

Continuing From the Heart's Soft Reopening



We continue to require the use of masks in the Richmond workshop. We continue to have people sign the register on the front desk in the unlikely event we need to engage in any form of contact tracing. Currently, the maximum number of crafters allowed in the workshop is 7 plus the two volunteers, for a total of 9 people, not counting those who are simply choosing yarn to take out. As we continue the process of opening up our Fredericksburg workshop, the requirements there may be different as the Fredericksburg group adapts their requirements to their group.

As always, we request that you do not come to either workshop if you are feeling unwell, running a temperature or if you have been in the company of someone who has been unwell.



<http://www.fromtheheartstitchers.org>
<https://www.facebook.com/FromtheHeartStitchers>

1425 Crawford Wood Place
Middleton, VA 23114

Grateful Thread – March 2023

Letter from Lois – March 2023

We are all about taking care of our communities!

Take a look around, right outside your own front door. Maybe a church that would appreciate a few shawls or lap blankets to offer to their shut-ins.

And elderly couple who would not only appreciate a visit but an offer of a hand stitched project, large or small, just to let them know someone is thinking of them.

You may even encounter someone who would very much enjoy a visit from a stitcher bearing an item for them, who also may have a few minutes to chat while stitching! This could make a world of difference to someone who spends most of their day just waiting for time to pass.

In your community you may find facilities such as assisted living or hospice centers. A few shawls or blankets will surely be welcomed. And remember those dementia patients, whether they are living at home with a care giver or in a memory care facility. Certainly small, fidget items or toys will help comfort them. You may even encounter a bedridden patient who would love to receive a brightly colored small blanket or shawl.

Some communities offer free clinics. Maybe a few simple toys to help entertain young children as they wait their turn to be examined or treated.

Don't get me wrong! We need as many projects as we can get for our main, ongoing distribution. But, you may want to first take care of your own community, those of whom you are aware who would love a stitched hug from you!

And don't forget, as I've said for the last 23 years: "You make it, we'll find a home for it!"

Lois

Fredericksburg/King George Workshop

The Fredericksburg/King George membership has joined the Interfaith Council of Churches in sponsoring Dressing Days, which is a yearly event held in July or August for all Spotsylvania students. We would like to provide 500 hats for pre-school and grade school children. Please feel free to get yarn for this project at one of our March open workshop days. You will find hat patterns in this newsletter and on our website. We did have some hats put by, but they ended up getting sent through our contact to Turkey following the earthquakes.



Our workshop will be open on **Tuesday, March 14th and 28th, 2023** from 10:00 am until 2:00 pm. Please come by to pick up fabric, yarn or to drop off your completed projects.

During inclement weather, we will follow the Spotsylvania school closure schedule, if the schools are closed the workshop will be closed.

There will be a sign-up sheet at the workshop for anyone wanting to know more about volunteering as an Elf at our workshop in the future. I encourage everyone to consider this opportunity. You will meet some really great people who are wonderful contributors to our workshop and the mission of From the Heart Stitchers.

[The address is 1320 Central Park Blvd., Fredericksburg 22401.](#) Click on the link for directions. Parking is behind the building. Enter from the double doors from the parking lot. Entry to Suite 108 is from the rear parking lot.

If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

We need:

- Baby hats for newborn, must fit a 5" Styrofoam ball, premie hat must fit 4" ball.
- Hats for the aforementioned Dressing Days in our schools
- Wool/wool blend hats for the homeless.
- Fingerless mitts for dialysis.
- Colorful blankets for palliative care, 42"x60-72".
- Lap blankets, 27"x36".
- Baby blankets.
- Clean long and short sleeve button down shirts to be used for shirt protectors.
- Totes (walker, wheelchair, and book)

For project sizes listed on our website look here: <https://fromtheheartstitchers.org/project-sizes/>

Thank You and Happy Stitches,

Johnnie and Friends

Workshop Volunteering and Scheduling – March

To volunteer for a shift at the workshop during the month of March 2023 in **Richmond**, please contact Keyser Glancy, keyserglassancy@gmail.com, 804-402-0985.

