



Grateful Thread – May 2024

<https://www.facebook.com/FromtheHeartStitchers>
<http://www.fromtheheartstitchers.org>

Monthly Mentions

April 21st through the 27th was National Volunteer week. The theme for the week was “Celebrate Service – an opportunity to shine a light on the people and causes that inspire us to serve.”

From the Heart is totally dependent on our volunteers who make our mission and outreach possible. Without your kindness to make comfort items, serve as a volunteer at our workshop and special events, we could not exist. Thank you to those who take our trash and recycle, who vacuum and dust, wash the projects that have odors, those who sort, count and bag items every week, who deliver to our recipients, who keep our shelves tidy with yarn and fabrics, who punch holes in the tags and string them, and to everyone who donates their treasure of talents to our organization. It is amazing that we can accomplish so much and serve so many because of YOU.

It is an exceptional person who wants to serve others. Our members come from many walks of life and some have critical health concerns. But their desire to put the needs of others before their own qualifies as having the heart of a servant.

I am so inspired by our organization. The origins of FtH stretch back years when our first volunteer and Founder, Lois, began making hats with just a few friends. Look how far we have grown since then. It was all possible because of our volunteers. One person cannot grow and expand our organization, but one person can make a difference in the life of another with a simple hat or blanket.

My thanks to everyone for all you do for From the Heart and for making the mission of this organization a part of your life's purpose.





Welcome, Gloria!

We are always happy to welcome new members. But we are just giddy with glee when we have a 12-year-old who is eager to learn to crochet. Board Member, Debbie Melanson, works with Gloria's mother. Debbie offered to teach Gloria and

her mother how to crochet. Gloria loves animals so making a pet cozy is the perfect first project. Happy stitches, Gloria!

New Recording Method for "In's and Out's" at the Richmond Workshop

Say goodbye to the clipboard! We are electronically capturing projects brought in and items taken out of the Richmond workshop. Our workshop elves will record your entries on a laptop or show you how to use the QR code on your phone. Either method will automatically record all donations and items taken. The data is stored in a workbook that helps us track "in's and out's" easily. Plus, it eliminates the use of paper helping us to go a little bit "greener." Using this new process does not require the need to itemize each item; just enter the total number of items being donated – so easy! We have copies of the QR code available at the workshop if you would like to take it home and enter your donations before coming to the workshop. However, you will still need to enter what you are selecting to take out as well.

A big shout out to Board Member, Debbie Melanson, for always finding an easy and better method for our technology and administrative needs.

Donation Daze

Our thanks to everyone who turned out for our April 28th Donation Daze event. We had many hard-working volunteers who helped carry and set up tables and bins, and bins, and bins of yarn to the alley. All of which had to be cleared away at the end of the day. We are extremely grateful to our members and their friends who really enjoyed their day snagging excellent deals while supporting FtH with their generous donations. These donations will be used to purchase new fabric and yarn for our comfort projects.

Spring Blossoms...

...have arrived! In the "material" section of the workshop is an array of fabric with lots of blooms. These fabrics will give the wearer a cheery new bib, a springy new walker bag, or a lovely quilt.



A reminder that we have 2 sewing machines just waiting for you to discover a passion for sewing!

No Sunday Funday in May

Due to scheduling conflicts during the month of May, we will not host a Sunday Funday. But you can visit the Richmond workshop on any Tuesday, Wednesday, Thursday, and Saturday from 10:00 am to 2:00 pm and still enjoy a pleasant, social stitching time with friends and meet new friends, too!

Fredericksburg Workshop

The FXBG workshop will be open from 10:00am until 1:00pm on the **second and fourth Tuesday of May**, Tuesday 14 and Tuesday 28 at [1320 Central Park Blvd., Suite 108 Fredericksburg 22401](#). Click on the address for directions. Please park behind the building.

Entry to Suite 108 is from the rear parking lot through the glass double doors marked Electrical Room. If you only want to drop off items and not enter the workshop, use the front door from the street side, however parking is very limited there.

Fredericksburg has a need for elves who are willing to help for a 2-or-3-hour block. If you would like to learn more about volunteering, contact Jeanne Fraser, our Volunteer Elf Coordinator at bluesisu@gmail.com.

