

IMPORTANT: New Workshop Guidelines



Masks are now optional for anyone entering the workshop. We will no longer ask visitors to record their name and phone number for contact tracing. Also, we will not limit capacity except for the restriction required by the Henrico Fire Department.

Please be sure to record your information legibly on the newly formatted “ins and out’s” form on the clipboard. We are transferring this data to a computer format and your help is needed to make our data entry easier. Thank you for your assistance with this project.



<http://www.fromtheheartstitchers.org>
<https://www.facebook.com/FromtheHeartStitchers>

1406 Whispersing Oaks Rd.
Midlothian, VA 23112

Grateful Thread – May 2023



Monthly Mentions

April was a busy month for From the Heart. The Thalheimer Gives program concluded with even more giving from their associates. The campaign was beneficial in three parts; it provided an opportunity for their associates to learn about us through the workshops, it benefited the recipients of the hats, toys, memory items and lapghans made

by them, and it benefits our members with the many donations of yarn, fabric, fiber fill, signage for the Richmond workshop, tags, computer and printer, monetary donations as well as their manpower cleaning and repairing in our space. Just amazing!

Volunteers and Board Members were also busy refreshing our social room by cleaning, rearranging, and moving in new-to-us furniture. We were gifted with surplus items from Village Bank that have made a huge improvement in our seating area. We are so grateful! More improvements are coming soon so be sure to come by and enjoy them when you can.

Beginning this month, we will hold evening hours on Tuesday, May 9th. If the turn-out is well received, we will consider adding additional evenings or perhaps Sunday afternoons. Come by the workshop and let us know your preference.

And the most important date to remember for this month is the Retirement Celebration for Lois (and Russ) on Saturday, May 27th. You'll find all the details in this newsletter with reminders coming to your inbox. Please do plan to attend this simple but heart-felt acknowledgement of the many hours of love and compassion that built this organization from just a random piece of yarn, a hook and a couple of sticks.

Have a great month and thanks to everyone for keeping the mission of From the Heart a part of your purpose.

Fredericksburg FtH Spring Gathering

The Fredericksburg From the Heart members are holding a Spring Gathering of friends on Tuesday, May 30th from 10:00AM until 1:00PM. We will meet at Chancellor's Village for a morning of socializing and sharing as we work on our current stitching projects.

Chancellor's Village is providing their meeting room for us. The facility is very accommodating and comfortable. The address of Chancellor's Village is [12100 Chancellor's Village Lane, Fredericksburg, VA 22407](#). The staff of Chancellor's Village is happy to provide their services to us at no charge for the space and set-up. Parking is limited so please plan to carpool.

If desired, you may bring your lunch or you may purchase lunch from a selection of boxed lunches. These are available for a **CASH ONLY** price of \$7.50. Sorry, credit cards cannot be accepted for this event. Water, tea, and coffee will be provided. The menu options for the boxed lunches will be provided in advance in a separate email. Please note, all lunch orders will be made on site on May 30th when you enter. Cash payment is requested at that time.

A link to Sign Up Genius will be sent to everyone soon (and also posted to our Facebook page) to capture your planned attendance and if you plan to purchase the box lunch. You must **RSVP by Tuesday, May 23rd** in order that Chancellor's Village can prepare for our visit. We also suggest that you register for any member who does not have internet access or contact Sally Moore at 540-295-6224 so she can assist.

Looking forward to seeing many familiar friends soon!

Retirement Celebration for Lois

As you know, Lois retired in March after 23 years of dedicated service to our organization. She deserves a proper "thank you" and expression of appreciation. Please do plan to attend a reception to honor Lois and Russ on Saturday, May 27th from 1:00 pm to 3:00 pm. The location is [Mt. Pisgah United Methodist Church at 1100 Mt. Pisgah Drive in Midlothian.](#) ([click for directions](#)).

We have been asked if there will be "collection" for a gift. To honor Lois' wishes to keep this event simple and low-key, it is suggested that a donation to FtH could be made in her honor. Be sure to note on the memo section of your check that your gift is to honor Lois and Russ for their many devoted years to From the Heart.

There will also be a small "memory" book at this event so please take a moment to write any special memories of thoughts you might like to share with Lois and Russ.

