

Continuing From the Heart's Soft Reopening



At our last meeting, the Board voted to continue to require the use of masks in the Richmond workshop and also to request that people practice reasonable social distancing. We continue to have people sign the register on the front desk in the unlikely event we need to engage in any form of contact tracing. Currently, the maximum number of crafters allowed in the workshop is 7 plus the two volunteers, for a total of 9 people, not counting those who are simply choosing yarn to take out.

As we continue the process of opening up our Fredericksburg workshop, the requirements there will be different as the Fredericksburg group adapts their requirements to their group. Read Johnnie's article in this newsletter for more information.

As always, we request that you do not come to either workshop if you are feeling unwell, running a temperature or if you have been in the company of someone who has been unwell.



<http://www.fromtheheartstitchers.org>
<https://www.facebook.com/FromtheHeartStitchers>

1425 Crawford Wood Place
Middleton, VA 23114

Grateful Thread – February 2023

Letter from Lois – February 2023

Again this month, it's all about the hats! This time of year the urgent requests pour in. The need is so enormous it can be mind boggling at times.

We definitely need a continuous supply of hats to cover the heads of our tiniest recipients, cancer patients who've had to endure chemo infusions resulting in the loss of hair and those who live or work outside in some very harsh conditions.

For the tiny babies, hats made using soft, acrylic yarn and just the right size to fit a 5" Styrofoam ball, are the most needed. When you consider that most hospital labor and delivery departments average about 200 deliveries monthly you can understand just how many hats are needed to help supply 5 or 6 hospitals!

And, about those hats for chemo patients. These recipients aren't just those currently going through treatments, but we are finding them in hospice facilities as well. Hats for this use should also be made using acrylic yarn that is as soft as possible. Since a newly balding head often gets so cold and is also quite sensitive to rough textures, softness is very important. In fact, some hats made with materials that aren't soft can feel almost like sandpaper to these tender scalps.

Then there are those hats for the homeless children and adults as well as seniors needing to go out for doctors and other appointments. For these, get out your wools and wool blends. These yarns are certain to result in a very warm head covering that will make such a difference in rain, snow, ice and even create needed warmth during windy weather. When temperatures drop, wool makes such a great barrier for these people.

Along with those very warm, woolen hats, just maybe a few pairs of mitts with fingers for the kids. And for the adults they can be either with or without fingers, either will be greatly appreciated, I'm sure!

We are so grateful to each of you for all you have stitched and donated over the years. And for all of our members, I just hope something in my message catches your eye or touches your Heart!

All our best to you,

Lois

Fredericksburg/King George Workshop

The Fredericksburg, King George workshop will be open on **Tuesday, February 14th and 28th, 2023** from 10:00 am until 2:00 pm. Please come by to pick up fabric, yarn or

to drop off your completed projects.

During inclement weather, we will follow the Spotsylvania school closure schedule, if the schools are closed the workshop will be closed.

There will be a sign-up sheet at the workshop for anyone wanting to know more about volunteering as an Elf at our workshop in the future. I encourage everyone to consider this opportunity. You will meet some really great people who are wonderful contributors to our workshop and the mission of From the Heart Stitchers.

[The address is 1320 Central Park Blvd., Fredericksburg 22401.](#) Click on the link for directions. Parking is behind the building. Enter from the double doors from the parking lot. Entry to Suite 108 is from the rear parking lot.

If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

We need:

- Baby hats for newborn, must fit a 5" Styrofoam ball, premie hat must fit 4" ball.
- Wool/wool blend hats for the homeless.
- Fingerless mitts for dialysis.
- Colorful blankets for palliative care, 42"x60-72".
- Lap blankets, 27"x36".
- Baby blankets.
- Clean long and short sleeve button down shirts to be used for shirt protectors.
- Walker totes

For project sizes listed on our website look here: <https://fromtheheartstitchers.org/project-sizes/>

Thank You and Happy Stitches,

Johnnie and Friends

Thalhimer Gives

From the Heart was selected as the Thalhimer Real Estate charity for the first quarter of 2023. We were nominated by Liz Greving, daughter of long time FtH member, Anne Bakker. This is a wonderful opportunity for FtH to gain new members as well as communicate the mission of our organization. Employees of Thalhimer will volunteer their time to make toys, hats, memory care items, blankets and well as gifting us with equipment that we need.





