

Letter from Lois – July 2020

We've been through serious needs in the past. We always pull together, pull out all the stops and give it our very best.

In 2007 we made blankets during the aftermath of the horrendous Virginia Tech shootings. In Jan 2010 we did our utmost to help ease the hearts of the victims of the Haiti earthquake by stitching and donating hundreds and hundreds of comfort doll for the youngsters who lost so much.

Then, just 3 or 4 months later we went all out stitching washcloths to be used in the cleansing of wildlife after that massive gulf oil spill. In October of 2012 we did what we could to help ease and comfort those hit by the freaky, unusual hurricane Sandy along the mid and northern Atlantic coast.

The horrors of all horrors was the Sandy Hook Elementary School shooting in December that very same year. Such an unbelievable loss. So many of our lovingly dressed teddy bears went to the families of those sweet little children.

And remember all those warm hats we made in November 2013 for the Kuwait medics? With their freezing cold nights, getting a good night's sleep was just about impossible. And then to have to be fully alert the next morning to begin their duties. And, of course, we followed those up with warm socks to also help keep them warm while sleeping.

Stitching under pressure seems to be a great fit for our From the Heart members. We always react immediately when there is even a slight call for help. With our current pandemic continuing to hang on for so long, our "call to duty" has really proven what a caring, giving group we are. We are so, so proud of every one of you! Whether you've made face masks, ear eases, little Comfort Hearts or surgical caps or are faithfully continuing to make those adult or baby blankets and quilts, shawls, hats of all sizes, underarm pillows and drain bags for cancer patients, items for dialysis or memory care patients...we are counting on you to help keep things going smoothly once we finally begin to settle back into as near normal as we possibly can.

All our best to each of you and your families. We hope you are continuing to stay healthy and we just can't wait to see you again!

Lois

URGENT - From the Heart Workshop WILL NOT reopen Wednesday, July 1st

At the Board meeting on Sunday afternoon, the Board spent quite a bit of time talking about the reopening of the workshop, scheduled for Wednesday, July 1. When we made the decision to reopen, a month ago, it looked quite promising but, as you are no doubt aware, the situation has changed since then. Yesterday, what we decided was that the current situation is too uncertain to take the chance. The unknown is a scary thing and none of us (unfortunately) have crystal balls. We will continue to closely monitor the situation and the numbers and will reopen just as soon as we possibly can.

This was a very difficult decision to make, as all of us want to return to whatever "normal" might look like in the future. We made it with the best interest of our membership in mind. Our primary concern is for the health, safety, and well-being of our membership.

We will continue the drop-offs for the time being and will start to include more opportunities for you to pick up yarn.

The next drop-off/pick up opportunity will be for Sunday, July 5th, in the alley behind the workshop on Westbriar Drive, from 2 until 3pm. If you would like to pick up yarn, please contact Tricia at (804)683-9015 or triciaennis2014@gmail.com to let her know what you would like, i.e. weight (#4, DK, etc.), color if you have a preference, and how much. Tricia will do her best to provide you what you would like but be aware that some substitutions may be made. You may also drop off COVID-19 items at this event along with baby hats. Unfortunately, we cannot accept any other items at this time as the majority of our recipients are still not accepting items from us. Hopefully, you all understand that we cannot take items other than those we can immediately give out to our recipients as we simply don't have the room to store them.

I want to thank you all for your patience as we try to maneuver our way through this uncharted territory. You have all shown a tremendous amount of forbearance for these last three and half months, especially with having to store all manner of items in your homes for later use.

As we have a call for items (as we had for baby hats in Richmond), we will let you know and begin to accept those items at our drop offs. Until then, we will just soldier on and I can't begin to tell you how wonderfully I think you have all been "soldiering".

One final note, if you had already volunteered to work in July, please acknowledge to me that you are aware the workshop is closed. This will save me a considerable amount of work. Thank you so much.

