

## Continuing From the Heart's Soft Reopening

The From the Heart workshop is open from 10am until 2pm 4 days a week: Tuesday, Wednesday, Thursday, and Saturday. The total number allowed inside the workshop at any given time continues to be capped at 10, which includes the 2 Elves. In accord with current CDC guidelines, we are requiring that masks be worn by those who come into the workshop.

You may enter the workshop to get yarn and, if you are not staying, you will not be included in the count of 10 people. We are continuing to keep a written record of who enters, although we will no longer take temperatures as you enter.

Please do not come to the workshop if you have a cold or other illness or have been in the company of someone who has been, or is, ill.

Please continue to tag your completed projects before dropping them off but it is no longer necessary to bag them. If you do bag them, please include a list of what is in the bag. There will be a bin outside for you to drop your items into if you don't want to enter the workshop.

Please note you do not need to enter the workshop or sign in if you are simply dropping items in the bin outside.

1425 Crawford Wood Place  
Midlothian, VA 23114  
[www.facebook.com/FromtheHeartStitchers](https://www.facebook.com/FromtheHeartStitchers)  
[www.fromtheheartstitchers.org](http://www.fromtheheartstitchers.org)  
*Grateful Thread – September 2021*  
*Cent with Love...*  
  
From the Heart

**From the Heart**  
**16<sup>th</sup> Annual Retreat Registration Form**  
**“Woodlands”**

**October 2, 2021, 10:00 am to 3:30 pm**  
**The Place at Innsbrook, 4036 Cox Rd., Glen Allen, VA 23060**

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (c) \_\_\_\_\_

Email: \_\_\_\_\_

Circle which boxed lunch you would like to receive. Sandwich boxes Includes a bag of chips, freshly baked cookie, potato salad, bottled and a bottle of water, cutlery kits & appropriate condiments. Bottled water, a cookie, and crackers are included with the salad option. Hot tea and coffee will also be available.

- 1) **Sliced Roast Beef with Cheddar**, lettuce & ripe tomato on multigrain bread
  - 2) **Vegetarian Wrap**, roasted peppers, onions, zucchini, squash & balsamic vinaigrette
  - 3) **Orange Pecan Salad**, fresh greens, ripe tomatoes, red onion, glazed pecans, mandarin oranges & raspberry vinaigrette
- (1) Add chicken to the Orange Pecan Salad (please circle)      YES      NO

DO YOU HAVE ANY KNOWN FOOD ALLERGIES? IF SO, TO WHAT? \_\_\_\_\_

**ONLY FORMS MAILED TO ADDRESS BELOW WILL BE ACCEPTED:**

**Beth Williamson**  
**3014 Westgate Drive**  
**Richmond, VA 23235**  
**804-233-4046 (h), 804-920-1542 (c)**  
[elizabethwilliamson3300@comcast.net](mailto:elizabethwilliamson3300@comcast.net)

Registration Fee \$40.00 per person (used to assist and defray the cost of running the Retreat.)

**\*\*Make Check Payable to From the Heart\*\***

Your check #: \_\_\_\_\_ Amount: \_\_\_\_\_

For planning purposes, registration must be *received* on or before September 15<sup>th</sup>, 2021. Share the fun, bring a friend! Use one form for several attendees but be sure to note who wants which boxed lunch. Given the large number of people attending past Retreats and the difficulties posed by walk-ins on the day of the Retreat, **there will be no walk-ins** allowed so be sure to register both yourself and any friends in time for Beth to have your form(s) in hand on or before September 15.

**No refunds will be given after September 15<sup>th</sup>, but substitutions will be allowed for any reason.**

## Letter from Lois – September 2021

From neonatal intensive care (NICU), Labor and Delivery, pediatric facilities, cancer oncologists' offices and infusions centers, dialysis centers, adult daycare to assisted living, sometimes ending with Memory Care and Hospice, From the Heart can play a role in comforting, not only patients and residents but in assisting care givers in their jobs.

The sweet little baby hats, sweater sets, and blankets fly out of door almost before they have a chance to be logged in! Knit, crochet and sewn toys are just as popular with toddlers and even the older kids who may be dealing with injuries or are in a pediatric burn unit. Distractions are always a good thing!

