

Letter from Lois – August 2020

Remember back in elementary school, during that first week back after summer vacation we would always be asked to write a short paper telling how we spent our summer vacation days. Hang on to that thought...we just might ask YOU how you spent your pandemic days!

I'm writing mine here, now:



As evidenced in the photo, in my back yard, on a slight hill, enclosed by a stone wall, I had 9 beautiful trees. During a February storm, one fell over, smashing our neighbor's privacy fence. "Someone" in our family then had the excuse

to remove not only that tree but THE OTHER 8 AS WELL! Needless to say, I was extremely upset but, who knew...there was a pandemic waiting in the wings!

Being a gardener at heart I did the only thing I could to improve the appearance of my now unsightly back yard...I started planting! First, I transplanted all I could spare from my small, current side yard bed. It was so early and I'm so impatient I just fidgeted until nurseries began selling early spring bedding plants. Hubby went out several times (with my health issues I could only sit home and wonder what he would find). He brought back a van full of color! I planted but it was still so cool things just didn't respond quick enough to fill in the gaps so he would bring in more (anything to shut me up about taking out all of my trees).

As spring warmed up, we began doing drive-by trips to plant nurseries. I would point out what to get, he would jump out and buy it! Friends and family began sharing plants and seeds with me. Even my friend, Ula in Vermont, sent me flower and zucchini seeds! As the season progressed, I not only finally had flowers making a showing but zucchini, yellow squash cucumbers, eggplants, green peppers, tomatoes, and now my favorite, WATERMELONS! They are about the size of a grapefruit now! I've given away so many squash and zucchini and now have started freezing the excess.



As you can see in my "after" picture, with my problem of having to always be doing something, I've pretty much planted every square inch of available dirt on my once empty hill. But now as the season winds down, plants are beginning to sag and I'm

having to prune out the most unsightly of the bunch. Otherwise my neighbors might call the "ugly garden police" or come clear it all out themselves. So, I'm on the hunt for asters or other fall color to keep it all going for as long into my least favorite seasons of all...fall and winter. I did however, in the beginning plant a very long row of daffodils just inside the edge of the long wall so hopefully, in the early spring I can send you a bright, colorful picture to welcome the season!

I hope you have been able to fill your lock-down time with some enjoyable pastimes and have weathered this storm, retained your sanity and like me, are looking forward to once again getting your lives back on track! I can't wait to see you again and hear about your COVID-19 experiences!

Lois

From the Heart Tags and Bagging Items

As the available space at the workshop is very limited, we are continuing to ask that you store your creations at home for the time being. As our recipients start to reopen and request items, we will let you know, and you will be able to drop them off at our drop off events. As you know, we are only able to accept baby hats and COVID-19 items at the moment. We are asking that you tag anything you have made before bringing it in and have added the opportunity for you to pick up tags at our Drop Off/Pick Up events.

Please note that COVID-19 items do not need to be tagged individually. They should be put into a plastic bag, by type (i.e. masks in one bag, ear eases in another, etc.) and the bag should be dated with the number of items it contains written on the outside. Baby hats do need to be tagged, one tag per hat. As already mentioned, tags are available for pick up at all the drop off events held at the workshop.

If at all possible, although you cannot bring these to the workshop yet, please tag, bag, and date ALL items which you plan to donate at some future time. It will help us considerably when we can reopen, if we do not have to tag thousands of items, and we know when they were made and bagged. Thank you so much for this.

Thankfully, things are slowly beginning to return to normal and there are some places which are beginning to accept items from From the Heart. We can currently move certain types of baby items and lap blankets. Also a few shawls and, in Fredericksburg, bibs. We are moving these items from the workshop first and will let you know when we are ready to have you bring specific items to the workshop.

If you would like to volunteer to make the tags (i.e., hole punch them and add the ties), please contact Tricia at (804)683-9015 or triciaennis2014@gmail.com.

