



Grateful Thread – November 2024

<https://www.facebook.com/FromtheHeartStitchers>
<https://fromtheheartstitchers.org>

Interwoven Lives – FtH Retreat Recap

The 19th Annual From the Heart Retreat is “in the can.” That’s slang for “it’s dusted and done; finished.” Members attending the event filled the ballroom at The Place in Innsbrook with smiles and laughter all day.



Ahhh....the quiet moments before the excitement begins!



Guests were greeted first with warm smiles by our lovely registration volunteers and then those attending for the first time were assisted by a thoughtful team that helped them find a seat with welcoming existing members.

The room was beautifully decorated with heart balloons and basket centerpieces filled with beautiful skeins of yarn and a handmade, heart shaped shawl pin. **Rebecca Kennedy** and her creative team knew just how to tempt everyone with wanting to be the lucky person to take home their table’s showpiece.

The raffle items were, as always, exquisite and sought after. Grab Bags were stuffed with such lovely yarns and were quickly “grabbed” by lucky members generous enough to make a donation.



Our speaker, **Linda Caruthers**, Founder of The Pink Chair Project RVA, delivered touching remarks regarding how her personal breast cancer diagnosis lit the spark to serve others by providing an electric reclining chair to women needing mastectomies to aid in their recovery at home. She also shared a bag of healing items included with each chair to include a pink quilt or blanket, port pillow, drain bags, toys for small children of the mother and other thoughtful gifts. From the Heart is proud to provide items to this wonderful organization.



For more information about The Pink Chair Project RVA visit their [website](#). Linda also invited our members to attend their upcoming fundraiser, [Bowling for Chairs](#) on November 12th.



Our four vendors, [Sheila Weisensale's Creations](#), [The Roving Felter](#), [Center of the Yarniverse](#) and, new this year, [The FiberGnome](#), displayed their beautiful wares for sale. We are grateful to each of them for taking the time to support our program and for our members who supported them as well.



As a mid-morning surprise, five tables were uncovered to display "free" items. Books, patterns, yarn, crochet and knitting accessories were available to all. These items were taking up valuable space at our workshop and we were happy to make them available to our Retreat guests.



The classes were very well attended and, as a result, our "bunny population" is multiplying like bunnies! And, we are thrilled to have more

memory care items being assembled and donated as well. Thanks to our instructors for their excellent preparation and execution.



Plans are already in motion for next year's event. Stay tuned for the announcement of the date and theme. You will not want to miss it. Here's a [link](#) to the photos from this year's event.



Recognition of Members at the Retreat

This year, we recognized several members at the Retreat which was a surprise to those on the receiving end.

Our Board of Directors, or what I like to call our *Board of Leaders*, was identified as well as their function. Without the dedication of these women, we would not be able to stock our shelves, distribute to our recipients, organize and improve our workshop processes for you. You, as members, may not see them when you visit but just know that without their behind-the-scenes commitment our beloved organization would stumble and fall.

From the Heart Board of Directors



From left to right, front row – **Betsy Vest, Kulla Ficare, Capsen Stephens, Deb Abresch, Jane Arancibia**
Back row – **Dorothy Bernstein, Debbie Melanson, Joyce Puller, Rebecca Kennedy.**

Unable to attend, **Susan Rickman** and **Liz Fox.**

It was such a treat to have a new generation of FtH participants at the Retreat this year. **Kate Robertson**, 12 years old, joined her mother, **Heidi** as participants. Kate is learning to crochet so we gave her a bag of goodies to inspire her new craft. By the way, her mother made her adorable Granny Square top.

Katya Arsentyeva, long time member, elf and Distribution Team member was out of the country this year and unable to attend. Katya is an excellent records keeper and is always willing to help with keeping detailed spreadsheets of our inventory numbers. This year we created a new workbook to record all items sent to our recipients. This method replaces paper and pen and we can quickly summon totals when asked. Although we could not recognize her at the Retreat, we did surprise her when she returned home with a lovely bag and yarn. Thank you, Katya, for all you do.