To volunteer in Fredericksburg, please contact Jeanne Fraser at (703) 943 8304.

Being a shopkeeping Elf is fun and easy and, the first couple of times you volunteer, you will be scheduled with

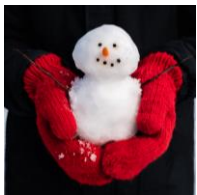
two other experienced volunteers to ensure you receive adequate training.

To find out more about what is involved in becoming an elf or, if you would like to volunteer to be a scheduler, contact any one of the schedulers listed below.

Richmond:

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015
Keyser Glancy, keyserglancy@gmail.com, 804-402-0985
Fredericksburg: Jeanne Fraser at (703)943-8304.

Still a Potential for Winter Storms



Spring will be here soon. In the meantime, FtH's inclement weather policy is "If the schools are closed, or opening late, the workshop will be closed." This rule applies regardless of where you live. If the schools in your area are closed/opening late, your meeting spot will be closed. A notice will be sent out on Friday evening if necessary to Richmond folks, as the schools cannot be the guide if we are not opening on a Saturday.

Winner of the Richmond Elf of the Month Drawing

Each month, the names of the Richmond Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to Jane Ward, Elf of the Month for February 2023. Next time you are at the workshop, Jane, please select some nice yarn from the clear container on the credenza as you enter, for your use in a personal project.

2023 From The Heart Retreat

Mark your calendar and save the date – Saturday, October 7, 2023. It will be here before you blink. Once again, we will hold our Retreat at [The Place at Innsbrook](#) located at 4036-C Cox Road in Glen Allen 23060. Doors will open at 9:30 am and the festivities will begin at 10:00 am.



"We Walk Better Together" is the theme that Rebecca Kennedy and team have been developing. This team never fails to stun us with their beautiful decorations. This theme is truly on point – especially in today's environment. We like to think that what we do at FtH fosters sharing and caring with our recipient partners. It is a lovely message to share and execute in our everyday lives no matter our membership status.

We have already received some adorable raffle items. Stay tuned for photos in future newsletters. Of course, we will have a great line-up of speakers and vendors to satisfy your personal wants and your holiday gift giving.

Registration will begin July 1st and close on September 15th. The registration fee will be determined based on 2023 rates at The Place when we are closer to July 1st. At this time, we anticipate capping attendance at 125 with 8 people to a table. Classes and live demonstrations are being planned that will entice your creative spirit.

Current Needs – March 2023

Below are our current, most pressing needs but make what you enjoy making and we will find a home for it.

Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Lois Moore know at loisfth@me.com or (804)305-4971. Fredericksburg/King George area please contact Johnnie Wood by leaving a message or sending a text to (540)755-9688.

Fredericksburg

- Hats, hats, and more hats. Baby hats for newborns, (must fit a 5" Styrofoam ball, preemie hats must fit 4" ball.) Wool/wool blend hats for the homeless. Hats for preschool and grade school children (girls & boys.)
- Fingerless mitts for dialysis.
- Colorful blankets for palliative care, 42"x60-72".
- Lap blankets, 27"x36".
- Baby blankets.
- Clean long and short sleeve button down shirts to be used for shirt protectors.
- Totes (walker, wheelchair, and book)

Richmond

- Chemo hats
- Baby blankets and hats
- Mitts

Additionally, we have a new recipient this month. [The Pink Chair Project](#) This non-profit provides items for women recovering from mastectomies. They are requesting the following if your needles or hooks feel inclined to work in any of these directions 😊

- Warm socks
- Mittens
- Shawls
- Fingerless mitts
- Port protectors
- Knitted knockers in multiple sizes, and
- Underarm pillows

From The Heart Quilting Team

Yes, that's right.... we have a quilting team! They make lovely quilts for our recipients and also cherished raffle items for our retreat! This talented group of ladies meets the first and third Monday of the month at [Quilter's Corner](#) in Sycamore Square from 10:00 am until 12:30 pm. For more information, please contact Betsy Vest at epvest3@gmail.com.