2023 From The Heart Retreat

We hope you have already reserved Saturday, October 7, 2023, on your calendar for our Retreat, "We Walk Better Together". Registration will open on July 1st and close on September 15th. The fee will be determined as we move closer to the registration date. The location of this exciting and fun filled day is [The Place at Innsbrook](#). Doors open at 9:30 am and the program will begin at 10:00 am. Classes and live demonstrations are being planned that will entice your creative spirit.

Here's a peek at a beautiful, hand knit blanket that will be a highly sought-after raffle item! It covers a full-size bed and will certainly complement any family room, den or favorite snuggle area. More raffle items to be previewed in the coming months.



Current Needs – May 2023

Below are our current, most pressing needs but, as always, feel free to make whatever you like as we can certainly use it. If you create an item with a specific recipient group in mind, please clearly write that on the back of the tag and feel free to add a personal note of encouragement or simply a “made by” if you want to do so.

Lots of patterns are available on our website at: <https://fromtheheartstitchers.org/patterns/>.

If you deliver any items personally (not via our workshops) in the Richmond area, please let Deb Abresch know at 804.512.3162 or by email at debabresch@verizon.net. In the Fredericksburg/King George area, please advise Sally Moore at smoorefth@gmail.com or 540-295-6224.

Fredericksburg

- Shawls (see patterns at end of newsletter)
- Neck pillows
- 36x36 fabric baby blankets for use in the NICU
- Walker totes
- Wheelchair totes
- Blankets
- Hats of all sizes (Newborn hats must fit a 5” Styrofoam ball, preemie hat must fit 4” ball)

Richmond

- Shawls for men and women
- Blankets of all sizes
- Memory care items
- Toys
- Market bags
- Washcloths
- Ponchos for children
- Hats for boys and men
- Full term baby hats (should fit a 5” ball and be gender neutral colors)
- Red, white, and blue lapghans/blankets are needed all year long

Fredericksburg/King George Workshop

Our workshop is open 10 am-2 pm on the **second and fourth Tuesday** of each month, which in May are Tuesday 9th and Tuesday 23rd. Please come by to pick up fabric and yarn and/or to drop off your completed projects. Feel free to spend as much time as you need to choose what you need for your next From the Heart project. If you are new to the group, please let the volunteers know if there is anything you specifically need, and they will answer any questions you may have.

The address is 1320 Central Park Blvd., Suite 108 Fredericksburg 22401. Click on the address for directions. Parking is behind the building. Entry to Suite 108 is from the rear parking lot through the glass double doors marked Electrical Room.

If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

We need elves who are willing to help for a 2- or 4-hour block. If you would like to learn more about volunteering, contact Jeanne Fraser, our Volunteer Elf Coordinator at bluesisu@gmail.com.

Workshop Volunteers and Elf of the Month

First, many thanks to those who volunteer to help staff the workshop. Being a shopkeeping Elf is fun and easy and, the first couple of times you volunteer, you will be scheduled with two other experienced volunteers to ensure you receive adequate training.

To volunteer for a shift at the workshop during the month of May 2023 **in Richmond**, please contact Kulla Ficare at kulla.ficare@verizon.net. **In Fredericksburg**, your contact is Jeanne Fraser, bluesisu@gmail.com.

To find out more about what is involved in becoming an elf or, if you would like to volunteer to be a scheduler, contact any one of the schedulers listed below.

Richmond:

Kulla Ficare, kulla.ficare@verizon.net, 804-263-5480
Jacqueline Muoio, msjbangles@yahoo.com, 804-802-2304
Tricia Ennis, triciaennis2014@gmail.com, 804-683-9015
Keyser Glancy, keyserglancy@gmail.com, 804-402-0985

Fredericksburg: Jeanne Fraser at bluesisu@gmail.com

Each month, the names of the Richmond Elves who have volunteered are entered into a random drawing for the Elf of the Month. Congrats to **Sheila Weisensale**, Elf of the Month for April 2023. Next time you are at the workshop, Sheila, please select some yarn from the container on the credenza as you enter, for your use in a personal project.

NEW – Evening Workshop Hours



Wait, what did you say? Yes, we are opening the Richmond workshop from 6:00 pm until 8:00 pm on the first Tuesday of each month! We hope to encourage all members to come in, pick up yarn, drop off projects and just sit and stitch with us. You can bring a snack or a beverage if you don't have time for your dinner. (Have you tried the Empanadas from the restaurant next door or the barbecue from Jadean's? YUM!)

We will have two elves on duty to help with any questions or yarn selections. Tuesday evening, May 9th has already been filled by two elves but please watch the schedule for the first Tuesday evening of the month as we move forward with this endeavor.