Emeritus Board Members (l-r) Ann Hald and Tricia Ennis

Our former President, **Tricia Ennis**, served for 11 years in that role. She developed new ideas and processes that brought our organization to new operational heights. Because of her creative strategic planning skills, she successfully managed to steer our organization through COVID; always worried about our members feeling isolated with nothing to keep their hands busy. She kept the “trains running” for all of us during those long, dark months. Without her leadership, we doubt that FtH would have survived. She still volunteers as an elf at least once a week, makes deliveries and assists her husband with the printing of the newsletter found at the

workshop. Because of her dedication and devotion to FtH, the Board elected her as the second Emeritus Member of the Board of Directors.



Lois Moore, Founder, and Tricia Ennis, Former President and Board Member Emeritus

The first Emeritus Member of the Board of Directors is **Ann Hald**. Ann served on the original Board of Directors for many, many years. She was active in all aspects of growing membership, teaching classes and initiating processes and procedures. Ann was not present at the Retreat this year as she was on vacation with her family. We did meet with her upon her return and officially honored her as our first Emeritus Member.

And, the day would not be complete without acknowledging our founder; **Lois Moore**. Lois had the vision of creating for others that were in need. Little did she know just how far her dream would reach and how many hearts would be touched by the kindness of our FtH members. As a result, we grow and continue to grow to serve others with our handiwork. This organization also lets each of us satisfy our need to stay engaged by making items that can be useful for someone else. It all began with an unselfish thought - - to knit a hat for someone's cold, bald, chemo tortured head. We owe it all to

Lois for what she's given us as well as those we serve. Thank you, Lois. ❤️



Just Another Typical Day in Our Happy Place!



This photo was taken mid-day on a Tuesday at the Richmond workshop. We are so excited that our members are once again finding time to socialize over their projects and spend some quality time with like-minded friends. Come on by and bring your BSF (Best Stitching Friend). You'll be surprised what you'll learn from others and how much fun you'll have in our "Happy Place."



Making it Easier to Find and More Organized!

To facilitate members working on special projects, our yarn shelving team organized a designated area in the workshop, making it easier for you to pick up shawl bags, special project yarns, and accompanying patterns.

Thank you, ladies!



Soap Sacks and Toiletry Items Always Needed

From the Heart continues to collect cotton soap sacks (4" x 6") that will be added to hygiene bags and distributed to the local unsheltered population in Central Virginia.

Patterns to loom, crochet or knit can be found [here](#).

Also, FtH collects full *size or sample size (shampoo, conditioner and deodorant for men and women)* for the "unsheltered" in Chesterfield County. These items, along

with other donations being provided by other services, will be used to make "Blessing Bags" (hygiene kits) for those in need.



Pop Tops for Ronald McDonald House

On your next visit to the Richmond workshop, you may notice a collection box for your pop tops from aluminum cans. These are recycled and the [Ronald McDonald House](#) receives 0.50¢ per pound. Save your pop tops at home and bring them when you come to donate your projects.



Pull for the House.



Skylar's Love Mission

Needs Baby Blankets

21" x 21" to 25" x 25"

all in pastels of pink, lavender, mint;
not white, off white or yellow.

Skylar's Love Mission is a charity located in Wilsons, VA, and founded by Shannon Armes to honor her daughter Skylar. Inspired by faith, hope, and love, the organization provides compassionate support to families facing pregnancy or infant loss.

Skylar was born in 2016 at 40 weeks, but due to umbilical cord entanglement, she was stillborn. In her memory, the family donates comfort care bags and Skylar's Comfort Bears to hospitals and first responders in central Virginia.

To learn more about Skylar's Love Mission, click [here](#). For baby blanket specifications, please click [here](#).



White 36" x 48" Knit or Crocheted Blankets Needed

You did it!

So Tiny Babies Can Visit Santa

Goal reached ahead of schedule!

Deadline November 23rd

If you started a blanket, please finish it for donation.

We are always in need of white baby blankets!

From the Heart received the following request from the Newborn Intensive Care Unit at the Children's Hospital of Richmond. There are a lot of [knit](#) and [crochet](#) patterns on the FtH website, and a knit and crochet pattern at the end of this newsletter. The deadline for this request is Saturday, November 23rd.



