



Grateful Thread – August 2021

1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitchers
www.fromtheheartstitchers.org

Continuing From the Heart's Soft Reopening

The Board has had a discussion, via email, since the CDC issued its recommendation that even vaccinated people should wear a mask indoors in certain places and environments. We have decided that, in the best interests of our membership and their friends and families and in accord with what we have done to help protect our membership since the beginning of this pandemic, we will return to mask wearing inside the workshop, starting on Saturday, July 31. Hopefully, this is a situation which will not last too long.

The From the Heart workshop is open from 10am until 2pm 4 days a week: Tuesday, Wednesday, Thursday, and Saturday. There is no need to sign up although the number allowed inside the workshop continues to be capped at 10, which includes the 2 Elves.

You may enter the workshop to get yarn and, if you are not staying, you will not be included in the count of 10 people. For the time being, we will continue to keep a written record of who enters, although we will no longer take temperatures as you enter.

Please do not come to the workshop if you have a cold or other illness or have been in the company of someone who has been, or is, ill.

Please continue to tag your completed projects before dropping them off but it is no longer necessary to bag them. If you do bag them, please include a list of what is in the bag. There will be a bin outside for you to drop your items into if you don't want to enter the workshop.

Letter from Lois – August 2021

Summer is upon us! Be sure to keep going with your exercise. If you can, take early morning walks before temperatures rise. Stay well hydrated and save your stitching for late day, in air-conditioned spaces. That blanket you are creating just might give YOU warmth when evening indoor temperatures are a bit too cool!

From the Heart meetings are beginning to ease back to near normal. A majority of our recipients have reopened to receiving our items so, it seems we are off and running again. Keep those much-coveted projects coming, stitch items that give you the most pleasure...we'll certainly find homes for them!

We've made it this far. If mask wearing returns, if fall booster virus shots become necessary...we'll just do what we have to. We've got this! We know the routine, and thankfully, we have our stitching and we have each other!

Lois

From the Heart 2021 Retreat – Woodlands

As you are all aware, we are planning From the Heart's Annual Retreat "Woodlands" for Saturday October 2, 2021. The theme for this year is Woodlands so feel free to start planning your look now. The registration form is included with this newsletter and registration opens on July 1 and closes on September 15, after which time no refunds will be permitted. Substitutions will be allowed, however, for any reason. The registration cost for the Retreat is \$40 which offsets the cost of renting The Place and pays for the sit-down lunch.

In light of the fact that we prefer that people not be too crowded together this year and not be handling the same cutlery as happens with a buffet, we have arranged with The Place for boxed lunches. There are three options, as listed on the Registration Form, and you should circle your choice when completing the form. If using the same form to register more than one person, please be sure to clearly note which person wants which option.

Our classes this year will be:

- Make a Crocheted Snowflake, Lois Little
- Crocheted Mosaic Stitch, Francine Nelson/Joyce Puller
- Norwegian Purl Knitting, Johnnie Wood

Registration for these classes is now open so please let Tricia (triciaennis2014@gmail.com, 804-683-9015) or Kulla (kulla.ficare@verison.net, 804-263-5480) know if you want to be registered to attend. As always, our classes

are offered free of charge. Please note that the crochet classes will be offered simultaneously, and the knitting class will be offered at a different time from the crochet.

Our vendors, this year, will all be locally owned businesses:

- Dances With Wool (Debbie Floyd) – yarn, patterns, and accessories for knitting and crocheting
- Sheila Weisensale's Creations – cards, magnets, framed pictures created using flowers from Sheila's garden along with her paper crafting skills
- Merry Soap Makers (Mary Atkins) -Natural, handmade soaps and lotions
- Ever Blooming - Glass Decorations for your Garden (Cas Schirra)
- Key Clayworks – hand thrown pottery including vases and yarn bowls (Keyser Glancy)

Our speakers will be:

