

Grateful Thread – January 2023

1425 Crawford Wood Place
Midlothian, VA 23114

<https://www.facebook.com/FromtheHeartStitchers>

<http://www.fromtheheartstitchers.org>



Continuing From the Heart's Soft Reopening

*Happy
New
Year*

With another iteration of COVID going around, along flu and RSV, the Board has opted to continue to require the use of masks while in the Richmond workshop and also to request that people practice reasonable social distancing. We are continuing to have people sign the register on the front desk in the hopefully unlikely event we need to engage in any form of contact tracing. Currently, the maximum number of crafters allowed in the workshop is 7 plus the two volunteers, for a total of 9 people, not counting those who are simply choosing yarn to take out.

As we continue the process of opening up our Fredericksburg workshop, the requirements there will be different as the Fredericksburg group adapts their requirements to their group. Read on for exciting news on the opening of our Fredericksburg workshop.

As always, we request that you do not come to either workshop if you are feeling unwell, running a temperature or if you have been in the company of someone who has been unwell.

Letter from Lois – January 2023

This will be a super short message this month. My fingers will serve better knitting and crocheting than typing. We have an urgent need for 3 types of hats.

1. We are really lacking in our donations of newborn (not preemie) hats for our 5 hospitals with labor and delivery departments. See below for a pattern.
2. We almost never have soft chemo hats to share.
3. As always this time of year, the need for warm, maybe wool blend, outdoor hats for toddlers, older children and adult men and women.

Along with those warm hats, this season of the year we have almost as many requests for warm mitts, fingerless or full mittens, for children and adults.

So, grab your yarn, pattern, and tools. Cozy up to your fireplace or pot belly stove and get those fingers flying! It's amazing how stitching to keep others warm creates such a warmth in our own Hearts!

Lois

Newborn Baby Hat for #5 Weight (Chunky) Yarn

1 skein Jiffy in pastel color will make 2 hats

Circular: Using either long size 10 needle for magic loop or double point needles. (16" circular is not suitable for knitting these small tube hats.) Cast on 44 stitches. Join carefully being certain stitches are not twisted. Work in knit 2, purl 2 ribbing for 28 rows.

Decreases rows are very simple. During the first row you will knit the knits and purl the 2 purls together. On second row knit the knits together and purl the purl as follows:
Row 29: Knit 2, purl 2 together. Repeat around the row. 33 stitches remain.

Row 30: Knit 2 together, purl 1. Repeat around the row. 22 stitches remain.

Row 31: Knit 2 together. Repeat around the row. 11 stitches remain.

Row 32: Knit 2 together to last stitch, knit 1. 6 stitches remain.

Cut yarn, thread thru tapestry needle, pull thru remaining 6 stitches, snug up smoothly, weave in tail. Weave in tail at beginning cast on. Voila! It's done!

Straight Knitting Needles: Using size 10 needles, cast on 44 stitches.

Work in knit 2, purl 2 ribbing for 28 rows.

Row 29: Knit 2, purl 2 together

Row 30: Knit 1, purl 2 together

Row 31: Knit 2 together

Row 32: Knit 2 together

Cut yarn, leaving at least 24-inch tail for sewing side

seam. Thread thru tapestry needle, pull through remaining 6 stitches, snug up top, center, sew smooth, non-irritating seam.

If you are not comfortable with seaming, just leave your hat at the workshop with a note and it will be done for you.

Inclement Weather Reminder

Just a reminder as winter sets in, From the Heart's policy is "If the schools are closed, or opening late, the workshop will be closed."



This rule applies regardless of where you live. In Richmond, we look at Chesterfield, Henrico, Hanover, and Richmond City schools. In Fredericksburg, it would be Spotsylvania. If your schools are closed/opening late, your meeting spot will be closed. A notice will be sent out on Friday evening, as the schools cannot be the guide, if we are not opening on a Saturday.

Fredericksburg/King George Workshop

Starting this month, January 2023, the Fredericksburg/King George workshop will be open on the **second and the fourth Tuesdays from 10:00 am until 2:00 pm**. This month that is Tuesday 10th and Tuesday 24th. Please come by to pick up fabric, yarn or to drop off your completed projects.

Masks are optional and there will not be a sign up sheet going forward unless it is a special event. During inclement weather, we will follow the Spotsylvania school closure schedule. If the schools are closed, the workshop will be closed.

