

Continuing From the Heart's Soft Reopening



With another iteration of COVID going around, along with the start of 'flu season, The Board voted at its October meeting to continue to require the use of masks while in the Richmond workshop and also request that people practice reasonable social distancing. Everybody will have to sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing.

As we begin to open up our Fredericksburg workshop to the membership, the requirements there will be different as the opening will take a different format than what we are currently doing in Richmond. Read the articles further on in this newsletter for exciting news on the opening of our Fredericksburg workshop.

As always, we request that you do not come to either workshop if you are feeling unwell or running a temperature or if you have been in the company of someone who has been unwell.



<http://www.fromtheheartstitchers.org>
<https://www.facebook.com/FromtheHeartStitchers>
Midlothian, VA 23114
1425 Crawford Wood Place

Letter from Lois – November 2022

With the changing weather comes the need for a bit of a change in the comfort projects we collect for those needing a special hug. With this in mind, as well as our upcoming November 13th Donations Daze, we are continuing our yarn supply shuffle.

We are finding so many great leftovers that, on their own, really aren't quite enough for an entire project. Beautiful colors and textures we've found, when combined into kits large enough for small projects, are much sought after by our members. These small kits contain enough yarn for various types of child or adult hats or scarves. In some cases you may find they hold just the right selection for a Fidget Lap Panel for residents in memory care facilities.

Larger kits most often are made up with the idea of creating lap blankets that are at least 36 to 40 inches or shawls. In some cases these selections are hidden in brown, paper, grocery bags and referred to as "mystery" kits. As you may remember, the stitcher is to reach into the bag without looking, pull out a ball of yarn...any ball...and begin stitching on their project. When this first ball is depleted, once again it is necessary to reach in, pick up a second ball...sight unseen...attach to the tail of first ball and continue stitching! These are enjoyable projects, creating the most interesting shawls and blankets and we've found they fast become favorites of anyone fortunate enough to receive them.

To continue with the need for warm items, if you enjoy stitching young children's (not infants) sweaters, here's a project for you! We have several recipients asking for these all through fall and winter.

Again this year we have a request from VCU Hospital's NICU department for holiday baby blankets made entirely with white yarn. These are used with the preemies during their photo sessions. When given the okay to go home with their families these will give an extra bit of warmth during their first trip out into the elements. We are looking for 60 of these, or as close to that count as possible.

Looking for something different to stitch? How about stuffed toys? If making these is enjoyable for you then we need you! We can find homes for any critters of approximately 8 to 10 inches tall...just the right size to become a best friend to a child going through health issues or maybe is just lonely and in need of a new buddy to hug.

Whatever you enjoy stitching will be welcomed by our recipients. Newborns, elderly, cancer, dialysis, memory care or veterans, homeless or hospice patients.

Everyone needs a little love now and then. Let's make From the Heart felt by as many in our communities as we possibly can. And, while we are at it, let's continue to add to our total donation count of well over 500,000 items since our very first donation way back in 2001!

Keep on smilin' and stitchin'!

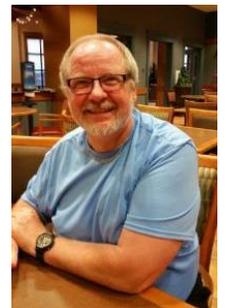
Lois

Fredericksburg Ruritan event CANCELLED

Please note that the From the Heart event planned to take place at the Fredericksburg Ruritan on Wednesday, November 9th HAS BEEN CANCELLED. In lieu of dropping off the items you have created using From the Heart yarn at this event, please be aware that the Fredericksburg Workshop at Suite 108, 1320 Central Park Blvd. will be open to members on Tuesday November 15th from 10:00 am from 2:00 pm. An email will be going out very shortly for you to reserve your spot to choose your yarn directly from the Fredericksburg workshop so keep your eyes open for that. Masks are optional at the workshop for this drop-off/pick up event, directions to which can be found [HERE](#). There is ample parking in the back of the workshop, which is where the entrance to the suite is. There will be a sign outside the to assist you in entering through the correct door. We look forward to seeing you in the newly opened Fredericksburg workshop on the 15th. Please see the message "From Johnnie's Mac," immediately below, for more information.

From Johnnie's MAC

Fredericksburg and King George came together on October 25th to enjoy the opening of the area's workshop! Kulla Ficare, From the Heart's current President and member and past President, Tricia Ennis were on hand to offer the Board's support. Their participation was instrumental in making this event possible.



While we have occupied this store front space at [1320 Central Park Blvd., Suite #108 in Fredericksburg](#) for

about four years, recent modifications to its use have opened up permanent opportunities for our broader membership to fully participate in its mission. The workshop has the blessing of our Property Manager, and we comply with all insurance requirements as well. Many of us have wanted a place like the Westbriar workshop for a long time. With time and participation, the use of this great space will only improve.