From the Heart 2020 Retreat – Woodlands Rescheduled

We have reserved The Place at Innsbrook for our 2021 Retreat for the date of Saturday, October 2 and we plan to have the use the same theme of “Woodlands”.

Kulla has contacted all our vendors and speakers and all understood our concern with holding the Retreat this fall. They have all “penciled in” the Saturday, October 2021 date into their schedules. We hope all of you will do the same.

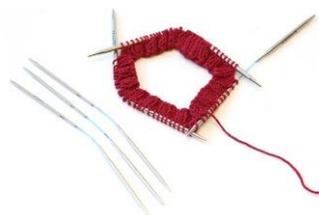
If you have any questions, please feel free to reach out to either Tricia or Kulla, whose contact information is below.

Kulla: Kulla.ficare@verizon.net, (804)263-5480
Tricia: triciaennis2014@gmail.com, (804)683-9015

Tip of the Month : Addi Flexiflip Needles

Knitters, have you experience the Addi FlexiFlips needles? These are flexible double pointed needles to use instead of regular double pointed needles or the Magic Loop method. If you would like to see a demonstration and hear an overview of using these needles then visit the Very Pink website video <http://www.skacelknitting.com/addi-Flexiflips/>. There are many videos to explore while you are there!

A big advantage of these needles is that, while you work in the round, you are only using three needles rather than five. Each side of the Flexiflip can be considered a



separate needle as the 2nd cord between the two tips makes an easy separation point for your work.

Because of YOU!

This pandemic will change our lives forever. It is unlikely that any of us will “go back” to a daily routine that we once believed was “normal”. Our future holds a new “abnormal”. When this crisis has passed, most of

us will continue to wash our hands frequently, avoid crowded places when we are feeling vulnerable health-wise and more greatly appreciate visiting with friends and family.

Many of you, our From the Heart volunteers, are anxious to return to the workshop or your regular meetings with your fellow stitchers so you can once again create items for those in need. But, have you paused to think about what you have already provided to those in need during the quarantine?

If you have been using protective measures to avoid the spread, then you are serving those in need. If you have made COVID-19 items for donation, then you are serving those in need. If you have donated baby hats recently, then you are serving those in need. If you continue to sew, crochet, or knit items that will be donated when we are able to deliver, then you are serving those in need. We also have members who do not stitch but contribute in other activities by making tags, serving as workshop elves, or making deliveries. These members are serving those in need, too.

Because of YOU; each of YOU, From the Heart is still able to contribute to our communities. We may not know who will receive our handmade items, but they will never forget YOU. They will never forget how YOU made them feel when they received a chemo hat, a blanket, hand warmers, a mask, a cute little bear, or toy or a wheelchair shawl, etc.

In July FtH received a heart-felt thank you and photo from a nurse at McGuire VA Medical Center. It read,

“Hello. My name is Angela and I work in the ICU at McGuire VA Medical Center. Thank you so, so much for the beautiful scrub hat. Any personal protective item that helps in our fight against COVID-19 is greatly appreciated. God Bless You.”



There are many more grateful recipients whose eyes light up with a broad smile and perhaps a little tear of gratitude with every item, because of YOU. Here are just three more:

“On behalf of staff and citizens served by the Chesterfield Colonial Heights Department of Social Services, I want to take this opportunity to express my sincere appreciation for the Personal Protective

Equipment for staff who are on the frontlines providing essential services on behalf of our agency. Your contributions have assisted us in continuing efforts to fulfill our mission in the face of the COVID-19 pandemic. We appreciate your expression of kindness and generosity. Thanks once again.

– Kiva Rogers, LCSW Director

“I wanted to thank you all for the BEAUTIFUL MASKS you made for the residents of Asbury Manor Apartments! I also received a beautiful beach-print one that I love. The residents were so happy to receive them and love them!

