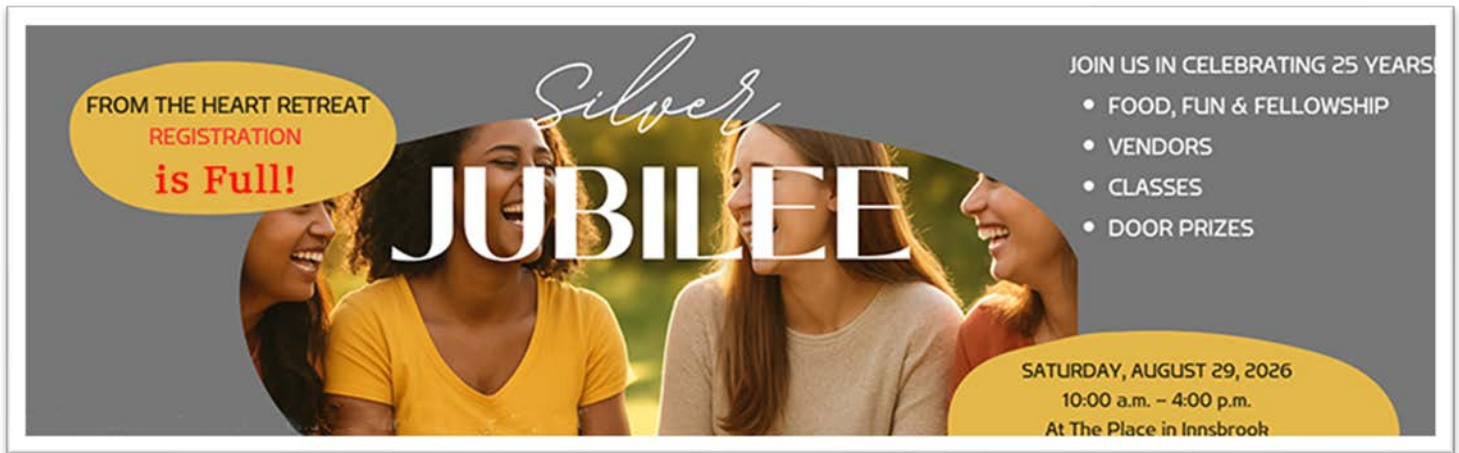




Grateful Thread – August 2026

<https://www.facebook.com/FromtheHeartStitchers>
<https://fromtheheartstitchers.org>



The retreat plans are coming along nicely!



The Grab Bags are ready to go, thanks to the hard work of **Jane A., Betsy V., Dorothy B., Christine K., and Heidi R.!**

Regarding retreat classes:

There is still room to join the two sewing classes in the main ballroom,
no need to sign up.

The crochet class is full, but there is standing room for others to join
in.

The knitting class is completely full.

Vendors:

We have added the vendor “**Chocolate Cravings**” to the retreat.

In addition, our vendors are providing a door prize for the retreat to
give away during the day,

which means free goodies for our attendees!

Can't Wait to See YOU at the Fth Silver Jubilee Retreat!



July Distribution Numbers and Current Needs for August



Richmond FtH needs:

SEWISTS—YOU DID IT!!

Thank you for sewing 335 children's pillowcases in July!!!

Please keep your machines humming, every pillowcase was distributed, and our recipients have requested more. REMEMBER: Please use fun, kids fabric. Thank you!

Below are our **GREATEST** needs for the month of August.

- Knit/crochet toys, octopus, animals- bears, hedgehogs, etc.
- Knitted acrylic tube socks for adults receiving dialysis or hospice care
- Sewn dignity bibs
- Blankets - afghan/dialysis size

Donation Inventory Numbers as of July 29, 2026

Previous Total	
Mid 2002 - 2025.....	643,553
In 2026:	
Jan. - June.....	20,625
July.....	<u>2,710</u>
Year to date total.....	23,335
Grand Total	666,888

FtH Fredericksburg - 10718 Courthouse Road, Fredericksburg, VA.

Everyone is welcome on the 2nd and 4th Tuesday of each month from 9 a.m. to noon.



Fredericksburg Needs: Neck pillows and lap blankets

Upcoming Events at the FtH Workshop



During these Hot Summer Months, Beat the Heat at the Workshop!

Looking for a cool place to spend a hot summer day? Come join us at the workshop! Enjoy visiting with friends, and spending a few relaxing hours creating items that bring comfort and hope to others. Whether you knit, crochet, sew, quilt, or just want to lend a helping hand, there's always something to do—and plenty of smiles to share. We'd love to see you!



In the fall, FtH will host a Fleece Blanket Day. Date TBD.

Websites to Check Out from Janet Spartzak

[Vogue Knitting](#) is premiering a new magazine called "In the Loop." It premieres September 2026 with early sign-up. It will feature all aspects of knitting and designer ideas.

[Dances With Wool](#), a local yarn shop of 10 years in Midlothian, has several enjoyable get together events to bring knitting camaraderie. Sign up for their newsletter. They are now in the middle of a "Finish Works in Progress" program that is unique. They even have a movie event planned with popcorn.

[Knitting Patterns Galore](#) is a fun website with 20 new knitting patterns a month, and they are all free.

Happy Women's Equality Day - August 26! Happy Booklovers Day on August 9. —Janet Sparzak

Our Sincerest Thanks to...

Trudie T. for your donation of soap sacks.

Jan H. for donating duffle bags.

Anonymous donor for sending us variegated yarn, polyfill, shirts, and socks from our Amazon Wishlist!



← Additional Ways to Help From the Heart! →



Messages That Made Our Day!

Hi- just wanted to thank you for the amazing yarn bounty last week!!!Thank you so much 😊
Stephanie G., Exceptional Education & Art Teacher Henrico/James River Detention Centers Education Programs



Happy 90th Birthday!
(Photo left) **Pat C.** turned 90 in July! Pat's a long-time FtH member and volunteer. It was wonderful celebrating with her at the workshop recently!

