

## IMPORTANT: New Workshop Guidelines



Masks are now optional for anyone entering the workshop. We will no longer ask visitors to record their name and phone number for contact tracing. Also, we will not limit capacity except for the restriction required by the Henrico Fire Department.

Please be sure to record your information legibly on the newly formatted “ins and out’s” form on the clipboard. We are transferring this data to a computer format and your help is needed to make our data entry easier. Thank you for your assistance with this project.



<http://www.fromtheheartstitchers.org>  
<https://www.facebook.com/FromtheHeartStitchers>

1406 Whispering Oaks Rd.  
Midlothian, VA 23112

*Grateful Thread – April 2023*

## Letter from Lois – April 2023

During the years of yarn overflowing from our garage, during the 5 or 6 years of searching for a home for our yarn/pattern/tool collections, the 5 weeks of bliss while in our very first shop on Starling Drive, to the present day. With the growing membership and recording of over 520,000 donations to so many, we continue to do our best to honor our Mission Statement.

Remember the years of our recipient list outnumbering our membership list? A few of you were meeting with me at Starbucks on Cary every Friday morning, spending several hours chatting, stitching and greeting all the curious coffee drinkers. Some of them rushed out to retrieve their own stitching, others rushing home, soon returning with bags of yarn for us from their own stashes.

From the very beginning we were all learning as well as teaching each other. We shared yarn, patterns, tips and a bit of personal history. When creating our very first Board of Directors we all shared a desire to grow our group and most every member was on that Board!

Those of you who, from the very beginning, helped collect projects, and attach our Dove tags, way back when each tag was hand stamped on poster board, cut, punched and proudly accompanied our items into the smiling hands (and onto heads!) of our early recipients.

Looking at the big picture...the end of May this year Russ and I will celebrate our 24th wedding anniversary. Almost before the end of our first year I was deeply imbedded in From the Heart. Little did I realize how quickly the time was passing. And now, after 23 years of building so many lasting friendships, learning to grow our organization, all by trial and error...the time has come. Russ and I are retiring to finally see just what life has to offer us during the next 20 years of our lives.

We will miss you all terribly but certainly do not plan to disappear, as we will occasionally visit the shop, turning in completed projects as always.

We wish you all well. We are leaving you in good hands and we will continue to watch those inventory numbers increase!

I'll just leave you with these words. Stitch your favorite projects, at your own speed, be kind to one another, take special care of your health and always, always, just keep SMILING!

All our love to you,  
*Lois & Russ*

## Save the Dates

**Saturday May 27<sup>th</sup>** is the date that a Retirement Celebration is being planned in honor of Lois Moore, the founder of From the Heart. More information will be forthcoming as events are put in place and finalized. Save this date now so you won't miss out on this Richmond based event. Although this event is being planned to take place in Richmond, all From the Heart members from all areas are invited to attend.

Great news from our Fredericksburg area group. They are in the planning stages for a Fredericksburg, Spring retreat. Details will be available soon for this event, planned for **Tuesday May 30<sup>th</sup>**. This will replace the former meeting place at the Ruritan. Note: this is **not** going to be a pot-luck and attendees should bring their own lunch or dine at Chancellor's Village's restaurant for a very reasonable cost. The Village is providing a large meeting room for free and there will not be a need to have a donation box. Again, members from all areas are invited to attend this Fredericksburg based event.

### Fredericksburg/King George Workshop

Our spacious workshop will be open 10 am-2 pm on the **second and fourth Tuesday** of each month, which in April will be Tuesday 11<sup>th</sup> and Tuesday 25<sup>th</sup>. Please come by to pick up fabric and yarn and/or to drop off your completed projects. This is our time to be together and your presence is a light in the darkness. Please spend all the time you need to sort through the wonderful collection of yarns, fabrics, notions, hooks, and needles which are available to you for our charity projects. If you are new to the group, please let the volunteers know if there is anything you specifically need and will answer any questions you may have.



[The address is 1320 Central Park Blvd., Suite 108 Fredericksburg 22401.](#) Click on the link for directions. Parking is behind the building. Entry to Suite 108 is from the rear parking lot through the glass double doors marked Electrical Room.

If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

We are in need of elves who are willing to help for a 2-hour or 4-hour block. If you would like to learn more about volunteering, contact Jeanne Fraser, our Volunteer Elf Coordinator at [bluesisu@gmail.com](mailto:bluesisu@gmail.com).

