

Continuing From the Heart's Soft Reopening



As you probably all know, there is yet another iteration of COVID going around, and incidence rates are on the rise again. Every month, at the Board meeting, we discuss From the Heart's "relationship" with COVID and we have decided that, for the time being, we will continue to require the use of masks while in the workshop and also request that people practice reasonable social distancing. Everybody will have to sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing.

As always, we request that you do not come to the workshop if you are feeling unwell or running a temperature or if you have been in the company of someone who has been unwell. The workshop at 1114 Westbriar Drive in Henrico is now open for people to come in to sit and craft during regular hours which are 10am until 2pm on Tuesdays, Wednesdays, Thursdays, and Saturdays. A total of 7 people (5 crafters and 2 elves) will be allowed in the workshop at any given time, not to include people who come in for just a couple of minutes to get yarn for a future From the Heart project.



<http://www.fromtheheartstitchers.org>
<https://www.facebook.com/FromtheHeartStitchers>
Midlothian, VA 23114
1425 Crawford Wood Place

Grateful Thread – October 2022

Donate to From the Heart Via Smile.Amazon

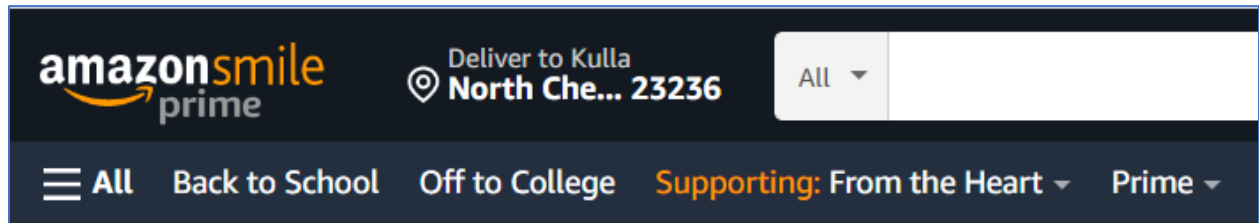
This is a simple method to donate funds to From the Heart when shopping with Amazon. It is easy to register your account. Simply go to smile.amazon.com on your web browser or Amazon Shopping app on your phone. Enter “From the Heart” for the charity you wish to support. Note that there are several charities with the same name. You will need to select “From the Heart” located in Midlothian, VA. It will look like this:

From the Heart Select

Midlothian, VA | Public, Society Benefit - Multipurpose and Other N.E.C.

Our mission is to serve our community by preserving and promoting fiber arts, creating a spirit of fellowship and love among our volunteers and board members, and producing handmade items which bring comfort, love and solace to others.

Whenever you log in to [Smile.Amazon](https://smile.amazon.com) you will see that you are “Supporting: From the Heart”.



As of September 2022, FtH has received **\$711.95** from [Smile.Amazon](https://smile.amazon.com) which is incredible! The donation is based on 0.5% of purchases by our members.

Donate to From the Heart Via Kroger Community Rewards Program

Another easy way to support FtH is through your Kroger card. Just create an online account with [Kroger.com](https://kroger.com). Select “Community Rewards” from your account page. Search for “From the Heart Stitchers”.

Search Results

Organization Name
From the Heart Stitchers

Organization Address
1114 Westbriar Drive
Richmond, VA 23238

Enroll

Select the “Enroll” button and that’s it! Every time you shop at Kroger for groceries, fuel or the pharmacy your sale will count towards FtH.

You must re-enroll each year by April or your purchases will no longer be applied. Don’t worry, we will remind you.

We just recently enrolled in this program and have already received \$108.45 which is amazing!

Letter from Lois – October 2022

I can hardly believe October is here! Being a lover of warm temperatures, I always have a problem shifting to wearing sweaters, warm socks and most of all, COATS! I prefer sitting on my deck, sipping my morning coffee, checking my emails, and chatting with the wildlife. But it's here, we adapt, and we switch from stitching so many quick, easy projects to making warm, snuggly blankets that actually do double duty. Not only will the recipient be thrilled to receive them, but they do so much to keep the stitcher cozy during the making!

These temperatures trigger the need for warm shawls and lap blankets measuring at least 30" X 40" for chemo infusion centers, assisted living and memory care facilities. Those larger blankets (42" X 60" -72") are always requested for palliative care and dialysis patients.

Cool temperatures create a longing for a warm covering for bald heads caused by chemo treatments. The ovarian cancer ladies greatly appreciate teal colored, soft hats and, as always, lovely soft hats in most all colors for other cancer victims...ladies, guys and even children.

With Veterans Day just around the corner we will be getting requests for those red, white, and blue lap blankets. Again, these measure approximately 30" X 36"-40" inches. These are not only distributed to our normal infusion centers but to assisted living, memory care and hospices certainly appreciate having the ability to offer these treasures to their patients and residents as well.