Richmond Elf Workshop Training/Refresh

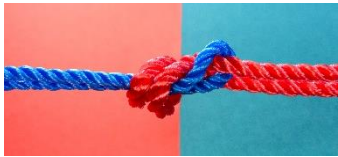
FtH volunteers who serve as elves by volunteering their time completed a refresher training course in April. We also added 10 new elves to our roster! Everyone learned the new process of recording "in's and out's" using the laptop or by using the QR code. Board Member, Debbie Melanson, developed the easy-to-use Google form and code and demonstrated

how to input the data. This is a great administrative tool for our organization.

If you are interested in learning more about this volunteer opportunity as a workshop elf, please email fromtheheartstitchers@gmail.com and we will add you to the make-up session scheduled for Saturday, May 18th at 2:00 pm at the Richmond workshop. If you are an existing elf but could not attend the previous workshops, please let us know as this is a mandatory workshop.

As always, we are grateful to all of our volunteers who willingly give their time, talent, and treasure in order to serve others.

“Interwoven Lives” – Retreat 2024”



The 2024 Retreat will be held at The Place in Innsbrook on September 21, 2024. This year’s theme is “Interwoven Lives.” We

will hear from our speakers how we are impacting the lives of those who need us in ways that we would never have guessed. Linda Carruthers, founder of The Pink Chair Project, and Kim Ritchey, Administrative Program Support Representative with Chesterfield County, will engage you while you balance on the edge of your chair. Their stories of how From the Heart impacts their program of work are very moving.

Our vendors are [Sheila Weisensale’s Creations](#), Merry Soapmakers, [KP Jenkins Jewelry and Art](#), [The Roving Felter](#), and [The Center of the Yarniverse](#). Another great line-up of specialty crafts and exquisite yarn and accessories.

We are excited to bring another fun filled day to our members and their friends. Be sure to reserve the date and look for more information in the coming months.

What Content Would You Like to See?

We welcome your ideas for articles, patterns, and suggestions for the newsletter. Have a comment or suggestion? We love feedback! Just email us at fromtheheartstitchers@gmail.com.

Current Needs – May 2024

Below are our most pressing needs but, as always, feel free to make whatever you like as we can certainly use it. If you create an item with a specific recipient group

in mind, please clearly write that on the back of the tag. If you deliver any items personally in the Richmond area, please let Deb Abresch know at 804.512.3162 or by email at debabresch@verizon.net. In the Fredericksburg area, please advise Sally Moore at smoorefth@gmail.com or 540-295-6224.

Fredericksburg

- Baby blankets
- Tote bags for women
- Wheelchair totes for women
- Walker totes for women
- Shawls
- Dialysis mitts (pairs)
- Shirt protectors for women

Richmond

- Small toys and dressed animals
- Fidget/memory items for men and women
- Pillowcases in colorful fabrics for children and adults
- 8” squares in acrylic with long (18”) tails
- 6” squares in acrylic with long (18) tails
- Small Pom Poms in pastel colors
- Walker/wheelchair totes
- Market bags
- Hats in small adult sizes for school age children
- Hats for men in acrylic, wool blend, or wool. (Tie red yarn to any items with wool content)
- Baby blankets:
 - Car seat size: 30” x 17”
 - Security blanket: 15” square
 - Receiving: 36” square
 - Stroller: 30” x 40”
 - Bassinet: 22” x 25”
- Baby Hats: Must fit a 5” ball and be stretchy

We Are Safe in the Water with These Cuties

We just *LOVE* Lauren C.’s creations! She donated these three adorable sea creatures this month. Lauren also supports FtH through her employer’s Matching Grant Program at Bank of America. Thank you, Lauren, for everything you do to support our mission.



Tip of the Month

How Much Yarn For a Long Tail CO



To make sure you have enough yarn to complete a long tail cast on leave approx. 6 - 8 inches of yarn for an end and then wrap the yarn around the needle as many times as you have stitches. So say you have 50 stitches then you would need to wrap the yarn around the needle 50 times. Pinch the yarn where you finished wrapping the yarn and unwrap the yarn making sure not to drop the pinched point of yarn.

If you have a large number of stitches to cast on (say 250), wrap your yarn around the needle a number of times which is easily divisible into the number of stitches required. 50 is a good number for this one so wrap 50 times. Then, being aware that you need 5 times this length of yarn, measure out the required length of yarn and pinch it at that point.

Cast on the first stitch at the point where you pinched the yarn.

