

## Continuing From the Heart's Soft Reopening



As you probably all know, there is yet another iteration of COVID going around, and incidence rates are on the rise again. Every month, at the Board meeting, we discuss From the Heart's "relationship" with COVID and we have decided that, for the time being, we will continue to require the use of masks while in the workshop and also request that people practice reasonable social distancing. Everybody will have to sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing.

As always, we request that you do not come to the workshop if you are feeling unwell or running a temperature or if you have been in the company of someone who has been unwell. The workshop at 1114 Westbriar Drive in Henrico is now open for people to come in to sit and craft during regular hours which are 10am until 2pm on Tuesdays, Wednesdays, Thursdays, and Saturdays. A total of 7 people (5 crafters and 2 elves) will be allowed in the workshop at any given time, not to include people who come in for just a couple of minutes to get yarn for a future From the Heart project.



<http://www.fromtheheartstitchers.org>  
<https://www.facebook.com/FromtheHeartStitchers>  
Midlothian, VA 23114  
1425 Crawford Wood Place

**From the Heart**  
**17<sup>th</sup> Annual Retreat Registration Form**  
**“Shining Our Light”**

**October 1, 2022, 10:00 am to 3:30 pm**  
**The Place at Innsbrook, 4036 Cox Rd., Glen Allen, VA 23060**

**Number of attendees is limited to 125 total**  
**Masks are required as incidence rates are high at the moment**

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (h) \_\_\_\_\_ (c) \_\_\_\_\_

Email: \_\_\_\_\_

Circle which boxed lunch you would like to receive. Sandwich boxes include a bag of chips, freshly baked cookie, potato salad, a bottle of water, cutlery kits & appropriate condiments. Bottled water, a cookie, and crackers are included with the salad option. Hot tea and coffee will also be available.

- 1) **Sliced Roast Beef with Cheddar**, lettuce & ripe tomato on multigrain bread
- 2) **Vegetarian Wrap**, roasted peppers, onions, zucchini, squash & balsamic vinaigrette (vegan)
- 3) **Orange Pecan Salad**, fresh greens, ripe tomatoes, red onion, glazed pecans, mandarin oranges & raspberry vinaigrette (vegan if you do not add the chicken)

(1) Add chicken to the Orange Pecan Salad (please circle)      YES      NO

DO YOU HAVE ANY KNOWN FOOD ALLERGIES? IF SO, TO WHAT? \_\_\_\_\_

**ONLY FORMS MAILED TO ADDRESS BELOW WILL BE ACCEPTED:**

**Beth Williamson**  
**3014 Westgate Drive**  
**Richmond, VA 23235**  
**804-233-4046 (h), 804-920-1542 (c)**  
**elizabethwilliamson3300@comcast.net**

Registration Fee \$40.00 per person (used to assist and defray the cost of running the Retreat.)  
**\*\*Make Check Payable to From the Heart\*\*.**

Your check #: \_\_\_\_\_ Amount: \_\_\_\_\_

For planning purposes, registration must be *received* on or before September 15<sup>th</sup>, 2022. Share the fun, bring a friend! Use one form for several attendees but be sure to note who wants which boxed lunch. Given the large number of people attending past Retreats and the difficulties posed by walk-ins on the day of the Retreat, **there will be no walk-ins** allowed so be sure to register both yourself and any friends in time for Beth to have your form(s) in hand on or before **September 15**.

Please also note that a photographer will be in attendance and photos taken may be used by From the Heart to promote future From the Heart events and/or activities.

**No refunds will be given after September 15<sup>th</sup>, but substitutions will be allowed for any reason.**

## Letter from Lois – September 2022

September - the beginning of cooler weather, beautiful leaf color, school buses, football, harvest moon, pumpkins, and pumpkin-spice coffee!

With the drop in temperatures and kids out early on school mornings comes the need for those cozy, warm hat and scarf sets we collect each year.

We certainly have the proper yarn for these projects this year, thanks to large donations of wool and wool blend yarns we received during the summer. You can see this supply waiting for you at our shop.

And please, let's not forget the continuing need for warm, soft, acrylic chemo hats in little child sizes through adult sizes. And remember the guys...they enjoy a little warmth as much as the ladies enjoy it.