– Linda

“From the Heart Stitchers – your thoughtfulness, kindness and compassionate spirit are so very appreciated! Thank you so much for the beautiful little “Comfort Hearts” for the patients at St. Mary’s Hospital. They are so special – and will provide a tangible bond between our patients and their loved ones. I cannot thank you enough for this beautiful gift. Blessings to you!

– Christine

Donation Inventory Numbers

Previous Total	
Mid 2002 – 2020.....	348,542
2020	
Jan - June	35,086
July (as of July 26).....	5,522
Year to Date Total	40,608
Grand Total	389,150

Number of COVID-19 Items Donated

Here is a quick update on the number of COVID-19 items donated into our communities by From the Heart, as of July 26th, 2020.

Masks	21,291
Ear Eases	3,890
Surgical Caps.....	602
Pairs of Comfort Hearts.....	1,516

These are the numbers which have currently gone out and do not include anything we still have to deliver. Please note, however, that no more Comfort Hearts are needed at the moment.

Current Needs – August 2020

We are asking that you store any items you make, in your own home, until all the chaos around COVID-19 has settled down. We are requesting that you please tag items before bringing them in once we reopen. To print tags, go to:

www.fromtheheartstitchers.org/wp-content/uploads/2017/11/fth-tags.pdf

Tags should be printed on white card stock.

As mentioned earlier, you may also pick up tags at any of our designated drop off/pick up events.

Richmond and Surrounding areas:

- Fabric Masks
- Ear Savers/Protectors
- Surgical Caps
- Baby Hats
- Toys, Twiddle Muffs, Etc. For Memory Care
(see the article below about Memory Care items)

Note that we are arranging drop offs of these items at the Workshop so please keep your eyes open for those dates and times. If you know of a need and can deliver any items yourself, please let Lois (804) 305-4971 know how many you have delivered.

Also, please take note that when dropping off items at our drop off events, they need to be in plastic bags with the number of items and the date of bagging noted on the bag. Please have only one type of item in a bag.

Fredericksburg/King George has a need for:

- Masks
- Ear Savers
- Surgical Caps
- Baby Items
- Shirt Protectors for men and women

If you are in the Fredericksburg/King George area and making surgical caps, masks, or anything else for the pandemic, please contact Pam (540) 661-7967, to arrange for pick-up.

Requests for Memory Care Items

Are you wanting something different to make? We have begun to have requests for Memory Care items. You haven’t made anything for Memory Care before? No problem - here are some suggestions for you to consider.

Stuffed Animals - close to life size or at least big enough to hug. Store-bought ones that you add a homemade sweater to, ones that you make entirely yourself are great. Be sure any eyes or body parts are securely attached.

Loopy Scarves - in knit or crochet (pattern on our website and on page 324 in the blue *It's Magic* book).

Twiddle Muffs - (pattern on page 323 of the blue *It's Magic* book) Twiddle cuffs are a variation to fit an arm from wrist to elbow - maybe you have a mitt that has no mate? Add a fringe or ruffle or a contrast row of fun fur. Do not use beaded or chenille yarn. There are patterns at the end of the Newsletter for both a knit and a crochet Twiddle Muff or, as stated above, check the *It's Magic* book.

Crochet Wheelchair Wrap - (pattern on page 135 of the blue *It's Magic* book) or any of the knitted variations.

Plastic Canvas Needlepoint Blocks - these can be any size from 2 inches to 6. Adding a jingle bell inside before stitching it closed is a wonderful touch. The squares that make up the blocks need not be completely covered in stitches; if using colored canvas, the squares can even be made without any stitchwork at all. We sort the finished blocks into sets of 4-6 and place in a drawstring bag.

Lap Blankets - maybe add a fringe (has there been a crazy edging you have been just dying to try? Maybe add it to a small blanket you have already begun).

Aside from the stuffed animals, bright colors are much enjoyed. The brighter, the better! Remember many recipients are men. Textured yarns - fun fur, eyelash, etc. - add a nice touch. Maybe just a row or two in a blanket or shawl, or a link in the loopy scarf. Please avoid the use of buttons, as these can come loose and be swallowed.