For Your Browsing Pleasure

Looking for a quick knit or crochet Mother's Day gift? Hop on over to [Mama in a Stitch](#) for lots of great ideas. Not all the patterns are free but, if you subscribe to the page, you will receive free patterns directly to your inbox.

Another great site is Nicki's Homemade Crafts where you can find all manner of great ideas and patterns for not only Mother's Day but all sorts of occasions. This [link](#) will take you directly to where you can find free patterns for 30 crochet items very suitable for Mother's Day.

Of course, there is always [Ravelry](#). Don't forget to use the side bar to select for specific drill downs, such as only free patterns, only knit patterns, only patterns which have photos, and many other options. Click [here](#) to be brought to their selection of Mother's Day patterns.

Have more than half an hour? Go to [Knitting Paradise](#) and spend some time looking through the many patterns, tips, tricks, and blogs available there.

Have time for something which will take more than half an hour but will teach you both easy and more complicated knit stitches? Stephen West has a video on YouTube for his Botanic Shawl Tutorial. Stephen's videos are easy to follow and such fun to watch. Click [HERE](#) for the video.

Happy Mother's Day to all!

Henrico Field Day at Crump Park

A little rain didn't prevent From the Heart Board Members, Jane Arancibia, Dorothy Bernstein, Betsy Vest and FtH member, Randi Saunders, from participating in the Henrico Parks & Recreation Farm Field Day at Crump Park on Saturday, April 27th. This is the first time FtH has participated in the event. Samples of our comfort items were displayed to encourage awareness about our organization.



Thank you, ladies, for your efforts and your tolerance of a little "wet sunshine."

Elf Workshop Scheduler and Elf of the Month

Congratulations to **Karen N.** as our Elf of the Month! Next time you are at the workshop, Karen, please select some of the nicer yarn that is set aside for this purpose on top of the credenza as you enter the workshop.

Joyce Puller is the May Richmond workshop scheduler. You may contact Joyce at 804-350-2921 or joyce.puller4fth@gmail.com to volunteer for a shift. In Fredericksburg, the contact is Jeanne Fraser at bluesisu@gmail.com. Please let your scheduler know if this is the first time you are volunteering.

Know an Organization We Can Serve?

We are always seeking new recipients. If you know of an organization, school, church, synagogue, food pantry, animal shelter or any other program serving those in need, please let us know. You should send us an email at fromtheheartstitchers@gmail.com with the information for us to contact.



USO Baby Showers

The United Service Organizations (USO) is “expecting” to shower 75 new mothers and their babies this summer!

The mission of the USO is to strengthen the well-being of the people serving in America's military and their families. Since 1941, the USO has been the nation's leading organization to serve the men and women in the U.S. military, and their families, throughout their time in uniform, so a very worthwhile recipient. It's time to crank out those beloved baby patterns of hats, sweaters, booties, blankets or whatever you like to make. We will be collecting items through the end of June.



We are still waiting to hear if the Richmond VA Medical Center (aka McGuire VA Hospital) is holding their baby shower this summer, too. Stay tuned and keep those non-gender specific colors handy.

Donation Inventory Numbers As of April 28, 2024

Previous Total	
Mid 2002 – 2023.....	552,659
2024	
January - March	10,100
April (to 28th)	3,404
Year to Date Total.....	<u>13,503</u>
Grand Total.....	566,162

Volunteers Needed

Interested in lending a helping hand around the workshop? We have a need for volunteers to deliver bags to recipients, being a workshop elf, sorters and baggers for the distribution team, workshop scheduling of elves, speakers at civic clubs and data entry of donations received.

If you have an interest in any of these volunteer opportunities, please email fromtheheart@gmail.com.

Madame Alexander Dolls

We have a lovely collection of [Madame Alexander Dolls](#) available for a \$5 donation. Beginning in May,

we will begin displaying them in the Richmond workshop. Once you have had the opportunity to see these beautiful dolls on display at the workshop, please email fromtheheartstitchers@gmail.com if you are interested.

Not all the dolls can be displayed at the same time, so please feel free to email if you would like to view all the dolls at the same time as we can arrange for that to happen for you.

Southside From the Heart (Appomattox Regional Library System)

Please note that the Southside From the Heart (Appomattox Regional Library System) group has made two temporary changes, owing to their annual summer Farmer's Market, as follows:

1. The Hopewell Evening Group is moving from Thursday to Tuesdays to avoid the farmer's market traffic,
2. The Prince George meeting has been temporarily cancelled to facilitate this.

