

Letter from Lois – January 2020

I'm back! Well, almost, just not in the same capacity as before.

In my absence some very talented stitchers have taken on the jobs of crocheting burial cradles, burial blankets and octopi. They've knitted burial gowns and hats and even those tiny 3-inch heart pillows, and knitted knockers. These now no longer need my constant attention...no daytime or the 2 a.m. sessions when I realized I had "just one more" to complete a requested order.

I'm looking forward to doing a lot of 'hanging out', visiting and stitching at the shop. Maybe even helping with a few classes now and then.

My 3-month vacation has been wonderful! I have relearned how to sleep 5 or 6, and on occasion 7 hours at night! I've spent time playing golf and even had time to actually clean up and prepare my garden beds for winter! Haven't done that in many years! I've spent so much "quality" time with my family they are probably ready for me to find other ways to occupy some of my time :)

So, beginning in this month I'll be easing back in to normal From the Heart life and looking forward to reconnecting with all my stitching friends!

Hope to see you at the workshop very soon!

Lois

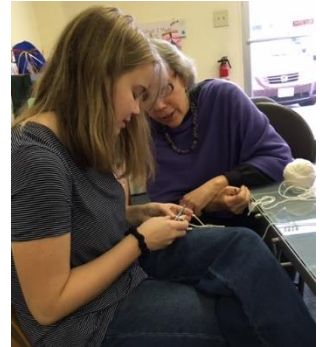
From the Heart Holiday Party/Secret Santa



The morning of Saturday, December 14th was dreary and wet outside, but the weather did not dampen the festive spirits of those gathered inside for our annual holiday party. The Workshop was filled with many of our local volunteers wearing their creative holiday accessories and bringing so many wonderful dishes to share for the pot luck.

Excitement was in the air for those participating in the Secret Santa exchange of handmade items. There were such beautiful, items exchanged accompanied by a chorus of "Ooohhhhs and Awwwws". Stitchers were

sharing patterns and new techniques in the front and back rooms of the Workshop. And, there was a sweet, young Elf spotted learning to crochet. Yes, she'll be making hats, scarves and blankets very soon!



The fabulous door prizes were envied by all. No one left empty handed, though. There was plenty of quality yarn to select before the day ended. The holiday gift to us all was the fellowship of spending quality time with each other while helping others in need.

Many thanks to everyone who helped with setting up and cleaning up afterward. It is amazing what we accomplish when we all work together with the purpose of helping others.

Inclement Weather Reminder



REAL Winter is coming, i.e. January and February! So, as a reminder, the From the Heart policy is "If the schools are closed, or opening late, the workshop will be closed."

This rule applies regardless of where you live. In Richmond, we look at Chesterfield, Henrico, Hanover, and Richmond City schools. In Fredericksburg, it would be Spotsylvania. If your schools are closed/opening late, your meeting spot will be closed. A notice will be sent out on Friday evening, as the schools cannot be the guide, if we are not opening on Saturday

For Your Browsing Pleasure

"The CascadeYarns.com site is offering free unique patterns for a 12-inch knit block for the Gradient Lapghan. All patterns were designed by knitwear designers and are offered free once a month through their newsletter. The patterns are stunningly different and could be easily adjusted for a pillow or scarf or incorporated into another project. The patterns will stretch over a year and definitely deserve a look see"

Janet Sparzak

Mystery Shawls

Mystery Shawl Kits are now available on the rack in the front room of the workshop and, also, in the back of the workshop near the pattern wall. There are no patterns in the bags but there is a white binder which contains many



patterns. Please make a copy of the pattern you want if it is the last of its kind in the binder.

If can't make it to the workshop and have yarns in your leftovers stash at home, and wish to use those, please free to do so. There are two patterns at the back of this Newsletter for you to use, if you wish, with yarn you have

at home. These patterns can, of course, also be used with the yarns in bags picked up at the workshop.

The completed shawls need to be back in the workshop by the end of February so there is plenty of time for you to complete yours. Once you have taken your bag home, along with the pattern you've selected, reach in without looking and pull out your first ball of yarn to start work. It is a good idea to read the pattern first as there is at least one pattern which calls for working with two yarns at the same time. If that is the case for you, just reach in and pull out a second ball of yarn and, then, off you go.

"Mystery" items always turn out surprisingly beautiful and these are bound to be greatly enjoyed by whomever is lucky enough to receive one.

These kits are flying out the door, but we will try to make more if needed as time allows.