From the Heart 2020 Retreat – Woodlands CANCELLED

Given the tremendous amount of uncertainty around the current situation, the From the Heart Board has made the difficult decision to cancel the 2020 Retreat.

We have reserved The Place at Innsbrook for our 2021 Retreat for the date of Saturday, October 2 and we plan to have the use the same theme of “Woodlands”.

We will be reaching out to all our speakers, vendors, and teachers to see if our new date suits their schedules and will let you all know, as soon as we can, what the revised plans will be.

For those who have already registered for the original date of August 22nd, Beth will be sending your checks back to you as soon as she can.

If you have any questions, please feel free to reach out to either Tricia or Kulla, whose contact information is below.

Kulla: Kulla.ficare@verizon.net, (804)263-5480
Tricia: triciaennis2014@gmail.com, (804)683-9015

From the Heart Tags and Bagging Items

As the available space at the workshop is very limited, we are continuing to ask that you store your creations at home for the time being. As our recipients start to reopen and request items, we will let you know, and you will be able to drop them off at our drop off events. As you know, we are only able to accept baby hats and COVID-19 items at the moment. We are asking that you tag anything you have made before bringing it in and have added the opportunity for you to pick up tags at our Drop Off/Pick Up events.

Please note that COVID-19 items do not need to be tagged individually. They should be put into a plastic bag, by type (i.e. masks in one bag, ear eases in another, etc.) and the bag should be dated with the number of items it contains written on the outside. Baby hats do need to be tagged, one tag per hat. As already mentioned, tags are available for pick up at all the drop off event held at the workshop.

If at all possible, although you cannot bring these to the workshop yet, please tag, bag, and date ALL items which you plan to donate at some future time. It will help us considerably when we can reopen, if we do not have to tag thousands of items, and we know when they were made and bagged. Thank you so much for this.

If you would like to volunteer to make the tags (i.e., hole punch them and add the ties), please contact Tricia at (804)683-9015 or triciaennis2014@gmail.com.

Comfort Hearts

As you may have seen in emails, From the Heart has donated in excess of 1,500 pairs of Comfort Hearts into our local hospitals, food banks, clinics, and police stations. We are asking, for the time being, that you now focus your attention on items other than the hearts. We have a great need for baby hats at the moment and you will find patterns at the back of this Newsletter if you would like to switch to making those. There were also baby hat patterns in last month’s Newsletter if you would prefer those. In addition, many other patterns can be found in From the Hat’s pattern books and online either on [Ravelry](https://www.ravelry.com) or our own website at <https://fromtheheartstitchers.org/patterns/>

Fredericksburg ‘Waste Not Workshop’ scheduled for Aug 1st – Important Please Read!

The Fredericksburg ‘Waste Not Workshop’ will **NOT** be held August 1st. However, we have one scheduled for October 24th. We are hoping things are back to normal by this time.

Thank you all so much for continuing your stitching and helping us fill the current needs as well stocking up for when our recipients’ doors reopen. We will be well prepared for resuming our normal meetings and deliveries. While we are anxious to see everyone, right now it is in our best interest that we remain at home – safe, secure, and well.

Keep an eye on your email as we are working on plans for something in late July!

For Your Browsing Pleasure

Life's a Beach is [YARNSPIRATIONS](#) list of summer patterns which include beach bags, beach pillows and a beach wrap to set the tone for hot weather. Yarnspirations bought Red Heart and Coats and Clark in Jan 2019. Sign into [ELLE YARNS](#) for 84 plus

patterns that are so different and cover from feet--socks and slippers to head--hats and cowls. Click on women's patterns and see some very stylish patterns for a unique knit or crochet look.

Janet Sparzak

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2020.....	348,542
2020	
Jan - May	27,409
June	7,601
Year to Date Total	35,010
Grand Total	383,552

Number of COVID-19 Items Donated

Here is a quick update on the number of COVID-19 items donated into our communities by From the Heart, as of June 28th, 2020.