Thalhimer Gives

On Tuesday, April 18th, representatives from Thalhimer Corporate Real Estate brought us bags and bags and BAGS of beautiful new yarn, fiber fill, plastic bags for distribution, fabric and completed projects that their associates collected and made for From the Heart. Additionally, the associates held fund raising events throughout the first quarter of 2023. Funds raised were matched by the company and an enormous donation of \$5,300 was made to From the Heart!



There were only smiles and cheers of joy as our Thalhimer Champion, Liz Greving and Paula English, Director of Communications, carried in our goodies. These donations will benefit so many people in need within Central Virginia. Thalhimer Gives is a corporate sponsored program to support the communities in their markets. FtH has reaped many gifts that would not have been available to us without the sponsorship of this program.

We send our heartfelt thanks to all of the associates of Thalhimer for their support of From the Heart and other worthy charities in our area.

New (To Us) Furnishings at the Workshop

The Board of Directors has been busy cleaning, organizing, and “refreshing” our workshop during the past few months. Many of our chairs and sofas were well past their “expiration date.” These items were donated to other organizations and can now be enjoyed by others. This paved the way for a generous donation of surplus furniture from Village Bank. Early on Saturday, April 8th, volunteers help move these items to our workshop before our regular workshop hours.

The positive response to our “new” social area has been overwhelming and has encouraged many to come in to sit and stitch with us. Be sure to come by with your current project and enjoy some social time with us soon.



Instructors Needed for Potential Future Classes

Some of you will remember a time when we offered regular classes at the workshop (click [HERE](#) to recall or discover what some of them were). Now that COVID is receding in everyone’s rear view mirror, the Board would love to start the process of restarting these opportunities. The first step is to identify which members would be willing to teach (or assist with teaching) crochet or knitting techniques/classes. Please let Kulla know, at kulla.ficare@verizon.net, if



you have an interest in teaching or assisting with a class, as we start this up again. Please also let Kulla know what technique you would like to teach and please remember that we do not attempt to compete in any way with our local yarn stores so nothing too advanced and no topic we know is being offered by a Iys. Thanks so much in advance for your cooperation with this.

Wonky Shirtsleeve 9” Quilt Block

Join Shedly Reese in learning how to make a quick and easy quilt block using shirtsleeves. Class will be primarily a demo, but 2 sewing machines will be available to make a block while you’re in class. Everything will be supplied, and you will be given a kit to make a block at home. Classes will be at From the Heart on Westbriar Dr. Choose either class: Friday, May 19, 10-12:00 or Saturday, May 20, 2-4:00. Limit 10 at each class. Level: Beginner and up. Additional information regarding signing up for either of these classes will be sent to you soon and also posted on our [Facebook](#) page.



Celebration of Life for Sue Longest

Sue was a member of FtH and also worked for Danny Ennis (Tricia’s husband). Sue prepared all of our pattern books, printed our newsletters, printed our tags, and designed other graphics for us for many years. She also prepared slide presentations and operated the projector at our Retreats. She also served as an Elf although she didn’t knit or crochet. Her work for FtH was like the ocean undertow; powerful yet seldom seen. We will all miss her and her contributions.

Sue’s daughter, Sarah, is hosting a Celebration of Life for Sue on Friday May 19th at 10am at Lewis Ginter Botanical Garden 1800 Lakeside Ave in Henrico, and has graciously invited From the Heart members to attend. Please let Tricia (triciaennis2014@gmail.com, (804)683-9015) know if you plan to attend as Sarah will need a headcount in advance of the event.

New Group Meeting in Glen Allen

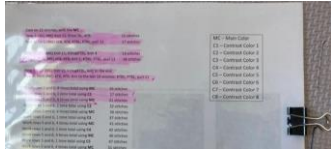
The Knitwickers are meeting the second Friday of the month from 10:00 am to 12:00 pm at Newfound Church of Christ. The address is [14166 Gordon Lane, Glen Allen](#). For more information, please contact Linda Simon at (804)320-0133.

WIN – Women in Nuclear from Dominion Energy

From the Heart welcomes a new corporate group from Dominion Energy! These ladies are forming a group at work to crochet and knit. Their first planned project is making 12” squares in red, white, and blue to join into a throw for distribution to McGuire Veterans Hospital. Their

kickoff meeting was held on Thursday, April 13th and was attended by a FtH volunteer. Sample throws were shared for inspiration. And 12” templates were provided as well.

