “Quick Search” field in the upper right-hand corner, enter the word “loom” and select “search” to find patterns for pages and pages of free patterns!



Here are a few that might catch your interest, too!

[Baby Booties](#)

[Baby Sweater](#)

[Patchwork Garter Baby Throw](#)

[Toys](#)

[Loom Knitted Knockers](#)

[Shawlete](#)

Some other suggestions you may like to make are mittens, pom-poms, socks, ponchos and flowers. We also have a pattern book at the workshop from which you may copy patterns for your use. No loomed hats please but a big YES to all sort of other loomed items.

If you are a loom user, please feel free to send your favorite pattern (that is not copy right) to us so we can share with others. And, look for a new section for loom patterns on our website to be added soon.

Notable Mention



Goes to Phyllis Turner, who notified Lois of an opportunity to enter a Charitable Donation Request to Knit Picks. Lois applied for the opportunity and, a few days ago, she received a really nice package of 25 skeins of Knit Picks worsted weight yarn.

Thank you, Phyllis, for that word with Lois.

We always appreciate hearing tips, tricks, ideas, suggestions... from the members as they are often very worth-while, whether it be in this way or something to be shared through the Newsletter. Keep ‘em coming, ladies and gents!

Tip of the Month

Yarn bowls are lovely, but they can be very expensive. If you have an old teapot, try using it as an alternative.

Lots of different colors? Try using a colander or even a pasta strainer ☺



Workshop Hours and November Scheduler

The From the Heart workshop is open from 10am until 2pm every Tuesday, Wednesday, Thursday, and Saturday. Ann Robbins is the November scheduler and she can be reach at aerobbins@live.com or by phone at (804) 921-1174. Please let her know if you would like to volunteer as a workshop Elf in November.

The winner of the Workshop Elf prize for October is Barbara Holdren. Please pick up some nice yarn for your personal use next time you are at the workshop, Barbara.

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2017	286,748
2018	
January – September	21,418
October	<u>2,667</u>
Year to Date Total	24,085

Grand Total 310,833

Curious about where these items go? Find out on our webpage at the “Who We Help” tab under the “About Us” section.

<https://fromtheheartstitchers.org/who-we-help/>

Hand Knit Basic Hat

Child sized 3 – 9 years (10 – 13) (teen – adult)

Size 8 or 9 needles

Usually a hat to fit a 21” or 22” head works well. It’s best to check your stitch gauge for the yarn you are using.



Cast on 60 (68) (72) stitches.

Row 1: K2, P2, K2 across line
ending with P2.

Rows 2 – 6: Repeat Row 1.

Row 7: Knit across.

Row 8: Purl across.

Repeat these last two rows until the hat is 8” (9 ½”) (10”) from the start, ending on a purl row.

Next Row: K2 together across the row.

Next row: Purl

Next row: K2 together across the row.


Last row: Purl across. Cut a 14” tail of yarn, thread a yarn needle with it. Carefully pull the last row of knitting from the needle and thread the needle through every stitch. Pull tightly and then whip stitch the seam shut.

Crocheted Diamond Edge Hat

Skill level:  EASY

Size: One size: approx. 21” circumference by 8.5” high (unstretched) – will stretch to fit up to 23” head circumference

Materials:

Worsted weight  yarn in 3 colors in the following amounts:

- 125 yds. Main color (MC)
- 30 yds. Color A
- 30 yds. Color B
- (Samples shown in Caron “Perfect Match” and Red Heart “Super Saver”)

Size I/9 (5.5 mm) crochet hook, or size needed to achieve gauge

Tapestry needle

Gauge: 13 sts & 9 rnds = 4” in half double crochet on size I/9 (5.5 mm) hook

Stitches/Terms: beginning (beg), chain (ch), continuing (cont), double crochet (dc), each (ea), half double crochet (hdc), hook (hk), increase (inc), loop (lp), remaining (rem), repeat (rep), round (rnd), single crochet (sc), slip stitch (sl st), stitch (st)

Pattern notes:

Crown of hat is worked in continuous rounds. Do not join or turn at end of rounds but continue in same direction throughout. Use a contrast thread or yarn marker to note beginning of rounds and carry it up as you work each round.