Masks	18,521
Ear Eases	3,377
Surgical Caps	343
Pairs of Comfort Hearts	1,516

These are the numbers which have currently gone out and do not include anything we still have to deliver. Please note, however, that no more Comfort Hearts are needed at the moment.

Thank you all so much. This is incredibly impressive.

Current Needs – July 2020

We are asking that you store any items you make, in your own home, until all the chaos around COVID-19 has settled down. Once all is normal again, there will be a much larger than normal need for items among our clients. Therefore, anything and everything you create during this time will find a good home at a later point. We are requesting that you please tag items before bringing them in once we reopen. To print tags (tags should be printed on white card stock), please click [HERE](#). As mentioned earlier, you may also pick up tags at any of our designated drop off/pick up events.

Richmond and Surrounding areas:

- Fabric Masks
- Ear Savers/Protectors
- Surgical Caps
- Baby Hats

Note that we are arranging drop offs of these items at the Workshop so please keep your eyes open for those dates and times. If you know of a need and can deliver any items yourself, please let Lois (804)305-4971 know how many you have delivered.

Also, please take note that when dropping off items at our drop off events, they need to be in plastic bags with the number of items and the date of bagging noted on the bag. Please have only one type of item in a bag.

Fredericksburg/King George has a need for:

- Masks
- Ear Savers
- Surgical Caps
- Shirt Protectors for men and women

If you are making surgical caps, masks, or anything else for the pandemic, please contact Pam (540)661-7967, to arrange for pick-up.

Tip of the Month : How Long to Make a Scarf

For both knit and crochet scarves, the traditional scarf goes fingertip to fingertip of the wearer. If you hold out your arms the scarf should reach from your left fingertip across to your right. This averages about 60".

A men's scarf is typically about 6" wide, whereas, a women's scarf width has more flexibility. A narrow scarf can be knit just 5" wide or a dramatic wider scarf up to 10".



Here is a sample of four different scarf lengths with a description of what they can do. There is no wrong way, just a few great options depending on your need.

Child's Scarf (about 50" long) A child's scarf can be as narrow as 5" wide.

Short Scarf (about 55" long) This is the size of the typical men's scarf. It's a great all-season scarf length.

1. Drapes unwrapped to perfect blazer length.
2. Ties under bust and hangs to waist.

Medium Scarf (about 70" long) Highly versatile scarf length.

1. Wrap it around once.
2. Fold it in half and pass the tail through for

the European look.

Long Scarf (about 82" long) Lots of length to wrap for a cozy and dramatic look.

1. Wrap it once and hang to waist.
2. Wrap it twice around.
3. Fold it in half and tuck it through with lots of tail.

2 “Invisible” Ways To Tie Your Yarns Together in the Middle of a Row

The Magic Knot

Creates a join in your work that is almost invisible and requires no weaving in at the end of your project.

Working Yarn = one coming off work

New Yarn = new yarn

Lay the two yarns side by side vertically with the working yarn to the left and the new to the right. With new yarn go under the working yarn, back over the working yarn, creating a loop and pull the new yarn through the loop to create a knot.

Now with working yarn – go over new yarn, under new yarn and through the loop.



Imagine (for ease of description) one blue and one lilac yarn.

Take the end of the blue yarn and tie it around the lilac yarn about 6” from the end of the lilac yarn.

Then, take the end of the lilac yarn and tie it around the blue yarn about 6” from the end of the blue yarn.

REMEMBER: You are not tying the blue and lilac yarns together. You are tying one color around the other (twice). See photo.

Then pull gently to slide the knots together.

Do a pull test – if you have joined properly it will not separate.

Trim as close as you like. Once you have worked a few more rows of your project, even you will have difficulty finding the join.

The Russian Join

Thread a blunt needle with one end of yarn.

Work the needle through the plies of this same yarn for a few inches. Don’t worry if this looks bunched up.

Pull the yarn through, leaving a small loop at the end. Thread your needle with the second piece of yarn, then insert the needle into the small loop you created before.

Pull a few inches of yarn through the small loop.

