

Continuing From the Heart's Soft Reopening



Starting on Tuesday, March 1st, people will be able to once again sit and craft at the workshop while we are open. As you are all aware, our hours are 10am until 2pm on Tuesdays, Wednesdays, Thursdays, and Saturdays. A total of 7 people (5 crafters and 2 elves) will be allowed in the workshop at any given time, not to include people who come in for just a couple of minutes to get yarn for a future From the Heart project.

We will continue to require the use of masks while in the workshop and also request that people practice reasonable social distancing. Everybody will have to sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing.

As always, we request that you do not come to the workshop if you are feeling unwell or running a temperature or if you have been in the company of someone who has been unwell.

Thank you all so much and I'm looking forward to seeing you at the workshop soon.



1425 Crawford Wood Place
Midlothian, VA 23114
www.facebook.com/FromtheHeartStitches
www.fromtheheartstitches.org
Grateful Thread – March 2022

Letter from Lois – March 2022

With our member and project numbers increasing so nicely, we now feel comfortable offering to “spread the joy” to areas/patients we have not previously reached. We are looking for those in need who could enjoy the comfort of having our loving stitches wrapped around them. We are thinking of areas such as (but not limited to) hospice, dialysis and infusion centers or assisted living and memory care facilities you might be aware of that our distribution committee has not yet included in their lists.

We can offer blankets and stay-on shawls, hats of numerous sizes including those for babies and toddlers. It may be the teddy bears or other toys created by our stitches that are needed. We also have wonderful mats for cages used by organizations rescuing cats and dogs. Think of those places with which you are familiar and let us know. We can send a representative in to visit and see just how we can be of help.

We are so excited by our ability to help others. It’s what From the Heart is all about! The comfort we can give to others is also a comfort to our stitchers...just realizing how we have the ability to be able to help ease the situations of others gives us such a warm, fuzzy feeling in our own hearts!

Get in touch with me...let me know your thoughts. I can be reached by email at loisfth@me.com or text message at 804-305-4971. I’m waiting to hear from YOU!

Lois

Talking of FtH Representatives...

We love to share From the Heart with anyone willing to listen. We used to share our story on a regular basis, pre-COVID, by visiting stitchers interested in starting a new FtH group. Additionally, we do enjoy presenting to local civic groups, churches, and other social groups. Many new members come to us as a result of taking our “show on the road.”

As things return to a somewhat normal way of living, the Board would like to remind all our members that we are more than happy to present a “Show and Tell” about From the Heart to your church or social group. Just contact any Board member if you have an interest in having someone share what we do and how we do it to any group you are a part of.

Vessels of Mercy

We partnered with Vessels of Mercy (VOM) during the first year of the pandemic to support their annual Holiday of Hope project. We provided hats for babies, children and adults as well as dressed teddy bears and made toys for VOM to distribute to local families in need. Since that time, we have provided hundreds of blankets, hats, toys as well as a several “plarn” crochet sleeping mats for the homeless.

VOM has also taken many of our soft knitted crocheted toys with them on overseas mission trips. These were especially adored and coveted by children and adults. Founder, Bev Gibson, stated that they disappointed the young adults who wanted them because the toys were exclusively for the young children. (That just makes my heart smile.)

VOM has a sewing/knitting/crochet team, too. They make pillowcase dresses, shorts, dolls, sustainable hygiene shields and liners. The dresses are delivered to those living in extreme poverty. The hygiene kits are distributed to school-aged girls so they can attend school during their monthly periods. On their mission trips, VOM teaches women how to sew, knit and crochet. This assists them to provide an income for their families.



If you are interested in learning more about their sewing/knitting/crochet group that meets on Fridays, give the office a call. The phone number is 804.740.4575. Their office is located at 12081 Gayton Road which is just a few minutes from our Workshop.

FtH Drive for Items for Fox Elementary School



As you would all know by now, From the Heart is providing items, through Communities in Schools Richmond, for the students of Fox Elementary School which suffered a devastating fire a little over a week ago.

If you are interested in contributing to this effort, please consider making a hat with a fox theme (we have patterns at the workshop, you can check on [Ravelry.com](https://www.ravelry.com) and/or you can contact Tricia at (804)683-9015 or triciaennis2014@gmail.com.