New Sewing Projects



Board Member, **Rebecca Kennedy**, shared a few of her group's sewing projects. We are so excited to add these projects to our list of items available for recipients. Our sewing team is working to make patterns to share for those interested in Richmond.

Pictured to the left is a t-shirt that is worn to chemo treatment therapy by men and women. There are two zippers sewn at an angle on each side so the patient can easily and modestly expose their port no matter what side the port is located. We have zippers at the workshop and need new t-shirts in large sizes for men and women.

Our [Amazon Wish List](#) is a good place to shop....just saying. 😊



(Left) These lumbar pillows are a great project for most anyone. But, especially wonderful for those sitting in dialysis or chemo treatments for hours and hours.



Everyone was excited to see this unique fiddle project that is sewn with rice and lots of other little objects inside. The "window" is a clear plastic vinyl that is used as a tablecloth. The flip side (orange) is solid fleece.



Want More Help with Your Quilting and Sewing?

Next Session is November 21st

Sheddy Reese has generously offered to be in the workroom **every 3rd Thursday**, during regular shop hours, 10 am – 2 pm, to answer questions about quilting and sewing. If you need help with your quilting projects, pillowcases, walker totes, bibs, or any sewing issue you might have, please feel free to stop by. Sheddy will even help you choose fabric for your next project from our great selection.

Reminder...Charity Sew at All Brands in Richmond

Once a month, From the Heart, in conjunction with All Brands in Richmond, conducts a “charity sew.” A dedicated group of ladies gather to make port pillows, underarm pillows, sleep hats, turbans, walker totes, drain bags, dialysis mitts and a number of other items all from donated fabric.



Karen Holden, with All Brands, sponsors the charity sew for us. FtH Board Member, **Rebecca Kennedy**, is the leader of this outstanding project. Her devoted sewers bring their own sewing or serging machines and enjoy sewing and socializing for a good cause.

Contact the [All Brands Sewing Center](#) for days that we cut and the days that we sew as the days are subject to change. If you’re interested, feel free to come join us as we sew to fill the needs in our communities.

A Very Kind Donation

In October, a long-time member who lives in Arlington, **Rita Mattia**, learned of an offer from a gentleman, **Ron Liljedahl**, to donate yarn to an organization that would use it to the benefit of others. Our thanks to Rita for stepping up in behalf of FtH and providing information about our organization.

A few weeks later, Rita and her son, Chris, picked up several bins of yarn from Ron who lives in Maryland. Rita sponsors a group that donates to several organizations in Northern VA. The remaining products were picked up by Board Members, **Capsen Stephens**, **Rebecca Kennedy** and **Kulla Ficare**. **Barry Kennedy**, Rebecca’s husband, was our driver and heavy lifter.



Capsen, Ron Liljedahl and Rebecca.

Ron’s wife, Mary, passed away in 2023. She was a very accomplished hand and machine knitter.

Mary was well known in the Washington, DC and Northern VA area as a designer of women’s knit fashion. She made knit clothing for the wives of politicians, diplomats and even for First Lady Nancy Regan. In her earlier life, she worked as an interpreter and translator for U.S. Navy Intelligence.



Trailer of donated yarn!

We are deeply grateful to Ron for trusting us with his wife’s collection of fine yarns and for sharing some information about their life.

We Love These Adorable Chicks!



Thank you, **Joy K.**, for introducing these easy-peasy granny square chickens! Not only are they just too cute, they are quick, colorful and a great way to use up your scrap yarn. Joy even provided two YouTube videos to take us step-by-step from making the [Spring Court Granny Square](#) and then the [video on how to assemble](#) two squares to complete the project.



If you want to make these as toys for small children or for memory care, you can make a black bobble or embroidery for the eyes.

CAUTION: These are going to be very addictive! Cluck, Cluck!



Desperately Seeking the Donor

This lovely blanket was donated to the Richmond workshop in October. We are seeking the donor of this beautiful item. If you are the maker, please email fromtheheartstitchers@gmail.com with your contact

information.