FtH is always willing to assist new groups with their start-up. We especially encourage our volunteers to invite their teammates at work to join them for a weekly or monthly group stitching event. Let us know how we can help.



Tip of the Month

To more easily follow your pattern without losing your place, put the pattern into a [plastic sheet protector](#) and use a [dry erase marker](#) to mark off rows on the plastic as you work them. Secure your pattern within the sheet protector by using a [binder clip](#) to make sure it is secure enough to not slide up or down a row from your marks.

For Your Browsing Pleasure

Watching television and /or movies can bring new ideas to knitting and crochet. Eighty For Brady, a fluffy funny movie making the rounds on firestick tv, shows Rita Morena getting ready to knit from a ball of yarn. And yes she seems to know what she is doing. Several fair isle sweaters are featured in the movie with really different color combinations. The tv show Sheldon which airs on Thursday night on CBS frequently shows the mother of Sheldon crocheting correctly. The sofa back cover on the show frequently changes color and design so maybe she is the creator. The afghan sofa back cover frequently seen on tv sitcoms was made famous by the Roseanne series.

In love with Stephen West and his shawls? He has a video on YouTube called Botanic Shawl Tutorial where he teaches both easy and more complicated stitches to make a gorgeous shawl. He is easy to follow and makes one smile. Click [HERE](#) for the video.

Love reading needlework mysteries? Check out The Knit and Nibble Mysteries by Peggy Ernhart from the library or your local bookstore. Always a twist comes at the end.

Happy May Day! Happy Mother's Day!

Janet Spartzak

New Addition to Our Yarn & Fabric Sorting Team



The Yarn & Fabric Sorting Team added a valued member recently! Long time FtH member and quilter extraordinaire, Matilde Woolcott, is providing greatly appreciated assistance to Jane Arancibia, Liz Fox, and Betsy Vest. Our cotton fabric donations are rapidly increasing, and Matilde is

sorting, folding, and stacking all of it in an orderly fashion. Jane, Liz, and Betsy are busy with the many lovely yarn donations that are constantly arriving as well. Thank you, ladies, for your never-ending energy and passion!

If you are interested in volunteering with this team or with any other FtH opportunities, please contact Kulla at kulla.ficare@verizon.net.

Matching Grant Programs

Several of our FtH members are associated with matching grant program opportunities at their workplace. These are very popular with insurance companies, supermarkets, utility providers, phone companies, car manufacturers, and banks. The Thalhimer Gives program is an excellent example of a local corporate business with a matching grant program.

We appreciate all donations of our members' time, talents, and treasures. Without the support of our volunteers, it would not be possible to serve those in need throughout our community. Thank you!

Donation Inventory Numbers

Previous Total

Mid 2002 – 2022 **512,248**

2023

January - March.....10,560

April (as of 26th)2,510

Year to Date Total..... 13,070

Grand Total525,318

Covid Items Donated

Face masks42,312

Ear Saver6,167

Surgical Hats2,755

Comfort Hearts1,620

Total Covid52,844

Thank you, Thank you, Thank you!

Thank you to the owners and employees of [Dances with Wool](#) and [Quilter's Corner](#) in Sycamore Square, Midlothian for hosting the participants of their recent yard sale and for their generous donations of yarn and fabric to From the Heart. These two stores are fervent supporters of what From the Heart does and we greatly appreciate all they do to assist us with the conducting of our mission.

What Would YOU Like to See in the Newsletter?

Please send your ideas, tip, article, photos of your local group, etc. to Tricia (triciaennis2014@gmail.com) or Kulla (kulla.ficare@verizon.net) to be considered for inclusion in the Grateful Thread..



CROCHET Wheelchair Wrap Pattern

Materials List

12 ounces of worsted weight yarn

H hook

Finished Size

Approx. 18" long (down center back) and 80" around bottom edge

Gauge

14 dc = 4 inches

8 rows = 4 inches

Notes

V stitch = 1dc, ch1, 1dc

The Pattern

Chain 54

Row 1: dc in 3rd ch from hook, ch 1, 2 dc in next ch, *dc in next 11 ch, v st in next ch, repeat from * 2 times, dc in next 11 ch, 2 dc in next ch, ch 1, 1 dc in each of last 2 ch, ch 2, turn (58 dc and 5 ch 1 spaces)

Row 2: dc in next dc, ch 1, 2 dc in next dc, *dc in next 13 dc, V st in ch1 space, repeat from * 2 times, dc in next 13 dc, 2 dc in next dc, ch 1, dc in last dc and in top of turning ch, ch2, turn (8 sts increased).

