

Continuing From the Heart's Soft Reopening

The From the Heart workshop is open from 10am until 2pm 4 days a week: Tuesday, Wednesday, Thursday, and Saturday. To comply with current CDC guidelines, we are requiring that masks be worn by those who come into the workshop.

You may enter the workshop to get yarn but, until the high incidence rate of the Omicron variant drops below 10, we are asking that people not congregate in the workshop. We are continuing to keep a written record of who enters, although we will no longer take temperatures as you enter. We do request, currently, that you sanitize your hands in you are going into the yarn hall to choose yarn.

Please do not come to the workshop if you have a cold or other illness or have been in the company of someone who has been, or is, ill.

Please continue to tag your completed projects before dropping them off but it is no longer necessary to bag them, except for items intended for Vessels of Mercy International. If you do bag them, please include a list of what is in the bag.

There will be a bin outside for you to drop your items into. Please note you do not need to enter the workshop or sign in if you are simply dropping items in the bin outside.



1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitchers
www.fromtheheartstitchers.org
Grateful Thread – February 2022

Letter from Lois – February 2022

February may be the shortest month in the year but, when anxious for sunshine and anxious to be outside, this feeling of being trapped is getting so old!

We still have so many cold days ahead of us. Days when we'll mostly stay snuggly warm inside. But don't forget those less fortunate folks who spend their time shivering outside in the elements.

Also, think about those who may be comfortable most days inside but still, even with everything Mother Nature sends us, must go out for treatments such as chemo, radiation, or dialysis.

It's such a contented feeling to be able to offer a bit of warmth. To have the resources and talent to be able to offer comfort to our communities. Think about stitching warm hats for outdoor folks, soft hats for those dealing with chemo, or blankets or shawls for a little warmth while sitting for hours for infusions.

Pick up your supplies, any patterns you may need and a bit of inspiration. Searching online, following newsletter links, or chatting with other stitchers for ideas. Spend those "trapped inside" hours creating something for someone who may not possess your talents; an endeavor that's certain to lift your spirit and put a smile on your face!

Stay warm and safe!

Lois

Yarn Leaving the Workshop

We are all aware that COVID-19 has caused most schedules and procedures to become a little off kilter. Therefore, as things hopefully maintain their slow crawl back to a somewhat "normal" way of life, it seems like a suitable time to remind the membership that there is a procedure we like to practice so that we have some understanding of what yarn is coming in and going out of the workshop.

Although it is still not possible to accurately account for the entirety of yarn leaving the workshop, especially as we are continuing to put bins outside for those who are not comfortable with entering the workshop, I would like to remind everyone that we are required to keep a record of any yarn leaving from inside our premises. When you come inside to get yarn, please remember to sign it out in the log on the desk in what we still affectionally refer to as the "sit and craft" area. We have a limit on the amount of yarn going out of the shop which is approximately two (2) plastic Kroger-type grocery bags per individual and five (5) per organization.

Individuals sign out their yarn on the sheet on the clipboard and groups in the group logbook and, of course, ALL the yarn in the workshop is intended to be used in the creation of projects for From the Heart for distribution into our communities, with the sole exception of the prize given monthly to the randomly chosen winner of the Elf prize.

Thank you all for your assistance, not only to this, but also to keeping From the Heart up and running through this entire COVID experience.

Tricia,
triciaennis2014@gmail.com (804)683-9015

Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next **Curbside Drop off / pickup** at the Ruritan for **Tuesday, February 8, 2022** from 10 am until noon. Masks are required to enter the building.

The current needs are as follows: however, as we always say, make what you enjoy making.

- Blankets for men & women – no smaller than 32"x32" and as large as twin bed size (we have many requests for blankets for men)
- Shawls
- Hats – preschool through adult but please no baby hats
- Cotton washcloths, 8-9" square, tagged please

If you want to pick up supplies, I will need the following from you by Thursday, 02/03 by 5:00pm. After that we will be bagging the supplies and will do my best to provide what you are asking for.