To see what this particular group is up to click [here](#).

Creativity at its Best!

We were astonished at Michelle B.'s memory care items that she donated in early April. Michelle is truly an artist using her crochet skills to the max. These are just a few of her creative fiddle matts. Take a bow, Michelle!



Bernat Cotton Stripes Hat for child or adult

Child (Adult): Worsted weight soft cotton yarn. Approx 2 oz for child, 4 oz for adult size (1 (2) ball(s))

Size 5 mm (U.S. H or 8) crochet hook **or size needed to obtain gauge.**

Gauge

14 sc/15 rows = 4" [10 cm]

Instructions

Ch 4. Join with sl st to first ch to form a ring.

1st rnd: Ch 1. 6 sc in ring. Join with sl st to first sc.

2nd rnd: Ch 1. 2 sc in each sc around. Join with sl st to first sc. 12 sc.

3rd rnd: Ch 1. (2 sc in next sc. 1 sc in next sc) 6 times. Join with sl st to first sc. 18 sc.

4th rnd: Ch 1. (2 sc in next sc. 1 sc in each of next 2 sc) 6 times. Join with sl st to first sc. 24 sc.

5th rnd: Ch 1. (2 sc in next sc. 1 sc in each of next 3 sc) 6 times. Continuing as established, inc 6 sts every rnd to 48 (**60**) sts.

Next rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc.

Next rnd: Ch 1. [2 sc in next sc. 1 sc in each of next 7 (**9**) sc] 6 times. Join with sl st to first sc. 54 (**66**) sts.

Cont in same manner, inc 6 sts on every following alt rnd to 60 (**72**) sts. Place marker at end of rnd.

Next rnd: Ch 1. 1 sc in each sc around. Join with sl st to first sc. Rep last rnd until work from marked rnd measures 4 (**5**)"—[10 (**14**) cm].

Next rnd: Working from **left** to right instead of **right** to left as usual, work 1 reverse sc in each sc around. Join with sl st to first sc.

Fasten off.



Knit Spiral Rib Cap

Materials: One 50 g skein of worsted weight soft cotton or cotton blend yarn. US size 6 circular needle. Size 6 double pointed needles

Method: Using circular needle, cast on 88 stitches. Place marker to note beginning of round. Join, being careful not to twist. Work in K2 P2 ribbing for 8 rounds for a closer fit.

Begin spiral rib pattern: Rounds 1, 2, & 3: k2 p2 around

Rounds 4, 5, & 6: p1, *k2, p2* to last 3 sts, k2, p1

Rounds 7, 8, & 9: p2, *k2 p2* to last 2 sts, k2

Rounds 10, 11, 12: k1, p2, *k2 p2* to last st, k1

These 12 rounds form the spiral rib pattern. Repeat until work measures 4.5 inches from beginning, ending after a repeat of round 3, 6, 9, or 12. Begin crown shaping. Change to dpns when there are too few stitches to work comfortably on the circular needle.

Shape Crown:

Row 1 and all odd rows: Knit

Row 2: *K 6, k2 tog* all the way around Row 4: *K 5, k2 tog* all the way around Row 6: *K 4, k2 tog* all the way around Row 8: *K 3, k2 tog* all the way around Row 10: *K 2, k2 tog* all the way around Row 12: *K 1, k2 tog* all the way around Row 14: *K2 tog* all the way around Row 16: *K 2 tog* all the way round Cut yarn and pull through remaining sts; secure.

Weave in ends.