For those going through cancer treatments, we can provide little compressions pillows, small bags to support drain tubes, knitted knockers (boobs), soft, soft chemo hats and sleep caps and even small pillows to attach to auto seatbelts to help prevent pressure on infusion ports.

For dialysis patients we've learned that having to uncover their port bearing arm, most times implanted just above their elbow, is so chilling. I've been in those treatment centers. Their thermostats are turned to COLD! I once heard that these temperatures are necessary to help in keeping viruses from spreading since they prefer warm atmospheres. We are hearing that some patients bring along to infusion appointments a sleeve they have removed from an old sweatshirt. We are learning to do it a little bit better. We stitch tubes (see photo) that will



reach from the wrist to just about the elbow, add a regular cuff such as found on sweaters to the wrist end and a looser cuff at the upper end to help keep the sleeve in place! No hand area is need on these. The patients seem to be thrilled to be in line to receive one of these. Problem is...we need more of these long, soft, warm sleeves. No longer are these facilities using our fingerless mitts. Once we offered a single sleeve per patient we were immediately put on notice. MORE SLEEVES!!

Adult daycare and assisted living areas really appreciate our lap blankets and shawls. Especially those "horseshoe" shaped, stay on shawls. Being able to have their hands free for reading, puzzle working, remote control operating and, especially mealtime, makes a huge difference.

Memory Care attendants are in a whole different job than

any most of us can imagine. Having to be certain their "charges" are safe and happy as well as entertained has got to be not only tiring but mentally challenging...and don't forget they always seem to be smiling...and to do that every day? Not sure I could keep it up.

Our hospices seem to be using more and more of our snuggly, life size dolls. These we wrap in sweet blanket and hat sets. The hospice "moms" just seem more comfortable when cuddling a little baby. These folks also appreciate a brightly colored blanket to help keep their spirits up. Working with these patients would be very trying for me, I'm afraid.

My hat is off to not only all the facility employees and volunteers who keep going to work every day, in some cases facing unbelievable situations, but to you, our very important stitchers. We are doing all we can to assist wherever we are needed. Comfort is the name of our game. Sometimes we may feel it's almost impossible to keep up with the need. But each day we continue to put one stitch next to another, creating and sending out hugs and comfort to all we can reach through all of our groups, in all our locations. We'll just do what we can!

Stay well, don't forget to put down your stitching, walk around and, by all means...SMILE A LOT!

*Lois*

## From the Heart 2021 Retreat – Woodlands

The registration form for our Retreat on October 2<sup>nd</sup> is included with this newsletter. Registration **closes on September 15**, after which time no refunds will be permitted. Substitutions will be allowed, however, for any reason. The registration cost for the Retreat is \$40 which offsets the cost of renting The Place and pays for the sit-down lunch. There are three lunch options. Please circle your choice and, if using the same form to register more than one person, be sure to clearly note which person wants what.

As things stand now, with the Delta variant incidence at 9.5%, everybody is requested to please wear a mask while inside the building. This might change and I hope it does but at the moment, it does look like this may be a necessary consideration.

Please let Tricia ([triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), 804-683-9015) or Kulla ([kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480) know if you want to be registered to attend a class.

**The classes** being offered are:

- Make a Crocheted Snowflake, Lois Little
- Crocheted Mosaic Stitch, Francine Nelson/Joyce Puller
- Norwegian Purl Knitting, Johnnie Wood

**Our vendors**, this year, will be

- Dances With Wool (Debbie Floyd) – yarn, patterns, and accessories for knitting and crocheting
- Sheila Weisensale's Creations – cards, magnets, framed pictures created using flowers from Sheila's garden along with her paper crafting skills
- Merry Soap Makers (Mary Atkins) -Natural, handmade soaps and lotions
- Ever Blooming - Glass Decorations for your Garden (Cas Schirra)
- Key Clayworks – hand thrown pottery including vases and yarn bowls (Keyser Glancy)

