

Continuing From the Heart's Soft Reopening

The From the Heart workshop is open from 10am until 2pm 4 days a week: Tuesday, Wednesday, Thursday, and Saturday. The total number allowed inside the workshop at any given time continues to be capped at 10, which includes the 2 Elves. In accord with current CDC guidelines, we are requiring that masks be worn by those who come into the workshop.

You may enter the workshop to get yarn and, if you are not staying, you will not be included in the count of 10 people. We are continuing to keep a written record of who enters, although we will no longer take temperatures as you enter.

Please do not come to the workshop if you have a cold or other illness or have been in the company of someone who has been, or is, ill.

Please continue to tag your completed projects before dropping them off but it is no longer necessary to bag them. If you do bag them, please include a list of what is in the bag. There will be a bin outside for you to drop your items into if you don't want to enter the workshop.

Please note you do not need to enter the workshop or sign in if you are simply dropping items in the bin outside.

1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitchers
www.fromtheheartstitchers.org
Grateful Thread – October 2021
Cent with Love...

From the Heart

Letter from Lois – October 2021

The temperatures are changing. Should this make a difference in our yarn choices for stitching?

Since the majority of the most requested items are for patients and residents in hospitals, hospices, memory care and assisted living facilities, not much differs temperature wise day to day for them. The thermostat in those places varies very little from season to season.

For our blankets and shawls for adults, children, and babies, we will continue to use our acrylics as these are durable, easy care and can be oh, so soft! Items that are laundered so often such as these, will last for a very long time. Blanket squares are most often made of acrylic. When stitched together they will last a very long time and give so much comfort!

For hats for fall into winter, again, you can't go wrong with acrylic! Especially for children. Their hats seem to require washing almost after every use! Chemo hats just really need to be as soft as possible. Acrylics give the warmth needed for a hairless head. A scalp bared by the use of chemo infusions is very sensitive and acrylics give a tenderness needed by the folks needing to wear these.

Though acrylic seems to be our go-to yarn of choice for most everything we create, there are times when washable wool and wool blends are better suited. Notice I said, 'washable wool'. The reason for this is that a good bit of 100% wool fiber will felt. "When the little fibers of wool are exposed to moisture, heat, and agitation, they cling and tangle together and - voila - felt! But the felting process is a one-way street - once felted, you can never to back!" (this from google). Items felted normally become smaller than before that process was begun.

Washable wool and wool blends are super handy in keeping outdoor folks warm, even in extremely cold temperature. For this reason, these are our yarns of choice when we are doing our best to help Children Incorporated by stitching hats, scarves, gloves, mittens, fingerless mitts, vests and sweaters for homeless individuals as well as for children and adults, not only locally but through the Appalachian areas each winter.

Then there are our washcloths and toys. For washcloths most definitely COTTON! Durability is a must. Keeping its shape is a great characteristic as well.

Cotton works very well for toys for infants and smaller children as these do need to be sanitized quite often. Softer fibers are more appreciated by our friends in

memory care as they feel just right when snuggling with their favorite "pal". We do use quite a few of our leftovers, whether acrylic or cotton to fashion clothing for our donated dolls and bears.

I hope these guidelines are of use to you. Whether you choose your yarn first or your pattern, make certain it a project you will enjoy creating and be proud of once it's completed. We look forward to receiving whatever you decide works for you. I'm certain it will be absolutely appreciated by its recipient!

Stay safe, stay healthy and enjoy every single stitch you make!

Lois

From the Heart 2021 Retreat – Woodlands

Registration for our Retreat on October 2nd has closed, and we are all greatly looking forward to the event itself. Although no refunds are permitted at this time, substitutions will be allowed for any reason.

As things stand now, with the Delta variant, everybody is requested to please wear a mask while inside the building. If you feel, at any time during the day, that you need a break from the mask, The Place does have plenty of green space off the Pavilion, Innsbrook, and Garden Rooms. In addition, you should feel free to eat your lunch outside should you so wish.

If you are already registered for the Retreat, there is still some space left in our classes for you to reserve a seat. **The classes** being offered are:

- Make a Crocheted Snowflake, Lois Little
- Crocheted Mosaic Stitch, Francine Nelson/Joyce Puller
- Norwegian Purl Knitting, Johnnie Wood



Please let Tricia (triciaennis2014@gmail.com, 804-683-9015) or Kulla (kulla.ficare@verizon.net, 804-263-5480) know if you want to attend a class.