Our current needs are:

- Newborn hats must fit a 5” Styrofoam ball, premie hat must fit 4” ball
- Hats for Dressing Days for Spotsylvania schools
- Wool/wool blend hats for the homeless
- Singleton fingerless mitts for dialysis, not pairs. Single mitts tagged individually please. We will need pairs again as we approach winter but will let you know when we need them
- Colorful blankets for palliative care, 42” x 60-72”
- Lap blankets, 27” x 36”
- Baby blankets
- Clean long and short sleeve button down shirts to be used for shirt protectors
- Totes (walker, wheelchair, and book)

For project sizes listed on our website look here: <https://fromtheheartstitchers.org/project-sizes/>

Thank You and Happy Stitches,

Johnnie and Friends

## 2023 From The Heart Retreat

Mark your calendar and save the date – Saturday, October 7, 2023. It will be here before you blink. Once again, we will hold our Retreat at [The Place at Innsbrook](#) located at 4036-C Cox Road in Glen Allen 23060. Doors will open at 9:30 am and the festivities will begin at 10:00 am.



“We Walk Better Together” is the theme that Rebecca Kennedy and team have been developing. This team never fails to stun us with their beautiful decorations. This theme is truly on point – especially in today’s environment. We like to think that what we do at FtH fosters sharing and caring with our recipient partners. It is a lovely message to share and execute in our everyday lives no matter our membership status.

We have already received some adorable raffle items. Stay tuned for photos in future newsletters. Of course, we will have a great line-up of speakers and vendors to satisfy your personal wants and your holiday gift giving.

Registration will begin July 1<sup>st</sup> and close on September 15<sup>th</sup>. The registration fee will be determined based on 2023 rates at The Place when we are closer to July 1<sup>st</sup>. At this time, we anticipate capping attendance at 125 with 8 people to a table. Classes and live demonstrations are being planned that will entice your creative spirit.

## Current Needs – April 2023

Below are our current, most pressing needs but make what you enjoy making and we will find a home for it. If you create an item with a specific recipient group in mind, please clearly write that information on the back of the tag and feel free to add a personal note of encouragement if you want or just a “made by” if you want to do so.

Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>. If you deliver any items yourself in the Richmond area, please let Deb Abresch know at 804.512.3162 or by email at [debabresch@verizon.netloisfth@me.com](mailto:debabresch@verizon.netloisfth@me.com). In the Fredericksburg/King George area please advise Johnnie Wood via email at [jpwood32@outlook.com](mailto:jpwood32@outlook.com).

### Fredericksburg

- Please see list to the left for Fredericksburg’s currently most needed items.

### Richmond

- Cotton washcloths – please do not tag
- Baby hats for newborns, must fit on a 5” Styrofoam ball
- Baby blankets from 28” X 28” and up
- Walker totes
- Wool/wool-blend hats for the homeless
- Regular length mitts with fingers for children
- Regular length mitts with or without fingers for adults
- Long “sleeves” for use by dialysis patients (these are tubes which should fit the arm of an average adult, from the wrist to above the elbow)
- Clothes for teddy bears and other plush toys
- Colorful blankets for palliative care, about 42” X 60-72”
- Lap blankets for children, about 27” X 36”
- Soft chemo hats as we never have sufficient
- Clean long and short sleeve shirts to be turned into shirt protectors

Please note that there are patterns at the end of this newsletter for blankets which can be adjusted to any size.

## Workshop Volunteering and Scheduling – April

First, many thanks to the many new workshop elves who signed up to attend our Orientation/Training sessions and are now volunteering to help staff the workshop. Being a shopkeeping Elf is fun and easy and, the first couple of times you volunteer, you will be scheduled with two other experienced volunteers to ensure you receive adequate training.

To volunteer for a shift at the workshop during the month of April 2023 in **Richmond**, please contact Tricia Ennis [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com) or (804)683-9015.

**To volunteer in Fredericksburg**, please contact Jeanne Fraser at [bluesisu@gmail.com](mailto:bluesisu@gmail.com).

To find out more about what is involved in becoming an elf or, if you would like to volunteer to be a scheduler, contact any one of the schedulers listed below.