Thank you!

Still Wondering - - "What 'cha Working On?"

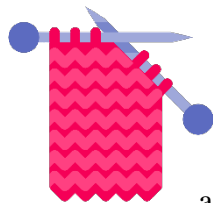


Last month we asked you to send us a photo of your recent or current project to fromtheheartstitchers@gmail.com. We posted descriptions on our Facebook page. We only received 7 emails which did not satisfy our curiosity or provide enough inspiration for everyone. So, let's get busy and send those photos in of any project. *You know that a prize is involved, right?*



Tip of the Month

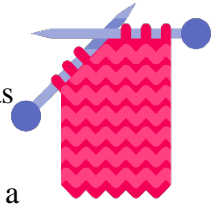
KNITTING DECREASING TIP:



It is common to use paired decreases to create symmetry, so rather than using K2TOG on both ends of a row, instructions are often written with an SSK at the beginning of the row, which is a left slanting decrease, and end with K2TOG which is a right slanting decrease (or vice versa if you want them mirrored).

As a picky, obsessed sweater knitter, I always use paired decreases. The problem is the SSK looks a bit wonky compared to the tidy K2TOG... so here is my simple improvement on the SSK:

Sl 1 stitch as if to KNIT, then Sl 1 stitch as if to PURL, now insert your left needle into the front of these 2 stitches and knit them together. Slipping the 2nd stitch purlwise (as opposed to the common method of slipping both sts knitwise) now it tucks neatly behind the stitch that was slipped knitwise ~ viola!



Another related tip: I always work my paired decreases 1 or 2 stitches in from each edge for a fully fashioned look and to facilitate seaming or picking up stitches. —**Dana Dodge**

Thank You!



“Good morning, A few months ago you generously donated many baby items to us for a baby shower. The shower was hosted by the Family Readiness Group for the USS Ford. The Ford had been deployed to the middle east for many months and I understand there were 30+ pregnant wives a few months after their return.



I thought you would enjoy seeing some of the pictures they sent where your donated items are on display for mothers to pick and choose from.

While our organization also made many items there are few knitters/crocheters in our group, so your donation was so perfect for this event.



I have been a member of FTH for many years and am always amazed at the generosity of the women who are part of this organization. Thank you again for the lovely donations.” **Nancy Gregory**, American Legion Auxiliary, Goochland, October 15, 2024



“I just want to say thank you for all the wonderful things that you do for us. It is so nice to walk into our Cancer clinic and find things that you took the time to make for us and they are so beautiful, and I just want to say thank you.” **Sandra H.**, October 17, 2024



From the Heart sends our appreciation to the family of **Dona Lawson** for donating her sewing stash. Her husband, Harry, stated that she left instructions for her incomplete projects and fabrics to be donated to FtH upon her passing. Also, we are grateful to the family of **Ruth Wray Gray** for donating her lovely yarn to us.



A special shout-out to FtH member, **Kathy Meyer** from **Phoenix, AZ** for the six beautiful, knitted children’s hats and the 2 knitted afghans. Two are for The Pink Chair Project RVA and the red, white and blue will find its way to a veteran just in time for Veterans’ Day. We are so blessed to have support from members all across the United States.



Mary Liljedahl’s husband, **Ron**, donated her collection of a knitting machine and hand knit yarn to FtH. Mary, originally from Japan, passed away last year. We appreciate the time Ron invested to find “just the right” organization to receive her treasured collection. See more about this donation in this newsletter.



Many thanks to **Brenda Byrum** and **Knockers by Knitwits** in Quinlan, TX for the generous shipment of Knitted Knockers. Brenda wrote that she misses her VA knitting family and Lois but happy to continue to support our mission from afar. We miss you, too, Brenda!

All donations to From the Heart are always a blessing to our organization and, in turn, will become a blessing to others. All monetary donations are tax-deductible, and we do provide tax receipts for any donations of yarn, fabric and projects if requested.

Additional Ways to Help From the Heart



Please consider donating items from the [FtH Amazon Wishlist](#).