The address is 1320 Central Park Blvd., Fredericksburg 22401. Parking is behind the building. Enter from the double doors from the parking lot. Entry to Suite 108 is from the rear parking lot. If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

We need hats, scarves, blankets, port seatbelt pillows, fingerless mitts, dialysis mitts, long and short sleeve **button down** shirts to use for dignity bibs.

We look forward to seeing you at the Fredericksburg workshop.

Johnnie and the gang



Say “Hi” to the Colony Critters, Williamsburg



The Colony Critters (that is CROcheters and knITTERS) was formed when a FTH member from Richmond moved to Patriots Colony at Williamsburg (PCAW) in 2015. To begin with there were 8 members, now there are about 25. Most are residents of PCAW. We get together once a month and ooh and awe over the fantastic things we have made and occasionally have a mini class.

We are a prolific group having made close to 4,000 items since our beginning. When the call went out for hats for Ukraine, in three weeks we had made 153 hats! (It helps that most of us are retired!) Our donations go to area charities. It is a very fun group with lots of sharing of ideas and of course laughter.



For Your Browsing Pleasure

Two interesting knit and crochet looks debuted in the month of November, Tom Daley a British Olympian Gold Medalist has a book called “Made with Love” which has beginner friendly items to knit and crochet. He made headlines by knitting a scarf in his bathing suit while waiting for his turn to compete. “Mister Rogers Neighborhood Knitting in the Neighborhood” has five icon sweaters as well as 19 other projects. I remember being told that Mr. Rogers sweaters were knit by his mother. We will have to read the books to find out.

The website [Crochet Dynamite](http://CrochetDynamite.com) promises more fun than a poke in the eye. There are more patterns to be had at FortheFrills.com. If you love Harry Potter, Doctor Who, or Superheroes check out the website intheloopknitting.com.

January is called the doldrum of winter months, but it should make a great month for knitting and crocheting. Happy 2023! May 2023 have only blessings and great thoughts ahead for us and FTH!

Janet Spartzak

Workshop Volunteering and Scheduling – Jan.

To volunteer for a shift at the workshop during the month of January 2023, please contact Richmond’s scheduler for January, Kulla Ficare at Kulla.Ficare@verizon.net or by phone at (804)263-5480. **To volunteer in Fredericksburg**, please contact Jeanne Fraser at (703) 943 8304.

Being a shopkeeping Elf is fun and easy and, the first couple of times you volunteer, you will be scheduled with two other experienced volunteers to ensure you receive adequate training. A brief list of what the elves are expected to do while volunteering is given below. A more complete list is provided on the desk at the workshop.

Please be aware that the Fredericksburg workshop may have a different procedure in place, and you should contact Jeannie for information on being an elf in Fredericksburg.

1. Masks are still required for anyone entering the workshop in Richmond.. There are masks on the desk which can be offered to anyone needing one.
2. Unlock/lock the front and back doors, turn on/off lights when you arrive/leave in the afternoon.
IMPORTANT: When leaving, please scramble the lock box on the front door
3. Put on your name tag.
4. If not windy or rainy, put out the chair and sign so people know we are open.
5. Put out the any designated bins for the day.
6. Have visitors record their name and phone number on the contact tracing log on the desk. You must also record your own name and phone number.
7. Have members record their ins and outs on the clipboard or notebook for groups.
8. If folks arrive to pick up a bag or bags as a recipient, there is an additional sheet for them to sign that they have received what they were promised.
9. Make new FtH tags if needed.
10. Clean the workshop as needed.
11. There should always be one elf in the front room while the workshop is open.

To find out more about what is involved in becoming an elf or, if you would like to volunteer to be a scheduler, contact any one of the schedulers listed below.

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015
Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

In addition, each month, the names of the Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to **Lydia Ballentine**, Elf of the Month for December 2022.

Tip: Knit Jogless Stripes In The Round

Minimizes that nasty little ‘jump’ when you change colors

The problem is that we do not actually knit ‘in the round.’ Circular knitting is actually spiral so that the row you are beginning is one stitch higher than the row you have just completed. Therefore, there is an obvious difference when you change colors unless you know how to hide it.

1. When beginning a new stripe, knit the first round of

- new color as you normally would
2. Before starting the second round, use the right needle to lift the stitch below the first stitch on the left needle up onto the left needle
 3. Knit these two stitches together, i.e., knit the actual stitch which was already on the left needle together with the lifted stitch

OR:

1. When beginning a new stripe, knit the first round of new color as you normally would
2. At the beginning of the second round of color, slip the first stitch purlwise and continue knitting the round as normal
3. This will result in one less row at the point where you change color, but some people do prefer this method

These methods work well in decreasing the ‘jog’ between rounds, but NO method will totally eliminate it. They work best on stripes with ≥ 4 rows in each stripe.