- Your name
 - What you would like to drop off
 - # of finished items
 - types of items
 - approx. count would be very helpful.
- What supplies do you need?
 - fabric to make book totes or walker totes
 - ribbon for book totes or Velcro for walker totes
 - tags so you can turn things in already tagged going forward
- If you need yarn:
 - What yarn would you prefer by weight and color
 - Weight = #4, #3 etc. or tell me if you want worsted, sport, chunky, etc.
 - Color, what color(s) or variegated
 - A big bag of leftovers for making??? We have an abundant supply of them.
- Any other information you might think pertinent

We will be open for receiving finished items and picking up supplies only, 10:00am-noon. When you arrive, please text me (with your name and vehicle color). We will bring out your supplies and pick up your completed items. Click [here](#) for directions to the building.

Thank you so much for all you do for From the Heart. I know all the locations we deliver to are going to be very appreciative of the items we will be able to deliver to them. Please do all you can to keep yourself and those around you safe and again, thank you for all you do to help us continuing to deliver items during these challenging times.

Pam Greswolde, 540.661.7967,
pegreswolde@comcast.net

ATTENTION SMILE.AMAZON SHOPPERS – THANK YOU!

Many thanks to everyone who has designated From the Heart as their charity of choice while shopping on Smile.Amazon.com. Since the Fall of 2020 we are gratified to have received **\$358.62** from Amazon as the charity that our members supported while shopping. This total **does not** include the fourth quarter of 2021 which was the holiday shopping period. That donation will arrive from Amazon in March.

How do these donations help us? We use monetary donations to purchase our FtH tags, toner for the printer, postage for mailing newsletters, buying new yarn and materials, and general upkeep of our Workshop.



From the Heart thanks each of you for your donation of time, talent, and treasure. And, don't forget to link to [Smile.Amazon](http://Smile.Amazon.com) before you begin your convenient on-line shopping spree using the logo found here, in our newsletters, our emails and on Facebook.

Dear FtH Angels,

Five months ago, I was diagnosed with leukemia (AML). Since then, I have been warmed daily by the generous gifts of caps, wraps, cards, and prayers offered by FTH folks. I know there are times in our lives where "thank you" just doesn't express enough how we feel. This is one of those times for me. I was recently approved to receive a bone marrow transplant in mid-February to fight this disease and it will take 6 to 9 months for a full recovery. It comes with its own dangers, but I will find strength for this challenge knowing that you are continuing to support me with prayers and good wishes. Even though "thank you" will never be enough, I appreciate your continued support. With a grateful heart,
Sue Longest

From the Heart Retreat 2022 Shining Our Light

Be sure to mark your calendar for **Saturday, October 1, 2022**. The Board of Directors confirmed the date with The Place in Innsbrook and the planning wheels are already in motion!

We have decided on a theme for this year's Retreat! It is "Shining Our Light," as suggested by Rebecca Kenney. We feel this theme is a very accurate expression of what all our members do in their daily lives and, in addition, very accurately represents what From the Heart does as an organization in the communities in which we operate. Thank you, Rebecca, for your marvelous suggestion and for all the work you do in ensuring our Retreats are as beautifully decorated as they are.



The Board of Directors is exploring our options for another successful Retreat in 2022. This could mean that we will cap the number of attendees to less than 200 and still cover our expenses. We hope to maintain the registration fee at \$40 for each participant (that includes Board Members) if possible. Stay tuned as further details are settled into place but do **SAVE THAT DATE** now.

Current Needs – February 2022

Please tag items before bringing them to the workshop. It is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open. Anything you intend to go to Vessels of Mercy International should also include the words "Vessels of Mercy" on the bag. This will be a great assist to the Elves and/or members of the Sorting/Distribution Team when dealing with the many hundreds of items that come into the workshop every week.

If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-497. Fredericksburg/King George area please contact Pam (540) 661-7967, pegreswolde@comcast.net.

Richmond and Surrounding areas have a need for:

- 12" acrylic *non-tagged* squares w/ 15" tails
- 8" to 9" cotton washcloths, *tagged*
- Twin bed size large blankets
- Twiddle cuffs for memory care. Patterns are available on our webpage on both the knit and crochet pattern pages
- "Snowballs" – these are soft knit or crochet balls used in memory care units for play therapy (see

this month's patterns)

- 40 Baby hats with bunny ears for MCV. We will have kits available for these starting on Wednesday afternoon next week

Fredericksburg/King George has a need for:

- Blankets for men & women – no smaller than 32"x32" and as large as twin bed size (we have many requests for blankets for men)
- Shawls
- Hats – preschool through adult but please no baby hats
- Cotton washcloths, 8-9" square, tagged please

Please be aware that these are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at:

<https://fromtheheartstitchers.org/patterns/>.