Our first volunteer workshop was held on Friday, February 20th. We instructed their volunteers on [how to make a bunny from a knitted square](#).

In short order, bunnies of every color were “multiplying” in our workshop! It was great fun and we are extremely grateful to Thalhimer Real Estate for

their many donations to us. Check out the information poster the next time you are at the workshop.



New From the Heart Signage

One of the many donations received from Thalhimer Gives project is this wonderful new sign. It posts our workshop days and hours as well as our website address. **FABULOUS!**

Workshop Volunteering and Scheduling – Feb

To volunteer for a shift at the workshop during the month of February 2023 **in Richmond**, please contact Jacqueline Muoio at 804-802-2304 or msjbangles@yahoo.com. **To volunteer in Fredericksburg**, please contact Jeanne Fraser at (703) 943 8304.

Being a shopkeeping Elf is fun and easy and, the first couple of times you volunteer, you will be scheduled with two other experienced volunteers to ensure you receive adequate training. A brief list of what the elves are expected to do while volunteering is given below. A more complete list is provided on the desk at the workshop.

Please be aware that the Fredericksburg workshop may have a different procedure in place, and you should contact Jeannie for information on being an elf in Fredericksburg.

1. Masks are still required for anyone entering the workshop. There are masks on the desk which can be offered to anyone needing one.
2. Unlock/lock the front and back doors, turn on/off lights when you arrive/leave in the afternoon.
IMPORTANT: When leaving, please scramble the lock box on the front door
3. Put on your name tag.
4. If not windy or rainy, put out the chair and sign so people know we are open.
5. Put out the any designated bins for the day.
6. Have visitors record their name and phone number on the contact tracing log on the desk. You must also record your own name and phone number.
7. Have members record their ins and outs on the clipboard or notebook for groups.

8. If folks arrive to pick up a bag or bags as a recipient, there is an additional sheet for them to sign that they have received what they were promised.
9. Make new FtH tags if needed.
10. Clean the workshop as needed.
11. There should always be one elf in the front room while the workshop is open.

To find out more about what is involved in becoming an elf or, if you would like to volunteer to be a scheduler, in **Richmond**, contact any one of the schedulers listed below. Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015
Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

Fredericksburg: Contact Jeanne Fraser at (703)943-8304.

In addition, each month, the names of the Richmond Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to Mimi De Percin, Elf of the Month for January 2023. Next time you are at the workshop, Mimi, please select some nice yarn from the clear container on the credenza as you enter, for your use in a personal project.

A Great Big THANK YOU

Alliance Family Counseling Group would like to thank you for your donated hats, blankets, and shawls. To the right is a photo of Synthia Lawton, Director of Alliance Family Counselling Group, modeling a shawl made and donated by one of your crafters. The counselors are so taken with the talent of your crafters.



The donated items have all been distributed to area residents in need in various residential areas and at local food banks. There items are in such demand that our counselors are now called “hat ladies” and people are requesting more. We ran out because the need in central Virginia is so great, but we keep being asked for more. Your donations are so appreciated, not only by our organization but by residents in the area. Thank you so much for partnering with our organization and sharing your talent with people who need protection from the cold Virginia winters.

Alliance Family Counseling Group (804-477-7691)

Current Needs – February 2023

Below are our current, most pressing needs but make what you enjoy making and we will find a home for it.

Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver

any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971. Fredericksburg/King George area please contact Johnnie Wood by leaving a message or sending a text to (540)755-9688.

Fredericksburg

- Baby hats for newborn, must fit a 5” Styrofoam ball, preemie hat must fit 4” ball.
- Wool/wool blend hats for the homeless.
- Fingerless mitts for dialysis.
- Colorful blankets for palliative care, 42”x60-72”.
- Lap blankets, 27”x36”.
- Baby blankets.
- Clean long and short sleeve button down shirts to be used for shirt protectors.
- Walker totes

Richmond

- Non-gender specific colors of stretchy baby hats that fit a 5” ball.
- Wool and wool blend hats for the homeless. Please tie a red piece of yarn to any wool items.
- Non-gender specific colors of baby blankets in sizes 30” x 30” up to 36” x 36”.
- Fingerless mitts and mitts with fingers.
- Mittens for children.
- Non-gender specific-colored hats for children.
- Soft toys, clothes for stuffed toys that are available at the workshop.