Current Needs – January 2020

Richmond and Surrounding areas have a need for:

- White and solid colored hats for babies (brims need to be stretchy and must fit over a 5" Styrofoam ball)
- Dialysis blankets (72"X36")

Fredericksburg/King George has a need for: Please remember we need items for men as well as women.

- Baby items – hats, sweaters & blankets
- Hats for children & adults (male & female)
- Blankets of all sizes
- Port pillows
- Totes – all sizes (book, walker & wheelchair)

We give you these needs in the event you want to create these items, but you don't have to, as we prefer our volunteers create whatever makes them happy. We can find a new home for anything you care to make.

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2018.....	317,811
2019	
Jan – November	27,131
December.....	1,961
Year to Date Total	29,092
Grand Total	346,903

Hours, Jan. Scheduler & Dec Elf of the Month

The From the Heart workshop is open from 10am until 2pm every Tuesday, Wednesday, Thursday, and Saturday. Ann Robbins is the January scheduler and she can be reached at aerobbins@live.com or by phone at (804)270-6247 (h) or (804)921-1174 (c). Please let Ann know if you would like to volunteer as a workshop Elf in January.

The From the Heart schedulers are:

Ann Robbins: aerobbins@live.com, 270-6247 (h), 921-1174 (c)

Tricia Ennis: triciaennis2014@gmail.com, 683-9015

Jacqueline Muoio: msjbangles@yahoo.com, 840-4687

Kulla Ficare: Kulla.ficare@verizon.net, (804)263-5480

The winner of the workshop Elf prize for December is Karol Canada. Please pick up some nice yarn, maybe some leftover Dollar Daze yarn, for your personal use next time you are at the workshop, Carol.

Not a Sock Knit-a-Long

When Dirt Woman Fiber Arts closed and donated a huge amount of good quality yarn to From the Heart last year, we set a large quantity of sock yarn to one side along with a plan to have a sock knit-a-long in the future.

Our plans have changed a little insomuch as, starting on Saturday February 8th, we will begin our first Sock Not-Knit-a-Long 😊 We invite you to come to the workshop that day and choose some sock yarn and a pattern to work on during the remaining weeks of February. For the four remaining Saturdays of the month, there will be somebody at the workshop to answer your questions and help you solve any problems you might encounter while making your socks. Please note that you need to have some basic knowledge of knitting socks in order to take part as we will not be teaching how to knit in the round, turn a heel, close a toe, etc. Crocheters are welcome to participate in this Not-Knit-a-Long

We will not be meeting at specific times to work together as setting meeting times in February can be a little dicey, depending on what kind of weather we get. So long as the workshop can open on Saturday, however, there will be somebody there who can help you with your questions. Please let Tricia know if you are willing to be on hand to help either sock knitters or crocheters on any of the four Saturdays from February 8th through the end of the month.

From the Heart will supply the yarn and patterns for this event but you will need to supply your own needles or hook. Please let Tricia know if you would like to take part. She can be reached at triciaennis2014@gmail.com or by phone at (804)683-9015.



Fredericksburg Group Makes Front Page News



The Fredericksburg Free Lance Star, on December 26th, had a lovely article about the From the Heart Fredericksburg Group. See photo of Johnnie Wood and Pam Greswolde to the left. The newspaper and the entire article can be found online, if you have access to a computer, at

https://www.fredericksburg.com/news/local/making-a-difference-one-stitch-at-a-time/article_42fd212d-c93c-5cc4-8253-2e7b7e645644.html.

From the Heart 2020 Retreat

At our annual retreat on **Saturday, August 22, 2020**, we will offer only two classes, one knit and one crochet. One class will be held in the morning and the other in the afternoon. The classes will only be offered once but, as a result, we will be able to seat more people for each class. We will take up to 30 registrants and we will need one teacher plus 2 assistants for each. Participants will have to register in advance and those who have not registered will not be permitted to take the class,

We are hopeful this will cut down on the noise in the room when classes are going on. Topics and registration dates will be released later but please let Tricia or Kulla know if there is a particular class you would like to teach OR a specific class you would like to see offered.

Contact info:

Kulla Ficare: Kulla.ficare@verizon.net, (804)263-5480
Tricia Ennis: triciaennis2014@gmail.com, (804)683-9015

We need to get started on our “themed” book so please don’t hesitate to also let either Tricia or Kulla know if there is a particular technique you would like to see included in the book. The concept is that there would be an introduction to a technique, including instructions, followed by patterns. Some examples would be: Slipped Stitches, Cables, Mosaic Knitting, Short Rows, etc.