**Richmond:**

Kulla Ficare, [kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480  
Jacqueline Muoio, [msjbangles@yahoo.com](mailto:msjbangles@yahoo.com), 804-802-2304  
Tricia Ennis, [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com), 804-683-9015  
Keyser Glancy, [keyserglancy@gmail.com](mailto:keyserglancy@gmail.com), 804-402-0985

**Fredericksburg:** Jeanne Fraser at [bluesisu@gmail.com](mailto:bluesisu@gmail.com).

**The Board of Directors Welcomes Debbie Melanson**



Debbie Melanson was elected to the Board of Directors on March 19<sup>th</sup> to fill the vacancy of Tricia Ennis. Debbie is an active volunteer, serving as a workshop elf mostly on Saturdays as she works during the week.

Debbie learned to crochet at the tender age of 5 years old! Her grandmother taught her and all of her grandchildren to crochet. Debbie said her grandmother’s intentions were purely self-serving. She would challenge the grandchildren to a “crochet chain race” to keep everyone occupied and quiet. Now, that’s a very practical use of crochet!

Debbie will apply her technology skills in helping our rapidly growing organization with new applications to better serve our recipients as well as the many internal tasks. Welcome, Debbie!

**“Thalhimer Gives” March Workshop**

Our third and final Thalhimer “makers” workshop was held on March 3<sup>rd</sup>. Volunteer Thalhimer employees learned new skills while joining squares to make lapghans, how to use a



knitting machine to make hats for the homeless and making pom-poms.

A major shout-out to Liz Greving, our Thalhimer Champion and pictured to the left holding her reversible green and gray hat, who nominated us as their IQ charity. **Salute!** We have each made new friends and gained new FtH members as well. We trust that we will

continue to enjoy a long and crafty relationship with our friends at Thalhimer.



From the Heart volunteers really enjoyed our workshops with this wonderful group, too. Without the support of Larissa Karp, Deb Abresch, Beth Williamson, Beth Watkins, Kim Lynch, Joyce Puller, Nancy Wright and Shedly Reese stepping up these workshops would not have been possible. Thank you, ladies!

**Thalhimer Gives (Again)**

On March 16<sup>th</sup>, the workshop was buzzing with the capable and busy hands of (left to right) David Crawford, Thomas Graeber, Adam Holbrook and Alex Wotring. These gentlemen were so knowledgeable and helpful.



They jumped in to help us spruce up the workshop in short order! They cleaned the ceiling light fixtures, replaced fluorescence lights, painted the bathroom, cleaned the windows, repaired a section of the wall to the cut-off valve and much more! Simply amazing how much they accomplished in less than 3 hours.

Our partnership with Thalhimer has been so beneficial to From the Heart. Their employees have donated their time, talent and treasure to our organization. We are especially grateful to Liz Greving, our Thalhimer Champion and daughter of long-time member Anne Bakker. Liz nominated FtH as Thalhimer’s IQ charity. We have enjoyed every minute of our corporate partnership. Thank you!

**Bye-Bye Amazon Smile, Hello Kroger Community Rewards**

We will miss the donations from Amazon Smile now that this charitable giving program ended. Many thanks to everyone who selected From the Heart as their charity of choice with Amazon while we were enrolled.

From the Heart is also enrolled in the [Kroger Community Rewards](#) program. Kroger will donate a small amount to From the Heart based on a percentage of a member’s spending on groceries at Kroger.

If you have a Kroger rewards card, it is so easy to establish your digital account with Kroger and support FtH. Click the link (right) today and select From the Heart as





the NPO organization that you wish to support.

Currently there are **only 43 Kroger** households supporting FtH. Can you help increase the enrollment numbers by enrolling today? Thank you!

### New Hampton Roads FtH Group

Michelle Sartelle, a FtH Member, moved from Richmond to Virginia Beach last year. She was so inspired by the mission of FtH that she wanted to continue to give back to her new community in Hampton Roads.

She and a few friends have been making shawls, lapghans and wheelchair/walker totes and delivering to facilities in their area. If you know someone who loves to crochet, sew, or knit and lives in that region, be sure to let them know that Michelle would love their items. She can be reached at [Michellesartelle@gmail.com](mailto:Michellesartelle@gmail.com)

### Tip of the Month

*A Great Way to Remember What Size Needles you Used on Your Project(s)*

If making a multi item project, such as a sweater which has a back, a front and two sleeves (4 pieces), put knots in your tail yarn at the beginning of the cast on or chain stitch to indicate what size needle was used. For example, if you used a #8 needle make 8 knots (especially if the needle used for the project is not the same one as given in the pattern). Then, if the needles get separated from the project or it takes you ages to get around to making that second sleeve, you can just count the knots and this can help you to get the project restarted.