From left to right, Frank, Honorary Member only, Betsy Vest, Diane Patton, Matilda Woolcott, Sherry Enman, Judy Trump, and Becky Robinson. Not pictured is Pat Szewczyk.



Thalhimer Gives



We enjoyed another new workshop with our partners at Thalhimer Commercial Real Estate. The February 15th activity was crafting original memory care mats and mitts. The creative

juices were flowing, and we appreciate all of the items that their teammates completed for us. Thalhimer volunteers who were not able to attend the January workshop, [How to Make a Bunny From a Square](#), were eager to learn this easy method for making a quick toy for a child or a memory care patient. So, the bunnies were busy multiplying once again.

From the Heart is very appreciative of the corporate support of Thalhimer as well as the enthusiasm of their volunteers. We are looking forward to continuing a long and crafty relationship with each of them.



Tip(s) of the Month



Create a yarn "butterfly" secured with a tiny hair clasp to hold your loose ends of yarn.

Keep your crochet hook secure with your project by wrapping a rubber band around it.



Keeping Your Knitted Edges Straight

The knitted edges on scarves, blankets and other projects that have exposed sides, can make or break the look of the project. It is all about the selvedge stitches. below are a

couple of ways to keep those selvedge edges straight and even.

1) Make a Slip Stitch Chain Edge.

This is a very popular way to make neat edges, the reason being that it is simple, easy to remember, and works very well with any stitch pattern.

To work this type of selvedge stitch, cast on 2 extra stitches. For example, if your pattern tells you to cast on 50 stitches, cast on 52.

Then slip the first stitch and purl the last stitch of every row:

- Slip the first stitch *purlwise*.
- Work all stitches in pattern until you have 1 stitch left.
- Purl the last stitch.
- Repeat for *every* row.

This results in a nice chain of stitches at each side of the work. If you find the chain is a bit loose for your liking, simply pull the yarn a little after you work the 2nd stitch of the row.

2) Make a Slip Stitch Knotted Edge

This method results in your edge resembling a string of beads. The edge is not as loose as the Slip Stitch Chain Edge and the knotted edge holds its shape better. The method is basically the same as the Slip Stitch Chain Edge above but, instead of purling the last stitch, you knit it. As with the first method, you add 2 stitches to the cast on. Then,

- Slip the first stitch *purlwise*.
- Work all stitches in pattern until you have 1 stitch left.
- Knit the last stitch.
- Repeat for *every* row.

Necessity is the Mother of Invention



One of the tasks that our workshop volunteers perform is punching holes in our FtH tags and then adding a white piece of yarn. And, due to the volume of items we send out each week, making tags is a constant need.

There are 250 tags in each box that typically took hours to complete. Punching holes recently became quicker and easier due to the inventive mind of Debbie Melanson. She decided to purchase an electric 3-hole punch and then created the template for punching 12 cards at one time with the touch of a button. GENIUS!

Debbie said that it only takes about 30 minutes to get through a box using this "high-tech MacGyvered" invention. This certainly makes this task easier on the wrist when using a manual puncher. Thanks, Debbie, for your creative and critical thinking skills!



Donation Inventory Numbers

Previous Total

Mid 2002 – 2022 512,248

2023

January4,187

February (as of 20th).....2,100

Year to Date Total6,287

Grand Total.....518,535

Covid Items Donated

Face masks 42,312

Ear Saver.....6,167

Surgical Hats.....2,745

Comfort Hearts.....1,620

Total Covid.....52,844

Please Visit The Workshop During Workshop Hours Only

Our workshop is open to our members on Tuesday, Wednesday, Thursday, and Saturday from 10:00 am until 2:00 pm. If you are a member or wanting more information about From the Heart, you are always welcome during workshop hours.

There are a few members who must have access when the shop is “closed” or after hours to sort and bag our weekly donations, our yarn sorting team that comes during closed hours to sort incoming yarn donations as well as our Board Members who have specific needs at any time during the week.

Please do not enter the space during our “closed” hours without contacting a Board Member in advance.