And, then there are the newborn babies, hundreds and hundreds born each month in local hospitals. Those facilities greatly appreciate our help when it comes to keeping those little heads warm.

So sad, all the people who are sick or in need of our assistance. But...so wonderful that we continue to create, not only all those warm hats and scarves, but we must remember the growing need for the full-term size baby blankets approximately 36 TO 40 inches square, lap blankets about 38 x 48, wheelchair blankets in the range of 27 x 36 inches and those wonderfully large blankets for palliative care and dialysis patients, 42 x 48 inches. And don't forget shawls, we need horseshoe shawls. We have so many needs! You can just pick the area closest to your heart, grab your supplies and just stitch away! You make it, we'll find the perfect home for it!

The wonder of how we all pull together for comfort of others...mind boggling! As I've said before, it all works like a "well-oiled machine." Without you we couldn't exist. Without you our communities might not feel the warmth and love we continue to send their way! Our distribution team continues to organize and prepare our offerings for pick up or delivery.

And have you heard??? SINCE OUR BEGINNING BACK IN EARLY 2001 WE HAVE STITCHED AND DELIVERED ALMOST 500,000 ITEMS! THAT'S BIG!!

*Lois*

### From the Heart 2022 Retreat – Shining Our Light

The registration form for the Retreat is at the front of this newsletter. The maximum number of attendees is 125, so



be sure to get your form in asap as the cut-off date is **September 15<sup>th</sup>**. After September 15<sup>th</sup>, no refunds will be given but substitutions will be allowed for any reason. The suggested

donation is \$40, and you should circle the lunch you would like to receive on the registration form.

Confirmed speakers for the event are:

- Judy Knauf, "doctor" at the Doll Hospital Annex, and From the Heart liaison with several recipient groups
- Liz Dukette, founder and CEO of World U.P., a humanitarian organization which improves access to resources for people in need.

Our confirmed vendors, to date, are:

- Center of the Yarniverse, a local yarn store located in Ashland, Va. You can check out the possibilities of what they might bring to our retreat by going to their website at [www.centeroftheyarniverse.com](http://www.centeroftheyarniverse.com).
- Our own Sheila Weisensale from Weisensale Creations will be offering a lovely selection of handmade note cards and other paper creations, which all include a selection of flowers and seeds from Sheila's personal garden. Sheila has an Etsy page, UncommonCuts, which you can access [here](#).
- Merry Soapmakers of Powhatan. Hand crafted soaps and hand creams made with natural ingredients such as lavender and goat milk.
- Classy Accessories offers really well made and very cute towels, totes, and jewelry. Check that out on Facebook [here](#).

We will hold two classes during the Retreat, but you do need to register in order to reserve a seat. To register, contact Kulla ([kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480) or Tricia ([triciaemmis2014@gmail.com](mailto:triciaemmis2014@gmail.com), 804-683-9015).

The classes are:

- Johnnie Wood will teach "An Introduction to the Knitted Tubular Bind Off" in the morning. This bind off method is very lovely and gives a nice stretch to your work. Please bring a small swatch of 10 stitches by 10 rows still on your needle. Stockinette (K one row, P one row) or garter (K all rows) are best.
- In the afternoon, Francine Nelson and Joyce Puller will teach the crocheted Waffle Stitch while exploring technological enhances through the use of TikTok and other methods.



We will also have several raffles during the Retreat, which will include many handmade items donated specifically for this Retreat, such as the children's quilts pictured to the left. Every one of these items is literally a one-of-a-kind item. Tickets will be \$1 a piece, \$5 for six.

Some fortunate attendees will also receive one of our absolutely gorgeous and handmade “Matilde” bags.

Plus, of course, you will be able to purchase a grab-bag of high-class yarn for \$5 and join in our Bingo games should you wish to do so.

To top all that off, Ayn W. has agreed to MC the event and you all know what a remarkable and funny MC she is!

### Introducing Our Newest Board Member Mimi de Percin



During the August meeting of the From the Heart Board of Directors, Mimi de Percin was welcomed as their newest member. Mimi has been very active at FtH for more than 5 years. You have likely seen her working as an Elf at the workshop. She is also a fabulous worker during our Donation Day events. If you are seeking a specific yarn, she will hunt for it until she finds it.