Work the needle through the plies of this (second) piece of yarn so your yarns are now connected through the loop.

Give each strand a little tug to smooth out the bunching. You now have a secure join! Trim off any excess ends.

Depending on the yarn, you may notice that this joined area is thicker than the rest of your yarn. If that is unacceptable, use the Magic Knot method given above.

Richmond Drop-off/Pick-up Event

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Calendar Updates for July 2020

With the Commonwealth of Virginia slowly beginning to open up, some of our local groups may start meeting again, especially towards the end of the month. Each group leader will evaluate the situation separately and decide whether to meet or not. Before you head to ANY meeting, please check that the group is actually meeting. Even once your meetings open up again, please DO NOT attend if you are feeling unwell, have a headache or even so much as a low-grade fever.

Tricia
(804)683-9015, Triciaennis2014@gmail.com

SLK Crocheted Baby Hat - Susan L. Kraus

Size: Newborn to 3 months

Hat Circumference: 14 inches.

Materials: 1 ounces baby sport yarn,
and size H (5.00mm) crochet hook.

Note: Beg ch 2 does not count as a st in this pattern.

Hat: Beginning at top of hat, ch 4, sl st in first ch to form ring.

Rnd 1 (Right Side): Ch 2, work 13 dc in ring, join with a sl st in first dc. 13 sts.

Rnd 2: Ch 2, turn, 2 dc in each st around, join with a sl st in first dc. 26 sts.

Rnd 3: Ch 2, turn, dc in first st, *2dc in next st, dc in next st, repeat from * around ending with 2dc in last st, join with a sl st in first dc. 39 sts.

Rnd 4: Ch 2, turn, *dc in first two sts, 2dc in next st, repeat from * around, join with a sl st in first dc. 52 sts.

Rnds 5 - 16: Ch 2, turn, dc in each st around, join with a sl st in first dc. 52 sts. Do not turn at end of last row.

Edging: (Ch 1 and sc) in each st around, join with a sl st in first sc. Fasten off. Weave in ends of yarn.
Turn up bottom of hat for brim. Models were made with Red Heart Soft Baby yarn.



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This pattern may be found at <http://susan.kraus.net/pages/pattern5.html>

Questions or comments? E-mail me at slkdesigns@hotmail.com

Knitted Eyelet Baby Hat

Worsted weight yarn

Size 7 double point knitting needles

If using Magic Loop method, you will need a 29" long circular size 7 needle

Cast on 60 stitches

Rows 1-6: Knit 2, purl 2 ribbing

Row 7 - 9: Knit all stitches

Row 10: * Knit 2, yarn over needle (YO), knit 2 together (K2 tog)*, repeat from * to * to end of row.

Row 11 - 17: Knit all stitches

Row 18: Repeat row 10

Row 19 - 21: Repeat rows 7 - 9

Decrease crown:

Row 22: Knit 8, K2 tog, place marker. Repeat to end of row

Rows 23, 25, 27, 29: Knit

Rows 24, 26, 28, 30: Knit to within 2 stitches of marker, K2 tog, slip marker, repeat to end of row.

Row 31, 32, 33: decrease each row as was done above. 12 stitches remain.

Row 34: Knit 2 stitches together around row. 6 stitches remain.

Row 35: Knit 2 stitches together around row. 3 stitches left on needle.

At this point you may either cut yarn and with tapestry needle draw end thru remaining stitches and weave in end.

Or... make an I-cord top as on sample by:

Using a double pointed needle (regular dp needle or circular needle), *knit the three remaining stitches as usual. At the end of the row, do not turn work. Instead, just slip the stitches to the other end of the same needle. Draw yarn from behind, pulling tightly, and repeat from *. This may be done for approx. 8 rows as in sample and ended as above, weaving in end, or you may continue for several inches, making a cord long enough to tie into a cute little knot before ending as above.

Crochet two chains approx. 24 inches long to weave thru eyelets and tie in bow or use purchased ribbon for this purpose. Enjoy!



