



Cap Section

Cut 6

Flannel Sleep Cap

1. Cut 6 cap sections from flannel.
2. Cut 1 piece knit ribbing 4 in. x 21 in. Be sure 21 in side is on the stretch of the fabric.
3. Sew cap sections together to form a beanie cap. Be sure to use an overlock seam to prevent fraying.
4. Press seams down.
5. Sew the band together at the 4 in. ends.
6. Fold long sides of band together on wrong sides together. You should have a band, 2 inches tall and 20 inches around.
7. Sew the band to the lower edge of beanie, using stretch overlock stitch and stretching band to fit. Be sure to sew right sides together.
8. Press seam toward beanie.