Two additional items which have specifically been requested are:

- Pleated masks for children 5 through 11 years old and also for adults
- Twiddle/fidget items for children. These may be hand-made, or store bought. If store bought, please leave the original packaging and/or tag intact

Any other comfort item you think might assist a child in a stressful situation such as this is also welcome. There are patterns on our website which are probably quite suitable, such as our comfort dolls or a “snowball” filled with fiber fill to the point where it is still squishable when held in the palm of the hand.

Anything intended for Fox Elementary School should be marked as such before being dropped off at the workshop. We have at least two weeks to work on these projects, perhaps longer. It is not necessary to individually tag the smaller items. Please place them in a Ziploc bag, write on the bag what is in it, that it is for Fox, and then add a tag to the bag.

Current Needs – February 2022

Please tag items before bringing them to the workshop. It is no longer necessary to place them in plastic bags. If you do put your items in a plastic bag, please include a note to indicate what is in the bag. Please tie your tags in a BOW, not a knot, as the bow is easier for our recipients to undo. Tags can be picked up any time the workshop is open. Anything you intend to go to Vessels of Mercy International should also include the words “Vessels of Mercy” on the bag. This will be a great assist to the Elves and/or members of the Sorting/Distribution Team when dealing with the many hundreds of items that come into the workshop every week.

If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-497. Fredericksburg/King George area please contact Pam (540) 661-7967, pegreswolde@comcast.net.

Richmond and Surrounding areas have a need for:

- 12” acrylic non-tagged squares w/ 15” tails
- 8” to 9” cotton washcloths, tagged
- Twin bed size large blankets
- Horseshoe shaped shawls
- Twiddle cuffs, bracelets, and toys
- “Snowballs” – (soft knit or crochet balls)
- Hats with fox themes for Fox Elementary School
- Pleated masks for elementary school children and for adults
- 40 Baby hats with bunny ears for MCV. We

have kits available for these at the workshop

- Drain bags (sewn)
- Underarm pillows (sewn)

Fredericksburg/King George has a need for:

- Blankets – no smaller than 32”x32” and as large as twin bed size (baby, kids, men & women))
- Totes – for books and wheelchairs
- Cotton washcloths – **Please DO NOT tag (tags are in the bags with the toiletries)**
- Dialysis mitts
- Please note that Fredericksburg does NOT need seatbelt (port) pillows at the time

At the end of this newsletter, you will find patterns for “generic” hats for children. These would work nice for either the fox or bunny eared hats needed by Richmond. Just make ears for either a bunny or a fox and attach. Check YouTube for videos on making animal ears 😊

These are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>.

Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next **Curbside** Drop off / pickup at the Ruritan for **Tuesday, March 8, 2022** from 10 am until noon. Masks are required to enter the building.

The current needs are as follows: however, as we always say, make what you enjoy making.

- Blankets – no smaller than 32”x32” and as large as twin bed size (baby, kids, men & women))
- Totes – for books and wheelchairs
- Cotton washcloths – **Please DO NOT tag (tags are in the bags with the toiletries)**
- Dialysis mitts

If you want to pick up supplies, I will need the following from you by Thursday, 03/03 by 5:00pm. After that we will be bagging the supplies and will do my best to provide what you are asking for.

- Your name
 - What you would like to drop off
 - # of finished items
 - types of items
 - approx. count would be very helpful.
- What supplies do you need?
 - fabric to make book totes or walker totes
 - ribbon for book totes or Velcro for walker totes

- tags so you can turn things in already tagged going forward
- If you need yarn:
 - What yarn would you prefer by weight and color
 - Weight = #4, #3 etc. or tell me if you want worsted, sport, chunky, etc.
 - Color, what color(s) or variegated
 - A big bag of leftovers for making??? We have an abundant supply of them.
- Any other information you might think pertinent

We will be open for receiving finished items and picking up supplies only, 10:00am-noon. When you arrive, please text me (with your name and vehicle color). We will bring out your supplies and pick up your completed items. Click [here](#) for directions to the building.

Thank you so much for all you do for From the Heart. I know all the locations we deliver to are going to be very appreciative of the items we will be able to deliver to them. Please do all you can to keep yourself and those around you safe and again, thank you for all you do to help us continuing to deliver items during these challenging times.