Mimi’s choice of craft is crochet. Although her mother was a knitter, she bought a crochet book and hook for her 8-year-old daughter and said.... “This is for you.” Mimi learned to crochet on her own and now adapts patterns to fit her style or needs.

When we receive yarn that is not suitable for our projects, Mimi is willing to find a new “home” to re-purpose it. Examples are SCRAP RVA as well as thrift shops and other outlets.

You will find Mimi volunteering regularly as an Elf and she is always smiling and anxious to help. Be sure to congratulate her the next time you see her.

### Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next drop off / pickup at the Ruritan for Wednesday 09/14/22 from 10-12. **Masks are required** to enter the building.

The Ruritan generously allows us to use the building at no charge although it is typically \$100 to rent the facility. If anyone would like to donate to the Ruritan, we will have a donation box available to help offset their expenses for our use of the building (electricity, etc.).

If you want to pick up supplies. I will need the following information from you by Thursday 09/08 by 5:00 PM. After that we will be bagging the supplies and will do our best to

provide what you are asking for.

- Your name
- What you would like to drop off
- What supplies do you need?
- Any information you might think pertinent
- Kit to make a red, white, & blue blanket

We will be open for receiving finished items and picking up supplies only – from 10:00am – noon. If the weather is nice, feel free to bring a lawn chair, sit in the shade and visit.

Thank you so much for all you do for From the Heart. Please do all you can to keep yourself and those around you safe, and again, thank you for all you do help us continuing to deliver items during these challenging times.

Our drop off next month will be Wed., October 5<sup>th</sup>!

Pam Greswolde, 540-661-7967,  
[pegreswolde@comcast.net](mailto:pegreswolde@comcast.net)

### Tip of the Month: Lifelines in Knitting

How many times have you spotted a mistake in your knitting when you are several inches or repeats deep into a pattern? Even worse, what if you had cast on two or three hundred stitches and needed to pull it back? A lifeline will help you deal with your boo-boo. My favorite method is using ¼” satin like ribbon as my lifeline instead of another smaller yarn or crochet thread. The reason I like using the ribbon is because it does not distort your stitches and makes it easier to pick up your stitches if you need to pull out your work. When threading the ribbon through your live stitches always remember to skip or go around any stitch markers.



The first photo illustrates a lifeline in a stockinette stitch. Please notice that the ends of the ribbon are secured with a stitch marker and a safety pin. I recommend this method as the ribbon is so slippery that it may exit your project before you are ready.

The photo to the right illustrates how to use a lifeline on a complicated pattern like lace or brioche. You can see that again the ends of the ribbon are secured to the work. I leave all my lifelines in place until I have completed my project. This is just extra insurance in case I notice an error at a later point.



Currently there are several rolls of ribbon available at the Workshop. You can also pick up ¼” wide ribbon at Walmart or Joanne’s.

## For Your Browsing Pleasure

Sometimes while delving in the world of knit and crochet a new word appears such as cosplay or costume play. Cosplay is an activity and performance art where cosplayers dress up as characters from a movie book or video game and try to portray the character as accurately as possible.

View and be amazed at the work, concentration, and attention to detail of these items by seeing the 10 Amazing Cosplay Creations at <https://www.transatlantic-crochet.com> or [www.yarnutopia.com](http://www.yarnutopia.com). Marvel at these lovely crochet costumes. Yarnutopia also has a section which has video/written directions for 365 Days of Granny Squares. One Granny Square is made a day and at the end of the year they are all sewn together.

Not to leave out the knitters, [Biscotteyarns.com](http://Biscotteyarns.com) promises to help the knitter do magic with needles with the online tutorials covering all aspects of learning and advancing knitting skills. Happy Labor Day!

Janet Sparzak

## Current Needs – September 2022

Below are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Lois Moore know at [loisfth@me.com](mailto:loisfth@me.com) or (804)305-4971. Fredericksburg/King George area please contact Pam (540) 661-7967, [pegreswolde@comcast.net](mailto:pegreswolde@comcast.net).