Tips:

- It can also help to twist the two yarns in the back of the work on every round as it ensures a more even tension. *Always* twist yarns every round if there are fewer than 4 rows in the stripe.
- You can also change color one stitch before or one stitch after the absolute end/beginning of a round to minimize the appearance of the join but *only* if you are knitting using a jogless method.



The Workshop Is Closed on Monday, But.....

there is always a special group of volunteers that sort, count and bag all of the items received from the previous week. The bags are labeled for their destinations and then ready to be picked up or delivered. During 2022 these ladies typically handle approximately 500 to 600 items each week. Team members shown here are Katya A., Nancy W., and Deb A. Members not pictured are Mary M., Capsen S. and Glen A. We are so appreciative for all of our volunteers but especially grateful for this team. They make sure our recipients receive the many items that our members lovingly stitch and donate.

An Honor for From the Heart

Those of you who attended our Retreat at the beginning of October will remember one of our speakers, Liz Dukette, who is the founder and CEO of World U.P., a local nonprofit which works to improve “access to resources for

your fellow humans and helps progress towards a more unified World where we can coexist with Understanding and Peace (U.P.).”



At one of their local events, World U.P. distributed over 200 toys, created by From the Heart members to children who have a parent that is incarcerated.

In appreciation, of From the Heart’s involvement in this event (and other events also), World U.P. presented From the Heart with the certificate shown to the right.



Please see the separate article underneath the newsletter link for more information on this story.

Current Needs – January 2023

Below are our current, most pressing needs but make what you enjoy making and we will find a home for it.

Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971. Fredericksburg/King George area please contact Maria Zabko vakitty@aol.com (540)972-2615.

Fredericksburg

- Hats of all sizes, for men, women, children
- Scarves
- Blankets
- Port seatbelt pillows
- Fingerless mitts
- Dialysis mitts
- Long and short sleeved, gently used, button down, clean men and women’s shirts (to be turned into dignity bibs)

Richmond

- Baby hats for newborns, must fit on a 5”Styrofoam ball (see patterns under January’s LfL)
- Red Baby “Valentine’s” hats, w/ a white heart, – needed no later than January 19th
- Wool/wool-blend hats for the homeless
- Regular length mitts (with fingers) for children, with or without fingers) for adults
- Clothes for teddy bears/plush toys. Please take a bear/toy home from the workshop to use as a model
- Colorful blankets for palliative care, 42” X 60-72”
- Lap blankets for children, (approx.. 27” X 36”)

AmazonSmile, Kroger, and From the Heart



As many of you already know, From the Heart signed up to become a recipient of the AmazonSmile program about a year ago. Since then, we have received a total of \$827.62 from AmazonSmile and this does not include anything any of you purchased during the current holiday season.

To automatically support From the Heart when you shop on Amazon, click [HERE](#). This will take you directly to a page where you will be walked through a process to have your Amazon account automatically take you to smile.amazon every time you open Amazon. Please note that, to donate, you MUST use smile.amazon. If you already have a Smile account to donate to your own favorite charity, it is easy to change it if you wish.



Some of you may not know that we have also joined the Kroger Community Awards Program. If you shop at Kroger, please click [HERE](#) to be brought to the sign-up page for that program. Since we

signed up for this program, about 6 months ago, Kroger has donated \$277.91 to From the Heart with only 146 of our members signed up so far. We will remind you, closer to April, that applications for membership in the Kroger program need to be renewed every April.

If you have not signed up for these opportunities please consider doing so as From the Heart receives a benefit for which the members pay nothing. Every little bit helps as the saying goes and, honestly, a total of \$1,104.53 in a single year is more than just a “little bit”. That buys a lot of yarn!

Please don’t hesitate to ask if you have any questions.

Donation Inventory Numbers: Dec. 2022

Previous Total

Mid 2002 – 2021.....	470,447
	2022
January – Nov	37,817
Dec (to the 19th)	4,024
Year to Date Total	41,841
Grand Total.....	512,288

Covid Items Donated as of Dec 19th , 2022

Face masks.....	42,312
Ear Saver.....	6,167
Surgical Hats.....	2,745
Comfort Hearts	<u>1,620</u>
Total.....	52,844

Wanted: Wool Hats for the Homeless

We desperately need hats for men and boys in acrylic and also in wool. We have so many colors appropriate for men’s hats in the Richmond workshop. We also have a need for wool hats for the homeless. Please come by the Richmond workshop soon and select some warm wool yarns to make several hats. **IMPORTANT:** Remember to tie a red piece of yarn on any item containing wool so we can distribute the items appropriately.

