

Continuing From the Heart's Soft Reopening

The From the Heart workshop is open from 10am until 2pm 4 days a week: Tuesday, Wednesday, Thursday, and Saturday. The total number allowed inside the workshop at any given time continues to be capped at 10, which includes the 2 Elves. To comply with current CDC guidelines, we are requiring that masks be worn by those who come into the workshop.

You may enter the workshop to get yarn and, if you are not staying, you will not be included in the count of 10 people. We are continuing to keep a written record of who enters, although we will no longer take temperatures as you enter.

Please do not come to the workshop if you have a cold or other illness or have been in the company of someone who has been, or is, ill.

Please continue to tag your completed projects before dropping them off but it is no longer necessary to bag them, with the exception of items intended for Vessels of Mercy International. If you do bag them, please include a list of what is in the bag.

There will be a bin outside for you to drop your items into if you don't want to enter the workshop. Please note you do not need to enter the workshop or sign in if you are simply dropping items in the bin outside.



1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitchers
www.fromtheheartstitchers.org
Grateful Thread – January 2022

Letter from Lois – January 2022

We know it's coming, happens every year in our area. I'm talking about those freezing temperatures, cold, cold rain and just sometimes, SNOW!

Most all of us are prepared, some are even anxiously awaiting to see those beautiful, white flakes floating down, creating the beginnings of a winter wonderland.

As I said, most all of us are prepared...but what about those in our communities who aren't prepared, can't find a warm, cozy place for watching that snow come down. Those are the folks who are on our radar. This is a huge concern for so many of us, just wanting to do all we can for those less fortunate than we are. From the Heart has always, for all of our 20 years, worried about being able to do more for those who are homeless or very near being in that situation. We continue this year to put a very large part of our focus on finding ways to assist in this area. We have yarn at our disposal, we have the tools and most important, we have ample talent. So, let's concentrate here for a minute and come up with a true plan to put our resources to good use.

We need LARGE blankets...at least 60 to 72 inches long and wide enough to cover a cot or twin-size bed. If you are anything like me, you are simply overwhelmed at the thought of working on a project for sooooooo long...long enough to create a blanket large enough that it will truly make a difference. What I'm thinking will work out best for all of us is 12-inch acrylic squares! Not 11 or 13 but a true 12 inches. Rather than stitch and stitch on a project that (in my case) never seems to grow large enough to make a difference, suppose we just take the leftover yarn from our prior projects and make a square or two before tackling the next scarf or hat. Little by little, with a lot of help from our fellow stitchers, we will have 12 or 15 acrylic squares that can be stitched into a bit of loving warmth for someone shivering on a street corner, in a back alley or under a bridge. These acrylic squares should not be tagged as they many will be sewn into one item which will then be tagged. If possible, please leave a 15" yarn tail to be used for sewing them together.

While we still will need those warm hats, scarves, and mittens, give this blanket idea some thought. If we can each just turn in a square or two, think of the difference we could make toward keeping someone unfortunate a bit warmer while they are battling problems we cannot even imagine.

Lois

Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next **Curbside** Drop off / pickup at the Ruritan for Tuesday 01/11/22.

The current needs are as follows: however, as we always say, make what you enjoy making.

- Blankets for men & women – no smaller than 32"x32" and as large as twin bed size
- Hats – preschool through adult but please no baby hats
- Cotton washcloths, 8-9" square, tagged please

If you want to pick up supplies. I will need the following information from you by Thursday 01/06 by 5:00 PM. After that we will be bagging the supplies and will do my best to provide what you are asking for.

- Your name
 - What you would like to drop off
 - # of finished items
 - types of items
 - approx. count would be very helpful.
- What supplies do you need?
 - fabric to make book totes or walker totes
 - ribbon for book totes or Velcro for walker totes
 - tags so you can turn things in already tagged going forward
- If you need yarn:
 - What yarn would you prefer by weight and color
 - Weight = #4, #3 etc. or tell me if you want worsted, sport, chunky, etc.
 - Color, what color(s) or variegated
 - A big bag of leftovers for making??? We have an abundant supply of them.
- Any other information you might think pertinent

We will be open for receiving finished items and picking up supplies only, 10:00am-noon. When you arrive, please text me (with your name and vehicle color). We will bring out your supplies and pick up your completed items. Click [here](#) for directions to the building.

