Continuing From the Heart's Soft Reopening



The workshop at 1114 Westbriar Drive in Henrico is now open for people to come in to sit and craft during regular hours which are 10am until 2pm on Tuesdays, Wednesdays, Thursdays, and Saturdays. A total of 7 people (5 crafters and 2 elves) will be allowed in the workshop at any given time, not to include people who come in for just a couple of minutes to get yarn for a future From the Heart project.

We will continue to require the use of masks while in the workshop and also request that people practice reasonable social distancing. Everybody will have to sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing.

As always, we request that you do not come to the workshop if you are feeling unwell or running a temperature or if you have been in the company of someone who has been unwell.

Thank you all so much and I'm looking forward to seeing you at the workshop soon.



1425 Crawford Wood Place Midlothian, VA 23114 www.facebook.com/FromtheHeartStitchers www.fromtheheartstitchers.org Grateful Thread – May 2022

Letter from Lois – May 2022

A bit of From the Heart History:

In 2001, before our organization even had a name, Bertha Rolfe was a part of us. As I sat as a volunteer in the MCV library downtown, knitting with Tiffany Andrews, Bertha would stop by to chat. Little by little she learned of what we were doing and at times would suggest to us specific patients in need of chemo hats.

As months, then years went by, Massey Cancer opened the Stony Point office and I split my knitting time between the 2 locations. It was there I met Bertha's husband, Norman.

Bertha and Norman were both concerned with, as yarn donations began to take over my home, the lack of a facility for what I had just named "From the Heart."

This topic was always front and center in Norman's mind. He was determined to find us a home base and I don't remember ever being in a hospital meeting with him when he didn't make sure everyone in the room was made aware of our situation.

In late fall 2004 Bertha called me...she was a very quiet lady, but you could always see in her eyes she was a problem solver. She told me she had a Board of Directors meeting at the VCU/MCV hospital that evening which Hank Wilton was sure to attend. Surprised at her comment I told my volunteer director, Polly Cole of Betha's mention of Mr. Wilton. She just smiled and commented that something was bound to happen!

About 9:00 that evening I received a phone call from Bertha. She just said I was to go to Mr. Wilton's office the next morning and pick up the keys to the new From the Heart shop! Early next morning Rinne Abbitt and I picked up those treasured keys and headed out Patterson Avenue to check it out. What a shock! It was tiny, dirty, grimy, and covered with cobwebs but looked like heaven to us. To shorten this a bit...Gail Patrick, Matilde Woolcott, Rinne and so many others dug in and scrubbed, painted, and polished that place on Starling Drive until it didn't resemble at all the place we had first tackled.

We packed yarn from my house (it took hours and many trips with my van). We put together shelving that had been donated by Dana with Got Yarn. We filled the cubbies to overflowing. We were so, so thrilled to finally have a home!

We weren't at that location long, only 5 weeks, just long enough to witness a vehicle plow through our neighbor's front window, just a few feet away, on the other side of our adjoining wall!

Once we were clean, yarn in cubbies, everything looking wonderful, I invited Bertha to come visit. She did. She wasn't there long. Her only comment "this is certainly

small." With that she was gone. The very next morning a Wilton agent came in, handed me a set of keys, told us that men and trucks would be there the next morning to move us to our new location...1114 Westbriar Drive!

That all happened in 2005. In early April 2022 we lost Berta. She has joined Norman, who passed away a number of years prior. We've lost them both, but their mark will forever be on From the Heart. I feel our "shop" is their legacy.

Lois

From the Heart Retreat: Shining Our Light

Be sure to mark your calendar for **Saturday, October 1, 2022**. The Board is looking forward to making October 1st a really great and enjoyable day so reserve a place in your schedule now. We can now confirm that the



suggested donation to attend will be \$40, as it has been for some years now. Please note that this amount underwrites the cost to hold the retreat.