- Judy Jamison, MCV Volunteer
- Makita Byrd, Domestic Abuse Shelter/YMCA
- Bev Gibson or representative, Vessels of Mercy
- From the Heart Board Member, Navigating From the Heart through COVID-19

In addition to these speakers, vendors, classes, and seated boxed lunch, each attendee will receive a really nice tote bag and have the opportunity to win a door, a table and/or raffle prize. Raffle tickets will be \$1 each or 6 for \$5. See photo of some of the beautiful hand-made items donated to From the Heart to be used as raffle and door prizes this year. As you are, no doubt, aware all of these items are unique, one-of-a-kind as each and every one has been hand crafted by a From the Heart member.



This year will see the return of our "Mystery Yarn Bags". The suggested donation for these bags, will be \$5 apiece

and they will contain a minimum of \$50 worth of yarn plus, perhaps, a couple of knitting or crocheting tools or notions in some bags for good measure. See photo for example of what a bag may contain.



Our retreat is always (but especially this year) full of fun and camaraderie. Register soon so you won't be left out.

Fredericksburg News and Catch Up

First off, an enormous THANK YOU to everyone who dropped off items at our event on Tuesday, the 20th. It is always so thrilling to see the beautiful items you create. So many of you have continued to work diligently to enable From the Heart to continue its mission during these past difficult 17 months and I know the recipients we donate to are just as thrilled to see your creations as I am.

Many of you have been asking when we will be able to resume our regular meetings at Redeemer Lutheran Church. We are working on being able to resume the meetings starting in September. Be on the outlook for more information to come in the next couple of weeks as plans are worked on.

Pam Greswolde, 540.661.7967
pegreswolde@comcast.net

Elf of the Month – July 2021

At the end of each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month.

Congratulations to **Sally Connock**, a fairly new elf, who is the Elf of the Month for July 2021. Next time you are at the workshop, Sally, please select some of the nicer yarn for your personal use in a non-FtH project.

If you are not currently volunteering as an elf and would like to find out what is involved, please contact one of the schedulers. Our schedulers are:

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)
Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

And our newest scheduler...

Keyser Glancy, who can be reached at
keysersglancy@gmail.com,
804-402-0985



Welcome, Keyser, and thank you for joining From the Heart's scheduling team.

Current Needs – August 2021

Please tag items before bringing them to the workshop, it is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open.

If you know of a need and can deliver any items yourself in the Richmond area, please let Beth Watkins know at bethwatkins.fth@gmail.com know what and how many you have delivered. Fredericksburg/King George area please contact Pam (540) 661-7967, to arrange for pick-up or delivery or if you deliver any items.

Richmond and Surrounding areas have a need for:

- Baby blankets in-non-gender colors. knit, crochet, flannel, or fleece
- Knit infant hats – 2x2 rib
- Soft squishable toys, no hard parts
- Totes - wheelchair and walker styles
- Fleece blankets in all sizes
- Memory care items (see patterns near end of newsletter)
- Masks in all sizes for the Native American reservations
- Masks in children's sizes in readiness for schools reopening
- Long Dialysis mitts (fingertips to elbows)

Fredericksburg/King George has a need for:

- Hats of all sizes – preschool to adult (male & female)
- Scarves – children and adults
- Book and walker totes for men and women
- Toys

Patterns for most of these items can be found on our website, <https://fromtheheartstitchers.org/patterns/> but feel free to make whatever you feel like making.

Amazon Smile

From the Heart received \$81.16 last quarter as a result of your using Amazon Smile when you shopped on Amazon. If you use smile.Amazon, rather than Amazon, .5% of the cost of your purchase will be automatically donated to From the Heart as we are a listed charity in Amazon's system. Half of one percent may not seem like a lot, but it does mount up over time and it costs you absolutely nothing.

By clicking on the link below, you will be taken directly to smile.Amazon where you will be asked if you want to support From the Heart.