We cannot use wool articles for the majority of our projects. But we can use wool for the homeless projects.

There is plenty of wool/wool-blend yarn at the workshop, on the shelves in the back near the baby yarn. Please remember to tie a piece of **RED** yarn to any items you create which have wool in them. This is **in addition** to the From the Heart tag with the white yarn.

Knitted Wrist Warmer in Child/Adult Sizes

Skill level: Beginner

Materials:

Bulky yarn, approximately 22 (54) yards
Size 11 or 13 straight needle

Pattern Notes:

Leave an 8-inch tail when casting on and when binding off. These will be used to sew the edges together.



Knit all rows (garter stitch)

Two rows = 1 garter row

Make a second warmer to match

Pattern: Child/Adult Size

Cast on 11 (17) stitches

Knit 22 (30) rows = 11 (15) garter ridges

Bind off

Fold so cast-on edge and bind-off edges are together
Sew edges together using the tails. Make one end about 2 (3) inches long and the other about 1.5 (2) inches long. The opening in the middle is the hole for the thumb.

Weave yarn ends into the seam on either side of the thumb hole

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From the Heart
wishes all its members a healthy, happy,
and prosperous 2023 and
THANKS YOU for all you do.

Crocheted Dialysis Mitts

Materials:

Soft, stretchy yarn, sport weight or very light worsted (one skein would make a few pair)
Size H hook
Tapestry Needle for weaving in ends

Pattern:

Chain 40, work half double in second stitch from end across. (I like to work in the back bump, but that isn't necessary.) Leave a long (20 inch) tail, it's perfect to sew up at the end.

Chain one to turn, work half double in the back loop only in every stitch. (turning chain does not count as a stitch)

Work 18 rows. Keep loop on hook, fold piece in half. Slip stitch or sew sides about half-way down, finish off firmly.

Leave about a quarter of the stitches free for thumb opening. From starting corner, using the long tail, slip stitch or sew up about a quarter of the stitches, fasten off firmly. Joan added a couple of rounds working in the end stitches at the wrist end, Jacqueline did a cute row of shells. Both made a nice finishing edge, but if your edges look neat, it is not entirely needed.

Size adjustments would be taken at the length and number of rows - this fit my hand, which is medium. It would be nice in baby or sock weight yarn, using maybe a G or F hook and starting with more chains, or a light soft #4 worsted, and an I or J hook. I would not suggest Simply Soft, which I find is not as stretchy or light.



From the Heart Local Group Times

Subject to Change: Check Before Heading Out

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <ul style="list-style-type: none"> Stonebridge Rec. Ctr. 10a-1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. - Mask required if not vaccinated or for comfort. 	3 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd. Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Heritage Public Library, New Kent, 2:00pm On site, in person meeting Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm 	4 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Colony Critters, Patriot's Colony, Williamsburg 1:30pm McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	5 <ul style="list-style-type: none"> Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm Verena at the Glen - 3:00pm 	6 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	7 <ul style="list-style-type: none"> Atlee Angels Legacy Park 1-3pm
8	9 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	10 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 	11 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Spring Arbor Sr. Living 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	12 <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Verena at the Glen – 3:00pm Glen Allen Library Group, 1 – 2:30pm 	13 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	14 <ul style="list-style-type: none"> Louisa Hardees 10am - noon
15	16 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) From the Heart Quilters Quilter's Corner in Sycamore Sq. 9:30am -12:30pm. 	17 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm 	18 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Spring Arbor Sr. Living 1:30pm McKenney Library (Ragsdale Room) 3:00 – 5:00pm Heritage Library, Charles City Branch – 2:00pm. On site, in person meeting 	19 <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm 	20 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon) 	21 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
22	23 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	24 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 	25 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Spring Arbor Sr. Living 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	26 <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Glen Allen Library Group, 1 – 2:30pm Summerhill Retirement Ctr 1:30 – 3:30pm Ashland Library Noon – 4pm Verena at the Glen - 3:00pm 	27 <ul style="list-style-type: none"> King George - Peace Lutheran Church 10 am – noon Five Rivers Fiber Guild Heathsville. 10am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	28
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Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 2:00pm	Maria Zabko, yakitty@aol.com (540)972-2615
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	9:30am -12:30pm.	Betsy Vest, 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Heritage Public Library, New Kent Brance	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian TnPk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395