In the last 4 or 5 years we have become aware of ceremonies honoring end of life veterans with special recognition. A Veteran Pinning Ceremony is an optional benefit for veteran patients under hospice care. The ceremony provides an opportunity for hospice staff and volunteers to publicly acknowledge a veteran's military service and show appreciation for the sacrifices made by the veteran and his/her family. For these ceremonies we offer lap size, red, white, and blue blankets. If you can find the time to contribute just one of these it will be so greatly appreciated!

I'm trying to remember all the needs we begin seeing this time of year. Though it's a year-round need, we do need those newborn, full term, baby hats fitting a 5" ball as well as baby blankets at least 36" X 36" up to 36" X 40". We can never get enough winter weight hats and scarves, both adult and kid sizes, for those individuals spending way too much time out in the elements. Fingerless mitts for adults as well as full mittens for both children and adults.

So, as you can see, this season change brings on many challenges for From the Heart.

It is our desire to offer as much warmth, caring and, above all, love to as many as we possibly can. With your help we can make such a great difference and create so many SMILES!!

Lois

Fredericksburg Ruritan Pickup/Drop Off

We have scheduled our next Drop off / pickup at the Ruritan for **Wednesday 10/05/22 from 10-12.**

Masks are required to enter the building.

The Ruritan generously allows us to use the building at no charge although it is typically \$100 to rent the facility. If anyone would like to donate to the Ruritan, we will have a donation box available to help offset their expenses for our use of the building (electricity, etc.).

The current needs are as follows: however, as we always say, make what you enjoy making.

- Cotton washcloths – **Please DO NOT tag (tags are in the bags with the toiletries)**
- Hats of all sizes except preemies
- Scarves of all size
- Lap blankets no smaller than 32 x 32 –they can be square or rectangular, no larger than 32 x 36
- Large blankets – up to twin bed size
- Toys
- Military (red, white & blue) lap blankets. (We will have kits available)

We **really** need military blankets in **LAP SIZE**. Large ones are not as useful for nursing homes or memory care. We will deliver these just in time for Veterans Day!

If you want to pick up supplies. I will need the following information from you by Thursday 09/29 by 5:00 PM. After that we will be bagging the supplies and will do our best to provide what you are asking for.

- Your name
- What you would like to drop off
- What supplies do you need?
- Any other information you might think pertinent

We will be open for receiving finished items and picking up supplies only – from 10:00am – noon. If the weather is nice, feel free to bring a lawn chair, sit in the shade and visit.

Our drop off next month will be Wednesday November 9th!

Please do all you can to keep yourself and those around you

safe, and again, thank you for all you do help us continue to deliver items during these challenging times.

Thank you so much for all you do for From the Heart.

As you know the Ruritan is very supportive of From the Heart, so you may like to support them. The Ruritan holds a yard sale twice a year. The funds raised are used to provide scholarships. The fall yard sale will be held at the Ruritan on Friday October 14th 7am – 4pm and Saturday October 15th from 7am - noon. Any of you that like yard sales might like to stop by, find some good bargains and support the Ruritan. Click [here](#) for directions to the building.

Pam Greswolde
540.661.7967
pegreswolde@comcast.net

Current Needs – October 2022

Below are our current, most pressing needs but, as we always say, make what you enjoy making and we will find a home for it. Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971. Fredericksburg/King George area please contact Pam (540) 661-7967, pegreswolde@comcast.net.

Fredericksburg

- Cotton washcloths (please do not tag)
- Hats of all sizes
- Scarves
- Lap blankets, no smaller than 32” X 32”, no larger than 32” X 36”
- Large blankets – up to twin bed size
- Dialysis mitts
- Toys
- Military (red, white & blue) lap blankets – kits will be available at the October 5th event at the Ruritan on Plank Road

Richmond

- R/W/B blankets for Veteran’s Day. These will need to be turned in *before the end of October*.
- Baby hats for newborn, must fit on a 5” Styrofoam ball
- Santa/Elf style baby hats for newborns (white brim and pompom)
- 8” squares with long tails (please do not tag)
- Regular length mitts (with fingers) for children
- Regular length mitts (with or without fingers) for

adults

- Colorful blankets for palliative care, 42” X 60-72”

You will find patterns for blankets at the end of this newsletter.

