

Knitted Port Pillow

by Evie Knoeller

Skills you must know before attempting to make pillow: Casting on, Knit stitch, purl stitch, binding off, making an I-cord, holding stitches, sewing with yarn.

Materials: US size 8 double pointed knitting needles, any yarn to match correct gauge (results will be best with soft yarn that suggest size 8 needles), at least 15 locking stitch markers, yarn needle.

Directions:

Cast on 14 stitches.

Knit garter stitch the first 3 rows

4th row: Knit 3 stitches, purl 8, knit 3

5th row: Knit all stitches

Repeat 4th and 5th row 34 more times, resulting in stockinette stitch with a garter border

Knit 3 garter rows

Bind off, weave in ends (or save yarn "tails" to use for sewing)

Repeat the above steps so that you have 2 panels. They should be approximately 3 and a quarter inches wide, by 6 and a half inches long, measuring in middle. They might curl slightly depending on the yarn, but they will not when everything has been sewn together.

Make two 8" I-cords using cast on of 3. Save the loops when you are finished, meaning do not bind off. Hold the three loops open with your stitch markers (or use short strands of yarn to do this)

Sew I-cords to the pillow panels, one at a time. You will start by laying your panel wrong side up on your working surface. Measure to the halfway point in your panel, then place three stitch markers to highlight the three stitches where you want to sew your I-cord. They should be sewn exactly at the seam where the garter stitch meets the stockinette, three in a row. Line up your I-cord "loops" you did not bind off, and sew them to the seam of your panel, using a 10" strand of the same yarn you are working with. Do the same on the other side, with your second I-cord.

Lay second panel on top of the first. Use a few discarded stitch markers to hold pieces together. Use mattress stitch to sew both short edges and one of the long edges together. Stuff pillow with fill, not too tightly or the pillow will be too stiff, not too loosely or the pillow will be too floppy. Sew last edge. Weave in any ends that were not hidden inside of pillow. Admire your work!

Thank you for donating your time and effort. From the Heart works hard and enjoys providing safety and comfort for our recipients. From our heart to yours <3