FtH members who link their [Kroger Reward Card](#) to FtH can support our organization just by shopping there.

Donation Inventory Numbers

As of October 14, 2024

Previous Total

Mid 2002 – 2023 552,659

2024

January – October 33,675

Grand Total 586,334



Because of **YOU**, our generous and dedicated members, October was another banner month for our members, distribution team and recipients!

Monday, October 7 th	351 items were sent out to those in need!
Monday, October 14 th	835 items were sent out to those in need!
Monday, October 21 st	970 items were sent out to those in need!
Monday, October 28 th	<u>811</u> items were sent out to those in need!
TOTAL	2,967 WOW!

That's not counting the items we collect that aren't tagged...like hygiene products, gently used blankets and hats for the homeless, etc.

THANK YOU! THANK YOU! You are doing GREAT work!!!

New Recipients

Me Maw's Blessing Box – Hurricane Outreach (Project Completed)

Innovative Renal Dialysis – Blankets, shawls, long fingerless mitts

Courage to Care Outreach RVA – Hats, scarves, mitts, soap sacks

Home Again – Hats, gloves and socks (can be purchased), ear muffs, washcloths, blankets, market bags, soap sacks

Dogwood Terrace by Barclay House – Soap sacks, bibs, walker/wheelchair totes, toys, memory items

St. Mary's Emergency Department – Shawls, fiddle items and toys

WANTED: New Recipients

We are always searching and vetting new recipients for our comfort items. Our volunteers are ramping up their donations every week and we would love to share with more organizations in need.

Please let us know of any group, organization, church, etc. that you know may be in need of hats, blankets, baby items, shawls, etc. Just email kulla.ficare@verizon.net with your suggestions. We will follow up on all suggestions.

Another popular method of sharing the good news of FtH is to follow, like and share our posts on social media: <https://www.facebook.com/FromtheHeartStitchers>. We have many new recipients and volunteers find us based on your support of our Facebook page.

Elf of the Month

Each month we enter the names of all the elves who volunteered to staff the workshop during that month.

The Elf of the Month for October is

Anne Bryant

Anne, please select some of the nicer yarns that are designated for this purpose.

Thank you for your time and talents!



Workshop Scheduler for November

The Richmond workshop scheduler for November is Dorothy Bernstein. Please contact Dorothy at dbern1939@gmail.com to volunteer.

In Fredericksburg, the contact is Jeanne Fraser at bluesisu@gmail.com. If you are a new volunteer be sure to let your scheduler know and you will be paired with an experienced elf.



We appreciate our elves who are always so generous with their talent, time, and many contributions.

Scheduling of Workshop Elves

Members who volunteer to serve as “elves” by working a 2-hour shift help keep the doors open, the projects coming in and materials going out. We are grateful to them for their time and willingness to serve in this capacity. It is also rewarding to see so many friendships developing among our elves. They do love to schedule their days and shifts together because they work well together, and they look forward to seeing visitors to the workshop on particular days of the week.

We have received feedback from willing elves that they cannot sign up for a shift on the day that want because the schedule is already taken. Please do not let that stop you from coming in on the day and time of the week that is convenient for you. We **must** have two elves to open the shop, **but we can use a third or a fourth** especially on Tuesday, Wednesday and Thursday. These days are very busy because we have recipients coming in to pick up their bags as well as members who are bringing in their projects and selecting new yarns. So, even if your name is not on the calendar, just let the monthly scheduler know that you will be serving as a third or fourth. She will make note of your name, and you will be entered into the monthly drawing for Elf of the Month. And remember, we always need elves on Saturday the most!