### Richmond and Surrounding areas have a need for:

- Horseshoe shaped shawls
- Lap blankets (up to 36" and they can be square or rectangular)
- Large colorful blankets for palliative care (up to 72" by 36")
- Large blankets for dialysis
- Elf or Santa shaped hats, with white brims and a white pom-pom for newborns. You can search for free patterns by visiting [www.Ravelry.com](http://www.Ravelry.com)
- Memory care items

### Fredericksburg/King George has a need for:

- Cotton washcloths – **Please DO NOT tag (tags are in the bags with the toiletries)**
- Hats of all sizes except preemies (both male and female)
- Scarves of all size
- Lap blankets no smaller than 32 x 32 –they can be square or rectangular, no larger than 32 x 36

- Military (red, white & blue) lap blankets. (We will have kits available on 9/14) We **really** need military blankets in **LAP SIZE** as larger ones as not as useful is nursing homes or memory care. **We will need all military blankets returned on or before the October drop-off.**

## Workshop Volunteering and Scheduling – Sept.

To volunteer for a two-hour shift at the workshop during the month of August 2022, please contact the scheduler for September, Kulla Ficare, [kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), or 804-263-5480.

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, [aerobbins@live.com](mailto:aerobbins@live.com), 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, [kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480

Jacqueline Muoio, [msjbangles@yahoo.com](mailto:msjbangles@yahoo.com), 804-802-2304

Tricia Ennis, [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), 804-683-9015

Keyser Glancy, [keyserglancy@gmail.com](mailto:keyserglancy@gmail.com), 804-402-0985

## Elf of the Month – August 2022

Each month, the names of the Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congratulations to **Pam Bryson**, Elf of the Month for August 2022. Next time you are at the workshop, Pam, please select some of the nicer yarn for personal use in a non-FtH project.

## Donation Inventory Numbers: August 27, 2022

	Previous Total
Mid 2002 – 2021 .....	470,447
	<b>2022</b>
January – July .....	23,490
Aug (to the 27 <sup>th</sup> ) .....	1,978
Year to Date Total .....	25,468
<b>Grand Total .....</b>	<b>495,915</b>

4,085 items to go until we reach that MAGIC NUMBER of **HALF A MILLION** items. Way to go FtH members!

## Covid Items Donated as of August 27, 2022

Face masks .....	42,293
Ear Saver .....	6,167
Surgical Hats .....	2,745
Comfort Hearts .....	1,620
<b>Total .....</b>	<b>52,825</b>

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**Remember Retreat reservations MUST be received by Beth on or before September 15<sup>th</sup>.**

## Simple, Easy, Crocheted Baby Blanket

**SIZE:** 28 inches square (This can be made up to a 40-inch square) – Size will vary depending on yarn and hook used.

### MATERIALS

Approx. 8 oz. baby yarn or light worsted  
Size I (for baby) or K (for worsted)

### ABBREVIATIONS

ch(s) = chain(s)

dc = double crochet sc = single crochet



**For a 28" square:** chain 101

**For larger sizes:** chain an even number of stitches to measure the desired square, then one more chain. Example: For a 40-inch square, chain enough stitches (even number) to create 40 inches plus one more chain. Next follow the directions as shown above for rows 1 and 2.

Row 1: Sc and dc in 2nd ch from hook, \*skip 1 ch, sc and dc in next ch; rep from \* across. Ch 1, turn.

Row 2: Sc and dc in first dc, \*skip next sc, sc and dc in next dc; rep from \* across, skip last sc, chain 1 and turn.

Repeat row 2 for pattern. Work until the blanket is as long as you desire.

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### Honeycomb Knitted Baby Blanket (Approx. 32" x 32")

This is a nice weight blanket which knits quickly given the large number of slipped stitches

**Yarn:** Approx. 22 oz. of a Soft Worsted Weight Yarn (#4, 16-17 sts = 4" on a US #7/8) (such as Red Heart Super Saver or Caron's Pounder) Variegated yarn works very nicely with this pattern.