For Your Browsing Pleasure

The fall TV shows will be giving a preview of Winter 2022 fashions. Sweaters with one sleeve one color and the other sleeve another color seem to be a big fashion expression. Set your knit fashion style by pulling up intheloopknitting.com/color/blocked-sweaters-knitting--patterns.php. Many different color block designs are featured that could use up some of the stash in knitting for a different up to date look. Scroll down to the bottom of the page and continue perusing 25 Cold Shoulder Tops and 25 Cable Sweaters and 19 Easy Sweater Patterns. The crocheters can ooh and ahh over oombawkadesigncrochet.com/crochet-edgings-free-vintage-crochet/. The printable copy of the 10-cent booklet of Crocheted Edgings printed in 1912 is 110 years old. The very intricate patterns are all amazing and all fifteen pages deserve a look just for inspiration and appreciation. Page 2 gives a list of crochet stitches two of which I have never seen before. Wouldn't Louise love to see some of these fancy edgings on the knit blankets that need an edge to complete them? Happy Halloween!

Janet Sparzak

Workshop Volunteering and Scheduling – Oct.

To volunteer for a two-hour shift at the workshop during the month of October 2022, please contact the scheduler for October, Tricia Ennis at triciaennis2014@gmail.com or by phone at (804)683-9015.

To find out what is involved in being an Elf (workshop volunteer), contact any one of the schedulers listed below.

Ann Robbins, aerobbins@live.com, 804-270-6247 or 804-921-1174 (c)

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480

Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304

Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015

Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

Tip of the Month: Weaving in Ends as You Knit

Are you sick of tapestry needles and weaving in ends? Sometimes knitting projects require more than just one ball of yarn resulting in your ending up with lots of dreaded tails hanging down which you have to weave into your completed project.

There is an easy way weave in ends as you go. This method is slightly visible at the reverse of the work so shouldn't be used on a reversible project.

This joining method requires a rather long tail. So, as soon as you notice that your yarn is just a little longer than your hand is wide, you can start to follow the instructions below. Note that this trick can be used at the beginning or in the middle of a row.



Step 1: 5-8 stitches before you need to change yarn, pick up the new yarn and place it in between your working yarn and the knitting needles as shown in the photo. Knit one stitch using the old yarn. This traps the new yarn on the backside of the fabric.

Step 2: Knit one more stitch and wrap the new yarn around your working yarn clockwise once.

Step 3: Repeat step two 5-8 more times, wrapping the new yarn around the working yarn with every stitch. Pick up the new yarn from underneath and knit one stitch trapping the old yarn in between.



Keep working in this fashion until your new yarn is well secured.

Step 4: Reverse the process by now starting to "trapping" your old yarn under the new yarn. Once you feel the old yarn is also well secured, continue to work with the new yarn only. After you have finished, you will now only have to check and snip off any excess yarn. It is best to wait until your project is finished and blocked before snipping off the excess yarn tails.

Click [here](#) for a YouTube video that illustrates a version of this technique but for use at the beginning of a row only. The same concept is used in the middle of a row except, of course you do not make a loop as you do at the beginning of a row.

Elf of the Month – October 2022

Each month, the names of the Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to **Phaedra Knoller**, Elf of the Month for August 2022. Next time you are at the workshop, Phaedra, please select some of the nicer yarn for personal use in a non-FtH project.

Donation Inventory Numbers: Sept. 2022

Previous Total

Mid 2002 – 2021	470,447
2022	
January – August	25,574
Sept (to the 20 th)	1,595
Year to Date Total	27,169
Grand Total	497,616

2,384 items to go until we reach that MAGIC NUMBER of **HALF A MILLION** items. Way to go FtH members!

Covid Items Donated as of August 27, 2022

Face masks	42,293
Ear Saver	6,167
Surgical Hats	2,745
Comfort Hearts	1,620
Total	52,825

Lonesome Dove Equestrian Center

Lonesome Dove Equestrian Center provides year-round therapeutic horseback riding exclusively for veterans with special needs and disabilities. Focusing on Veterans in Central Virginia, the goal of this program is to improve the quality of life for the participants through activities that are positive to their cognitive, physical, emotional, and social well-being. From the Heart has been asked to attempt to supply 150 mini-stockings for their Holiday Party this year. These mini-stockings are quick and easy to make and CUTE as a button. Below is the quick version of the pattern.



Materials

Worsted weight yarn in Christmas colors scraps are fine. Christmas variegated looks really nice!

Size I crochet hook

Short version:

Make a 3 round Granny Hexagon, changing colors for each row if desired. Work a row of single or half double crochet along one side, (top of stocking) make a hanging loop with 10 chains.

Fold in half to make an L shape, slipstitch along the remaining 2 sides. Work tails under.

A more detailed version with step-by-step directions can be found on our website [HERE](#). It is the 5th pattern down on the list of Crocheted Misc. Patterns.