An increase in the number of volunteers will improve the number of days the workshop can be opened. I hope to see you there soon, even if you are just dropping off finished items and picking up new yarn/fabric/notions of your choice. To provide a safe and efficient environment, there will always be a minimum of 2 helpers for the 10am-2pm hours of operation on the designated days of the month the workshop is open.

Based on the experience of previous helpers, you can choose to help by being a greeter/meeter, showing newcomers and regular members where to sign in items and aiding with signing out of yarns, fabric and miscellaneous notions and items. Some people like to sort yarn, others bag items that are either delivered or picked up by recipients of all our beautiful work. Some like to make calls from their own home to places we deliver to see what their current needs are. Others can help by keeping an eye on our finished items inventory, so we have enough to go around. There are more opportunities as well and when you visit, *you* decide if, how and when you can donate your time in increments of 2 hours.

When you visit the workshop for the first time, take your time and enjoy the facility! We will not always have a need to sign up online, or impose time restrictions, which were only designed to help us balance the flow of members and/or to track members if there were ever a situation where the workshop and people inside became exposed to various contagions. As we begin to open up our Fredericksburg location for our FtH members, the sign-ups are necessary so that we don't get overwhelmed initially. Richmond, for example, does not require people to sign up to visit their workshop and we hope to get to that point as soon as possible. Until we do, we will be sending emails with future dates of openings and sign-up opportunities so keep watch on your emails. If you do not have access to the internet, please contact Maria Zabko at yakitty@aol.com as she will be able to reserve a place for you.

BTW! The Fredericksburg workshop will be mask optional. Hurray!

Although Richmond still has the mask mandate still in place for their workshop visitors, this decision is something that the BOD has repeatedly said was **OUR** decision to make at our meetings.

As a reminder: All From the Heart drop off/pick-ups at the Ruritan Club are canceled for the remainder of 2022.

In closing, there is and always has been one From the Heart; North, South, East and West - - we are as one community and what we create is, as our tags say, "Sent with Love"!

Volunteer member,
Johnnie Wood

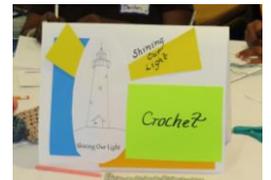
Found At the Retreat



Our 2022 "Shining Our Light" From the Heart Retreat was a big success! Rebecca Kennedy and her team produced an amazing, decorated ball room at The Place with beautifully hand painted light houses, sea glass and buoy markers as decorations.

Our members "found" inspiration from our speakers, Liz Dukette and Judy Knauf who were quick to share their reasons for loving FtH's mission and passion. We were lucky to have returning vendors as well as adding newly "found" vendors to our line-up this year. Our instructors, Johnnie, Joyce, and Francine captivated their classes with new knitting and crochet techniques. Many members "found" real treasures in their Grab Bags and door prizes. We also "found" friends we haven't seen in a long time as well newly "found" friends who we hope to see again soon. We quickly "found" out that our amazing Mistress of Ceremonies, Ayn, has not lost her FtH sense of humor and unique ability to gently guide us through the day. (She is still trying to find the person who lost a beautiful shawl in the parking lot. Contact kulla.ficare@verizon.net if it is yours.)

Many thanks to everyone who donated their time, talent, and treasures to make this another wonderful day for our From the Heart community.



Save The Dates

Save the date for the next **Donation Daze** on Sunday, November 13, 2022, from 12:00 pm to 4:00 pm. The location for this fund (and fun) raising event is the famous "back alley" behind the FtH workshop. You will not be able to drive to or through the alley. Please use the parking lot in front of our workshop or across the street in the shopping center. In order to better gauge the turn-out for this highly anticipated event, you will be given a ticket when you make your donation after selecting your yarn. Use this ticket to exit the alley at the ticket collection areas on either end of the alley.

Get excited, folks, as we have some lovely yarn that we cannot use in our projects as well as many surprising Grab Bags that will be available. Our members **and** From the Heart benefit from this event. You select great yarn for your use, and we are able to generate generous donations to help us purchase more yarn for our projects. Stay tuned for more information!

While you are saving dates, add a note to your calendar that our **2023 Retreat** has been scheduled and The Place at Innsbrook reserved for Saturday October 7th, 2023.

Tip of the Month:

A Better Way to Store Your Scarves and Shawls



Gently rolling your hand-made scarves and shawls and storing them in a drawer or on a shelf rather, than hanging or folding them, is an excellent way to avoid the creases caused by

folding and/or the stretching caused by hanging. Give it a try – it works like a charm.