Thank you so much for all you do for From the Heart. I know all the locations we deliver to are going to be very appreciative of the items we will be able to deliver to them. Please do all you can to keep yourself and those around you safe and again, thank you for all you do to help us continuing to deliver items during these challenging times.

Pam Greswolde, 540.661.7967,
pegreswolde@comcast.net

Inclement Weather Policy



A reminder that From the Heart's inclement weather policy is "If the schools are closed, or opening late, the workshop will be closed."

This rule applies regardless of where you live. In Richmond, we look at Chesterfield, Henrico, Hanover, and Richmond City schools. In Fredericksburg, it would be Spotsylvania. If your schools are closed/opening late, your meeting spot will be closed. A notice will be sent out on Friday evening if we need to close on a Saturday, as the schools cannot be the guide in that instance. Other than that, please just follow the "If the schools are closed, or opening late, the workshop will be closed" rule. Thanks all.

New Short Term From the Heart Project Baby Valentine Red Hats with White Hearts

Following the segment on CBS6 news, I was contacted by Shannon Brooks Armes, mother of Skylar Jean Armes, who was stillborn on October 21, 2016. Shannon started a charitable group in memory of Skylar and delivers red baby hats with white hearts on them to Henrico Drs. Hospital every year to be given, as a token of love and in honor of Skylar, to babies born there in February. Shannon asked if From the Heart would be in a position to help with this endeavor this year. The Board voted, at the last Board meeting, to help as much as possible in the time remaining until it is necessary to get the hats to Shannon for delivery to the hospital.

These full-term baby hats can be knit or crochet, any stitch or pattern, any weight yarn with the exception of chunky/bulky. They need to be red and include a white heart somewhere, if possible, although red hats with heart shapes clearly visible in the pattern are also OK. If necessary, a white heart securely fastened to a red hat is also fine. To crochet a heart to attach to your red hat, click the link below. Crochet the heart in white yarn.

<https://www.thepaintedhinge.com/2015/01/14/hearts-in-3-sizes-free-crochet-patterns/>

If you find or want to use a pattern which has straps, please do not include the straps when making your item.

These hats need to be delivered to From the Heart no later than Saturday, January 22 in order to be available to Shannon and then to Henrico Drs. before February.

There are lots of patterns on Ravelry at:

(<https://www.ravelry.com/patterns/search#query=valentine%20baby%20hat>) and also via google search by typing in "Valentine Baby Hat Pattern." Ravelry can be further drilled down by clicking on the "free" button under "availability" in the menu on the left of the page.

The red and white hat pictured to the right is a free pattern on Ravelry. The hat is called "Milda," and the pattern is available [here](#).



If you would like to see what Shannon has already done in memory of her daughter, click on the link below <https://www.facebook.com/InMemoryofSkylarJeanArmes/>

Thanks, all, and please don't hesitate to ask me if you have any questions.

Tricia
triciaennis2014@gmail.com
(804)683-9015

"My Teacher Daughter"

"My teacher daughter told me that her students did not have scarves or hats several years ago during a particularly cold month. It was during a conversation where she and I were talking about the stresses on teachers.

One of my knitting groups was making hats and scarves for Richmond City Schools. It occurred to me that my daughter's class needed my hats more. So, I made hats in various sizes to fit over smooth hair, curly hair, afro hair, big heads and little heads and medium size heads. I made long scarves for the taller students and medium scarves for the shorter girls and boys.

The colors came from my stash. Wild colors and muted colors and everything in between. There was every kind of yarn imaginable --thick, thin, furry.

This year I sent her 45 hats of various sizes and 58 scarves for the kids to select from. They pair up the hat with a scarf and according to my daughter they love it. And every day she wants to know where the hats are that belong on their heads and the scarves around their neck. What a great teacher!"

Janet Sparzak

Also Happened in December...

In addition to the hats and scarves given out to school children by Janet Spartzak's daughter, there are a couple of other December events worth a mention.

Vessels of Mercy, on one evening alone, distributed From the Heart created hats, mitts, scarves, and other items to 674 people in underserved areas of Richmond.



Communities in Schools, Chesterfield Co., distributed hats and toys as part of their annual holiday outreach to 200 in-need elementary aged school children in the county.

From the Heart started distribution of our new toiletry bags. Only 51 have been distributed so far but, as the song goes, "We've only just begun."

CBS6 in Richmond aired a very nice segment about From the Heart and we received many new members as a result. To those of you who will be receiving your very first From the Heart monthly newsletter "The Grateful Thread," welcome to From the Heart.