Rows 3 - 28: repeat row 2, following established pattern, always increasing the number of dc between V sts by 2 (each row increases by a total of 8 sts).

Row 29: dc in next dc, ch 1, skip ch 1 space, dc in next dc, *ch 1, skip 1 dc and dc in next st, repeat from * to V st in previous row, ch 1, V st in ch 1 space of V st, ch 1, skip next dc, dc in next dc repeat from * across row to last dc. Ch 1, skip ch 1 space, dc in next dc, dc in last dc and in top of turning ch, ch 2, turn.

Row 30: dc in each dc and ch 1 space across, end off, weave in ends.

The author of this pattern, Susan A. Coes, allows its use for non-commercial purposes only. Please do not re-distribute for profit.



KNIT Wheelchair Shawl

Materials:

#4 yarn, approximately 600 yards

Size 10 circular needle, 34" long

Abbreviations: K = knit, PM = place marker, SM = slip marker, YO = yarn over,

Kfb = knit front and back, RS = right side, WS = wrong side, BO = bind off

All odd rows are RS and INCREASE rows. All even rows are ws.

Directions:

Cast on 66 stitches.

Row 1 : K3, PM, K15, PM, K15, PM, K15, PM, K3

Rows 2-4: knit all stitches, slipping markers as you go.

Row 5: K3, SM, *Knit to last stitch before next marker, YO, K1, SM, YO, K1 *(3x), Knit to last marker, SM, K3

Row 6: Knit all stitches, slipping markers as you go.

Row 7: Same as Row 5.

Row 8: Same as Row 6.

PATTERN FOR REMAINING SHAWL:

Row 9: (RS): K3, SM, Kfb, *Knit to last stitch before next marker, YO, K1, SM, YO, K1 *(3x), Knit to last stitch before last marker, Kfb, SM, K3

Row 10: (WS): Knit all stitches, slipping markers as you go.

Continue shawl by repeating rows 9 and 10 until you have 18 inches at the middle. BO loosely.



From the Heart Local Group Times

Subject to Change: Check Before Heading Out

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <ul style="list-style-type: none"> • Stonebridge Rec. Ctr. 10a–1p (must call to confirm first) • Gayton Kirk K/C, Gayton Kirk Church 7pm • From the Heart Quilters • Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. - Mask required if not vaccinated or for comfort.) 	<p>2</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd. Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Heritage Public Library, New Kent, 2:00pm On site, in person meeting • Southside RVA Stitchers 6:30-8:00pm • Prince George Library, 2:00-4:00pm • Hanover Fiber Arts, Atlee Library, 1:00– 4:00pm 	<p>3</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Colony Critters, Patriot's Colony, Williamsburg 1:30pm • McKenney Library 3:00 – 5:00pm • Spring Arbor Sr. Living 1:30pm 	<p>4</p> <ul style="list-style-type: none"> • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm • Verena at the Glen - 3:00pm 	<p>5</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • Midlothian Women's Group Kroger Starbucks, Ivy Mount Shopping Center. 2:00 – 4:00pm 	<p>6</p> <ul style="list-style-type: none"> • Atlee Angels Legacy Park 1-3pm
7	<p>8</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>9</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm • Fredericksburg Workshop Open -10:00am – 2:00pm 	<p>10</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Dinwiddie Library 1:00-3:00pm • Spring Arbor Sr. Living 1:30pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>11</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Verena at the Glen – 3:00pm • Glen Allen Library Group, 1 – 2:30pm 	<p>12</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon • King George - Peace Lutheran Church 10 am – noon • Kay's Krafters 1-5pm • Knitwickers, Newfound Church of Christ, Glen Allen p 10am - noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>13</p> <ul style="list-style-type: none"> • Louisa Hardees 10am - noon
14	<p>15</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) • From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am -12:30pm. 	<p>16</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm • Prince George Library, 2:00-4:00pm • Hanover Fiber Arts, Atlee Library, 1:00 – 4:00pm 	<p>17</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm • McKenney Library (Ragsdale Room) 3:00 – 5:00pm • Heritage Library, Charles City Branch – 2:00pm. On site, in person meeting 	<p>18</p> <ul style="list-style-type: none"> • Verena at the Glen – 3:00pm • Hopewell Happy Caps, 10am- noon • Glen Allen Library Group, 1 – 2:30pm 	<p>19</p> <ul style="list-style-type: none"> • Five Rivers Fiber Guild Heathsville. 10am – noon 	<p>20</p> <ul style="list-style-type: none"> • Atlee Angels, Legacy Park, 10am – noon
21	<p>22</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>23</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm • Fredericksburg Workshop Open -10:00am – 2:00pm 	<p>24</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Elmcroft Retirement 1:30pm • Spring Arbor Sr. Living 1:30pm • Dinwiddie Library 1:00-3:00pm • Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	<p>25</p> <ul style="list-style-type: none"> • Hopewell Happy Hearts, 5:30pm – 7:30pm • Glen Allen Library Group, 1 – 2:30pm • Summerhill Retirement Ctr 1:30 – 3:30pm • Ashland Library Noon – 4pm • Verena at the Glen - 3:00pm 	<p>26</p> <ul style="list-style-type: none"> • King George - Peace Lutheran Church 10 am – noon • Five Rivers Fiber Guild Heathsville. 10am – noon • Twin Hickory Clubhouse Group 10:30am – 12:30pm – Zoom only 	<p>27</p> <p>Workshop CLOSED as we celebrate and honor our founder, Lois Moore on her retirement. Please join us. Details are in the newsletter article.</p>
28	<p>29</p> <ul style="list-style-type: none"> • Gayton Kirk K/C, Gayton Kirk Church 7pm • Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	<p>30</p> <ul style="list-style-type: none"> • Chesterfield Heights Comm. Ctr 2:00- 3:30pm • North Courthouse Rd Library, 11am – 1pm • Violet Bank Stitchers, 10am – noon • Southside RVA Stitchers 6:30-8:00pm 	<p>31</p> <ul style="list-style-type: none"> • Colonial Heights Senior Ctr 10-noon • Spring Arbor Sr. Living 1:30pm 			