Current Needs – November 2022

Below are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971, Fredericksburg/King George area please let Maria Zabko know at yakitty@aol.com.

Fredericksburg

- Hats of all sizes
- Scarves
- Lap blankets, no smaller than 32" X 32", no larger than 32" X 36"
- Large blankets – up to twin bed size
- Please note Fredericksburg does not need washcloths at the moment but, if that is what you enjoy making, please continue to do so as we will certainly need them again at a future date

Richmond

- Teal chemo hats – yarn available in basket at workshop
- Baby hats to fit a 5" ball
- WHITE baby blankets approx. 36" square for VCU (needed by early December)
- 8" squares with long tails – do not tag

- Regular length mitts (with fingers for children)
- Regular fingerless mitts for adults
- Colorful Blankets for palliative care, 42" x 60" to 72" and
- Small toys for children
- Outfits for bears and dogs. We have the cutest bears and dogs available to dress just in time for the holidays. The stuffed dogs are just a bit bigger than the bears. Use your creative juices to dress and decorate several for local children. Check out our [knitted](#) toy pattern page and our [crochet](#) toy page on the website for inspiration and ideas for dressing stuffed toys or making a toy. These toys are kept in the blue bin in the front of the workshop. Please feel free to take one home to use as a "model" to ensure a proper fit and make as many outfits as you like for this model. We are happy to use them to dress the toys at the workshop.

Lovable Critters

These are just a few of the huggable toys that Dawn Morales delivered to the Fredericksburg/King George event on Tuesday, October 25th. Dawn has been very busy making these ridiculously sweet friends for From the Heart. She also agreed to donate several for the 2023 FtH Retreat, yet another reason to "Save That Date."



We are very appreciative of Dawn's dedication to FtH's mission which is: "Our mission is to serve our community by preserving and promoting fiber arts, creating a spirit of fellowship and love among our volunteers and board members, and producing handmade items which bring comfort, love and solace to others."

Thank you, Dawn, for representing our core values and for your beautiful donations.

Assorted Kits Available

Not sure what items are needed or what to make next? Come by the Richmond workshop and select from hats, scarves, blankets, and shawl kits. There is enough yarn in each bag to crochet or knit these items and the shawl kits also contain patterns for both knit and crocheted shawls. Just grab your hook or needles, pull a skein of yarn out of the bag, and start working. We need all of these items now that the weather is cooler.

These kits tend to go quickly so hurry and get yours while the supplies last!

Workshop Volunteering and Scheduling – Nov.

To volunteer for a two-hour shift at the workshop during the month of November 2022, please contact Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015
Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

WANTED: Workshop Schedulers

Ann Robbins is stepping “away from her keyboard” as a long-time, devoted workshop scheduler. She has helped our workshop remain open for many months during her tenure. We send our sincere **THANKS** to Ann for her dedication and we look forward to seeing her frequently as a workshop elf in the coming months.

You do not need to sew, crochet, or knit in order to volunteer as a workshop scheduler. It’s an easy task that you only need to perform once every four or five months (depending on how many schedulers we have). If you are interested in participating, please contact any of our schedulers; Jacqueline Muoio, Tricia Ennis, Keyser Glancy or Kulla Ficare at the phone numbers or emails given above.

Elf of the Month – October 2022

Each month, the names of the Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to **Deb Abresch**, Elf of the Month for October 2022. Next time you are at the workshop, Deb, please select some of the nicer yarn for personal use in a non-FtH project.

For Your Browsing Pleasure

There are 55 days until Christmas and [yarnspirations](http://yarnspirations.com) has hundreds of free patterns for Christmas as well as Thanksgiving. This website carries Red Heart, Paton, Caron, and Bernat free patterns. Put the word Christmas in the search box and, to the left, the refined skill such as knitting and spend the afternoon looking at patterns. Bonnie Dean a knit designer who had retired from knit design is offering her Etsy patterns free on [Ravelry](https://www.ravelry.com). She also has support videos on YouTube. Her 59 designs can be viewed on Ravelry by putting Bonnie Dean in the search box.

Also on Ravelry, Marie Segares known as the Underground Crafter.blog has her knitting patterns available for free.

Jaydainstitches.com has some very unique crochet ideas for little gifts and video lessons on YouTube to sharpen crochet skills. Check out her calendar blankets, [institchables](http://institchables.com) and tricks for lots of knowledge to add to your crochet expertise. "Lots of gratitude and joy to you this 2022 Thanksgiving."