Our confirmed vendors for this event are

- Center of the Yarniverse, a local yarn store located in Ashland, Va. You can check out the possibilities of what they might bring to our retreat by going to their website at www.centeroftheyarniverse.com.
- Our own Sheila Weisensale from Weisensale Creations will be offering a lovely selection of hand made note cards and other paper creations, which all include a selection of flowers and seeds from Sheila's personal garden.
- Merry Soapmakers of Powhatan. Hand crafted soaps and hand creams made with natural ingredients such as lavender and goat milk.
- Classy Accessories offers really well made and very cute towels, totes, and jewelry. Check that out on Facebook here
- Although not yet confirmed, there is also a possibility that Cas Schirra may join us again with her beautiful hand-crafted recycled glass and china items.

We will have two classes. Don't forget that all class supplies will be provided for you, but you will need to register to attend a class as a different matter from registering for the retreat. Once registration has been opened for the Retreat, in July, you will need to contact either Kulla or Tricia to register for a class.

 Johnny Wood is looking at the possibility of teaching the I-cord cast on as used in the Stephen West "Boneyard" shawl. Whether or not Johnny decides on this particular class, he will be teaching a knitting class. • For our crochet class, Francine Nelson, and Joyce Puller will present the waffle stitch through teaching it and exploring the technological enhances through the use of Tic-Toc, CAL's, knitalongs, and handouts.

We are still discussing speakers and will give information on those as decisions are made and guests are confirmed.

In addition to our vendors, classes, and speakers, we will have a sit down, boxed lunch (choices available to you will



be on the registration form), a raffle which always consists of gorgeous hand-crafted items (\$1 per ticket, 6 tickets for \$5. See photo for examples of what will be raffled), a grab bag table, random raffles for door prizes

throughout the day, table prizes, and BINGO

As I have said before, we feel that our theme of Shining Our Light this year is a very accurate expression of what all our members do in their daily lives and, in addition, very accurately represents what From the Heart does as an organization in the communities in which we operate.

Tricia

Ukrainian Outreach with Vessels of Mercy

Bev Gibson, Founder and CEO of Vessels of Mercy International, with whom we have been partnering on our humanitarian outreach to Ukrainian refugees, is planning a trip directly to Ukraine on May 3rd to establish a field hospital for those needing medical aide. She is planning to take as many of our recently donated items as she can on this trip for distribution to victims.

The Board of Directors and Staff of VOMI are grateful to everyone for the overwhelming support provided to date and From the Heart is grateful that our items are being delivered, by hand, in suitcases and duffel bags. We can rest assured that they are arriving to the destination and people we intend them for, quickly.

At this point in time, Bev has asked that we pause the hand made donations directed for Ukraine until she has returned from her May 3rd, two-week trip, as she will be in a better situation to advise on future needs upon her return. Knowing that our volunteers enjoy supporting VOMI, we suggest a focus on making hats for children and men that can be used for their Holiday of Hope program in December. They will also need dressed bears, Izzy dolls and soft toys for this outreach. You will find patterns for all these items on our website at https://fromtheheartstitchers.org/patterns/.

Please know that all From the Heart members are valued and appreciated more that you know. Thank you so much for all you do.

Tricia,

triciaennis2014@gmail.com (804)683-9015

Dinwiddie From the Heart Group

The Dinwiddie From the Heart group, formed in 2010, meets in the cozy side room of the Dinwiddie Library. We pull in chairs from the adjacent room to form a friendly circle for our 12 members. Lots of knitting, crocheting, and updating go on during our two hours together. Oh yes and don't forget the show and tell of all the items we have made. Such a good way to get ideas.

Like everyone else our meetings and deliveries came to a stop in February of 2020. We are now meeting again in the library. In late autumn of 2020, we began to make a few deliveries again with our biggest of 220 hats for children to the Dinwiddie Christmas Sharing. Luckily, we had a few hats that were ready for delivery when everything shut down and some of us crocheted and knitted the rest of the year to meet our goal.