Tip of the Month Calculating the Gauge of Doubled Yarn

It is generally accepted that, when you double yarn (i.e. work with two strands held together) that you get the following:

- 2 laceweight = 1 fingering
- 2 sock = 1 DK/ light worsted
- 2 fingering = 1 Worsted
- 2 Worsted = 1 Bulky/Chunky
- 2 Bulky/Chunky = 1 Super Bulky/Chunky

If you hold two yarns of different gauge together, a good

rule of thumb is to add the gauge from both yarns and divide the resulting number by 3. For example, one of your yarns has a gauge of 21 stitches to 4” (#3, light worsted) and the other has a gauge of 12 stitches to 4” (#5, bulky) and you want to work them held together. $21+12 = 33$. $33/3 = 11$ stitches to 4”. So, you can see that, although your light worsted does not have much impact on your bulky weight yarn, it does change the resulting strand to a super bulky, #6.

These are general guidelines, but a swatch is always recommended when doubling yarns as peoples’ tensions vary.

Richmond Area Yarn Swap, Leftovers Workshop, and Potluck Luncheon : May 23

Our Richmond Area Yarn Swap, Leftovers Workshop and Potluck Luncheon has been scheduled for Saturday, May 23, 2020, from 10:00am until 3:00pm at the Brandermill Church in Midlothian. More details will follow but, currently, we are planning a raffle, a mini workshop, a yarn swap, and a potluck luncheon. Mark your calendars now so that you won’t forget and be on the lookout for more details as they become finalized.

2/2/2 Donation Daze Event

As many of you know, we have a large amount of really high-quality yarn at the workshop which is not suitable for using in the items we make for donation into our communities. This is beautiful yarn from many well-known manufacturers: Rowan, Shalimar, Noro, etc. and consists of silk, soy, cashmere, linen, etc. Given that many of our recipients are immunocompromised, we do not use yarns which may cause them to be triggered in any way. However, we also dislike that we have so much yarn sitting around gathering dust. This, as you know, is why we hold our Dollar Daze events.

Starting Saturday, February 1st, we will host a special, two-day, Donation Daze event at the workshop where the suggested donation for each and every skein of yarn in the event will be \$2.00. Two days in the second month when you can get great yarn for \$2 a skein.
February 1 (and 2)
Two days (Saturday and Sunday)
Suggested \$2 donation per skein

Come along and join us for our first (and probably only) 2/2/2 event.

Coming Soon – Watch for Details

Saturday March 28th: Fredericksburg Spring Workshop and Pot Luck Luncheon.

Date to be decided but soon: A “Joining Squares” get together and workshop.

Saturday October 24th: Fredericksburg Fall Workshop and Pot Luck Luncheon.

KNIT WHEELCHAIR SHAWL #3 : STOCKINETTE NECK EDGE WITH EYELET ROW (I-Cord Bind Off)

Larissa Karp

NOTES:

1. Pattern is made using stockinette and garter stitch with an optional eyelet row.
2. Increases are made on the right side (RS) row.
3. An I-cord edge is worked as you knit this pattern at the **end** of each row **and** as a bind off method.
4. Use scrap yarn to mark the front/right side of the shawl (pins will slip through your work and you will not be able to see the front side easily).
5. Markers are used as reminders before the end of the row and as a reminder to YO before and after a single knit stitch in the pattern.
6. Slip all stitches as if to purl.



Materials:

Size 13 circular needle; 34” long

2 markers

#4 yarn Approx. 8.5 oz. or 238 grams

Scrap yarn

Abbreviations:

K – Knit

YF – Yarn Forward

R—Right needle

ST – Stitch

SL – Slip

TBL—through the back loop

STS – Stitches

SM – Slip Maker

K2tog – Knit 2 stitches together

PM – Place marker

YO – Yarn over

PSSO – Pass slip stitch over

Cast on 66 stitches (STS) using any method.

Row 1: K3, PM. Purl to last 3 STS, PM, keeping YF, SL 3 STS to R needle, turn work.

Slip all markers as you proceed.

Row 2: K3, SM, K to last 3 STS, SM, YF, SL 3 STS to R needle, turn work. (66)

Row 3: K3, SM, Purl to last 3 STS, SM, keeping YF, SL 3 STS to R needle, turn work.

Row 4: K3, SM, K to last 3 STS, SM, YF, SL 3 STS to R needle, turn work. (66)

Row 5: K3, SM, Purl to last 3 STS, SM, keeping YF, SL 3 STS to R needle, turn work.