For Your Browsing Pleasure

For that last minute April 9th Easter gift bring up [Egg Bunny](#) by Annie Ahn and [Cuddly Critters](#) by Lorraine Pistorio on [Ravelry](#). Click on the “published in” button at the top of each page to be brought to two sites, both of which have bunny rabbit patterns that both children and adults will enjoy.



The Sedan Hat is a double thick knit hat which would be a good knit hat for Turkey and Syria and can be obtained on [smellslkeyarn.com](#). There are also more hats and plenty of dishcloths at this web site.

Of course, as always you can go to [Yarnspirations.com](#) for hundreds of knit and crochet patterns for all kinds of items.

Janet Spartzak

10 Reasons Knit & Crochet are the Best Hobbies

You Can Take It With You Anywhere! Really. Take it on a plane, a train, a bus, the park, the waiting room. this is one hobby that really allows you to take it wherever you go. On top of that, you feel productive as you create something. watch tv and make something at the same time!

It’s Good For Your Brain There are a lot of studies that show knitting and crochet are great for your mind. Between counting stitches and using our creativity, this hobby helps us stay sharp.

Create Something Useful Whether it’s a blanket, clothing, or a gift for a loved one. We make things that people use, and most often truly appreciate.

It’s A Mood Lifter Many knitters and crocheters have said the hobby has helped them through depression and helped improve their mood.

We Make Heirlooms – How many hobbyists can say this? There are some, but do you have anything from your great grandmother? There’s a good chance you have something that is knit or crochet.

It’s Inexpensive Okay, we can and sometimes must spend a lot of money and often do, but if you want, you can make small projects with an inexpensive ball of yarn and some hooks or needles.

We Make Things For Charity The number of organizations out there that accept and need crocheted and knitted items is astonishing. People are out there doing their hobby and giving to these lovely charities.

It’s Eco-Friendly Our creations are meant to be used and aren’t meant for the landfill. In addition, it’s possible to buy organic yarns and yarns that come from ranches that are preserving our lands and supporting working families.

Keeping Tradition Alive Knit and crochet are old traditions full of history and culture. we are keeping that history alive.

Connection/Community With Other Yarn Hobbyists Those that love the art of knit and crochet can relate with each other and often form communities or get together in order to share in the joy of knit and crochet. we love when we meet another person who loves (or is addicted) to yarn!

Now let’s go knit what we want to knit, crochet what we want to crochet, love the people we love and care for people who need care’n for! Wouldn’t that be a lovely world?!

Check out the website from which this was taken, [Mama in a Stitch](#). Great website to spend some time looking as it has lots of free knit and crochet patters to peruse, along with lots of videos to check out for different tips and techniques, plus lots of tutorials.



Crocheted Hat for an Older Child

Materials

Approximately 230 yards Worsted (#4) yarn
Size U.S. I crochet hook or size needed to obtain gauge.

Gauge

11 sc and 13 rows = 4 ins.

Abbreviations

Ch = chain, dc = double crochet, rep = repeat, rnd = round,
rs = right side, sc = single crochet, sl st = slip stitch

Pattern: Ch 2.

1st rnd: (RS). 6 sc in 2nd ch from hook. Join with sl st to first sc.

2nd rnd: Ch 1. 2 sc in each sc around. Join with sl st to first sc. 12 sc.

3rd rnd: Ch 1. *1 sc in next sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 18 sc.

4th rnd: Ch 1. *1 sc in each of next 2 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 24 sc.

5th rnd: Ch 1. *1 sc in each of next 3 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 30 sc.

6th rnd: Ch 1. *1 sc in each of next 4 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 36 sc.

7th rnd: Ch 1. *1 sc in each of next 5 sc. 2 sc in next sc. Rep from * around. Join with sl st to first sc. 42 sc.

8th rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc.

Inc 6 sts evenly, as before, on next and every following alt rnd to 54 sc. Place marker at end of last rnd. (Note: this means each alternate round will be sc so 1 increase row, 1 sc round...) Next rnd: Ch 1.

1 sc in each sc around. Join with sl st to first sc.

Rep last rnd until work from marked rnd measures 8" Fasten off.



Just an All-Purpose Knit Hat (One size fits most heads)

Materials:

2 colors worsted weight yarn.
Size 8, 16" circular knitting needle Change to double points when needed.