Current Needs – January 2022

Please tag items before bringing them to the workshop. It is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open. Anything you intend to go to Vessels of Mercy International should also include the words "Vessels of Mercy" on the bag. This will be a great assist to the Elves and/or members of the Sorting/Distribution Team when dealing with the many hundreds of items that come into the workshop every week.

If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-497. Fredericksburg/King George area please contact Pam (540) 661-7967, pegreswolde@comcast.net.

Richmond and Surrounding areas have a need for:

- 12" acrylic non-tagged squares w/ 15" tails
- 5" baby hats

- mitts and mittens for adults
- 8" to 9" cotton washcloths, tagged
- Valentine Baby Hats (see separate article), RED hats with WHITE hearts

Fredericksburg/King George has a need for:

- Blankets for men & women – no smaller than 32"x32" and as large as twin bed size
- Hats – preschool through adult but please no baby hats
- Cotton washcloths – 8-9" square, tagged

Please be aware that these are our current, most pressing needs but that, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at:

<https://fromtheheartstitchers.org/patterns/>.

From the Heart Retreat 2022 - Save the Date

Be sure to mark your calendar for **Saturday, October 1, 2022**. The Board of Directors confirmed the date with The Place in Innsbrook and the planning wheels are already in motion!

The Board of Directors is exploring our options for another successful Retreat in 2022. This could mean that we will cap the number of attendees to less than 200 and still cover our expenses. We hope to maintain the registration fee at \$40 for each participant (that includes Board Members) if possible. Stay tuned as further details are settled into place but do **SAVE THAT DATE** now.

NOW at the Workshop

We now have hat/scarf kits and shawl kits available for pickup inside the workshop. To accommodate those who are not yet ready to go inside, we have also started to put cotton yarn in a bin outside the workshop for those who would like to make an 8-9" washcloth, acrylic yarn is in another bin for those who would like to make 12" acrylic squares (see Letter From Lois), and a third bin has red and white yarn in it for those who would like to contribute to our Valentine Baby Hat project.

Elf of the Month – December 2021

Each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Deb Abresch** who is the Elf of the Month for December 2021. Next time you are at the workshop, Deb, please select some of the nicer yarn for your personal use in a non-FtH project.

For Your Browsing Pleasure

January is a dreary month, but it is a month of new beginnings for the new year. Try subscribing to these three site for craft ideas and different ways of looking at crafting.

1. thesprucecrafts.com for different ways of viewing different crafts in myriad ways
2. nourishandnestle.com which includes delicious eating ideas along with knitting concepts and patterns which are always changing
3. In third place is a site that claims if you knit 10 rows a day you can make 95 hats a year 10rowsaday.com. This site also has a knitting tutorial every Friday and a knitting library.

All this should keep you busy and happy until February. Happy New Year everyone and may only the best be yours in 2022.

Janet Sparzak

Workshop Volunteering and Scheduling

To volunteer for a two-hour shift at the workshop during the month of January 2022, please contact Jacqueline Muoio (*below) at msjbangles@yahoo.com or by phone at 804-802-2304

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480

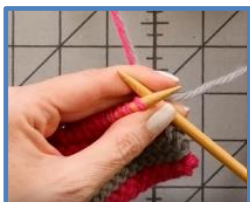
*Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

Tip of the Month Weaving in Ends as You Work

Join your new working yarn (shown in gray here), knit the first stitch then hold the new yarn in your right hand. The tails or ends of your gray and pink will be held in your left hand (but only for a few stitches).



Insert your right needle into the

next stitch but do not knit it yet. Pull the tails of your pink and gray over and around to the front of your work.

Now wrap the right needle with your new gray yarn, move the pink and gray tails to the back, and pull the stitch off.



Knit the next stitch as normal.

Repeat these steps until you have wrapped three or four stitches total. The result is a non-bulky and neat wrong side.



This tip was found on the [Very Pink](http://VeryPink.com) website as a [video tutorial](#).

Donation Inventory Numbers as of December 22

Previous Total

Mid 2002 – 2020 425,305
2021

January/November41,499

December (as of 22nd).....3,238

Year to Date Total.....44,737

Grand Total 470,042

Covid Items Donated as of December 22

Face masks41,165

Ear Saver 6,089

Surgical Hats2,650

Comfort Hearts1,536

Total 51,440

From the Heart Wishes all its Members a Happy and Healthy 2022



Newborn Baby Hat (Knit)

1 skein Joann's Big Twist will make quite a few of these little hats with yarn left over. Any soft #4 yarn can also be used. Just be sure to use **soft** worsted (#4) weight yarn.