**Our speakers** will be:

- Judy Jamison, MCV Volunteer
- Makita Byrd, Domestic Abuse Shelter/YMCA
- Bev Gibson or representative, Vessels of Mercy
- From the Heart Board Member, Navigating From the Heart through COVID-19



In addition to these speakers, vendors, classes, and seated boxed lunch, each attendee will receive a really nice tote bag and have the opportunity to win a door, a table and/or raffle prize. Raffle tickets will be \$1 each or 6 for \$5. We will also have the return of our "Mystery Yarn Bags". The suggested donation for these bags, will be \$5 apiece and they will contain a minimum of \$50 worth of yarn plus, perhaps, a couple of knitting or crocheting tools or notions in some bags for good measure.

### **Holiday of Hope – Vessels of Mercy**

Vessels of Mercy International has been serving the 804 area through Holiday of Hope since 1995. Holiday of Hope serves children and families in need as well as the homeless and Seniors. This year we will be serving five local areas here in Richmond. We have often had people standing in line with no shoes, socks or coats during December waiting to enter our events. Last year, in just one location we served 748 people in one afternoon. The need in our city is steadily increasing and we anticipate the crowds to be even greater this year.

We are currently in need of Elementary age (6 years old to 12 years old) hats. We anticipate distributing 1,000 stockings to this age group this year with a hat in each stocking along with small knit or crochet toy. We also need men's hats. Vessels of Mercy also provides toiletry kits to the women, which allows us to add the Human Trafficking hotline number and other information in the kits. This project aids to spread the hotline number into the "hot spots" of Central Virginia.

Other special projects include the need of Comfort Dolls/Comfort Bears that can be used for our Mission trips as well as locally.

This year, we estimate that Holiday of Hope will serve over 2,800 people.

A big thank you to all of the extraordinary FtH ladies who lovingly create beautiful items for us.

Bev Gibson, Founder/CEO,  
Vessels of Mercy International, Inc.  
12081 Gayton Road (804.740.4575)

### **What is a Comfort Doll/Comfort Bear?**

Comfort dolls/bears, referred to by Bev in the article above, are also known as "Izzy dolls/bears" and got their start in Canada in the early 1990's when a soldier, Master Cp. Mark Isfeld, told his mother of all the children he



witnessed without personal possession much less a toy during his trips to Kuwait and Croatia. His mother, Carol, began to knit little dolls that he could distribute during his tours overseas. Izzy Dolls bring comfort to those who receive them. Hence the name, Comfort Dolls. But the real story continues with the Isfeld family. His mother recruited hundreds of women to crochet and knit these dolls for service men and women to distribute during their deployments. In 1994, while removing a landmine in Croatia, Mark Isfeld was killed. In his honor, these Comfort Dolls were re-named Izzy Dolls.

Izzy Dolls come in many varieties and skin tones. There are Izzy bears, Izzy cats, Izzy nurses, Izzy witches, Izzy bunnies, Izzy fairies even Izzy nativity scenes. You can make any little soft doll once you engage your creative imagination. They are actually just a tube knit in the round. There is also a crochet pattern. Look for the knit pattern in our 2016 Blue Book on page 334. The crochet pattern is on page 150. For more inspiration, search Izzy Dolls on Ravelry. You will be amazed!

### **Fredericksburg Meetings & Ruritan Pickup/Drop Off**

While we were hoping to resume meeting in September, due to a number of factors we are unable to, however we remain hopeful for resuming in October!

We have scheduled another **Curbside** Drop off / pickup at the Ruritan for Tuesday 9/14/21 (Directions [HERE](#)). **As this is a curbside event, you will need to contact Pam at [pegreswolde@comcast.net](mailto:pegreswolde@comcast.net), (540.661.7967) if you want to pick up supplies or drop off completed projects as she has specific methods in place for you to do one, or both, safely. Pam will need to hear from you no later than **5pm on September, Thursday 9<sup>th</sup>** if you plan to attend this event on Tuesday 14<sup>th</sup> in order to allow her enough time to set everything up and prepare items for pick up.**

## Tip of the Month

### A More Efficient Way to Soften Your Projects

Use a few drops of baby shampoo to soften your hand-crafted garments. It is less expensive than the products made and sold expressly for blocking or cleaning handmade items and works just as well.