Pam Greswolde, 540.661.7967,
pegreswolde@comcast.net

From the Heart Retreat 2022 Shining Our Light

Be sure to mark your calendar for **Saturday, October 1, 2022**. The Board of Directors confirmed the date with The Place in Innsbrook and the planning wheels are already in motion!



We have decided on a theme for this year's Retreat! It is "Shining Our Light," as suggested by Rebecca Kenney. We feel this theme is a very accurate expression of what all our members do

in their daily lives and, in addition, very accurately represents what From the Heart does as an organization in the communities in which we operate. Thank you, Rebecca, for your marvelous suggestion and for all the work you do in ensuring our Retreats are as beautifully decorated as they are.

We are hoping to maintain the registration fee at \$40 again this year but, given all the current uncertainty around COVID and inflation, there is a slight possibility

that we may need to increase this ever so slightly. Also, we may need to cap the number of attendees to less than 200, most likely the cap will be no more than 150. Therefore, the Board encourages you to save the date of October 1 now and be ready to pounce when registration opens.

Have You Heard About This?

From the Heart recently began another exciting project! We are making hygiene or toiletry kits available to small food pantries, food desert areas and health departments. Our Fredericksburg membership first suggested this idea in late 2021. The idea sprouted and we have been assembling kits ever since.



These sought-after bags contain travel size items such as shampoo/conditioner, soap, toothpaste, toothbrush, comb, deodorant, hand lotion, knitted and/or crocheted washcloths, etc. This year alone, since January 1, 2022, we have distributed 793 bags in the Richmond and Fredericksburg areas. Fredericksburg had already delivered in excess of 1,500 before Richmond even got in on the act.

We have used cute sewn bags as well as quart size plastic Ziploc bags for assembly. As with all products, the cost of purchasing items for the bags has increased. If you are interested in contributing to this project, please bring your unopened/unwanted/unneeded travel sized toiletry items and quart sized Ziploc type bags to the Workshop in Richmond or to the upcoming drop-off in Fredericksburg on Tuesday, March 8th.

One little boy, given a bag at a recent event, literally asked "This toothbrush is for me? Only me? You mean I don't have to share it with my brothers and sister anymore?"

From the Heart does make a huge difference in our communities. Thank you all so much.

Elf of the Month – February 2022

Each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Katya Arsentyeva** who is the Elf of the Month for February 2022. Next time you are at the workshop, Katya, please select some of the nicer yarn for your personal use in a non-FtH project.

What “Specialty” Items are at the Workshop?

We have bags of matched squares to be sewn together to create blankets on the wire shelving to the right as you enter the yarn hall. This is also where you will find kits for hats with bunny ears (a knit and a crochet pattern in contained in each kit, a small amount of yarn in the correct colors for making fox-themed items and patterns for fox themed hats. Kits for horseshoe shaped shawls will be available soon.



We recently received a donation of several pre-cut shaped masks (including interfacing to be used as a filter and a limited amount of elastic). These masks are not the pleated kind so cannot be used for Fox Elementary. The bag containing this fabric is on the fabric shelving in the yarn hall.

We also have a good amount of other fabric available for those who like to make totes for From the Heart. It is also on the fabric shelving.

Don't forget to pick up the tags you will need to add to your finished items.

Workshop Volunteering and Scheduling

To volunteer for a two-hour shift at the workshop during the month of March 2022, please contact the scheduler for March, Keyser Glancy, at keysersglancy@gmail.com, 804-402-0985

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480

Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

Keyser Glancy (contact information above)

Tip of the Month



Ever put yourself in the situation where you have selected several different colored yarns to make a multicolored afghan or blanket, laid them all out on the floor, and loved the color

combination you've chosen?

Then, you start work on the blanket and a few rows later you simply can't remember the order of colors? Happens to all of us, I think. Here is a way to avoid that problem.

Cut a 10" length of yarn from each of the skeins you plan to use. Find an old skewer, knitting needle, or crochet hook and simply tie these lengths of yarn, in the color combination you want, onto the skewer. You can play around with the colors until you get to the combination that really catches your eye and appeals most to you. This avoids the yarn getting tangled on the floor and you can easily check which color comes next when you need to. It is also very portable so can accompany your project wherever you take it. Many thanks to Sheila Weisensale for this idea.