Abbreviations:

K Knit
P Purl

Pattern:

Cast on 64 stitches with color A and join to work in the round, being careful not to twist work.. At color changes, twist yarns to prevent gaps in stitching.

Row 1 Color A: Knit 2, Purl 2.

Row 2: Attach color B and continue in Knit 2, Purl 2 pattern.

Alternating between colors A and B, continue K2, P2 ribbing ending with row 9 (which is color A) With color B work 8 rows of K2, P2 ribbing. Beginning with color A, work another 8 rows of alternating colors as in first section, ending with color B. Continuing with color A work 8 rows of K2, P2 ribbing. Beginning with color B, complete one more 8 row section of alternating colors, ending with color A.

Now, start your decrease rows as follows, using color B:

Row 1: Knit the knit stitches, purl the two purl stitches together around. 48 stitches remain.

Row 2: Knit the two knit stitches together, purl the one purl stitch around. 32 stitches remain.

Remaining rows: Knit two together until only about 8 stitches remain.

Cut yarn, thread thru remaining stitches, snug up tight and weave in all ends.



From the Heart Local Group Times

Subject to Change: Check Before Heading Out

March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Colony Critters, Patriot's Colony, Williamsburg 1:30pm McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	<p>2</p> <ul style="list-style-type: none"> Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm Verena at the Glen - 3:00pm 	<p>3</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>4</p> <ul style="list-style-type: none"> Atlee Angels Legacy Park 1-3pm
<p>5</p>	<p>6</p> <ul style="list-style-type: none"> Stonebridge Rec. Ctr. 10a–1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. - Mask required if not vaccinated or for comfort.) 	<p>7</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd. Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Heritage Public Library, New Kent, 2:00pm On site, in person meeting Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm Hanover Fiber Arts, Atlee Library, noon – 2:30pm 	<p>8</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Spring Arbor Sr. Living 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>9</p> <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Verena at the Glen – 3:00pm Glen Allen Library Group, 1 – 2:30pm 	<p>10</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon King George - Peace Lutheran Church 10 am – noon Kay's Krafters 1-5pm Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only. 	<p>11</p> <ul style="list-style-type: none"> Louisa Hardees 10am - noon
<p>12</p>	<p>13</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>14</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 	<p>15</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Spring Arbor Sr. Living 1:30pm McKenney Library (Ragsdale Room) 3:00 – 5:00pm Heritage Library, Charles City Branch – 2:00pm. On site, in person meeting 	<p>16</p> <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm 	<p>17</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon) 	<p>18</p> <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 10am – noon
<p>19</p>	<p>20</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. 	<p>21</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Prince George Library, 2:00-4:00pm Hanover Fiber Arts, Atlee Library, noon – 2:30pm 	<p>22</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon Elmcroft Retirement 1:30pm Spring Arbor Sr. Living 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>23</p> <ul style="list-style-type: none"> Hopewell Happy Hearts, 5:30pm – 7:30pm Glen Allen Library Group, 1 – 2:30pm Summerhill Retirement Ctr 1:30 – 3:30pm Ashland Library Noon – 4pm Verena at the Glen - 3:00pm 	<p>24</p> <ul style="list-style-type: none"> King George - Peace Lutheran Church 10 am – noon Five Rivers Fiber Guild Heathsville. 10am – noon Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>25</p>
<p>26</p>	<p>27</p> <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>28</p> <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00- 3:30pm North Courthouse Rd Library, 11am – 1pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open -10:00am – 2:00pm 	<p>29</p> <ul style="list-style-type: none"> Colonial Heights Senior Ctr 10-noon McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	<p>30</p> <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 2:30pm 	<p>31</p> <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon 	

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com https://ashlandheart.blogspot.com/
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 2:00pm	Johnnie Wood, (540)755-9688
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	10:00am -12:30pm.	Betsy Vest, 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 st , 3 rd	Noon – 2:30pm	Phaedra Knoller 804-837-7018 Beth Watkins 804-347-9286
Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Heritage Public Library, New Kent Brance	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395