Inclement Weather Reminder



FtH’s inclement weather policy is “If the schools are closed, or opening late, the workshop will be closed.”

This rule applies regardless of where you live. In Richmond, we look at Chesterfield, Henrico, Hanover, and Richmond City schools. In Fredericksburg, it would be Spotsylvania. If your schools are closed/opening late, your meeting spot will be closed. A notice will be sent out on Friday evening, as the schools cannot be the guide, if we are not opening on a Saturday.

Goodbye, Amazon Smile

We received notification that Amazon will discontinue their Smile.Amazon program on February 20, 2023. This is sad news for many small charities and especially for our organization. We have benefited from this program in the short time we have participated. Through your purchases, Amazon has donated \$827.62 to us as of November 2022. If you are planning any Amazon purchases in the near future, please be sure to make them prior to Monday, February 20, 2023. Again, thank you for your participation

in this program. **AND**, be sure to continue to give back through the Kroger Community Rewards program. Information can be found on their [website](#) by clicking the logo to the right.



For Your Browsing Pleasure

February is Heart Month and there are some great heart patterns at www.hobbi.com as well as some wild and crazy patterns. This pattern site goes on for 17 pages and at 60 designs per page there are 1020 patterns to peruse.

Need a heart baby blanket for this month check out [#28 Baby Blanket](#) by Yuko Nagakura on Ravelry. This pattern would make a fabulous heirloom blanket for a baby or even a lap blanket.

Continue on to Ravelry and where 564 designs by [Frankie Brown](#) can be found. This also has unusual, knitted items along with some beautiful blanket patterns

Happy Valentine's Day to all FTH members!

Janet Sparzak

Donation Inventory Numbers




	Previous Total	
Mid 2002 – 2022.....		512,248
	2023	
January.....		3,863
Year to Date Total		3,863
Grand Total.....		516,111
	Covid Items Donated	
Face masks.....		42,312
Ear Saver.....		6,167
Surgical Hats.....		2,745
Comfort Hearts		<u>1,620</u>
Total Covid		52,844

Interesting Info Regarding Newborn Hats

Did you know that our local Richmond hospitals request approximately 1,500 hats for newborn babies each month? That’s a lot of babies and a lot of hats! Non-gender specific colors are the best selections when choosing yarn. This provides for more flexibility to the hospital staff when distributing the hats. Newborns need a *stretchy* hat that will easily fit (not forced).

Thanks to everyone for their lovely red baby hats with white hearts that have been sent to local area hospitals. We had an *amazing* turnout this year! This project was requested by VCU and Skylar’s Love Mission.

How Much Do I Need Cheat Sheet

	SUPER FINE  1	FINE  2	LIGHT  3	MEDIUM  4	BULKY  5	SUPER BULKY  6	JUMBO  7
 Hat	250 - 325 yards	250 - 325 yards	200 - 250 yards	200 - 225 yards	125 - 200 yards	125 - 150 yards	30 - 60 yards
 Scarf	525-825 yards	450-625 yards	375-500 yards	375-500 yards	250-375 yards	250-375 yards	125-200 yards
 Socks	350-500 yards	300-450 yards	275-400 yards	275-375 yards	250-350 yards	200-250 yards	175-200 yards
 Shawl	550-850 yards	450-700 yards	400-625 yards	375-550 yards	350-500 yards	350-475 yards	300-400 yards
 Adult Sweater	2500-3375 yards	1750-2625 yards	1500-2250 yards	1125-1625 yards	950-1125 yards	825-1125 yards	825-1125 yards
 Baby Blanket	1500-1625 yards	1250-1500 yards	1125-1250 yards	1000-1125 yards	875-1000 yards	750-875 yards	625-750 yards
 Afghan	3750- 4125 yards	3500-3750 yards	3000-3500 yards	2250-3125 yards	2000-2250 yards	1625-2000 yards	1375-1625 yards

Ready for a new and different project? How About a Market Bag!