### Current Needs – September 2021

Please tag items before bringing them to the workshop, it is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open.

If you deliver any items yourself in the Richmond area, please let Lois Moore know at [loisfth@me.com](mailto:loisfth@me.com) or (804)305-497. Fredericksburg/King George area please contact Pam (540) 661-7967.

#### Richmond and Surrounding areas have a need for:

- Hats: for children aged 6-16, for men, soft chemo hats, teal hats for uterine cancer, 2X2 rib, knit hats for newborns at St. Mary's Hospital
- Soft squishable toys, no hard parts,
- Izzy (Comfort) dolls and bears
- Clothes for 8" bears (bears at the workshop)
- Baby blankets
- Masks

#### Fredericksburg/King George has a need for:

- Hats, hats and more hats. All sizes from preschool through adult. Children have returned to school and the requests are coming in.

Please be aware that these are our current, most pressing needs but that, as we always say, make what you enjoy making and we will find a home for it. Check our website for patterns <https://fromtheheartstitchers.org/patterns/>.

### Chesterfield Heights Senior Living FtH Group



This is a picture of some of the ladies at the Chesterfield Heights Senior Living with a blanket donated to From The Heart (FTH). During the Covid pandemic

they were busy making squares, putting them together, and embellishing the squares with embroidery. The end result is really beautiful! This group has been active with FTH for many years. They were first organized by a resident who previously lived in Powhatan, Margaret

Cosby. Margaret died in 2020 and is missed by us all. The faces have changed in this group over the years, but they continue to be enthusiastic supporters of FTH.

### Elf of the Month – August 2021

At the end of each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Pamela Bryson** who is the Elf of the Month for August 2021. Next time you are at the workshop, Pam, please select some of the nicer yarn for your personal use in a non-FtH project.

If you would like to find out what is involved in being an Elf, please contact one of the schedulers.

Ann Robbins, [aerobbins@live.com](mailto:aerobbins@live.com), 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, [kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480

Jacqueline Muoio, [msjbangles@yahoo.com](mailto:msjbangles@yahoo.com), 804-802-2304

Tricia Ennis, [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), 804-683-9015

Keyser Glancy, [keyserglancy@gmail.com](mailto:keyserglancy@gmail.com), 804-402-0985

### For Your Browsing Pleasure

There is a new "wind" available on some brands of yarn like Red Heart Bernat and Caron. This new yarn format called O'Go is supposed to be tangle free and the start end can be found easily. It comes in a strange U or donut shape.

To keep you entertained until next month type 50 Best Knitting Blogs of 2021 and, for crocheters, Our 20 Favorite Crochet Sites Woman's Day into Google.

*Janet Sparzak*

### Donation Inventory Numbers as of August 24

<b>Previous Total</b>	
Mid 2002 – 2020 .....	<b>425,305</b>
<b>2021</b>	
January/July .....	25,160
August (as of 24 <sup>th</sup> ) .....	2,230
Year to Date Total .....	27,390
<b>Grand Total</b> .....	<b>452,695</b>

### Covid Items Donated Numbers as of August 24

Face masks .....	40,565
Ear Saver .....	6,087
Surgical Hats .....	2,650
Comfort Hearts .....	<u>1,536</u>
<b>Total</b> .....	<b>50,838</b>

## The Delaney Hat Crochet Pattern

**Materials:** I/9 (5.5 mm) crochet hook, yarn needle, scissors

**Yarn:** 2 colors of Worsted Weight Yarn, approximately 75-100 yards each

**Sizes:** 0-3 Months (14-15”), 3-6 Months (15-17”), 6-12 Months (17-19”), Toddler (18-20”), Child (19-21”), Adult (21-23”)

**Gauge:** 7 HDC and 4 Rows = 2”

**Stitch Guide:** BL - back loop, CH - chain, HDC - half double crochet, SC - single crochet, SL ST - slip stitch, ST(S) - stitch(es)

**Notes:**

- Count your STS as you go along to make sure you do the HDC and SC in the correct places.
- Don't fasten off at each color change. Carry the yarn along loosely.