<https://smile.Amazon.com/ch/20-3290248>



You will be walked through a process so that you can save your Amazon account to automatically take you to smile. Amazon every time you open Amazon, rather than simply Amazon. Please note that, to donate, you MUST use smile. Amazon. You might want to save this link to your favorites for easy access.

You can keep track of how much has been donated from your purchases by click on your Account and Lists tab and checking under Your AmazonSmile. Donations take a little time to show up and only begin to show after your donated amount is equal to at least \$5, so don't expect to see anything immediately.

If you already have a Smile account to donate to your own favorite charity, it is easy to change it if you wish.

Don't hesitate to ask if you have any questions and, as always, thank you for everything you do.

Tricia
triciaennis2014@gmail.com (804)683-9015

For Your Browsing Pleasure

We have just left July and there are 152 days before Christmas. Is this the year you make Christmas 2021 a Knitmas for your friends and relatives? For really great patterns for small Christmas items such as lovely bookmarks, doilies and succulent scrubbies turn to www.Draiguna.com. Continue on to willowyarns.com for patterns for wall hangings, pillows, socks, bags, scarves and hats, and even a hammock. Yarnspirations is all ready with Christmas and Santa items on its first screen. Take a look at a crochet notions case and a knit box bag there. Craftgossip.com offers dreamcatchers and blankets to crochet and several tops to knit. Lots of ways to use up your scrap and leftover yarn. Making little items is also great for odd sections of time like appointments and waiting to pick/up.

Janet Sparzak

Tip of the Month How to Neaten the Last Stitch of a Bind-off

Regardless of how long a person has been knitting, it is sometimes the case that the very last stitch of a bind off ends up being too loose, giving a somewhat sloppy edge to the finish unless extra time is taken in weaving in the ends. Here is an easy way to make sure your bind off looks nice and neat on the last stitch.

1. Instead of knitting the last stitch, just slip it to

your right-hand needle.

2. With the right-hand needle, pick up the back loop of the stitch **one row below** and lift it (just lift – do not knit) to your knitting needle.
3. Slip both of these stitches back to the left needle.
4. Knit these two stitches together (as shown in photo).
5. Then bind off the last two stitches as you normally would.



Donation Inventory Numbers as of July 26

Previous Total

Mid 2002 – 2020 425,305

2021

January/June22,214

July (as of 26th).....2,946

Year to Date Total.....25,160

Grand Total 450,465

Covid Items Donated Numbers as of July 26

Face masks40,199

Ear Saver 6,087

Surgical Hats2,560

Comfort Hearts 1,536

Total 50,362

Tom Daley Knits and Crochets

British diver Tom Daley, who won a gold medal in the Tokyo 2020 Olympics in men's synchronized 10-meter platform with his diving buddy, Matty Lee acquired additional skills during the pandemic. He learned to knit and crochet.

Daley posted to his Instagram page

“THANK YOU TO ALL MY FELLOW STITCHERS.

Learning to knit and crochet has helped me so much through these Olympics and we won GOLD yesterday I made a little medal case too!”

The little knitted pouch is to keep the medal safe and protect it from getting scratched. It has the Union Jack (British flag) on one side and the Japanese flag on the other.

Go Tom!



From the Heart
16th Annual Retreat Registration Form
“Woodlands”

October 2, 2021, 10:00 am to 3:30 pm
The Place at Innsbrook, 4036 Cox Rd., Glen Allen, VA 23060

Your Name: _____

Address: _____

Phone: (h) _____ (c) _____

Email: _____

Circle which boxed lunch you would like to receive. Sandwich boxes Includes a bag of chips, freshly baked cookie, potato salad, bottled and a bottle of water, cutlery kits & appropriate condiments. Bottled water, a cookie, and crackers are included with the salad option. Hot tea and coffee will also be available.

