

Twiddle Mitts, Crochet version



From the Heart is getting a lot of requests for items for Memory Care patients. These Twiddle Mitts can be a lot of fun to make. If you like to make crochet Dialysis Mitts, this pattern is exactly the same, with rows of novelty yarn added for our Memory Care friends to enjoy.

Items required

Imagination, a sense of humor, and a willingness to improvise
yarn - worsted, sock, chunky - whatever is in your stash or calls to you in the scrap bins
novelty yarn - fun fur, eyelash, boa, pompom, textured yarn of any kind
odds and ends - leftovers swatches, granny squares, motifs
Hook - compatible with main yarn. Sample used J hook with worsted weight yarn.

General Notes

Bright colors are very popular, the wilder the better. Variegated is fine.

Please no beads or buttons, as these can present a choking hazard

Attach all portions sewn on very securely. They will be tugged on a lot! Secure yarn tails and ends of stitches firmly for the same reason.

Try to limit the contrast sections to 3-5, to avoid overwhelming the recipient

The mitt is about 14 inches long and 9-11 inches wide, running from knuckles to elbow. Adjust stitch count and hook size if using a lighter or chunkier yarn than worsted.

Leave a long initial tail for sewing together

Chain 35, turn

Half Double crochet in second chain and across

All remaining rows: half double in every stitch across, chain 1 to turn.

Every 3rd or 4th row, work in a novelty yarn. Any thin yarn , like Fun fur, eyelash, or boa, can be held double with the main yarn. Thicker novelty yarns might be better worked alone, so cut the main yarn and change to the new yarn if needed. Use your judgment as to how many rows for the novelty yarn - 2 or 3, maybe only 1 if you have only a small amount. Then switch back to

the main yarn. Or add in a new color in a similar weight. (Told you you'd need a willingness to improvise!) Work in tails securely as you go.

When piece is 9-11 inches long, fasten off, leaving a long tail for sewing or leave attached for a slip stitch seam. Fold the piece in half , sew or slipstitch the starting row to the final row, beginning from one end to about 5 inches from the beginning, fasten off and secure. Starting from the other end, sew 2-3 inches, leaving an opening for the thumb.

If you wish, single or half double crochet around the top and bottom with a novelty yarn.

You might have fun with picots, loop stitch, or chain loops for a row
OR work 4 or 5 rows in the main color, then add a sewn on pocket with a small treat inside, like a comfort heart.

OR sew on some pompoms, curlicues or other shapes (just be sure to sew them on securely, able to withstand being tugged)

OR take a UFO that is about 9 by 11-14 inches, deck it with rows of novelty yarn, sew side seams and crochet ribbing along the top and bottom for a cuff. Front post back post stitch makes a nice rib, or work the ribbing separately and sew it on.

Have fun!

Here are a few others that might give you some ideas...not all made quite the same way. Feel free to experiment! If it fits on your arm comfortably, looks appealing, is fun to touch, and all parts are secure, someone will love it!



Nancy Wright