Row 6: K3, SM, K1, YO, [*K13, YO, SL 1, K1, PSSO, YO* 3 times], K13, YO, K1, YF, SM, SL 3 STS to R needle, turn work. (71)

WS - Row 7: K3, SM, Purl across to last 3 STS, SM, keeping YF, SL 3 STS to R needle, turn work. (71)

RS - Row 8: K3, SM, K1, YO, [(K15, YO, PM, K1, PM, YO) 3 times], K across to last 4 STS, YO, K1, SM, YF, SL 3 STS to R needle, turn work. (79)

Row 9: K3, SM, Purl across to last 3 STS, SM, keeping YF, SL 3 STS to R needle, turn work. (79)

Row 10: K3, SM, K1, YO, [*K17, YO, SM, K1, SM, YO* 3 times], K across to last 4 STS, YO, K1, SM, YF, SL 3 STS to R needle, turn work. (87)

Row 11 and all odd number rows (WS): K3, *knit across* to last 3 STS, YF, SL 3 STS to R needle, turn work. (87) (**NOTE: The remaining pattern will be in garter stitch.**)

Row 12: K3, SM, K1, YO, [*K19, YO, SM, K1, SM, YO* 3 times], K across to last 4 STS, YO, K1, SM, YF, SL 3 STS to R needle, turn work. (95)

Continue working pattern increasing 8 STS each WS row until you have completed WS row 57 (271 STS).

For The Optional Eyelet Row:

Row 58: **“Eyelet pattern”** K3, SM, K1, YO, [*K2tog, YO* 32 times], [K1, YO, K1, YO, K1], [*YO, K2tog* 32 times], [YO, K1, YO], [*K2tog, YO* 32 times], [K1, YO, K1, YO, K1], [*YO, K2tog* 32 times], YO, K1, YF, SL 3 STS to R needle, turn work. (279)

Continue working pattern increasing 8 STS each RS row until shawl measures 21 ½” or 319 STS.

I-Cord Bind Off *K2, K2tog TBL, slip 3 STS back to L needle* continue until all stitches are bound off.

CROCHET WHEELCHAIR WRAP PATTERN

Introduction

This little wrap was designed specifically for the elderly - particularly those confined to wheelchairs or to bed. The short length prevents it from getting caught in wheels. The shape helps keep in on the shoulders where many elderly get cold. Being open down the front makes it easy for medical personnel to access arms for blood pressure readings and such.

Materials List

12 ounces of worsted weight yarn
H hook

Finished Size

Approximately 18 inches long (down the center back) and approximately 80 inches around the bottom edge

Gauge

14 dc = 4 inches
8 rows = 4 inches

Notes

V stitch = 1dc, ch1, 1dc



The Pattern

Chain 54

Row 1: dc in 3rd ch from hook, ch 1, 2 dc in next ch, *dc in next 11 ch, v st in next ch, repeat from * 2 times, dc in next 11 ch, 2 dc in next ch, ch 1, 1 dc in each of last 2 ch, ch 2, turn (58 dc and 5 ch 1 spaces)

Row 2: dc in next dc, ch 1, 2 dc in next dc, *dc in next 13 dc, V st in ch1 space, repeat from * 2 times, dc in next 13 dc, 2 dc in next dc, ch 1, dc in last dc and in top of turning ch, ch2, turn (8 sts increased).

Rows 3 - 28: repeat row 2, following established pattern, always increasing the number of dc between V sts by 2 (each row increases by a total of 8 sts).

Row 29: dc in next dc, ch 1, skip ch 1 space, dc in next dc, *ch 1, skip 1 dc and dc in next st, repeat from * to V st in previous row, ch 1, V st in ch 1 space of V st, ch 1, skip next dc, dc in next dc repeat from * across row to last dc. Ch 1, skip ch 1 space, dc in next dc, dc in last dc and in top of turning ch, ch 2, turn

Row 30: dc in each dc and ch 1 space across, end off, weave in ends.

Notes:

The author of this pattern, Susan A. Coes, allows its use for non-commercial purposes only. Please do not redistribute for profit.