CH 25 (27, 29, 31, 33, 37) depending on size desired from **Sizes** above, turn.

**Row 1:** HDC in 2nd CH from hook and in each ST across, CH 15, turn. [24 (26, 28, 30, 32, 36) HDC + 15 CH]

**Row 2:** Work 2-3 SC in 2nd CH from hook and in next 13 CH (*spiral made*). Change Color, HDC in BL of each HDC across, CH 1, turn. [24 (26, 28, 30, 32, 36) HDC + spiral]

**Row 3:** HDC in BL of each HDC across, CH 15, turn. [24 (26, 28, 30, 32, 36) HDC + 15 CH]

**Row 4:** Work 2-3 SC in 2nd CH from hook and in next 13 CH (*spiral made*). Change Color, HDC in BL of each HDC across, CH 1, turn. [24 (26, 28, 30, 32, 36) HDC + spiral]

Repeat Rows 3 and 4 until 24 (26, 30, 32, 36, 40) rows have been completed, CH 1, turn.

Joining end-to-end, SL ST down entire length of hat through both layers, fasten off leaving a 12” tail. Turn hat right-side-out.

Using tail & yarn needle, weave in and out of the topmost HDC stitches evenly around the top of the hat, then cinch the hat closed so that the spirals form a “bouquet”. Fasten off the long tail. SC evenly around edge of cuff if desired. Weave in all ends. Fold up cuff & Enjoy!

## 2X2 Ribbed Newborn Baby Hat

1 skein Joann's Big Twist will make quite a few of these little hats with yarn left over. Any soft #4 yarn can also be used. Just be sure to use **soft** worsted (#4) weight yarn.

Using either long size 7 needle for magic loop or double point needles. (16” circular is not suitable for knitting these small tube hats.)

Cast on 44 stitches. Join carefully being certain stitches are not twisted. Work in knit 2, purl 2 ribbing for 32 rounds.

Round 33: Knit 2, purl 2 together. Repeat around the Round (33 sts.)

Round 34: Knit 2 together, purl 1. Repeat around the Round (22 sts.)

Round 35: Knit 2 together around (11 sts).

Round 36: Knit 2 together 5 times. Knit 1 (6 sts).



Cut yarn, thread thru tapestry needle, pull thru remaining 6 stitches, snug up smoothly, weave in tail. Weave in tail at beginning cast on. Voila! It's done.