**Size:** Approx. 32" X 32" - Width of blanket may be increased or decreased by adding or subtracting sts in multiples of 2

**Needles:** US Size 9 29" circular – for this blanket, ALWAYS use a needle 1 size larger than called for on ball band

**Size:** Approx. 32" X 32"

**Abbr:** K Knit  
P Purl  
Sl Slip the next stitch *purlwise*  
Wyif With yarn in front  
Sts Stitches

**Pattern:** Cast on 150 sts using long tail cast on (if you do not know the long tail cast on, K 6 rows)  
Rows 1 – 5: Knit

Row 6: K4, \*(P1, sl 1 wyif), rep from \* to last 4 sts, K4

Row 7: K4, P to last 4 sts, K4

Row 8: K4, \*(Sl 1 wyif, P1), rep from \* to last 4 sts, K4

Row 9: K4, P to last 4 sts, K4

Repeat rows 6 through 9 49 more times (for a total of 50 pattern repeats) or until blanket is about an inch shorter than you want it to be and ending on a row 7 or 9

Then K 5 rows, and bind off knit-wise on the wrong side



**From the Heart Local Group Times**  
**Subject to Change Check Before Heading Out**

**September 2022**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p><b>1</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Caps, 10am- noon</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>2</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• Verena at the Glen - 3:00pm</li> <li>• Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm</li> </ul>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>• Atlee Angels Legacy Park 1-3pm</li> </ul>
<p><b>4</b></p>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>• Stonebridge Rec. Ctr. 10a–1p (must call to confirm first)</li> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. Mask required if not vaccinated or for comfort.</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd. Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom)</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Colony Critters, Patriot's Colony, Williamsburg 1:30pm</li> <li>• McKenney Library 3:00 – 5:00pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Hearts, 5:30pm – 7:30pm</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>9</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• King George - Peace Lutheran Church 10 am – noon</li> <li>• Kay's Krafters 1-5pm</li> <li>• Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>• Louisa Hardees 10am - noon</li> </ul>
<p><b>11</b></p>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>• C Colonial Heights Senior Ctr 10-noon</li> <li>• Elmcroft Retirement 1:30pm</li> <li>• Dinwiddie Library 1:00-3:00pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Caps, 10am- noon</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>16</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon)</li> </ul>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>• Atlee Angels, Legacy Park, 10am – noon</li> </ul>
<p><b>18</b></p>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> <li>• Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom))</li> <li>• From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. Mask required if not vaccinated or for comfort.</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• McKenney Library (Ragsdale Room) 3:00 – 5:00pm</li> </ul>	<p><b>22</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Hearts, 5:30pm – 7:30pm</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Summerhill Retirement Ctr 1:30 – 3:30pm</li> <li>• Ashland Library Group Noon – 4:00pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>23</b></p> <ul style="list-style-type: none"> <li>• King George - Peace Lutheran Church 10 am – noon</li> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>24</b></p>
<p><b>25</b></p>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Elmcroft Retirement 1:30pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• Dinwiddie Library 1:00-3:00pm</li> <li>• Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>29</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Caps, 10am- noon</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>30</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> </ul>	

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 <sup>th</sup>	Noon – 4:00pm	Vicki Welsh, <a href="mailto:vickiwelsh@protonmail.com">vickiwelsh@protonmail.com</a>
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 <sup>st</sup> , 3 <sup>rd</sup>	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 <sup>rd</sup> Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 <sup>nd</sup> , 4 <sup>th</sup>	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 <sup>st</sup>	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, <a href="mailto:jkmooers@aol.com">jkmooers@aol.com</a>
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 <sup>nd</sup> , 4 <sup>th</sup>	10:00am–12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 <sup>rd</sup>	5:30–7:30pm	Not Currently Meeting
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 <sup>st</sup> , 3 <sup>rd</sup>	9:30am -12:30pm.	Betsy Vest. 804-747-0297, <a href="mailto:epvest3@gmail.com">epvest3@gmail.com</a>
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 <sup>st</sup> Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 <sup>st</sup> , 3 <sup>rd</sup> ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 <sup>nd</sup> , 4 <sup>th</sup>	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 <sup>nd</sup>	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 <sup>nd</sup> , 4 <sup>th</sup>	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 <sup>nd</sup>	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 <sup>st</sup>	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 <sup>st</sup> , 3 <sup>rd</sup>	2-4pm	Not Currently Meeting
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 <sup>th</sup>	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 <sup>nd</sup> , 4 <sup>th</sup> (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257 <a href="mailto:mickeyprice@comcast.net">mickeyprice@comcast.net</a>
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395