Using either long size 7 needle for magic loop or double point needles. (16" circular is not suitable for knitting these small tube hats.)

Cast on 44 stitches. Join carefully being certain stitches are not twisted. Work in knit 2, purl 2 ribbing for 32 rounds.

Round 33: Knit 2, purl 2 together. Repeat around the Round (33 sts.)

Round 34: Knit 2 together, purl 1. Repeat around the Round (22 sts.)

Round 35: Knit 2 together around (11 sts.)

Round 36: Knit 2 together 5 times. Knit 1 (6 sts.)



Cut yarn, thread thru tapestry needle, pull thru remaining 6 stitches, snug up smoothly, weave in tail. Weave in tail at beginning cast on. Voila! It's done!

Crocheted Baby Hat

F hook and Sport Weight Yarn (I used Baby Soft)

To begin: Chain 27

NOTE: Turn and ch 1 at the end of all odd rows.

Row 1 – sc in 2nd chain from hook and in each chain across (26 sc)

Row 2 – sc in 20 sc (do not sc in last 6 sc), turn (do not ch 1)

Row 3 – sc in 20 sc, back to beginning

Row 4 – sc in 20 sc and in 2 sc in Row 2 (22 sc) (do not sc in last 4 sc in Row 2) turn (do not ch 1)

Row 5 – sc in 22 sc back to beginning

Row 6 – sc in 22 sc and in 2 sc in Row 2 (24 sc) (do not sc in last 2 sc in Row 2) turn (do not ch 1)

Row 7 – sc in 24 sc back to beginning

Row 8 – sc in 24 sc and in remaining 2 sc in Row 2 (26 sc), turn (do not ch 1) Row 9 – sc in 26 sc back to beginning.



Repeat Rows 2 thru 9 until the circumference of the hat is about 16"

Finish off; leave a long tail for sewing up seam. Fold piece in half and sew two sides together to form hat. Run yarn through stitches at top of hat to close. Turn up about a 2" cuff when finished.

You can experiment with a G or H hook and other yarns to make larger hats.

If you want to make one of these hats for our Valentine Baby Hat project (see article), please make the hat in a soft RED yarn and attach a WHITE heart to it. Below is a link to a pattern for a crocheted heart.

<https://www.thepaintedhinge.com/2015/01/14/hearts-in-3-sizes-free-crochet-patterns/>

From the Heart Local Group Times
Subject to Change Check Before Heading Out

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm
2	3 <ul style="list-style-type: none"> • Stonebridge Rec.Ctr. 10a-1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Sycamore Square Quilt Shop 10am- 1om Mask required if not vaccinated or for comfort 	4 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers (7pm via Zoom) 	5 <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg • McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	6 <ul style="list-style-type: none"> • Glen Allen Library Group, 1 – 2:30pm 	7 <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	8 <ul style="list-style-type: none"> • Louisa Hardees 10am – noon
9	10 <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	11 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Glen Allen Library Group, noon – 2pm • Southside RVA Stitchers (7pm via Zoom) 	12 <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	13 <ul style="list-style-type: none"> • Glen Allen Library Group, 1 – 2:30pm 	14 <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	15 <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
16	17 <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) 	18 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom) 	19 <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	20 <ul style="list-style-type: none"> • Glen Allen Library Group, 1 – 2:30pm 	21 <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon 	22 <ul style="list-style-type: none"> • Redeemer Lutheran 9400 Redbridge Rd. (Conf. room) 9:00 – 11:00am.
23	24 <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	25 <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • Glen Allen Library Group, noon – 2pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom)) 	26 <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	27 <ul style="list-style-type: none"> • Summerhill Retirement Ctr 1:30 – 3:30pm • Glen Allen Library Group, 1 – 2:30pm 	28 <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	29
30	31 <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 					

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies : Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Firehouse Subs	Busy Street	Midlothian	Thursday, 1 st , 3 rd	4:30 – 6:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st	10am – 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329 Not Currently Meeting
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	Not Currently Meeting
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Redeemer Lutheran	9400 Redbridge Rd. (Conf. room)	Richmond	Saturday 4 th (ex Dec)	9-11am	
Southside RVA Stitches	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitches	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395