- 1) **Sliced Roast Beef with Cheddar**, lettuce & ripe tomato on multigrain bread
- 2) **Vegetarian Wrap**, roasted peppers, onions, zucchini, squash & balsamic vinaigrette
- 3) **Orange Pecan Salad**, fresh greens, ripe tomatoes, red onion, glazed pecans, mandarin oranges & raspberry vinaigrette

(1) Add chicken to the Orange Pecan Salad (please circle) YES NO

DO YOU HAVE ANY KNOWN FOOD ALLERGIES? IF SO, TO WHAT? _____

ONLY FORMS MAILED TO ADDRESS BELOW WILL BE ACCEPTED:

Beth Williamson
3014 Westgate Drive
Richmond, VA 23235
804-233-4046 (h), 804-920-1542 (c)
elizabethwilliamson3300@comcast.net

Registration Fee \$40.00 per person (used to assist and defray the cost of running the Retreat.)

****Make Check Payable to From the Heart****

Your check #: _____ Amount: _____

For planning purposes, registration must be *received* on or before September 15th, 2021. Share the fun, bring a friend! Use one form for several attendees but be sure to note who wants which boxed lunch. Given the large number of people attending past Retreats and the difficulties posed by walk-ins on the day of the Retreat, **there will be no walk-ins** allowed so be sure to register both yourself and any friends in time for Beth to have your form(s) in hand on or before September 15.

No refunds will be given after September 15th, but substitutions will be allowed for any reason.

Knitted Twiddle Muff (for use by Dementia/Alzheimer's Patients)

Materials:

Odds and ends of left-over yarn (you will need fun-fur, ribbon, or other fancy yarn for the body and 'normal' yarn for the cuff portion). Chunky is best but you can double light worsted to achieve a chunky weight yarn. Pom-poms, ribbons, knit curly Q's,... anything you feel will add interest and is 'twiddly' yet safe. US size 10.5 or 11 needles straight or circular. Note that the muff is knit back and forth so do not knit in the round if using circulars.

Abbreviations:

k = Knit

p = Purl

sts = Stitches

Pattern:

Stockinette = knit 1 row, purl 1 row

Method:

For the cuff, cast on 42 sts with either one strand of plain, non-fancy chunky weight yarn or two strands of light worsted held together.

Work in stockinette stitch for ~ 11"

Now change to fancy yarn and proceed to knit the body as follows

Continue with stockinette stitch for an additional ~12" for a total of ~23", switching yarns every couple of inches to vary the texture of the fabric

Cast off



Decorate the body (the fancy yarn part) as desired with pom poms, I-cords, ribbons. **DO NOT USE ANYTHING A DEMENTIA OR AUTISTIC PERSON MIGHT REMOVE – BE AWARE THAT THEY LIKE TO FIDDLE AND PULL ON THINGS.** Be sure EVERYTHING is very secure, as their purpose is to be played with. Sew the long sides of your muff together so as to form a tube using whichever method you prefer – if mattress stitch, join on the right side or you can have the purl side facing you and sew the edges together neatly. You do not need to weave in all the tails on the edges as you can 'hide' them inside the muff. Be sure not to leave gaps as you join the edges. If necessary, turn the muff right side out. Pull the cuff up inside the body and neatly sew the cast on edge to the cast-off edge (you will only need to sew these two together as the other side will be where the fold is and will not need to be joined).

Crocheted Twiddle Muff - Reprinted with permission from Shirley MacDonald, "Cherryred", Scotland

Instructions are given for two different diameters of muff and length can be adjusted by working more or fewer rows. **Note:** Please make sure that all materials used are machine-washable.

Materials:

Worsted (#4) yarn, including fun furs but no beaded or chenille yarns

Size L crochet hook

Tapestry needle for weaving in ends

Finished dimensions:

S/M 10.5" long by 7" diameter, laid flat.

M/L 10.5" long by 7.5" diameter, laid flat.