For Your Browsing Pleasure

February is heart month and great valentine crochet items can be found on www.goldenlucycrafts.com. Roam around the website for more free crochet patterns crafty ideas and a roundup of the top 10 crochet patterns of 2021.

The site www.windingroadcrochet.com has lots of small and creative crochet items to give (Be my Valentine) or make for yourself. Think checkerboard, cute baskets, decor items, bags, and plenty of gnomes.

Let's not forget the knitters who can go to <http://www.bromefields.com> for free knitting patterns. Scroll down the page for video instructions of unusual knit stitches. Scroll down further for another free knit pattern.

Knitted hearts and teddy bear patterns for your Valentine can be found at www.linmaryknits.com. Barbie knits for a granddaughter can also be found here.

Happy Valentine's Day everyone!

Janet Sparzak

NOW at the Workshop

We now have blanket kits, consisting of 12" squares, to be sewn together with the yarn tails on the squares, available for pickup inside the workshop. Please join the squares to create the size blanket which can be made from the squares.

To accommodate those who are not yet ready to go inside, we have also started to put cotton yarn in a bin outside the workshop for those who would like to make

an 8-9" washcloth, acrylic yarn is in another bin for those who would like to make 12" acrylic squares, "snowballs" (see current needs), and other items they make enjoy creating, such as hats, shawls, or blankets.

Elf of the Month – January 2022

Each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Nancy Wright** who is the Elf of the Month for January 2022. Next time you are at the workshop, Nancy, please select some of the nicer yarn for your personal use in a non-FtH project.

Workshop Volunteering and Scheduling

To volunteer for a two-hour shift at the workshop during the month of February 2022, please contact Ann Robbins at aerobbins@live.com, or by phone at 804-270-6247 or 804-921-1174 (c)

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480

Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

Donation Inventory Numbers: January 26, 2022

Previous Total

Mid 2002 – 2021 **470,447**
2022

January1,611

Year to Date Total1611

Grand Total472,058

Covid Items Donated as of January 26, 2022

Face masks41,638

Ear Saver6,109

Surgical Hats2,745

Comfort Hearts1,536

Total.....52,112

These totals do not include Fredericksburg which could not deliver any items in January owing to inclement weather and the subsequent need to cancel their pick-up/drop-off events.

How to Crochet a (Snow) Ball (Modified from an Article by [MOLLIE JOHANSON](#))

Choose a yarn that will work for the scale of the ball you wish to make. Use a crochet hook in the size recommended for your yarn. For a denser fabric, go down a hook size. The 2.5-inch ball pictured uses cotton DK weight yarn and a size F hook.



Instructions

Start the Ball with a Magic Ring

Starting and Round 1: Start with a [magic ring](#) (see tip). Work six sc stitches into the center of the circle. Join with a sl st (six stitches).

Section One: Increase the Stitches in Each Round

In each round, you need to increase six stitches. To do this, work two sc stitches into the same stitch. For each new round, add a plain sc stitch before the increase.

- Round two: Chain 1. *Two sc in the next stitch. Repeat from *. Join with a sl st (12 sts).
- Round three: Chain 1. *Sc, two sc in next stitch. Repeat from *. Join with a sl st (18 stitches).
- Round four: Chain 1 *Sc, sc, two sc in next stitch. Repeat from *. Join with a sl st (24 stitches).
- Notice that the number of stitches in the repeat for each round matches the round number. For example, the round four repeat is sc, sc, two sc, which is four stitches. Round five would continue this way: sc, sc, sc, two sc, for a total of five stitches in the repeat. Add as many rounds as you want until you reach the circumference of the ball you want to make.



Section Two: Work Even Rounds of Sc

Now make the middle of the ball by working in even sc rounds. Chain 1. Sc every stitch. Sl st to join. Work the same number of rounds as you did for the increase rounds. If you worked five increase rounds, work five even rounds, and so on.



Section Three: Decrease the Stitches in Each Round

To work the last third of the crocheted ball, decrease six stitches in each round. This is the opposite of the increase rounds, and you need to work as many rounds as you did for each of the other sections.