Last year we began to make a few donations of hats, blankets, port pillows and shawls as things opened up. We are again delivering shawls, blanket and mitts to DaVita in Petersburg and baby blankets, shawls and drain bags to Southside Regional Medical Center. Of course, we again made 220 hats for Dinwiddie Christmas Sharing and were also able to donate 35 hats to a new group who feed the homeless on Thanksgiving Day and Christmas Day. We hope to increase the hat for the homeless to 100 this year. It's a good way to use some of the wool yarns in our stashes and perhaps create space that will need filling with other lovely soft yarns.

We found a contact and now deliver blankets and shawls to Crater Community Hospice, who especially appreciate our red-white-blue blankets for their Veterans Section in recognition of the veterans' service to our country.

We hope to add twiddle mats of various designs to our repertoire this year and continue to respond as From the Heart sends out Constant Contacts messages about specific items requested.

Some of the group can't wait each year for the Annual Retreat. It is such fun to sit together in that space, wander around and greet old and new friends, and especially check out what projects everyone is working on. Perfect time to be nosy about what everyone is doing and where they found the pattern.

We are very grateful to be able to gather again in person to again appreciate the creative sparks in everyone there.

FtH Awareness Day at Dances with Wool

On Saturday July 9th, Midlothian's local yarn shop, <u>Dances With Wool</u>, will be hosting a From the Heart Awareness Day. 10% of that day's proceeds will be donated by Dances With Wool to From the Heart.



From the Heart members will be there all day long to provide information about our organization to those shoppers who might want to become involved. We will have our Informational Brochure, our Newsletter, and copies of a few patterns with us, for those who might wish to create something for From the Heart in the future. We may also bring along a few samples of the items we create for donation to various places.

Please contact Tricia Ennis (triciaennis2014@gmail.com (804)683-9015) if you have an hour or so on Saturday, July 9th and would like to be part of spreading the news about From the Heart into our community. Dances With Wool will be open from 11:00am until 5:00pm that day and we need volunteers to be there all day long so are requesting that people who volunteer be willing to spend one or two hours at the event (longer if you want).

Also, don't forget that Dances With Wool will be holding their annual Yarn Yard Sale on Saturday, June 4th. Contact them for more information about this event.

Directions to Dances With Wool can be found **HERE**.

Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next Drop off/pickup at the Ruritan for Tuesday 05/10/22 from 10-12. **Masks are required** to enter the building.

The Ruritan generously allows us to use the building at no charge although it is typically \$100 to rent the facility. If anyone would like to donate to the Ruritan, we will have a donation box available to help offset their expenses for our use of the building (electricity, etc.).

The current needs are as follows: however, as we always say, make what you enjoy making.

- Cotton washcloths Please DO NOT tag (tags are in the bags with the toiletries)
- Hats of all sizes

While these two are our biggest need, we could also use:

- Blankets no smaller than 32"x32" and as large as twin bed size (baby, kids, men & women))
- Totes walker and wheelchair

If you want to pick up supplies. I will need the following information from you by Thursday 05/05 by 5:00 PM. After that we will be bagging the supplies and will do our best to provide what you are asking for.

- ✓ Your name
- ✓ What you would like to drop off
- ✓ What supplies do you need?
- ✓ Any information you might think pertinent

We will be open for receiving finished items and picking up supplies only – from 10:00am – noon.

Our drop off next month will be Tuesday June 14th!

Thank you so much for all you do for From the Heart. Please do all you can to keep yourself and those around you safe and again, thank you for all you to do help us continuing to deliver items during these challenging times.

As you know the Ruritan is very supportive of From the Heart, so you may like to support them. The Ruritan holds a yard sale twice a year. The funds raised are used to provide scholarships. The spring yard sale will be held at the Ruritan on Friday May 6th 7am – 4pm and Saturday May 7th from 7am - noon. Any of you that like yard sales might like to stop by, find some good bargains and support the Ruritan. Click here for directions to the building.