This is a good “problem” for those of us who handle the workshop schedule. It was not too long ago that it was so difficult to find volunteers to help us keep the workshop running. And we appreciate every willing volunteer who serves as an elf, on the distribution team, on the yarn sorting/shelving team, the trash and recycle team, those who vacuum and dust and everyone who participates as a volunteer by supporting FtH with their donations. Our thanks to each of you! ❤️

Current Needs – November 2024

Richmond

- [Knitted/crochet knockers](#) – **High Demand**
- [Skylar’s Love Mission](#) – **High Demand** -21” x 21” to 25” x 25” all in pastels of pink, lavender, mint; not white, off white or yellow.
- Scarves for children – **High Demand** - 6” wide x 26” long in solid colors so we can match with hats
- [Flannel chemo hats](#) – **High Demand**
- Pillowcases for children – **High Demand**
- Toys and dress bears – **High Demand**
- [Ollies](#) – **High Demand** – For toys/dementia use acrylic or cotton – for NICU only use Hobby Lobby “I Love This Cotton” and must be tightly crocheted
- [Dignity bibs](#) – **High Demand**
- Extra large crochet totes to attach to back of wheelchair – **High Demand**
- Red, white and blue hats, lap blankets, shawls, etc. – **High Demand**
- Long fingerless mitts for men and women – **High Demand** - [Crochet](#) and [Knit](#) Patterns
- Pumpkin hats for newborns – **High Demand** – [Knit](#) and [crochet](#) patterns
- [Walker and wheelchair totes](#) – **High Demand**
- Sewn, crochet or knit mats to use for fidget mats – **High Demand**
- [Comfort Zone](#) – Lap size blankets; 36” x 40” to 48” x 60”
- Soap Sacks – 4” x 6”
- Shawls for men and women

Fredericksburg

- Children's hats
- Wheelchair totes
- Shawls
- Lap blankets
- Large blankets

Fredericksburg Workshop

The FXBG workshop is open from 10:00 am to 1:00 pm on the second and fourth Tuesday of November; November 12th and 26th. The address is [1320 Central Park Blvd., Suite 108, Fredericksburg, VA 22401](#). Select the link for directions. Please park behind the building. Entry to Suite 108 is from the rear parking lot through the glass double doors marked "Electrical Room". If you only want to drop off items and not enter the workshop, use the front door from the street side. However, parking is very limited there.

Fredericksburg has a need for elves who are willing to help for a 2 or 3-hour shift. If you would like to learn more about volunteering, please contact Jeanne Fraser, Volunteer Elf Coordinator at bluesisu@gmail.com



Yip Yips

The USO has requested Yip Yips for our military women and men. They use these cute, wide-mouth aliens to hold their small, personal items like pocket change, phones, snacks, etc. They like to attach to their bunks so they can easily be reached during the night. They also like to hang from their automobile mirrors for a bit of levity. Use this [link](#) to the free knit and/or crochet patterns and make a couple. Yip, Yip! Hooray!

Something I saw on social media. I laughed...hope you laugh today too!