Diamond edging is worked in joined rounds.

Special stitches & techniques:

Disappearing loop beginning method: wind yarn once around finger, insert hook into loop on finger, yo and pull loop through, proceed as instructed in pattern. After the first few rounds are completed, pull gently on yarn tail to close ring.

Half-diamond: work 7 dc all in one stitch, as instructed in pattern.

Hat

Rnd 1: With MC, ch 4, join into ring (or use disappearing loop beginning method described above); ch 2, work 7 hdc in ring (8 hdc). On this and all following rounds before diamond edge, **do not join or turn**. Place contrast yarn marker to note beg of rnds and carry it up as you work.

Rnd 2 (inc rnd): Work 2 hdc in ea hdc around (16 hdc)

Rnd 3 (inc rnd): Work 2 hdc in ea hdc around (32 hdc)

Rnd 4: Work even on 32 hdc.

Rnd 5 (inc rnd): *2 hdc in next hdc, hdc in next hdc, rep from * around (48 hdc)

Rnd 6: Work even on 48 hdc.

Rnd 7 (inc rnd): *2 hdc in next hdc, hdc in ea of next 2 hdc, rep from * around (64 hdc)

Rnd 8: Work even on 64 hdc.

Rnd 9 (inc rnd): Work 2 hdc in first hdc, hdc in next 31 hdc, work 2 hdc in next hdc, hdc in next 31 hdc (66 hdc)

Rnds 10-11: Work even on 66 hdc.

Rnd 12: Work even to last 2 sts of rnd, sc in next hdc, sl st in last hdc.

Begin diamond-edge pattern (begin working in joined rounds):

Rnd 13: Cont with MC, sl st in first hdc, ch 1, sc in same hdc, sk 2 hdc, work 7 dc in next hdc (half-diamond completed), *sk 2 hdc, sc in next hdc, sk 2 hdc, work 7 dc in next hdc (half-diamond completed), rep from * around, ending with sk last 2 hdc, join with sl st to beg sc (11 half-diamonds). Fasten off MC.

Join Color A in st where MC was fastened off.

Rnd 14: Ch 3; keeping last lp of ea st on hk, dc in first 3 dc of first half-diamond (4 lps on hk), yo and draw through all 4 lps on hk, ch 2, sc in center dc of same 7-dc group, *ch 2; keeping last lp of ea dc on hk, dc in ea of the following: the next 3 dc of same half-diamond, the next sc and the first 3 dc of next half-diamond (8 lps on hk); yo and pull through all 8 lps on hk, ch 1; ch 2, sc in center dc of same half-diamond, rep from * around, ending with ch 2, keeping last lp of ea dc on hk, dc in last 3 dc of last half-diamond (4 lps on hk), yo and pull through 4 lps on hk, join with sl st to top of beg ch-3.

Rnd 15: Cont with Color A, ch 3, work 3 dc in same st at base of beg ch-3, *sc in next sc (between 2 half-diamonds), work 7 dc in center eyelet of next half-diamond (full diamond completed), rep from * around, ending with 3 dc in last half-diamond, join with sl st to top of beg ch-3. Fasten off Color A.

Join Color B in first sc to left of where Color A was fastened off.

Rnds 16-17: With Color B, rep Rnds 14-15. At end of Rnd 17, fasten off Color B.

Finishing: Weave in all tails.