One of our recipients, [World U.P.](#), needs reusable market bags. This organization helps to bring fresh produce to food desert areas in RVA. You can help in several ways. Donate your clean market bags. Can't spare your bags? No problem, let's make some! If you crochet, knit, or sew, you can find free patterns online easily. If you sew, we have many upholstery samples in the rear of the workshop. It doesn't matter if the patterns match. Just sew two samples together and make a strap from another pattern piece. That makes it interesting. This material will also be very sturdy for carrying produce. You will find some free patterns online [here](#) if you want jazz it up with your stash of fabrics.

An easy crochet pattern, [Retro Produce Bag](#), is a quick project. We have plenty of partially used cotton and acrylic skeins at the workshop to choose from.

And, if you would rather knit, a favorite bag of some FtH members is the [Grrlfriend Market Bag](#). (Yes, that's the correct spelling.) Again, come select some partially used skeins of yarn for this project. Mix and match colors to add some interest. Below is a pattern for our knitters who may not have internet access (see photo above).

There's no deadline for this project so take your time and enjoy the rhythm of your stitches.

Lacy Cotton Shopping Bag - Knit in the Round

Gauge is not a major concern.

Materials,

About 7oz Cotton yarn, such as Sugar N Cream

Size 9 24" circular needles, DPN's of same size.

1 stitch marker

Pattern:

Cast on 9 stitches, join, being careful not to twist, and knit one round. Place marker so that you know where a round begins.

yo,k1 around (18 st), k3 rounds.

yo, k1 around (36 st), k6 rounds. yo, k1 around (72 st), k 12 rounds.

yo, k2 around (108 st), k for 3 inches, begin lace pattern.

Lace pattern:

R1: yo,k2tog around

R2: k around

Repeat rounds 1 and 2 until lace measures 12" deep, garter stitch (k 1 round, p 1 round, repeat) for an additional 1.5".

Straps: on a knit round, k16 stitches, bind off 38 stitches, knit 16, bind off 38, you should be back to your first set of 16 knit stitches, knit these, then turn and purl them, continue knitting in stockinette stitch until approx. 20 inches long. Kitchener these 16 sts to the 16 stitches on other side of bag. Weave in ends.

From the Heart Local Group Times

Subject to Change: Check Before Heading Out

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Colony Critters, Patriot's Colony, Williamsburg 1:30pm McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	<p>2</p> <ul style="list-style-type: none"> Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm Verena at the Glen - 3:00pm 	<p>3</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>4</p> <ul style="list-style-type: none"> Atlee Angels Legacy Park 1-3pm
<p>5</p>	<p>6</p> <ul style="list-style-type: none"> Stonebridge Rec. Ctr. 10a–1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Quilter's Corner in Sycamore Sq. 19:00am -12:30pm. - Mask required if not vaccinated or for comfort.) 	<p>7</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd. Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Heritage Public Library, New Kent, 2:00pm On site, in person meeting Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm Hanover Fiber Arts, Atlee Library, noon – 2:30pm 	<p>8</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Spring Arbor Sr. Living 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>9</p> <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Verena at the Glen – 3:00pm Glen Allen Library Group, 1 – 2:30pm 	<p>10</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only. 	<p>11</p> <ul style="list-style-type: none"> Louisa Hardees 10am - noon
<p>12</p>	<p>13</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>14</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 	<p>15</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Spring Arbor Sr. Living 1:30pm McKenney Library (Ragsdale Room) 3:00 – 5:00pm Heritage Library, Charles City Branch – 2:00pm. On site, in person meeting 	<p>16</p> <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm 	<p>17</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon) 	<p>18</p> <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
<p>19</p>	<p>20</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. 	<p>21</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm Hanover Fiber Arts, Atlee Library, noon – 2:30pm 	<p>22</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Spring Arbor Sr. Living 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>23</p> <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Glen Allen Library Group, 1 – 2:30pm Summerhill Retirement Ctr 1:30 – 3:30pm Ashland Library Noon – 4pm Verena at the Glen - 3:00pm 	<p>24</p> <ul style="list-style-type: none"> King George - Peace Lutheran Church 10 am – noon Five Rivers Fiber Guild Heathsville. 10am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>25</p>
<p>26</p>	<p>27</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>28</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 				

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 2:00pm	Johnnie Wood, (540)755-9688
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	10:00am -12:30pm.	Betsy Vest, 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 st , 3 rd	Noon – 2:30pm	Phaedra Knoller 804-837-7018
Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Heritage Public Library, New Kent Brance	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395