Donation Inventory Numbers: February 23, 2022

Previous Total	
Mid 2002 – 2021	470,447
2022	
January	5,732
February	3,191
Year to Date Total	8,923
Grand Total	479,370

Covid Items Donated as of February 23, 2022

Face masks	41,949
Ear Saver	6,157
Surgical Hats	2,745
Comfort Hearts	1,620
Total.....	52,471

Blast From the Past

OK, not all of us are old enough to remember patterns from “back in the day.” Personally, I get a kick from finding these websites and looking at the patterns that were popular. Additionally, I am especially envious of the teeny tiny waistlines of the models and cringe at the hairstyles of the day. Really, did ladies really crochet a [two-piece suit](#)? On a Susan Bates steel crochet hook size #1? Was that actually “a thing”?

If you're feeling adventurous visit this [website](#) for some old-fashioned crochet fashions **AND** the pattern for this suit, which is bound to come back into fashion at some point in time, right??



AntiqueCrochetPatterns.com

Basic Crocheted Hat for an Older Child

Materials

Approximately 230 yards Worsted (#4) yarn
Size U.S. I crochet hook or size needed to obtain gauge.

Gauge

11 sc and 13 rows = 4 ins.

Abbreviations

Ch	chain	rs	right side
sc	single crochet	rep	repeat
dc	double crochet	rnd	round
sl st	slip stitch		

Pattern

Ch 2.

1st rnd: (RS). 6 sc in 2nd ch from hook. Join with sl st to first sc.

2nd rnd: Ch 1. 2 sc in each sc around. Join with sl st to first sc. 12 sc.

3rd rnd: Ch 1. *1 sc in next sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 18 sc.

4th rnd: Ch 1. *1 sc in each of next 2 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 24 sc.

5th rnd: Ch 1. *1 sc in each of next 3 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 30 sc.

6th rnd: Ch 1. *1 sc in each of next 4 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 36 sc.

7th rnd: Ch 1. *1 sc in each of next 5 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 42 sc.

8th rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc.

Inc 6 sts evenly, as before, on next and every following alt rnd to 54 sc. Place marker at end of last rnd. (Note: this means each alternate round will be sc so 1 increase row, 1 sc round...)

Next rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc.

Rep last rnd until work from marked rnd measures 8" Fasten off.



Basic Knitted Hat on Circular Needles

Use worsted weight yarn (#4) and size 7 or 8 16" circular needles. Cast on 74 stitches
Work 1" ribbing (k1, p1)

Then work in stockinette (knit every round) until piece is a total length of 7.5"

Cut yarn, leaving a long tail. Using a tapestry needle, remove stitches one by one, purl wise, onto the tail of yarn.

Draw all stitches together tightly. Secure and weave in ends. Optional: Make a pompom or bow for the top.



From the Heart Local Group Times
Subject to Change Check Before Heading Out

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers (7pm via Zoom) 	<p>2</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	<p>3</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>4</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>5</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 1-3pm
6	<p>7</p> <ul style="list-style-type: none"> • Stonebridge Rec.Ctr. 10a-1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Sycamore Square Quilt Shop 10am- 1pm Mask required if not vaccinated or for comfort 	<p>8</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom)) 	<p>9</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>10</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm 	<ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>12</p> <ul style="list-style-type: none"> • Louisa Hardees 10am – noon
13	<p>14</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>15</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom) 	<p>16</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	<p>17</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>18</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>19</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
20	<p>21</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) 	<p>22</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom))) 	<p>23</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>24</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Summerhill Retirement Ctr 1:30 – 3:30pm 	<p>25</p> <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	26
27	<p>28</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>22</p> <ul style="list-style-type: none"> • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers (7pm via Zoom))) 	<p>30</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm 	<p>31</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm 		

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	Not Currently Meeting
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 st	10am - 1pm	Tiffany Sherman 804-794-1990
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 - 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Southside RVA Stitchers	Publix café, 7045 Forest Hill Ave.	Richmond	Tuesday every (Zoom)	7-9pm	Patricia Selinger 804-467-5699 (Zoom, call for log in)
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257, mickeyprice@comcast.net
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395