From the Heart Local Group Times

(Subject to Change : Check Before Heading out)

July 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 5:00pm McKenney Library 3:00 – 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm Mathews Group, 10:30a –2:00p Colony Critters, Patriot's Colony, Williamsburg. 1:30pm 	2 <ul style="list-style-type: none"> Hopewell Library 10am – noon Firehouse Subs Midlothian: 4:30pm- 6:30pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm 	3 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon 	4 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 1-3pm
5	6 <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10a–1p From the Heart Quilters Quilter's Corner 10am-1pm Midlothian Women's Group Starbucks, Ivy Mount Shopping Center, 10:00am 	2 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera, Midlo & Chippenham 5:30–7:30pm North Courthouse Rd. Library 11am – 1pm Violet Bank Stitchers, 10am – noon Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Prince George Library 2:00 – 4:00pm Glen Allen Library Group, noon – 2pm Heritage Public Library, New Kent, 1:00pm 	8 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Brandermill/Woodlake Group Panera, Brad McNeer Pky 6:30-8pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	9 <ul style="list-style-type: none"> Hopewell Library 5:30pm 7:30pm Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd, Mechanicsville 2:30-5pm 	10 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Kay's Krafters 1-5pm Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm 	11 <ul style="list-style-type: none"> Louisa Hardees 10am - noon
12	13 <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	14 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera, Midlo & Chippenham 5:30–7:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm Glen Allen Library Group, noon – 2pm Montpelier Crafters 1 – 3pm 	15 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon McKenney Library (Ragsdale Room) 3:00 – 5:00pm Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	16 <ul style="list-style-type: none"> Hopewell Library 10am – noon Firehouse Subs Midlothian: 4:30pm- 6:30pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm 	17 <ul style="list-style-type: none"> Starbucks, Huguenot Rd. 9:30am - noon Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	18 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
19	20 <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm From the Heart Quilters Quilter's Corner 10am-1pm Charles City County Library 1:00pm 	21 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Panera, Midlo & Chippenham 5:30–7:30pm Prince George Library 2:00 – 4:00pm Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Violet Bank Stitchers, 10am – noon 	22 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, Elmcroft Retirement 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm Dinwiddie Library 1:00-3:00pm Brandermill/Woodlake Group Panera, Brad McNeer Pky 6:30-8pm Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 5:00pm 	23 <ul style="list-style-type: none"> Hopewell Library 5:30–7:30pm Summerhill Retirement Ctr. 1:30-3:30pm Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd. Mechanicsville 2:30-5pm 	24 <ul style="list-style-type: none"> Starbucks Huguenot Rd 9:30am – noon Kay's Krafters 1-5pm Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm 	25 <ul style="list-style-type: none"> Redeemer Lutheran Redbridge Rd (Conf. room) 9-11am
26	27 <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	28 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Panera, Midlo & Chippenham 5:30–7:30pm Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Violet Bank Stitchers, 10am – noon 	29 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 5:00pm 132 N Main St, Farmville, 5:00pm 	30 <ul style="list-style-type: none"> Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd, Mechanicsville 2:30-5pm 	31 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon 	

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd	1:00pm	Charles City County Library (804) 652-2450
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am–12:30p	
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30–7:30pm	
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st , 3 rd	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Hanover Fiber Arts	Panera Bread, 7225 Bell Creek Road	Mechanicsville	Thursday, every	2:30pm-5pm	Evie Knoeller, 292-5753, hanoverfiberarts@gmail.com
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st	1pm	Heritage Public Library, 804-966-2480
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am-noon	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Ctr	Midlothian	Monday 1 st /Friday 3 rd	10:00am / 2:00pm	
Montpelier Crafters	Montpelier Ctr for the Arts and Educ.	Montpelier	Tuesday 2 nd , 4 th	1–3pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex-Dec)	9–11am	
Southside Stitchers, Richmond	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every	7-9pm	Patricia Selinger 804-467-5699
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am-noon	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395