From the Heart Local Group Times

January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>HAPPY NEW YEAR TO ALL</p> <p>Workshop Closed – check with your group leader about individual groups</p>	<p>2</p> <ul style="list-style-type: none"> • Hopewell Library 10am – noon • Panera Bread Midlothian: 6:00pm- 8:00pm • Mall Group Chesterfield Towne Center (food court) 9:00am-noon • Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm 	<p>3</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am - noon • Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>4</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm
<p>5</p>	<p>6</p> <ul style="list-style-type: none"> • The Crossings at Bon Air 2pm • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm • From the Heart Quilters Quilter's Corner 10am-1pm • Midlothian Women's Group Starbucks, Ivy Mount Shopping Center, 10:00am 	<p>7</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Panera, Midlo & Chippenham 5:30–7:30pm • North Courthouse Rd. Library 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm • Prince George Library 2:00 – 4:00pm • Glen Allen Library Group, noon – 2pm • Heritage Public Library, New Kent, 1:00pm 	<p>8</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Elmcroft Retirement 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm • Dinwiddie Library 1:00-3:00pm 	<p>9</p> <ul style="list-style-type: none"> • Hopewell Library 5:30pm 7:30pm • Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd, Mechanicsville 2:30-5pm 	<p>10</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am – noon • Kay's Krafters 1-5pm • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm • King George - Peace Lutheran Church 10 am – noon 	<p>11</p>
<p>12</p>	<p>13</p> <ul style="list-style-type: none"> • The Crossings at Bon Air 2pm • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm 	<p>14</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Panera, Midlo & Chippenham 5:30–7:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm • Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm • Glen Allen Library Group, noon – 2pm • Montpelier Crafters 1 – 3pm 	<p>15</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • McKenney Library (Ragsdale Room) 3:00 – 5:00pm • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	<p>16</p> <ul style="list-style-type: none"> • Hopewell Library 10am – noon • Panera Bread Midlothian: 6:00pm- 8:00pm • Mall Group Chesterfield Towne Center (food court) 9:00am-noon • Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm 	<p>17</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd. 9:30am - noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>18</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
<p>19</p>	<p>20</p> <ul style="list-style-type: none"> • The Crossings at Bon Air 2pm • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm • From the Heart Quilters Quilter's Corner 10am-1pm • Charles City County Library 1:00pm 	<p>21</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Panera, Midlo & Chippenham 5:30–7:30pm • Prince George Library 2:00 – 4:00pm • Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm • Violet Bank Stitchers, 10am – noon 	<p>22</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm • Elmcroft Retirement 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm • Dinwiddie Library 1:00-3:00pm 	<p>23</p> <ul style="list-style-type: none"> • Hopewell Library 5:30–7:30pm • Summerhill Retirement Ctr. 1:30-3:30pm • Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd. Mechanicsville 2:30-5pm 	<p>24</p> <ul style="list-style-type: none"> • Starbucks Huguenot Rd 9:30am – noon • Kay's Krafters 1-5pm • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Paddington Group Fairfield Lib, 5:30–8:30pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm 	<p>25</p> <ul style="list-style-type: none"> • Redeemer Lutheran Redbridge Rd (Conf. room) 9-11am
<p>26</p>	<p>27</p> <ul style="list-style-type: none"> • The Crossings at Bon Air 2pm • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm 	<p>28</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Panera Bread, Midlothian and Chippenham 5:30–7:30pm • Montpelier Crafters 1 – 3pm • Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Panera, Midlo & Chippenham 5:30–7:30pm • Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm • Violet Bank Stitchers, 10am – noon 	<p>29</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm 	<p>30</p> <ul style="list-style-type: none"> • Hopewell Library 10am – noon • Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd. Mechanicsville 2:30-5pm 	<p>31</p> <ul style="list-style-type: none"> • Starbucks Huguenot Rd 9:30am – noon • Kay's Krafters 1-5pm • Five Rivers Fiber Guild Heathsville. 10am – noon 	

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd	1:00pm	Charles City County Library (804) 652-2450
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Friday - varies	5:30-8:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st , 3 rd	10am - 1pm	Tiffany Sherman 804-794-1990
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Hanover Fiber Arts	Panera Bread, 7225 Bell Creek Road	Mechanicsville	Thursday every	2:30pm-5pm	Evie Knoeller, 298-0619, hanoverfiberarts@gmail.com
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st	1pm	Heritage Public Library, 804-966-2480
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am-noon	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Ctr	Midlothian	Monday 1 st /Friday 3 rd	10:00am / 2:00pm	
Montpelier Crafters	Montpelier Ctr for the Arts and Educ.	Montpelier	Tuesday 2 nd , 4 th	1-3pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	
Panera Bread	11649 Midlothian Turnpike	Midlothian	Thursday 1 st , 3 rd	6-8:00 pm.	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex Dec)	9-11am	
Southside Stitchers, Richmond	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every	7-9pm	Patricia Selinger 804-467-5699
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am-noon	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395