Please continue to watch for notices about our on-going drop-offs at the workshop as we will now begin to accept memory care items in addition to COVID-19 items and baby hats soon. Yarn will be left out at the next drop off for those who wish to create Twiddle Muffs and we will start to accept them at the following drop off. Again, please place your tagged items for memory care in sealed plastic bags and write, on the outside of the bag, what is in it, how many of that item, and the date it was bagged and sealed.

As time goes on, we will be adding items we can collect to the list. We expect that, once times begin to return to something that resembles normal, From the Heart will be getting a lot of requests and we know that you have made, and are storing, many items at your homes. Because of the volume of work anticipated, we ask that

you tag your items before bringing them in. A tag template can be found on our website under the members section. Please note that tags need to be printed on white cardstock and hole punched in the upper left-hand corner. White yarn is used to attach tags to items and the yarn is tied in a bow, as opposed to knotted, as a bow is easier to undo. If there is any wool in the item you are tagging, please also attach a piece of red yarn to the item.

Tags may also be picked up at any of our drop-offs at the workshop.

For Your Browsing Pleasure

Sometimes it is good to see how other parts of the USA view knitting and crocheting. Visit the website www.ladiesfancysocietysociety.com and click on Big Stuff and Other Stuff and view yarn bombing on buildings and statues in Denver and other parts of Colorado. Then, visit www.theknittingspace.com for free colorful patterns that are multifaceted and different.

– Janet Spartzak

Richmond Drop-off/Pick-up Events

Drop offs take place, most weekends, in the alley behind our workshop and you can drop off anything we are currently accepting. Every now and again, these drop-off events will be combined with an opportunity for you to pick up yarn. We are currently accepting COVID-19 items, baby hats, and, in a couple of weeks, items for memory care. We continue to be unable to accept any other items at this time as we simply don't have the room to store them.

Please watch your email and our Facebook and website pages for notifications of which day and what time these events will take place. All the events are weather permitting only as they must take place outdoors.

Calendar Updates for August 2020

With the Commonwealth of Virginia slowly opening up, some of our groups may start meeting again. Group leaders will evaluate their own situation so check that the group is meeting before heading out. Once your meetings open up again, please DO NOT attend ANY meeting if you are feeling unwell in any way.

Tricia
(804) 683-9015
Triciaennis2014@gmail.com

Knitted Twiddle Muff (for use by Dementia/Alzheimer's Patients)

Materials:

Odds and ends of left-over yarn (you will need fun-fur, ribbon, or other fancy yarn for the body and 'normal' yarn for the cuff portion). Chunky is best but you can double light worsted to achieve a chunky weight yarn. Pom-poms, ribbons, knit curly Q's, ... anything you feel will add interest and is 'twiddly' yet safe. US size 10.5 or 11 needles straight or circular. Note that the muff is knit back and forth so do not knit in the round if using circulars.

Abbreviations:

k = Knit
p = Purl
sts = Stitches

Pattern:

Stockinette = knit 1 row, purl 1 row

Method:

For the cuff, cast on 42 sts with either one strand of plain, non-fancy chunky weight yarn or two strands of light worsted held together.

Work in stockinette stitch for ~ 11"

Now change to fancy yarn and proceed to knit the body as follows

Continue with stockinette stitch for an additional ~12" for a total of ~23",

switching yarns every couple of inches to vary the texture of the fabric

Cast off

Decorate the body (the fancy yarn part) as desired with pom poms, I-cords, ribbons. **DO NOT USE ANYTHING A DEMENTIA OR AUTISTIC PERSON MIGHT REMOVE – BE AWARE THAT THEY LIKE TO FIDDLE AND PULL ON THINGS.** Be sure EVERYTHING is very secure, as their purpose is to be played with. Sew the long sides of your muff together so as to form a tube using whichever method you prefer – if mattress stitch, join on the right side or you can have the purl side facing you and sew the edges together neatly. You do not need to weave in all the tails on the edges as you can 'hide' them inside the muff. Be sure not to leave gaps as you join the edges. If necessary, turn the muff right side out. Pull the cuff up inside the body and neatly sew the cast on edge to the cast-off edge (you will only need to sew these two together as the other side will be where the fold is and will not need to be joined).