Pam Greswolde, 540.661.7967, pegreswolde@comcast.net

Current Needs – May 2022

If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971. Fredericksburg/King George area please contact Pam (540) 661-7967, pegreswolde@comcast.net.

Richmond and Surrounding areas have a need for:

- ✓ Lap blankets (approx. 27 X 36")
- ✓ Twin size blankets (approx. 36-40" X 60-72")
- ✓ Walker totes
- ✓ Handheld size "entertainment" items for memory care folks (snowballs, mitts, cuffs, etc.) See pattern page of this newsletter
- ✓ 7-8" cotton squares for inclusion in toiletry bags (tagged please)
- ✓ 8" acrylic squares with a 2' long tail (for joining the squares no tags needed)
- ✓ small toys and dressed bears (our Dollar Store bears have gotten smaller so please take one from the workshop next time you visit to use as a "model"
- ✓ size J crochet hooks (for Vessels of Mercy)

Fredericksburg/King George has a need for:

- ✓ Cotton washcloths **Please DO NOT tag** (tags are in the bags with the toiletries)
- ✓ Blankets no smaller than 32"x32" and as large as twin bed size (baby, kids, men & women))
- ✓ Hats of all sizes no baby hats please
- ✓ Toys

While these are our biggest needs, we could also use:

- ✓ Men's & ladies wheelchair & walker totes
- ✓ Dialysis mitts

These are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at: https://fromtheheartstitchers.org/patterns/.

Please note that the Richmond site is no longer able to accept donations of gently used clothing or household items as the Domestic Abuse Shelter is no longer accepting these.

Recently, we have been receiving baby hats which are too small to fit a baby and too large to fit on our bears. If you like to create crocheted baby hats, please make sure to use a stretchy "ribbing" for the brim and please do not decrease stitches for a turned-up hem. We have a baby head sized Styrofoam ball on the front desk at the workshop for you to use to ensure your hat is the correct size and there are lots of patterns on our webpage at

https://fromtheheartstitchers.org/patterns/

For Your Browsing Pleasure

From the Hearters' should be proud of the wonderful handwork that has been sent to the Ukraine. The average temperature in the Ukraine today 4/26 is 51 degrees daytime and 44 at night. Everything that was sent was much appreciated with these cold temperatures. https://www.goldenlucycrafts.com/?s=Ukrainian has a Crochet Ukraine Sunflower and a Crochet Ukrainian Heart which could be made and displayed proudly.

If anybody has a child attending Fox Elementary School, which was devastated by a fire recently, and who would like to make a "fox" knit for their child or grandchild, pay a visit to https://startknitting.org/ and type the word "fox" into the search bar for some lovely knit items. If you love dogs, also look at the five free puppy patterns which would make a great small gift for a dog lover/child. Just type a word into the space bar and start exploring.

Happy Mother's Day! Happy Graduation Month! Janet Sparzak

Tip of the Month

Have you ever wanted to knit or crochet something, and you have the perfect pattern EXCEPT it is the wrong size?? How do you solve that problem? Rather easily as it turns out. First, make a swatch and then measure the swatch to determine the number of stitches and rows you have per inch. Determine the size of the item you want to create and multiply those measurements by your own gauge to discover how many stitches and rows you need to work with to get the item you want. Remember to adjust for stitch pattern multiples if needed.

Example: You have a lovely pattern for a blanket. The pattern is for a blanket of 26" square with a gauge of 5sts and 4 rows per inch. You want to make a blanket 34" square and you don't know your gauge. Cast on 20 sts and work in the suggested pattern for 16 rows. (If you have the same gauge as the pattern calls for, the result will be a 4" square.) Measure your finished work. Let's say you find it to be 3" wide X 4" tall. Divide the number of inches into the number of stitches and you will see that your working gauge was 6.66 sts to the inch and 5 rows to the inch. Now multiply

the number of stitches you worked at by the desired width of the blanket and you get 226.44 and multiply the number of rows by the desired length to get 170. So, you would cast on 226 sts and work the pattern for 170 rows to get a blanket which is 34" square. Remember that you may need to add or subtract a couple of sts if there is a horizontal pattern and a few more or less rows if there is a vertical pattern.