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From the Heart Local Group Times

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <ul style="list-style-type: none"> Hopewell Library 6pm – 8 pm Panera Bread Midlothian: 6:00pm- 8:00pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	2 <ul style="list-style-type: none"> Starbucks Huguenot Rd, 9:30am - noon Five Rivers Fiber Guild 10am – noon, Rice's Hotel/Hughlett's Tavern, Heathsville 	3 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 1-3pm
4	5 <ul style="list-style-type: none"> The Crossings at Bon Air 2:00pm Gayton Kirk K/C, Gayton Kirk Church 7pm Midlothian Women's Group, Starbucks, Ivy Mount Shopping Center 10:00am Stonebridge Rec.Ctr. 10:00am – 1:00pm 	6 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera Bread, Midlothian and Chippenham 5:30–7:30pm North Courthouse Rd Library, 11am – 1pm Fredericksburg: Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 1:00pm Violet Bank Stitchers, 10am – noon Prince George Library 2:00 – 4:00pm Heritage Public Library, New Kent, 1:00pm 	7 <ul style="list-style-type: none"> Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Colonial Heights Senior Ctr 10-noon Colony Critters', Patriot's Colony in Williamsburg. 1:30pm Mathews Group, Church of Francis De Sales, Mathews, 10:30a –2:00p McKenney Library (Ragsdale Room) 3:00 – 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	8 <ul style="list-style-type: none"> Hopewell Library 10am – noon Chamberlayne Heights United Meth Church 1:30 – 3:00 pm 	9 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am - noon Five Rivers Fiber Guild 10am – noon, Rice's Hotel /Hughlett's Tavern, Heathsville Kay's Krafters 1 –5 pm Twin Hickory Clubhouse Group 10:30am – 12:30pm 	10 <ul style="list-style-type: none"> Louisa Hardee's 10:00am - noon
11	12 <ul style="list-style-type: none"> The Crossings at Bon Air 2:00pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	13 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera Bread, Midlothian and Chippenham 5:30–7:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Mechanicsville Library 6:30 – 8:30pm Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 1:00pm Montpelier Crafters 1 – 3pm Paddington Group, Fairfield Library, 5:00pm 	14 <ul style="list-style-type: none"> Colonial Heights Sr Ctr 10-noon Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Chesterfield Needlework Friends Central Library. 1pm - 2.30pm Dinwiddie Library 1:00-3:00pm King George - Peace Lutheran Church 10 am – noon Elmcroft Retirement 1:30pm 	15 <ul style="list-style-type: none"> Hopewell Library 6pm – 8 pm Panera Bread Midlothian: 6:00pm- 8:00pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	16 <ul style="list-style-type: none"> Starbucks, Huguenot Rd. 9:30am - noon Five Rivers Fiber Guild 10am – noon, Rice's Hotel/ Hughlett's Tavern, Heathsville 	17 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am - noon
18	19 <ul style="list-style-type: none"> The Crossings at Bon Air 2:00pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	20 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera Bread, Midlothian and Chippenham 5:30–7:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Mechanicsville Library 6:30 – 8:30pm Fairfield Library – 4:30pm Prince George Library 2:00 – 4:00pm Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm 	21 <ul style="list-style-type: none"> Colonial Heights Sr Ctr 10-noon Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm McKenney Library (Ragsdale Room) 3:00 – 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	22 <p style="text-align: center;">Thanksgiving Day</p>	23 <ul style="list-style-type: none"> Starbucks Huguenot Rd 9:30am - noon Five Rivers Fiber Guild 10am – noon, Rice's Hotel/ Hughlett's Tavern, Heathsville Kay's Krafters 1 –5 pm 	24 <ul style="list-style-type: none"> Redeemer Lutheran, Redbridge Rd, 9 – 11 am in the Upstairs Conf. Room Violet Bank Stitchers 1 – 3pm
25	26 <ul style="list-style-type: none"> The Crossings at Bon Air 2:00pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	27 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Chesterfield Library, Courthouse Rd. 11am – 1pm Panera Bread, Midlothian and Chippenham 5:30–7:30pm Violet Bank Stitchers, 10am – noon Mechanicsville Library 6:30 – 8:30pm Fredericksburg: Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 1:00pm Montpelier Crafters 1 – 3pm 	28 <ul style="list-style-type: none"> Colonial Heights Sr Ctr 10-noon Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm King George - Peace Lutheran Church 10 am – noon Elmcroft Retirement 1:30pm 	29	30 <ul style="list-style-type: none"> Five Rivers Fiber Guild 10am – noon, Rice's Hotel/ Hughlett's Tavern, Heathsville Starbucks Huguenot Rd 9:30am - noon 	