Abbreviations:

ch = chain, hdc = half double crochet, mb = make bobble, rnd = round, sc = single crochet, sl = slip, st(s) = stitch(es)

To make a bobble (mb): [Yarn over hook, hook through stitch, yo [and pull through 2 loops] 5 times in same stitch, yarn over and pull through all 6 loops on hook, 1 ch to secure (ch does not count as a stitch for next rnd.)

Pattern:

Inner/ outer sleeve: (make 2), keeping the inner sleeve plain but using bobbles, fancy yarns, fun fur yarns, ribbon yarns, etc. on outer sleeve. No chenille as this tends to fray.

Chain 36 (40). Taking care not to twist the chain slip stitch into furthest chain from hook to make a ring.

Rnd 1 (RS): Ch 1 (does not count as first stitch), 1 hdc in same ch, 1 hdc in each ch to end of rnd, place marker if using, 36 (40) sts.

Rnd 2: 1 hdc in each st to end, move marker to denote new end of rnd, 36 (40) sts.

**Rnds 3-21: Repeat rnd 2. (See note below about bobble rows)

Rnd 22: 1 hdc in each st until 1 st remains, 1 sc in next st, sl st in next st.

Fasten off & break yarn leaving a long tail (about 7 feet) to be used for joining inner and outer cuff.

**Bobble round (bobble round can be worked as any round(s), in outer cuff only, as follows:

MB in next st, sc in next st to end of rnd. The chain 1 that secures each bobble does not count as a stitch and should be skipped on the next round.

Join inner and outer sleeves. Turn the inner sleeve inside-out and slip it inside the outer sleeve. Make sure that you have one long yarn tail at either open end. Using L hook and long yarn tail join the inner and outer sleeves together by working a round of sc, working into the starting chain of one layer and the final round of the other.

Do this at each end to form a tube.

Weave in all ends.



From the Heart Local Group Times

Subject to Change Check Before Heading Out

August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <ul style="list-style-type: none"> Stonebridge Rec.Ctr. 10a-1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Sycamore Square Quilt Shop 10am- 1om Mask required if not vaccinated or for comfort 	3 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd. Library 11am – 1pm Violet Bank Stitchers, 10am – noon Glen Allen Library Group, noon – 2pm Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) Southside RVA Stitchers (7pm via Zoom) 	4 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Colony Critters, Patriot's Col McKenney Library 3:00 – 5:00pm 	5 <ul style="list-style-type: none"> Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	6 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	7 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 1-3pm
8	9 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	10 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Glen Allen Library Group, noon – 2pm Southside RVA Stitchers (7pm via Zoom) 	11 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	12	13 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	14 <ul style="list-style-type: none"> Louisa Hardees 10am – noon
15	16 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom) 	17 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers (7pm via Zoom) 	18 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	19 <ul style="list-style-type: none"> Mall Group Chesterfield Towne Center (food court) 9:00am-noon 	20 <ul style="list-style-type: none"> Starbucks, Huguenot Rd, 9:30am – noon Five Rivers Fiber Guild Heathsville. 10am – noon 	21 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
22	23 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	24 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers (7pm via Zoom)) 	25 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon McKenney Library (Ragsdale Room) 3:00 – 5:00pm Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	26 <ul style="list-style-type: none"> Summerhill Retirement Ctr 1:30 – 3:30pm 	27 <ul style="list-style-type: none"> Starbucks, Huguenot Rd. 9:30am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Five Rivers Fiber Guild Heathsville. 10am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	28 <ul style="list-style-type: none"> Redeemer Lutheran 9400 Redbridge Rd. (Conf. room) 9:00 – 11:00am.
29	30 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	31 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm Glen Allen Library Group, noon – 2pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers (7pm via Zoom)) 				

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329 Not Currently Meeting
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	Not Currently Meeting
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 st , 3 rd	9am-noon	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpl. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex Dec)	9-11am	
Southside RVA Stitchers	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Starbucks	5001 Huguenot Road	Richmond	Friday, every	9:30am-noon	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395