Workshop Volunteering and Scheduling

To volunteer for a two-hour shift at the workshop during the month of May 2022, please contact the scheduler for May, Tricia Ennis, at triciaennis2014@gmail.com or by phone at 804-683-9015.

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, <u>aerobbins@live.com</u>, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, <u>kulla.ficare@verizon.net</u>, 804-263-5480 Jacqueline Muoio, <u>msjbangles@yahoo.com</u>, 804-802-2304 Tricia Ennis, <u>triciaennis2014@gmail.com</u>, 804-683-9015 Keyser Glancy, <u>keyserglancy@gmail.com</u>, 804-402-0985

Elf of the Month – April 2022

Each month, we enter the names of all the Elves who have volunteered to staff the workshop that month into a random drawing and one name is pulled to be the Elf of the Month. Congratulations to **Beth Davis** who is the Elf of the Month for April 2022. Next time you are at the workshop, Beth, please select some of the nicer yarn for your personal use in a non-FtH project.

Donation Inventory Numbers: April 28, 2022

Previous Total	
Mid 2002 – 2021	470,447
2022	,
January – March	12,149
April	3,702
Year to Date Total	
Grand Total	486,298

Covid Items Donated as of April 28, 2022

I Utal	······································
Total	52 797
Comfort Hearts	<u>1,620</u>
Surgical Hats	2.745
Ear Saver	
Ear Saver	6 157
Face masks	42,275

It boggles my mind that, over the last two very difficult years, From the Heart members have donated in excess of 50,000 items to ease the hearts of many, many people. Overall, we have donated close to half a million items into our communities. A HUGE thank you to all of you.

Tricia

Twiddle Cuffs for use in Memory Care

Materials:

Worsted to Aran weight yarn (one skein can make several) in bright color or variegated

Contrast yarn: eyelash, boa, Fun fur, ribbon, pom pom, Scrubby, whatever you have on hand. Could also use ribbon

Yarn needle to seam, weave in ends

Sewing supplies if you plan to embellish

US Size 10 needles or a H/I crochet hook

Knit Version

Cast on 34 to 38 stitches

Rib for 6 rows. Either knit one purl one, or knit 2 purl 2 - you decide

Contrast section 1 (about 3/4 to 1/2 inch) knit one row

then chose an option

- a) add a strand or 2 of contrast yarn and work in stocking knit for 2 -4 rows.
- b) work a row of eyelets (Knit one, *yarn over, knit 2 together* end knit one, across, purl across on the wrong side.) Once complete, weave a ribbon, i-cord, pompom yarn or crochet chain through the eyelets loosely, stitching, or knotting ends together firmly
- c) change colors and work a 4-row stripe

Main Section. (About 3 ½ to 5 inches)

Something different from the Contrast section. Chose an option from there, or

- a) work a favorite textured pattern bobbles, loop stitch, whatever you like
- b) work 1 inch in main yarn, work 2 inches carrying Fun Fur or novelty yarn, 1 inch in main yarn
- c) work 3-5 inches in stocking knit and add sew on a small pocket, heart or other shape, or a set of fringes, pompoms, or tassels
- d) work a small intarsia design
- e) work several small stripes in various colors and textures or try something you like to do

Contrast section 2 (about 3/4 to 1/2 inch) Could be the same or different from section 1

Repeat Rib section, bind off in rib.

Fold in half with ribbing at ends, sew seam.