Janet Sparzak

Knitted (Snow)balls



These adorable, knitted snowballs or balls are made from small amounts of scrap yarn. Peggy Lunardini was kind enough to share her easy-peasy pattern at the Fredericksburg and King George event on Tuesday, October 25th at the Fredericksburg Workshop. She donated 101 balls that Vessels of Mercy will deliver to Honduras on their upcoming February 2023 mission trip. They will ship as “balls” vs. “snowballs.” Can’t take snowballs to Honduras or they will melt! 😊

Knit *and* crochet patterns for these sweet, soft toys are be found on our [website](http://www.fromtheheartstitchers.org).

Donation Inventory Numbers: Oct. 2022

	Previous Total
Mid 2002 – 2021	470,447
	2022
January – Sept	29,429
Oct (to the 25 th)	2,852
Year to Date Total	32,281
Grand Total	502,728

Covid Items Donated as of Oct 25, 2022

Face masks	42,293
Ear Saver	6,167
Surgical Hats	2,745
Comfort Hearts	1,620
Total	52,825

Sent with love...



From the Heart



www.fromtheheartstitchers.org

Not for Sale



Crocheted, Simple, Easy Blanket

Size: Pattern as written = 28 inches square but size will vary depending on yarn and hook used.

For larger sizes: chain an even number of stitches to measure the desired square, then one more chain. Example: For a 40-inch square, chain enough stitches (even number) to create a 40 inches plus one more chain. Next follow the directions as shown above for rows 1 and 2.

Materials

Approx. 8 oz. baby yarn or light worsted

Size I (for baby) or K (for worsted)

Abbreviations

ch(s) = chain(s)

dc = double crochet sc = single crochet

For a 28" square: chain 101.

Row 1:

Sc and dc in 2nd ch from hook, *skip 1 ch, sc and dc in next ch; rep from * across. Ch 1, turn.

Row 2:

Sc and dc in first dc, *skip next sc, sc and dc in next dc; rep from * across, skip last sc, chain 1 and turn. Repeat row 2 for pattern, Continue until the blanket measures 10 inches long, fasten off. Follow pattern completing Row 1 and 2. Repeat row 2 until the blanket measures the desired length.



Knit Simple Diagonal Blanket Square

This pattern starts at one corner, grows out to two corners and decreases to the fourth corner, made all in one piece.

Size: Adjustable. With needle size 7, 8, 9, 10 or 10 ½ use single strand, worsted weight yarn, With needle size 11, 13, or 15 use double strand worsted weight yarn.

Cast on 4 stitches.

Row 1: Knit 2 stitches. Yarn Over (YO) the needle, knit to end, Turn

Row 2: Knit 2, YO, Knit to end, turn.

Row 3: K2, YO, Knit to end of row, turn.

Row 4: K2, YO, Knit to end of row, turn.

Subsequent rows: Continue as above, always knitting the first 2 stitches and wrapping yarn over needle then continuing to knit remainder of row.

When the one side edge of the piece measures the width you want the blanket to be (this will be half the square), begin your decrease.

To decrease: K1, K2 together, YO, K2 together, continue to knit to end of row. Continue above with each row until you are down to 5 stitches.



Bind off (cast off) these 5 stitches.

From the Heart Local Group Times
Subject to Change Check Before Heading Out

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers 6:30-8:00pm 	<p>2</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg 1:30pm • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	<p>3</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm • Verena at the Glen - 3:00pm 	<p>4</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Verena at the Glen - 3:00pm • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>5</p> <ul style="list-style-type: none"> • Atlee Angels Legacy Park 1-3pm
<p>6</p>	<p>7</p> <ul style="list-style-type: none"> • Stonebridge Rec. Ctr. 10a–1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. Mask required if not vaccinated or for comfort. 	<p>8</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>9</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>10</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Verena at the Glen – 3:00pm • Glen Allen Library Group, 1 – 2:30pm 	<p>11</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>12</p> <ul style="list-style-type: none"> • Louisa Hardees 10am - noon
<p>13</p>	<p>14</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>15</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm • Fredericksburg Workshop (by appt. on Sign-up-Genius) 10am – 2pm 	<p>16</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	<p>17</p> <ul style="list-style-type: none"> • Verena at the Glen – 3:00pm • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>18</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon) 	<p>19</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
<p>20</p>	<p>21</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) • From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. 	<p>22</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>23</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>24</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Summerhill Retirement Ctr 1:30 – 3:30pm • Ashland Library Noon – 4pm • Verena at the Glen - 3:00pm 	<p>25</p> <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>26</p>
<p>27</p>	<p>28</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>29</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>30</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm 			

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday 15th	10:00am- 2:00pm	Maria Zabko, yakitty@aol.com
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	9:30am -12:30pm.	Betsy Vest, 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian TnPk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257 mickeyprice@comcast.net
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395