Name	Address	City	Day of Month	Time of Day	Contact
Ashland Library Group	201 S. Railroad Ave	Ashland	Thursday, 4 th	Noon – 4:00pm	Vicki Welsh, vickiwelsh@protonmail.com https://ashlandheart.blogspot.com/
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm/10-noon	
Brandermill/Woodlake Group	Panera Bread, Brad McNeer Parkway	Midlothian	Wednesday 2 nd , 4 th	DST 6:30-8:00pm	Not Currently Meeting
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2–3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	10am-noon	
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	
Crossings at Bon Air	Bon Air Crossing Drive	Richmond	Monday, every	2:00pm	Not Currently Meeting
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00–3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Fairfield Lib Conf Rm (Paddington Group)	14001 N. Laburnum Rd.	Henrico	Varies: Contact Tonia	12:30-2:00pm	Tonia Neiter, 804-938-0468
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg/King George Workshop	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 2:00pm	Sally Moore 540-295-6224
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	10:00am -12:30pm.	Betsy Vest. 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 2:30pm	Barbara Robinson 804-310-3790
Hampton Roads FtJ		Hampton			Michelle Sartelle Michellesartelle@gmail.com
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 st , 3 rd	1 – 4:00pm	Phaedra Knoller 804-837-7018 Beth Watkins 804-347-9286
Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Heritage Public Library, New Kent Branch	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd ,	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	
King George, Peace Lutheran Ch	5590 Kings Highway	King George	Friday 2 nd , 4 th	10am-noon	540-775-9131
Knitwickers, Newfound Church of Christ	14166 Gordon Lane	Glen Allen	Friday, 2 nd	10am-noon	Linda Simon, 804-320-0133
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am–2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00–5:00pm	804-458-6329
Michael's, (craft room)	Midlothian Tnpk. & Courthouse Rd	Midlothian	Wednesday 1 st , 3 rd	Noon–3pm	Not Currently Meeting
Midlothian Women's Group	Kroger Starbucks, Ivy Mount Sh. Ctr.	Midlothian	Friday 1st	2:00- 4:00pm	
N Courthouse Rd Library Fiber Trends	325 N. Courthouse Rd.	Richmond	Tuesday, every	11am–1 pm	
Prince George Yarnspinners	Prince George Lib, 6605 Courts Dr	Prince George	Tuesday 1 st , 3 rd	2-4pm	
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am–1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th , (Zoom)	10:30am-12:30pm	
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday every	10a-noon	804-520-9395