From the Heart Local Group Times
Subject to Change: Check Before Heading Out

May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 8:30am-noon Colony Critters, Patriot's Colony, Williamsburg 1:30pm McKenney Library 3:00 – 5:00pm Spring Arbor Sr. Living 1:30pm 	2 <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 3:00pm 	3 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon 	4 <ul style="list-style-type: none"> Atlee Angels Legacy Park 1-3pm
5	6 <ul style="list-style-type: none"> Stonebridge Rec. Ctr. 10a–1p (must call to confirm first) Gayton Kirk K/C, Gayton Kirk Church 7pm From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am - 12:30pm 	7 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00-3:30pm Violet Bank Stitchers, 10am – noon Stitchin' in the Stacks, Heritage Public Library, New Kent, 2:00pm On site, in person meeting Southside RVA Stitchers 6:30-8:00pm Hanover Fiber Arts, Atlee Library, 1:00–4:00pm 	8 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 8:30am-noon Elmcroft Retirement 1:30pm Dinwiddie Library 1:00-3:00pm Spring Arbor Sr. Living 1:30pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	9 <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Glen Allen Library Group, 1 – 3:00pm 	10 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon Kay's Krafters 1-5pm Knitwickers, Newfound Church of Christ 10am - noon Twin Hickory Clubhouse Group, 10:30am – 12:00pm 	11 <ul style="list-style-type: none"> Louisa Hardees 10am - noon
12	13 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm) 	14 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00-3:30pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open - 10:00am – 1:00pm Hopewell Helpful Hearts 5:30 – 7:30 pm 	15 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 8:30am-noon Spring Arbor Sr. Living 1:30pm McKenney Library (Ragsdale Room) 3:00 – 5:00pm Stitchin' in the Stacks, Heritage Library, Charles City Branch – 2:00pm. On site meeting 	16 <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 3:00pm 	17 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon 	18 <ul style="list-style-type: none"> Atlee Angels, Legacy Park, 1 – 3pm
19	20 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) From the Heart Quilters Quilter's Corner in Sycamore Sq. 10:00am - 12:30pm) 	21 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00-3:30pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Hanover Fiber Arts, Atlee Library, 1:00 – 4:00pm 	22 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 8:30am-noon Elmcroft Retirement 1:30pm Spring Arbor Sr. Living 1:30pm Dinwiddie Library 1:00-3:00pm Chesterfield Needlework Friends Central Library 1pm – 2:30pm 	23 <ul style="list-style-type: none"> Glen Allen Library Group, 1 – 3:00pm Summerhill Retirement Ctr 1:30 – 3:30pm Verena at the Glen – 3:00pm 	24 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon Twin Hickory Clubhouse Group - 10:30am – 12:30pm 	25
26	27 <ul style="list-style-type: none"> Gayton Kirk K/C, Gayton Kirk Church 7pm Stonebridge Rec.Ctr. 10:00am – 1:00pm (must call to confirm first) 	28 <ul style="list-style-type: none"> Chesterfield Heights Comm. Ctr 2:00-3:30pm Violet Bank Stitchers, 10am – noon Southside RVA Stitchers 6:30-8:00pm Fredericksburg Workshop Open - 10:00am – 1:00pm Hopewell Helpful Hearts 5:30 – 7:30 pm 	29 <ul style="list-style-type: none"> Colonial Heights Senior Ctr 8:30am-noon Spring Arbor Sr. Living 1:30pm 	30 <ul style="list-style-type: none"> Verena at the Glen – 3:00pm Hopewell Happy Caps, 10am- noon Glen Allen Library Group, 1 – 3:00pm 	31 <ul style="list-style-type: none"> Five Rivers Fiber Guild Heathsville. 10am – noon 	

Name	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm	Laurie Fuller, 804-467-9109, fullerlc@comcast.net
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	8:30am-noon	Laura Logan 804-526-4202
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	Betsy Ziomek, betsyziomek@gmail.com 804-221-2217
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 1:00pm	Sally Moore 540.295.6224, slmoorefth@gmail.com
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	10:00am -12:30pm.	Betsy Vest. 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 3:00pm	Barbara Robinson 804-310-3790
Hampton Roads		Virginia Beach			Michelle Sartelle Michellesartelle@gmail.com
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 st , 3 rd	1 – 4:00pm	Phaedra Knoller 804-933-0708 Beth Watkins 804-347-9286
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd , 5 th	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Tuesday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	Deborah Corbett 804-794-1251 corbett0@gmail.com
Knitwickers, Newfound Church of Christ	14166 Gordon Lane	Glen Allen	Friday, 2 nd	10am-noon	Linda Simon, 804-320-0133
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Southside RVA Stitchers	Publix 's Café, 7045 Forest Hill Ave.	Richmond	Tuesday, every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Stitchin' in the Stacks, Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Stitchin' in the Stacks, Heritage Public Library, New Kent Branch	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th ,	10:30am-12:30pm	Ginger Todaro gbtodaro@gmail.com
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday, every	10a-noon	Wendy Alvis - 804-520-9395