From the Heart Local Group Times, additional to shop hours of 10am – 2pm Tues, Weds, Thurs, Sat every week (unless noted on calendar - see reverse)

Name	Address	City	Day of Month	Time of Day
Atlee Angels	Legacy Park Social Center Midday Lane	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm / 10-noon
Chamberlayne Heights Methodist Church	6100 Chamberlayne Road	Richmond	Thursday 2 nd	1:30 - 3pm
Chesterfield Heights Community Center	901 Madrona Street	Midlothian	Tuesday, every	2 – 3:30pm
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1 -2 :30pm
Colonial Heights Senior Center	Roanoke Avenue	Colonial Heights	Wednesday every	10 am - noon
Colony Critters	Patriot's Colony	Williamsburg, VA	Wednesday 1 st	1.30pm
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm
Dinwiddie Designers	Dinwiddie Library, 14103 Boydton Plank Road	Dinwiddie	Wednesday 2 nd , 4 th	1:00pm
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm
Fairfield Library Conference Room (The Paddington Group)	1001 N. Laburnum Rd.	Henrico	Tues 13 th	5:00pm
Farmville	Farmville Baptist Church, 132 North Main St	Farmville	Wednesday, every	5:00pm
Five Rivers Fiber Guild Charity Stitchers	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am - noon
Fredericksburg Group	Redeemer Lutheran Church, 5120 Harrison Rd.	Fredericksburg	Tuesday 2 nd , 4 th	10:00am – 1:00p
Fredericksburg Group	Wegman's 2 nd Floor Food Court, Central Park	Fredericksburg	Tuesday 3 rd	5:30 – 7:30pm
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st	1pm
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 2 nd , 4 th	10am - noon
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson Street	Hopewell	Thursday 1 st , 3 rd	6 - 8pm
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1 - 5pm
King George, Peace Lutheran Church	5590 Kings Highway	King George	Wednesday 2 nd , 4 th	10am - noon
Louisa Hardee's	881 Jeff Davis Hwy	Louisa	Saturday 2 nd	10am - noon
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am - noon
Mathews area group, A Common Thread	Church of Francis De Sales, 176 Lovers Lane	Mathews, VA	Wednesday, 1 st	10:30am – 2:00pm
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney, VA	Wednesday 1 st , 3 rd	3:00pm – 5:00pm
Mechanicsville Library	7461 Sherwood Crossing Place	Mechanicsville, VA	Tuesday, every (except 6 th this month)	6:30pm – 8:30pm
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon – 3pm
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Center	Midlothian	Monday 1 st	10:00am
Montpelier Crafters	Montpelier Center for the Arts and Education	Montpelier	Tuesday 2 nd , 4 th	1 – 3pm
North Courthouse Chesterfield Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11 am – 1 pm
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30 – 7:30pm
Panera Bread	11649 Midlothian Turnpike	Midlothian	Thursday 1 st , 3 rd	6 - 8:00 pm.
Prince George Yarnspinners	Prince George Library, 6605 Courts Drive	Prince George	Tuesday 1 st , 3 rd	2 - 4pm
Redeemer Lutheran	9400 Redbridge Rd. (upstairs Conference. room)	Richmond	Saturday 4 th (except Dec)	9 – 11am
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am - noon
Stonebridge Recreation Center	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am – 1:00pm
Summerhill Retirement Center	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30 - 3:30pm
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (only 2 nd for Nov and Dec)	10:30am – 12:30pm
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Heights	Tuesday every, last Sat	10am-noon, 1 – 3pm