Crocheted Twiddle Muff - Reprinted with permission from Shirley MacDonald, "Cherryred", Scotland

Instructions are given for two different diameters of muff and length can be adjusted by working more or fewer rows.

Note: Please make sure that all materials used are machine-washable.

Materials:

Worsted (#4) yarn, including fun furs but no beaded or chenille yarns

Size L crochet hook

Tapestry needle for weaving in ends

Finished dimensions:

S/M 10.5" long by 7" diameter, laid flat.

M/L 10.5" long by 7.5" diameter, laid flat.

Abbreviations:

ch = chain, hdc = half double crochet, mb = make bobble, rnd = round, sc = single crochet, sl = slip, st(s) = stitch(es)

To make a bobble (mb): [Yarn over hook, hook through stitch, yarn over and pull through 2 loops] 5 times in same stitch, yarn over and pull through all 6 loops on hook, 1 ch to secure (ch does not count as a stitch for next rnd.)

Pattern:

Inner/ outer sleeve: (make 2), keeping the inner sleeve plain but using bobbles, fancy yarns, fun fur yarns, ribbon yarns, etc. on outer sleeve. No chenille as this tends to fray.

Chain 36 (40). Taking care not to twist the chain slip stitch into furthest chain from hook to make a ring.

Rnd 1 (RS): Ch 1 (does not count as first stitch), 1 hdc in same ch, 1 hdc in each ch to end of rnd, place marker if using, 36 (40) sts.

Rnd 2: 1 hdc in each st to end, move marker to denote new end of rnd, 36 (40) sts.

**Rnds 3-21: Repeat rnd 2. (See note below about bobble rows)

Rnd 22: 1 hdc in each st until 1 st remains, 1 sc in next st, sl st in next st.

Fasten off and break yarn leaving a long tail (about 7', yes feet not inches) to be used for joining inner and outer cuff.

**Bobble round (bobble round can be worked as any round(s), in outer cuff only, as follows:

MB in next st, sc in next st to end of rnd. The chain 1 that secures each bobble does not count as a stitch and should be skipped on the next round.

Join inner and outer sleeves. Turn the inner sleeve inside-out and slip it inside the outer sleeve. Make sure that you have one long yarn tail at either open end. Using L hook and long yarn tail join the inner and outer sleeves together by working a round of sc, working into the starting chain of one layer and the final round of the other. Do this at each end to form a tube. Weave in all ends.



From the Heart Local Group Times

(Subject to Change : Check Before Heading out)