Our vendors are:

- Dances With Wool (Debbie Floyd) – yarn, patterns, and accessories for knitting and crocheting
- Sheila Weisensale's Creations – cards, magnets,

framed pictures created using flowers from Sheila's garden along with her paper crafting skills

- Merry Soap Makers (Mary Atkins) -Natural, handmade soaps and lotions
- Ever Blooming - Glass Decorations for your Garden (Cas Schirra)
- Key Clayworks – hand thrown pottery including vases and yarn bowls (Keyser Glancy)

Our speakers are:

- Judy Jamison, MCV Volunteer
- Bev Gibson, Vessels of Mercy International
- From the Heart Board Member, Navigating From the Heart through COVID-19



In addition to these speakers, vendors, classes, and seated boxed lunch, each attendee will receive a really nice tote bag and have the opportunity to win a door, a table and/or raffle prize. Raffle tickets will be \$1 each or 6 for \$5.

We will also have the return of our "Mystery Yarn Bags". The suggested donation for these bags, will be \$5 apiece and they will contain a minimum of \$50 worth of yarn plus, perhaps, a couple of knitting or crocheting tools or notions in some bags for good measure. In order to "crowd control", you will need to purchase a grab bag ticket at the raffle table before selecting your grab bag(s).



Please bear in mind that most of our vendors and, also, our raffle table are not in a position to accept credit cards so bring your check book or cash.

Masks notwithstanding, I am looking forward to seeing everyone at our 2021 "Woodlands" retreat. This will be the most fun we have had in almost two years 😊

Fredericksburg Meetings & Ruritan Pickup/Drop Off

Fredericksburg Meetings & Ruritan Pickup/Drop Off
First off, an enormous THANK YOU to everyone who dropped off items at our event on Tuesday 9/14. After the drop off we were able to deliver over 1,800 items! We had

some extremely happy recipients who were amazed at the beautiful items you create for them! A big heartfelt THANK YOU from each of them!

While we were hoping to resume meeting, given that cases are on the rise and most of our members are in the upper age bracket, it is best (and safest) if we continue with our curbside drop offs.

We have scheduled another **Curbside** Drop off / pickup at the Ruritan for Tuesday 10/19/21.

The current needs are as follows: however, as we always say, make what you enjoy making.

- Baby blankets – No baby hats
- Lap blankets – men & women
- Kids blankets – Bright & colorful 36"-48" square or rectangle
- Masks for preschool to elementary school (preferably one side solid)
- Hats – preschool through adult
- Wheelchair and walker totes
- Toys

If you want to pick up supplies, I will need the following information from you by Thursday, 10/14 by 5:00 PM. After that we will be bagging the supplies and will do my best to provide what you are asking for.

- Your name
- What you would like to drop off
- # of finished items
- types of items
- approx. count would be very helpful.

What supplies do you need?

- fabric to make book totes or walker totes
- ribbon for book totes or Velcro for walker totes
- tags so you can turn things in already tagged going forward
- If you need yarn:
 - what yarn would you prefer by weight and color
 - Weight = #4, #3 etc. or tell me if you want worsted, sport, chunky, etc.
 - Color, what color(s) or variegated
 - A big bag of leftovers for making??? We have an abundant supply of them.
- Any other information you might think pertinent

We will be open for receiving finished items and picking up supplies only – from 10:00am – noon. When you arrive, please text me (with your name and vehicle color). We will bring out your supplies and pick up your completed items. Click [here](#) for directions to the building.

Thank you so much for all you do for From the Heart. I know all the locations we deliver to are going to be very appreciative of the items we will be able to deliver to them. Please do all you can to keep yourself and those around you safe and again, thank you for all you do to help us continuing to deliver items during these challenging times.

Pam Greswolde 540.661.7967
pegreswolde@comcast.net

Tip of the Month What Can You Do About Yarn That Splits?

Yarn is wound in different numbers of plies, or strands of thinner yarn wound together to make a thicker yarn. Sometimes, when working with plied yarn the yarn can split or unravel at the ply level. Is there anything that can be done to make this happen less often? Here are a few quick tricks if you are working with a yarn you know tends to split.

Bearing in mind that a yarn is more likely to split if it rolls around a lot or falls off the couch causing unraveling, which requires you to wind it back up which causes the twist in the yarn to loosen.