Honeycomb Knitted Baby Blanket (Approx. 32" x 32")

This is a nice weight blanket which knits quickly given the large number of slipped stitches

- Yarn:** Approx. 22 oz. of a Soft Worsted Weight Yarn (#4, 16-17 sts = 4" on a US #7/8) (such as Red Heart Super Saver or Caron's Pounder) Variegated yarn works very nicely with this pattern.
- Size:** Approx. 32" X 32" - Width of blanket may be increased or decreased by adding or subtracting sts in multiples of 2
- Needles:** US Size 9 29" circular – for this blanket, ALWAYS use a needle 1 size larger than called for on ball band
- Size:** Approx. 32" X 32"
- Abbr:** K Knit
P Purl
Sl Slip the next stitch *purlwise*
Wyif With yarn in front
Sts Stitches



Pattern: Cast on 150 sts using long tail cast on (if you do not know the long tail cast on, K 6 rows)
Rows 1 – 5: Knit

Row 6: K4, *(P1, sl 1 wyif), rep from * to last 4 sts, K4

Row 7: K4, P to last 4 sts, K4

Row 8: K4, *(Sl 1 wyif, P1), rep from * to last 4 sts, K4

Row 9: K4, P to last 4 sts, K4

Repeat rows 6 through 9 49 more times (for a total of 50 pattern repeats) or until blanket is about an inch shorter than you want it to be and ending on a row 7 or 9

K 5 rows, and bind off knit-wise on the wrong side

Rainbow Peaks Leftover Blanket

Adapted by Pam Greswolde & Sally Moore

Worsted weight yarn (quantity of yarn varies by size made)

K hook

Finished width approx. 34" but easily changed as each group of [5 DC, ch 1 (2 DC, ch 2, 2DC) ch1] measures approx. 3.5 inches

Notes:

To increase width add 8 chains to beginning chain

To decrease width subtract 8 chains from beginning chain

Chain 79

1st row

DC in 4th ch from hook and next 3 st (ch 3 counts as a DC), * skip next st, in next ch (2 DC, ch 2, 2 DC), skip next chain and DC in next 5 st. Repeat from * to the end of the row, chain 3 and turn.

2nd row

Ch 3 counts as 1st dc, dc in next 4 DC of previous row,

* skip next 2 st, in next ch 2 space (2 DC, ch 2, 2 DC), skip next 2 st, DC in next 5 stitches. Repeat from * to the end of the row, chain 3 and turn.

3rd row

Repeat row 2 until blanket is desired length. (See Needs to know what sizes we are requesting)



From the Heart Local Group Times
Subject to Change Check Before Heading Out

October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p>1</p> <ul style="list-style-type: none"> • Atlee Angels Legacy Park 1-3pm
<p>2</p>	<p>3</p> <ul style="list-style-type: none"> • Stonebridge Rec. Ctr. 10a-1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. Mask required if not vaccinated or for comfort. 	<p>4</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm (Hybrid meeting – on site and Zoom) • Southside RVA Stitchers 6:30-8:00pm 	<p>5</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg 1:30pm • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	<p>6</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm • Verena at the Glen - 3:00pm 	<p>7</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Verena at the Glen - 3:00pm • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>8</p> <ul style="list-style-type: none"> • Louisa Hardees 10am - noon
<p>9</p>	<p>10</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>11</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>12</p> <ul style="list-style-type: none"> • C Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>13</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Verena at the Glen - 3:00pm 	<p>14</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>15</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
<p>16</p>	<p>17</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • Charles City County Library 1:00pm (Hybrid meeting – on site and Zoom)) • From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. 	<p>18</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>19</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm 	<p>20</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm • Verena at the Glen - 3:00pm 	<p>21</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon) 	<p>22</p>
<p>23</p>	<p>24</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>25</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>26</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>27</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Summerhill Retirement Ctr 1:30 – 3:30pm • Ashland Library Noon – 4pm • Verena at the Glen - 3:00pm 	<p>28</p> <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>29</p>
<p>30</p>	<p>31</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 					

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Charles City County Library	10790 Courthouse Rd	Charles City	Monday, 3 rd Hybrid Mtg	1:00pm	Charles City County Library (804) 652-2450 Hybrid
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg Group	Redeemer Luth, 5120 Harrison Rd	Fredericksburg	Tuesday 2 nd , 4 th	10:00am–12:30p	Not Currently Meeting
Fredericksburg Group	Wegman's Food Court, Central Pk	Fredericksburg	Tuesday 3 rd	5:30–7:30pm	Not Currently Meeting
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	9:30am -12:30pm.	Betsy Vest. 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library	7791 Invicta Lane	New Kent	Tuesday 1 st Hybrid Mtg.	2pm	Heritage Public Library, 804-966-2480 Hybrid
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian TnPk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Panera Bread	Midlothian and Chippenham	Richmond	Tuesday every	5:30–7:30pm	Beth Williamson, 804-920-1542 Not Currently Meeting
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	Not Currently Meeting
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th (Zoom)	10:30am-12:30pm	Mickey Price, 804-364-1257 mickeyprice@comcast.net
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395