Crochet Version

Ribbing: options

- a) chain 5, half double in second chain and across; chain 1 to turn, half double across in back loop only. Work until piece is 10-12 inches wide, then turn work ¼ turn, work a row of single or half double across the end
- b) Chain long enough to go easily around widest part of your hand... about 30-35. Work first row in double crochet, next 2 rows in front post/back post ribbing. Work one row of single or half double across

Contrast section 1 (about 3/4 to 1/2 inch) chose an option

- a) add a strand or 2 of contrast yarn and work in half double or single for 2 -4 rows.
- b) work a row of eyelets: Chain 4, skip one stitch, *double crochet in next, chain one*. repeat across, end with double crochet in final stitch.) Once complete, weave a ribbon, i-cord, pompom yarn or crochet chain through the eyelets loosely, stitching, or knotting ends together firmly
- c) change colors and work a 2-4 row stripe

Main Section. (About 3 ½ to 5 inches)

Something different from the Contrast section. Chose an option from there, or

- a) work a favorite textured pattern bobbles, loop stitch, whatever you like
- b) work 1 inch in main yarn, work 2 inches carrying Fun Fur or novelty yarn, 1 inch in main yarn
- c) work 3-5 inches in half double or double crochet and add sew on a small pocket, heart or other shape, or a set of fringes, pompoms, or tassels
- d) work a small intarsia design
- e) work several small stripes in various colors and textures or try something you like to do

Contrast section 2 (about ³/₄ to ¹/₂ inch)

Could be the same or different from section 1

Repeat Rib section, bind off in rib.

Fold in half with ribbing at ends, sew seam.

Be sure that anything you embellish the cuff with is VERY WELL SEWN ON.

Avoid using buttons as they are a choking hazard.



May 2022

From the Heart Local Group Times Subject to Change Check Before Heading Out

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	Stonebridge Rec.Ctr. 10a–1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Sycamore Square Quilt Shop 10am-1pm Mask required if not vaccinated or for comfort	Ochesterfield Heights Comm. Ctr 2:00-3:30pm North Courthouse Rd. Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) Southside RVA Stitchers 6:30-8:00pm	Colonial Heights Senior Ctr 10-noon Colony Critters, Patriot's Colony, Williamsburg 1:30pm McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm	Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm	Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm	7 • Atlee Angels, Legacy Park, 1-3pm	
8	9 Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)	Ochesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm	11 Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Spring Arbor Sr. Living 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm		13 Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only	14 • Louisa Hardees 10am – noon	
15	Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) From the Heart Quilters Sycamore Square Quilt Shop 10am-1pm Mask required if not vaccinated or for comfort	Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm	• Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 19 • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm		• Five Rivers Fiber Guild Heathsville. 10am – noon	• Atlee Angels, Legacy Park, 10am – noon	
22	• Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)	Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm	25 Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Spring Arbor Sr. Living 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm	 Hopewell Happy Hearts, 5:30pm – 7:30pm Glen Allen Library Group, 1 – 2:30pm Summerhill Retirement Ctr 1:30 – 3:30pm 	27 • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only	28	
29	30 • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)	 31 Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm 			•		

Name	Address	City	Day of Month	Time of Day	Contact	
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon		
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting	
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid	
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm		
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 ^{nd,} 4 th	1-2:30pm		
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon		
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1st	1.30pm		
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting	
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd ,4 th	1:00-3:00pm		
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd ,4 th	1:30pm	Kathleen, 804-327-1990	
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468	
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting	
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com	
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am-12:30p	Not Currently Meeting	
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30-7:30pm	Not Currently Meeting	
From the Heart Quilters	Quilters Corner, 1245 Sycamore Sq	Midlothian	Monday 1 ^{st,} 3 rd	10am – 1pm	Tiffany Sherman 804-794-1990	
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm		
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790	
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid	
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329	
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329	
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm		
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131	
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524	
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1st	10:30am-2:00pm	Not Currently Meeting	
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329	
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon-3pm	Not Currently Meeting	
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm		
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am-1 pm		
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30-7:30pm	Beth Williamson, 804-920-1542 Not Currently Not Meeting	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699	
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700	
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first	
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm		
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	Mickey Price,804-364-1257, mickeyprice@comcast.net	
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395	