1. **Try** putting the very start of your yarn through a **pony bead**. Keeping the yarn together as long as possible helps to prevent the plies from separating.
2. **Try a yarn bowl:** These convenient creations will certainly help keep your yarn from rolling around of falling off the couch thus requiring less rewinding. It stands to reason that if you have to re-wind your yarn less, the yarn will also split less. We will have some lovely yarn bowls at the raffle table at the retreat so you might want to keep that in mind and bring a couple of dollars for tickets.
3. **You might be using too small** a needle or hook. A larger needle or looser tension makes the stitches bigger and easier to get the needle into so the yarn is less likely to split.



From the Heart Quilters



From the Heart Quilters group is meeting monthly at Quilters Corner in Sycamore Square, 1st and 3rd Mondays, 10:00-1:00. Please join us for our **next meeting October 4th**. All skill levels welcome.

Questions, call Betsy Vest, 804-747-0297

Good Reasons to Knit or Crochet

1. **Knitting/crocheting calms one down.** The repetitive rhythmic movements are relaxing and keep you centered, helping you de-stress.
2. **They help you to slow your pace.** In this fast-moving world, it's nice to take the time to do something that makes you focus on the present.
3. **You can take it with you.** You can knit or crochet anywhere, waiting for appointments, traveling, etc.
4. **Knitting/crocheting encourage you to be artistic.** Go beyond making lovely things to wear. Try making something beautiful for your home, a pillow perhaps or a wall hanging. Use your imagination.
5. **Create for those in need.** Something we all do.
6. **It helps build your confidence and pride.** It's thrilling to hold up something you've just made with your own two hands.
7. **Knitting and crocheting can help you find new friends.** Knit or crochet in public. You'd be surprised how many people will ask you what you are making.
8. **Knitting and crocheting can help build better family relationships.** Teach your children or grandchildren to knit or crochet.



I'm sure we have all seen bags, mugs, cups with this saying on it. The same saying can just as easily be applied to crochet. 😊

Current Needs – October 2021

Please tag items before bringing them to the workshop, it is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open.

If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-497. Fredericksburg/King George area please contact Pam (540) 661-7967.

Richmond and Surrounding areas have a need for:

- Scarves to match with hats already at the workshop (hat and scarf sets will be needed soon and are currently being “created”). See patterns towards the end of this newsletter
- Hats: for children aged 6-16, for men, soft chemo hats, teal hats for uterine cancer, 2X2 rib, knit hats for newborns at St. Mary's Hospital

- Soft squishable toys, no hard parts
- Izzy dolls/bears (lots of patterns on Ravelry)
- Clothes for 8" bears (bears at the workshop)
- Small blankets to swaddle 8" bears in (approximately 12-13" square)
- Baby blankets
- Masks

Fredericksburg/King George has a need for:

- Baby blankets – No baby hats
- Lap blankets – men & women
- Kids blankets – Bright & colorful 36"-48" square or rectangle
- Masks for preschool to elementary school (preferably one side solid)
- Hats – preschool through adult
- Wheelchair and walker totes
- Toys

Please be aware that these are our current, most pressing needs but that, as we always say, make what you enjoy making and we will find a home for it. Check our website for patterns <https://fromtheheartstitchers.org/patterns/>.

Elf of the Month – September 2021

At the end of each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Kathleen Lynch** who is the Elf of the Month for September 2021. Next time you are at the workshop, Kathleen, please select some of the nicer yarn for your personal use in a non-FtH project.

If you would like to find out what is involved in being an Elf, please contact one of the schedulers.

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480

Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

For Your Browsing Pleasure

Short and sweet this month because of all the ideas and projects you will pick up from the Retreat on October 2nd. Think about subscribing to ladysavings.com and sign up for the preview of the JoAnn's flyer as well as Hobby Lobby's. The JoAnn's flyer is usually 16 pages

and Hobby Lobby is 2 pages. You can view it on line and see if there is something you want or need. There are other ads also available for previewing and you may like some of them. Always great to keep up to date.

Janet Sparzak

Donation Inventory Numbers as of September 23

Previous Total

Mid 2002 – 2020	425,305
2021	
January/August	28,551
September (as of 23rd)	3,565
Year to Date Total	32,116

Grand Total 457,421

Covid Items Donated Numbers as of August 23

Face masks	40,947
Ear Saver	6,087
Surgical Hats	2,650
Comfort Hearts	1,536
Total	51,220

Double Crochet Lace Scarf

Worsted weight yarn – 67 yards (child's scarf). It goes without saying that you will get a longer scarf if you use more yarn. This scarf can actually be made to be as long as you like.