Work as many sc stitches as needed to match the number in your last increase round, then sc two stitches together.

Decrease round one (for a ball with five rounds): Chain one. *Sc, sc, sc, sc two together. Repeat from *.

Join with a sl st. Decrease round two (for a ball with five rounds): Chain one. *Sc, sc, sc two together.

Repeat from *. Join with a sl st.

Fill the Ball with Stuffing or Other Filler

As you continue the decrease rounds, the opening gets smaller. Before it gets too small, fill the ball with stuffing or another filler.

Close the Ball by Gathering the Last Stitches

Continue decreasing the stitches until you have six stitches left. Cut your yarn, leaving an 8-inch tail. End off the last stitch, then use a yarn needle to run the tail through the stitches and gather the opening closed.



Secure the Yarn and Weave the Ends

Secure the yarn and weave in the tails. Roll the ball between your hands to shape it as needed.



<https://www.thesprucecrafts.com/how-to-crochet-a-ball-4685782>

Peggy Lunardini's Knitted Snowball, Made on Straight Needles

Cast on 8 stitches, using a needle appropriate to the yarn you are using. Bear in mind that the thicker the yarn (and bigger the needle), the larger the snowball will be.

Row 1 - Knit

Row 2 - Purl

Row 3 – Knit, increase in every stitch (16 st)

Row 4 - Purl

Row 5 - Knit and increase in every stitch (32st)

Row 6 - Purl

Rows 7-20- Knit odd rows, purl even rows.

Row 21 - Knit two together across (16 st)

Row 22 - Purl

Row 23 - Knit two together across (8 st)

Row 24 - Purl

Using a sewing needle, remove stitches from knitting needle and pull tight.

Sew seam most of the way, then stuff. Complete sewing closed. Roll ball around in your hands to achieve a snowball look, if necessary



Tip of the Month: Starting your Crochet Project with a Magic Ring

The crocheted “magic ring,” also called a magic circle or magic loop, is the perfect way to start any crocheted item which starts with a circle such as a granny square, an octopus, or a top-down hat. This method leaves no opening in the middle of the starting circle as you pull the end of the like a drawstring to close any potential hole in the middle. The below is for right-handed crochet but left handers can just flip the starting loop formation and then use left-handed movement working clockwise.

Make a loop at the start of your yarn with the yarn coming from the skein crossing OVER the loose end (should look like a lower-case e),

Insert your hook into the middle of this loop. Wrap the working over the hook from back to front as you normally would,

Draw the yarn through the circle, holding the crossed point of the circle as you draw up the so that it does not all come apart,

Yarn over to start a chain stitch, continuing to hold the circle as you make your stitch, and draw the hook through the loop to complete the stitch. At this point I remove the loop from my index finger, leaving it open as I start to make my single crochets,

Make a single crochet into the loop. The loop should be getting less loose at this point. Next, make as many single crochets into the loop as you need stitches for the pattern. The loop (ring, circle) will still look fairly open to you at the point. That is fine as you will soon see,

Pull the end of the yarn to tighten the loop to bring the first turning chain and the last single crochet you made close together and join the circle with a slip stitch. Pull the yarn end to close the “magic loop.” Close the circle by pulling the yarn so that it is as tight as you want it to be,

Secure the end of the yarn well or your circle may start to open up with use.

Click [HERE](#) for a video tutorial.

From the Heart Local Group Times
Subject to Change Check Before Heading Out

February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers (7pm via Zoom) 	<p>2</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	<p>3</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>4</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>5</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm
6	<p>7</p> <ul style="list-style-type: none"> • Stonebridge Rec.Ctr. 10a-1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Sycamore Square Quilt Shop 10am- 1om Mask required if not vaccinated or for comfort 	<p>8</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Glen Allen Library Group, noon – 2pm • Southside RVA Stitchers (7pm via Zoom)) 	<p>9</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>10</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm 	<ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>12</p> <ul style="list-style-type: none"> • Louisa Hardees 10am – noon
13	<p>14</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>15</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom) 	<p>16</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	<p>17</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>18</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>19</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
20	<p>21</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) 	<p>22</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom))) 	<p>23</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>24</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Summerhill Retirement Ctr 1:30 – 3:30pm 	<p>25</p> <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	26
27	<p>28</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 					

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Southside RVA Stitches	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitches	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395