### For Your Browsing Pleasure

Knit lace stitches are loved the world over and 100 Different lace stitches and videos can be found on [Brome Fields.com](http://BromeFields.com). A world of easy beginner patterns are also at this web site which can be a help if you are perpetuating knitting by teaching a person to knit. Knitting can be a calming experience and there is a lot of truth in the T-shirts that say "I knit to keep calm". This one stop website has a list of 40 websites and blogs offering free knitting patterns. Just some of the sites are [Berroco.com](http://Berroco.com), [Drops Design.com](http://Drops Design.com) and [Free Vintage Knitting.com](http://Free Vintage Knitting.com) and the list continues.

For the crocheter [Purple Kitty.com](http://Purple Kitty.com) has thousands of vintage patterns garnered from old crochet(and knitting) books sent to them by people who wanted the books information reformatted to the computer to make for easy access and for the patterns to live on. Just scrolling down the list of leaflets bring back memories of J and P Clark, Columbia, Minerva, and American Thread booklets that sold for less than a dollar at the five and dime stores and are now available for the seasoned as well as new

needleworker. A walk down memory lane and fabulous new patterns await you at these web sites.

Happy Spring! Happy Easter to the From the Heart Family!  
Janet Sparzak

### Winner of the Richmond Elf of the Month Drawing

Each month, the names of the Richmond Elves who have volunteered are entered into a random drawing and one name is pulled to be Elf of the Month. Congrats to **Deb Abresch**, Elf of the Month for March 2023. Next time you are at the workshop, Deb, please select some nice yarn from the clear container on the credenza as you enter, for your use in a personal project.

### Donation Inventory Numbers

#### Previous Total

Mid 2002 – 2022 ..... 512,248

#### 2023

January - February.....8,123

March (as of 26<sup>th</sup>) .....1,555

Year to Date Total .....9,678

**Grand Total .....521,926**

#### Covid Items Donated

Face masks .....42,312

Ear Saver .....6,167

Surgical Hats .....2,745

Comfort Hearts.....1,620

**Total Covid .....52,844**

### What Would you Like to See in YOUR Newsletter?



From the Heart puts out a monthly newsletter so members can see a reflection of who they are, what they do for others, what they want to learn and/or hear about, and what they would like to share with other members.

If you have a favorite tip, a small article with a photo of the group you attend (get permission from people before you submit their photo(s)), a photo of something you especially enjoyed making with a short paragraph describing why you enjoyed making this item, a funny joke or meme you have recently seen or heard about our shared passions of knitting, crocheting, and sewing...please send it to Tricia Ennis at [triciaennis2014@gmail.com](mailto:triciaennis2014@gmail.com) for consideration for inclusion in the newsletter.

If you receive the newsletter by snail mail but have the ability to receive it via email, please let either Tricia or Kulla ([kulla.ficare@verizon.net](mailto:kulla.ficare@verizon.net), 804-263-5480) know so that it can be sent directly to your inbox.



## “Bring It On” Knitted Blanket

For Cast on and Bind off use size 13 or 15 needles. Using larger needles will create more relaxed beginning and ending ridges.  
For body of blanket, use needles a few sizes larger than suggested on yarn label. I used Lion Brand Pound of Love and size 10 needles.

This is an eleven-stitch pattern repeat. For infant size blanket cast on (using your larger needle) 100 stitches. *You may increase this count in increments of 11 for larger child or adult blanket.*

Knit 4 rows of garter stitch (this means knit every row).

### Begin pattern:

**Row 1:** Knit 2 together, knit 2 together, yarn over, knit 1, yarn over, knit 1, yarn over, knit 1, yarn over, knit 2 together, knit 2 together (11 stitches used). Repeat these 11 stitches to the end of the row. Place a marker after each set of 11 stitches, moving them when coming to them on every row.

**Rows 2,3 and 4:** Knit all stitches.

Repeat these 4 rows until blanket measures desired size.

Finish blanket by knitting all stitches (garter stitch) for the last 4 rows. Use larger needle to cast off final edge.