J hook

Directions:

Chain (ch) 15.

Foundation row: in 3rd ch from hook work 1 dc, dc in each stitch (st) to the end of the chain.

Row 1: Ch 3, turn, skip next 2 st, *dc, ch 1, dc in next st, skip 2 st and repeat from * across the row, ending with skip 1 st, dc in top of ch 3. (4 V-stitches)

Row 2: Ch 3, turn, * 3 dc in next ch 1 space, repeat from * across the row, ending with 1 dc in top of ch 3. (4 sets of 3 dc)

Repeat rows 1 and 2 until scarf is 22 inches long or longer. Finish with a row of dc across followed by a row of sc across.

Fasten off and weave in any loose ends

The Caterpillar (a Brioche Scarf)

Abbreviations

yf: Bring yarn between needles, to front of work (front is the side facing you. Having the yarn in this position enable a yarn over to be created when you knit the next stitch

S 1: Slip one stitch as to purl

k 2tog: Knit two together, (slipped stitch and yarn over from previous row knitted as one stitch)



Materials:

Lots of odds and ends of different colored yarn, all the same weight (i.e., all #4, or all #3, or all fingering. The scarf can be made with any weight yarn but all yarns in the scarf must be the same weight.) You can use a variegated yarn or lots of leftovers.

2 straight needles appropriate to the yarn weight. A US #8 would be appropriate for worsted (#4), a US6 needle for #3 yarn, and a US #4 for fingering weight yarn.

Pattern:

Cast on an even number of stitches (essential). For a scarf roughly 6" wide cast on the following number of stitches using your favorite method of cast. I like to use the cabled cast on as it most closely resembles a simple bind off.

20 stitches for worsted (#4)

30 stitches for DK or light worsted (#3)

40 stitches for fingering or sock

Set up 1st row: (only done once as set-up row...)

*yarn to front, slip one as to purl, k1. Repeat from * to end of row. This yarn forward creates a yarn over stitch and, once the second row is knit, doubles the number of stitches on your needle. DO NOT REPEAT THIS ROW!

All remaining rows:

*yarn forward, slip one as to purl, Knit two together (here you are knitting a stitch together with yarn over from prior row) Repeat from * to end of row...

Continue with this one row, the **All** row, until scarf is as long as you want it to be.

THEN, to set up for the bind off, simply convert to a 1X1 rib on the last row by purling the ones that look like purls and knitting the knit together with the yo. That brings it down to the original number of stitches.

Then bind off using a 1 X 1 rib.1

Creates a lovely, warm, reversible, air trapping scarf to keep one warm even when it is very cold outside.



From the Heart Local Group Times
Subject to Change Check Before Heading Out

October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm <p>From the Heart Annual Retreat "Woodlands"</p>
3	<p>4</p> <ul style="list-style-type: none"> • Stonebridge Rec.Ctr. 10a-1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Sycamore Square Quilt Shop 10am- 1om Mask required if not vaccinated or for comfort 	<p>5</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library 11am – 1pm • Violet Bank Stitchers, 10am – noon • Glen Allen Library Group, noon – 2pm • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers (7pm via Zoom) 	<p>6</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Col • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	7	<p>8</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>9</p> <ul style="list-style-type: none"> • Louisa Hardees 10am – noon
10	<p>11</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>12</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Glen Allen Library Group, noon – 2pm • Southside RVA Stitchers (7pm via Zoom) 	<p>13</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	14	<p>15</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>16</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
17	<p>18</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) 	<p>19</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom) 	<p>20</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	21	<p>22</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd. 9:30am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>23</p> <ul style="list-style-type: none"> • Redeemer Lutheran 9400 Redbridge Rd. (Conf. room) 9:00 – 11:00am.
24	<p>25</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>26</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom)) 	<p>27</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>28</p> <ul style="list-style-type: none"> • Summerhill Retirement Ctr 1:30 – 3:30pm 	<p>29</p> <ul style="list-style-type: none"> • Starbucks, Huguenot Rd, 9:30am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon 	30

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am–12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30–7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329 Not Currently Meeting
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	Not Currently Meeting
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd , 4 th	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian TnPk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex-Dec)	9–11am	
Southside RVA Stitchers	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Starbucks	5001 Huguenot Road	Richmond	Friday, every	9:30am-noon	
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395