Group Meetings	Address	City	Day of Month	Time of Day	Contact
Atlee Angels	Legacy Park Social Ctr Midday Ln	Mechanicsville	Saturday 1 st , 3 rd	1- 3 pm	Laurie Fuller, 804-467-9109, fullerlc@comcast.net
Chesterfield Heights Comm Ctr	901 Madrona Street	Midlothian	Tuesday, every	2-3:30pm	
Chesterfield Needlework Friends	Central Library, 7051 Lucy Corr Blvd.	Chesterfield	Wednesday, 2 nd , 4 th	1-2:30pm	
Colonial Heights Sr Ctr	Roanoke Avenue	Colonial Hgts	Wednesday, every	8:30am-noon	Laura Logan 804-526-4202
Colony Critters	Patriot's Colony	Williamsburg	Wednesday 1 st	1.30pm	Betsy Ziomek, betsyziomek@gmail.com 804-221-2217
Dawn Library	31046 Richmond Turnpike	Hanover	Wednesday, every	2:30 – 4:30pm	Ann Wade, 804-632-8241
Dinwiddie Designers	Library, 14103 Boydton Plank Rd	Dinwiddie	Wednesday 2 nd , 4 th	1:00-3:00pm	
Elmcroft Retirement Group	1000 Twinridge Lane	Richmond	Wednesday 2 nd , 4 th	1:30pm	Kathleen, 804-327-1990
Five Rivers Fiber Guild	Rice's Hotel/Hughlett's Tavern	Heathsville	Friday, every	10am-noon	Judy Mooers, 804-366-1133, jkmooers@aol.com
Fredericksburg	1320 Central Park Blvd., #108	Fredericksburg	Tuesday, 2 nd , 4 th	10:00am- 1:00pm	Sally Moore 540.295.6224, slmoorefth@gmail.com
From the Heart Quilters	Quilter's Corner, Sycamore Square	Midlothian	Monday 1 st , 3 rd	10:00am -12:30pm.	Betsy Vest. 804-747-0297, epvest3@gmail.com
Gayton Kirk Knitters/Crocheters	11421 Gayton Rd	Richmond	Monday, every	7pm	
Glen Allen Library Knitting Group	10501 Staples Mill Rd	Glen Allen	Thursday, every	1 – 3:00pm	Barbara Robinson 804-310-3790
Hampton Roads		Virginia Beach			Michelle Sartelle Michellesartelle@gmail.com
Hanover Fiber Arts	Atlee Library, 9212 Rutlandshire Dr	Mechanicsville	Tuesday 1 st , 3 rd	1 – 4:00pm	Phaedra Knoller 804-933-0708 Beth Watkins 804-347-9286
Hopewell Happy Caps	Hopewell Library, 209 E. Cawson St	Hopewell	Thursday 1 st , 3 rd , 5 th	10am-noon	804-458-6329
Hopewell Helpful Hearts	Hopewell Library, 209 E. Cawson St	Hopewell	Tuesday 2 nd , 4 th	5:30-7:30pm	804-458-6329
Kay's Krafters	3105 Three Bridge Road	Powhatan	Friday 2 nd	1-5pm	Deborah Corbett 804-794-1251 corbett0@gmail.com
Knitwickers, Newfound Church of Christ	14166 Gordon Lane	Glen Allen	Friday, 2 nd	10am-noon	Linda Simon, 804-320-0133
Louisa Hardees	881 Jeff Davis Hwy	Louisa	Saturday, 2 nd	10am-noon	Pat Gibson 540-872-5524
Mathews Group, A Common Thread	Ch of Francis De Sales, 176 Lovers	Mathews	Wednesday, 1 st	10:30am-2:00pm	Not Currently Meeting
McKenney Library Group	Ragsdale Room, McKenney Library	McKenney	Wednesday 1 st , 3 rd	3:00-5:00pm	804-458-6329
Southside RVA Stitchers	Publix upstairs café, 7045 Forest Hill Ave.	Richmond	Tuesday, every	6:30-8pm	Patricia Selinger 804-467-5699
Spring Arbor Senior Living	9991Ridgefield Parkway	Richmond	Wednesday, every	1:30pm	(804) 754-8700
Stitchin' in the Stacks, Heritage Public Library, Charles City	10790 Courthouse Rd	Charles City	Wednesday, 3 rd	2:00pm	Charles City County Library (804) 652-2450 In Person
Stitchin' in the Stacks, Heritage Public Library, New Kent Branch	7791 Invicta Lane	New Kent	Tuesday 1 st	2:00pm	Heritage Public Library, 804-966-2480 In Person Mtg.
Stonebridge Recreation Ctr	230 Karl Linn Drive	N. Chesterfield	Monday every	10:00am-1:00pm	Must call Stonebridge Rec. Ctr. To confirm first
Summerhill Retirement Ctr	3158 Lake Village Drive	Richmond	Thursday 4 th	1:30-3:30pm	
Twin Hickory Clubhouse Group	4601 Twin Hickory Lake Drive	Glen Allen	Friday 2 nd , 4 th ,	10:30am-12:30pm	Ginger Todaro gbtodaro@gmail.com
Verena at the Glen	10285 Brook Road	Glen Allen	Thursday, every	3pm Tracy Lonski	Tracy Lonski. 804-261-1100, ext./ 207
Violet Bank Stitchers	Violet Bank Museum, 303 Virginia Ave	Colonial Hgts	Tuesday, every	10a-noon	Wendy Alvis - 804-520-9395
Yarn Buddies for Charity	12651 Three Chopt Road	Henrico	Tuesday, every	11:00 am	Rosa Castrechini – 814-831-6391