\*\*\*\*\*

## Big Ole Square Granny Blanket

### Materials:

Any yarn of any weight (up to 1,800 yards of worsted #4 for a big blanket). Variegated yarns work well but lots of small skeins of leftover stash yarns work just as well if you don't mind weaving in the ends.

Size J crochet hook for worsted (#4) or a hook suitable to the weight you are using.

Tapestry needle to weave in ends.

### Abbreviations:

ch chain

dc double crochet

sl st slip stitch (Yarn over, draw yarn through chain and the loop on your hook in one motion - slip stitch made).

sp space

Rnd Round

### Pattern:

ch 2 leaving a tail of 6" or so. Work rnd 1 starting in second ch from hook.

**Rnd 1:** Ch 3 (counts as dc), 2 dc in ring, ch 1, (3 dc in ring, ch 1) 3 times, sl st in top of first ch-3 of the rnd. slip st in any ch-1 sp.

**Rnd 2:** Ch 3, 2 dc in same sp, ch 1, 3 dc in same sp, ch 1, (3 dc, ch 2, 3 dc, ch 1 in next ch-2 sp) 3 times, sl st in top of ch-3.

Draw tail tight until there is no hole in the center starting point and continue crocheting, starting with

**Rnd 3:** Continue each round as established, (3 dc in each extra space created on each round and two sets of 3dc in each corner), until you have used about 90% of the yarn you plan to use or until your blanket is about 1/2 " shorter and less wide than you want it to be. Do not break yarn.

### Edging:

Rnd 1: Chain 3, dc in the top of each stitch around entire perimeter and 5 dc in each corner. Attach to beginning of round stitch with a sl st.

Rnd 2: Chain 2, sc in each stitch around blanket and 3 sc in each corner. Attach to the beginning of round with sl st.

Fasten off.

### Finishing:

Weave in ends.



# From the Heart Local Group Times

**Subject to Change: Check Before Heading Out**

**April 2023**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<p><b>1</b></p> <ul style="list-style-type: none"> <li>• Atlee Angels Legacy Park 1-3pm</li> </ul>
<p><b>2</b></p>	<p><b>3</b></p> <ul style="list-style-type: none"> <li>• Stonebridge Rec. Ctr. 10a-1p (must call to confirm first)</li> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• From the Heart Quilters</li> <li>• Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. - Mask required if not vaccinated or for comfort.)</li> </ul>	<p><b>4</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd. Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Heritage Public Library, New Kent, 2:00pm On site, in person meeting</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> <li>• Prince George Library, 2:00-4:00pm</li> <li>• Hanover Fiber Arts, Atlee Library, 1:00– 4:00pm</li> </ul>	<p><b>5</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Colony Critters, Patriot's Colony, Williamsburg 1:30pm</li> <li>• McKenney Library 3:00 – 5:00pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> </ul>	<p><b>6</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Caps, 10am- noon</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>7</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm</li> </ul>	<p><b>8</b></p> <ul style="list-style-type: none"> <li>• Louisa Hardees 10am - noon</li> </ul>
<p><b>9</b></p>	<p><b>10</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>11</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> <li>• Fredericksburg Workshop Open -10:00am – 2:00pm</li> </ul>	<p><b>12</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Elmcroft Retirement 1:30pm</li> <li>• Dinwiddie Library 1:00-3:00pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>13</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Hearts, 5:30pm – 7:30pm</li> <li>• Verena at the Glen – 3:00pm</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> </ul>	<p><b>14</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• King George - Peace Lutheran Church 10 am – noon</li> <li>• Kay's Krafters 1-5pm</li> <li>• Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>15</b></p> <ul style="list-style-type: none"> <li>• Atlee Angels, Legacy Park, 10am – noon</li> </ul>
<p><b>16</b></p>	<p><b>17</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> <li>• From the Heart Quilters</li> <li>• Quilter's Corner in Sycamore Sq. 10:00am -12:30pm.</li> </ul>	<p><b>18</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> <li>• Prince George Library, 2:00-4:00pm</li> <li>• Hanover Fiber Arts, Atlee Library, 1:00 – 4:00pm</li> </ul>	<p><b>19</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• McKenney Library (Ragsdale Room) 3:00 – 5:00pm</li> <li>• Heritage Library, Charles City Branch – 2:00pm. On site, in person meeting</li> </ul>	<p><b>20</b></p> <ul style="list-style-type: none"> <li>• Verena at the Glen – 3:00pm</li> <li>• Hopewell Happy Caps, 10am- noon</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> </ul>	<p><b>21</b></p> <ul style="list-style-type: none"> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon)</li> </ul>	<p><b>22</b></p>
<p><b>23</b></p>	<p><b>24</b></p> <ul style="list-style-type: none"> <li>• Gayton Kirk K/C, Gayton Kirk Church 7pm</li> <li>• Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first)</li> </ul>	<p><b>25</b></p> <ul style="list-style-type: none"> <li>• Chesterfield Heights Comm. Ctr 2:00- 3:30pm</li> <li>• North Courthouse Rd Library, 11am – 1pm</li> <li>• Violet Bank Stitchers, 10am – noon</li> <li>• Southside RVA Stitchers 6:30-8:00pm</li> <li>• Fredericksburg Workshop Open -10:00am – 2:00pm</li> </ul>	<p><b>26</b></p> <ul style="list-style-type: none"> <li>• Colonial Heights Senior Ctr 10-noon</li> <li>• Elmcroft Retirement 1:30pm</li> <li>• Spring Arbor Sr. Living 1:30pm</li> <li>• Dinwiddie Library 1:00-3:00pm</li> <li>• Chesterfield Needlework Friends Central Library 1pm – 2:30pm</li> </ul>	<p><b>27</b></p> <ul style="list-style-type: none"> <li>• Hopewell Happy Hearts, 5:30pm – 7:30pm</li> <li>• Glen Allen Library Group, 1 – 2:30pm</li> <li>• Summerhill Retirement Ctr 1:30 – 3:30pm</li> <li>• Ashland Library Noon – 4pm</li> <li>• Verena at the Glen - 3:00pm</li> </ul>	<p><b>28</b></p> <ul style="list-style-type: none"> <li>• King George - Peace Lutheran Church 10 am – noon</li> <li>• Five Rivers Fiber Guild Heathsville. 10am – noon</li> <li>• Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only</li> </ul>	<p><b>29</b></p>
<p><b>30</b></p>						