**From the Heart Local Group Times**  
**Subject to Change Check Before Heading Out**

**September 2021**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1</b></p> <ul style="list-style-type: none"> <li>Colonial Heights Senior Ctr 10-noon</li> <li>Colony Critters, Patriot's Col</li> <li>McKenney Library 3:00 – 5:00pm</li> <li>Spring Arbor Sr. Living 1:30pm</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>Starbucks, Huguenot Rd, 9:30am – noon</li> <li>Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>Atlee Angels, Legacy Park, 1-3pm</li> </ul>
<p><b>5</b></p>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>Stonebridge Rec.Ctr. 10a-1p (must call to confirm first)</li> <li>Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>From the Heart Quilters Sycamore Square Quilt Shop 10am- 1om Mask required if not vaccinated or for comfort</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>North Courthouse Rd. Library 11am – 1pm</li> <li>Violet Bank Stitchers, 10am – noon</li> <li>Glen Allen Library Group, noon – 2pm</li> <li>Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom)</li> <li>Southside RVA Stitchers (7pm via Zoom)</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>Colonial Heights Senior Ctr 10-noon</li> <li>Elmcroft Retirement 1:30pm</li> <li>Dinwiddie Library 1:00-3:00pm</li> <li>Spring Arbor Sr. Living 1:30pm</li> <li>Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>9</b></p>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>Starbucks, Huguenot Rd, 9:30am – noon</li> <li>Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>King George - Peace Lutheran Church 10 am – noon</li> <li>Kay's Krafters 1-5pm</li> <li>Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>Louisa Hardees 10am – noon</li> </ul>
<p><b>12</b></p>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>North Courthouse Rd Library, 11am – 1pm</li> <li>Violet Bank Stitchers, 10am – noon</li> <li>Glen Allen Library Group, noon – 2pm</li> <li>Southside RVA Stitchers (7pm via Zoom)</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>Colonial Heights Senior Ctr 10-noon</li> <li>McKenney Library (Ragsdale Room) 3:00 – 5:00pm</li> <li>Spring Arbor Sr. Living 1:30pm</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>Mall Group Chesterfield Towne Center (food court) 9:00am-noon</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>Starbucks, Huguenot Rd, 9:30am – noon</li> <li>Five Rivers Fiber Guild Heathsville. 10am – noon</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>Atlee Angels, Legacy Park, 10am – noon</li> </ul>
<p><b>19</b></p>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> <li>Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom))</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>Glen Allen Library Group, noon – 2pm</li> <li>North Courthouse Rd Library, 11am – 1pm</li> <li>Violet Bank Stitchers, 10am – noon</li> <li>Southside RVA Stitchers (7pm via Zoom)</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>Colonial Heights Senior Ctr 10-noon</li> <li>McKenney Library (Ragsdale Room) 3:00 – 5:00pm</li> <li>Elmcroft Retirement 1:30pm</li> <li>Dinwiddie Library 1:00-3:00pm</li> <li>Spring Arbor Sr. Living 1:30pm</li> <li>Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>Summerhill Retirement Ctr 1:30 – 3:30pm</li> </ul>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>Starbucks, Huguenot Rd. 9:30am – noon</li> <li>King George - Peace Lutheran Church 10 am – noon</li> <li>Kay's Krafters 1-5pm</li> <li>Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>Redeemer Lutheran 9400 Redbridge Rd. (Conf. room) 9:00 – 11:00am.</li> </ul>
<p><b>26</b></p>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>Glen Allen Library Group, noon – 2pm</li> <li>North Courthouse Rd Library, 11am – 1pm</li> <li>Violet Bank Stitchers, 10am – noon</li> <li>Southside RVA Stitchers (7pm via Zoom))</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>Colonial Heights Senior Ctr 10-noon</li> <li>Spring Arbor Sr. Living 1:30pm</li> </ul>	<p><b>30</b></p>		

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 <sup>st</sup> , 3 <sup>rd</sup>	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 <sup>rd</sup> Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 <sup>nd</sup> , 4 <sup>th</sup>	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 <sup>st</sup>	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 <sup>st</sup> , 3 <sup>rd</sup>	4:30 – 6:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, <a href="mailto:jkmooers@aol.com">jkmooers@aol.com</a>
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 <sup>nd</sup> , 4 <sup>th</sup>	10:00am–12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 <sup>rd</sup>	5:30–7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 <sup>st</sup>	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Tuesday, every	Noon-2pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 <sup>st</sup> Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 <sup>st</sup> , 3 <sup>rd</sup> ,	10am-noon	804-458-6329 Not Currently Meeting
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 <sup>nd</sup> , 4 <sup>th</sup>	5:30-7:30pm	Not Currently Meeting
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 <sup>nd</sup> , 4 <sup>th</sup>	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 <sup>nd</sup> , 4 <sup>th</sup>	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 <sup>nd</sup>	10am-noon	Pat Gibson 540-872-5524
Mall Group	Chesterfield Town Center	Midlothian	Thursday 1 <sup>st</sup> , 3 <sup>rd</sup>	9am-noon	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 <sup>st</sup>	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 <sup>st</sup> , 3 <sup>rd</sup>	2-4pm	Not Currently Meeting
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 <sup>th</sup> (ex Dec)	9–11am	
Southside RVA Stitchers	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Spring Arbor Senior Living	9991 Ridgefield Pkwy	Richmond	Wednesday, every	1:30pm	(804)754-8700
Starbucks	5001 Huguenot Road	Richmond	Friday, every	9:30am-noon	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 <sup>th</sup>	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 <sup>nd</sup> , 4 <sup>th</sup> (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, <a href="mailto:mickeyprice@comcast.net">mickeyprice@comcast.net</a>
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395