August 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 1-3pm
<p>2</p>	<p>3</p> <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10a-1p From the Heart Quilters Quilter's Corner 10am-1pm Midlothian Women's Group Starbucks, Ivy Mount Shopping Center, 10:00am 	<p>4</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera, Midlo & Chippenham 5:30-7:30pm North Courthouse Rd. Library 11am – 1pm Violet Bank Stitchers, 10am – noon Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Prince George Library 2:00 – 4:00pm Glen Allen Library Group, noon – 2pm Heritage Public Library, New Kent, 1:00pm 	<p>5</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 5:00pm McKenney Library 3:00 – 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm Mathews Group, 10:30a –2:00p Colony Critters, Patriot's Colony, Williamsburg. 1:30pm 	<p>6</p> <ul style="list-style-type: none"> Hopewell Library 10am – noon Firehouse Subs Midlothian: 4:30pm- 6:30pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm:30-5pm 	<p>7</p> <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>8</p> <p>Louisa Hardees 10am - noon</p>
<p>9</p>	<p>10</p> <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	<p>11</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Panera, Midlo & Chippenham 5:30-7:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm Glen Allen Library Group, noon – 2pm Montpelier Crafters 1 – 3pm 	<p>12</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Brandermill/Woodlake Group Panera, Brad McNeer Pky 6:30-8pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>13</p> <ul style="list-style-type: none"> Hopewell Library 5:30pm 7:30pm Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd, Mechanicsville 2:30-5pm 	<p>14</p> <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Kay's Krafters 1-5pm Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm 	<p>15</p> <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
<p>16</p>	<p>17</p> <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm From the Heart Quilters Quilter's Corner 10am-1pm Charles City County Library 1:00pm 	<p>18</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Fredericksburg Wegman's 2nd Fl Food Court - 5:30-7:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Panera, Midlo & Chippenham 5:30-7:30pm Prince George Library 2:00 – 4:00pm Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Violet Bank Stitchers, 10am – noon 	<p>19</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon McKenney Library (Ragsdale Room) 3:00 – 5:00pm Farmville Baptist Church, 132 N Main St, Farmville, 5:00pm Michael's, Midlothian Tnpk. & Courthouse Rd. noon-3:00pm 	<p>20</p> <ul style="list-style-type: none"> Hopewell Library 10am – noon Firehouse Subs Midlothian: 4:30pm- 6:30pm Mall Group Chesterfield Towne Center (food court) 9:00am-noon Hanover Fiber Arts, Panera, Mechanicsville 2:30-5pm 	<p>21</p> <ul style="list-style-type: none"> Starbucks, Huguenot Rd. 9:30am - noon Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>22</p> <ul style="list-style-type: none"> Redeemer Lutheran Redbridge Rd (Conf. room) 9-11am
<p>23</p>	<p>24</p> <ul style="list-style-type: none"> The Crossings at Bon Air 2pm Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm 	<p>25</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Fredericksburg : Redeemer Lutheran Church, 5120 Harrison Rd. 10:00am – 12:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Panera, Midlo & Chippenham 5:30-7:30pm Southside Stitchers (Richmond), Publix café on Forest Hill Ave. 7:00-9:00pm Violet Bank Stitchers, 10am – noon Montpelier Crafters 1 – 3pm 	<p>26</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, Elmcroft Retirement 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm Dinwiddie Library 1:00-3:00pm Brandermill/Woodlake Group Panera, Brad McNeer Pky 6:30-8pm Colonial Heights Senior Ctr 10-noon Farmville Baptist Church, 5:00pm 	<p>27</p> <ul style="list-style-type: none"> Hopewell Library 5:30-7:30pm Summerhill Retirement Ctr. 1:30-3:30pm Hanover Fiber Arts, Panera Bread, 7225 Bell Creek Rd. Mechanicsville 2:30-5pm 	<p>28</p> <ul style="list-style-type: none"> Starbucks Huguenot Rd 9:30am – noon Kay's Krafters 1-5pm Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm 	<p>29</p>
<p>30</p>	<p>31</p>					

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd	1:00pm	Charles City County Library (804) 652-2450
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am–12:30p	
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30–7:30pm	
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st , 3 rd	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Hanover Fiber Arts	Panera Bread, 7225 Bell Creek Road	Mechanicsville	Thursday, every	2:30pm-5pm	Evie Knoeller, 292-5753, hanoverfiberarts@gmail.com
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st	1pm	Heritage Public Library, 804-966-2480
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am-noon	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	
Midlothian Women's Group	Starbucks, Ivy Mount Shopping Ctr	Midlothian	Monday 1 st /Friday 3 rd	10:00am / 2:00pm	
Montpelier Crafters	Montpelier Ctr for the Arts and Educ.	Montpelier	Tuesday 2 nd , 4 th	1–3pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex Dec)	9–11am	
Southside Stitchers, Richmond	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every	7-9pm	Patricia Selinger 804-467-5699
Starbucks	5001 Huguenot Road	Richmond	Friday every	9:30am-noon	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395