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 <sup>th</sup>	Noon – 4:00pm	Vicki Welsh, <a href="mailto:vickiwelsh@protonmail.com">vickiwelsh@protonmail.com</a> <a href="https://ashlandheart.blogspot.com/">https://ashlandheart.blogspot.com/</a>
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 <sup>st</sup> , 3 <sup>rd</sup>	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	DST 6:30-8:00pm	Not Currently Meeting
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 <sup>nd</sup> , 4 <sup>th</sup>	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 <sup>st</sup>	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 <sup>nd</sup> , 4 <sup>th</sup>	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Farmville	Farmville Baptist Ch, 132 N Main St	Farmville	Wednesday, every	5:00pm	Not Currently Meeting
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, <a href="mailto:jkmooers@aol.com">jkmooers@aol.com</a>
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 <sup>nd</sup> , 4 <sup>th</sup>	10:00am- 2:00pm	Johnnie Wood, <a href="mailto:jpwood32@outlook.com">jpwood32@outlook.com</a>
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 <sup>st</sup> , 3 <sup>rd</sup>	10:00am -12:30pm.	Betsy Vest, 804-747-0297, <a href="mailto:epvest3@gmail.com">epvest3@gmail.com</a>
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Hampton Roads FtJ		Hampton			Michelle Sartelle <a href="mailto:Michellesartelle@gmail.com">Michellesartelle@gmail.com</a>
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 <sup>st</sup> , 3 <sup>rd</sup>	1 – 4:00pm	Phaedra Knoller 804-837-7018 Beth Watkins 804-347-9286
Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 <sup>rd</sup>	2:00pm	Charles City County Library (804) 652-2450 In Person
Heritage Public Library, New Kent Brance	7791 Invicta Lane	New Kent	Tuesday 1 <sup>st</sup>	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 <sup>st</sup> , 3 <sup>rd</sup> ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 <sup>nd</sup> , 4 <sup>th</sup>	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 <sup>nd</sup>	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 <sup>nd</sup> , 4 <sup>th</sup>	10am-noon	540-775-9131
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 <sup>nd</sup>	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 <sup>st</sup>	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 <sup>st</sup> , 3 <sup>rd</sup>	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 <sup>st</sup> , 3 <sup>rd</sup>	2-4pm	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 <sup>th</sup>	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 <sup>nd</sup> , 4 <sup>th</sup> , (Zoom)	10:30am-12:30pm	
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395